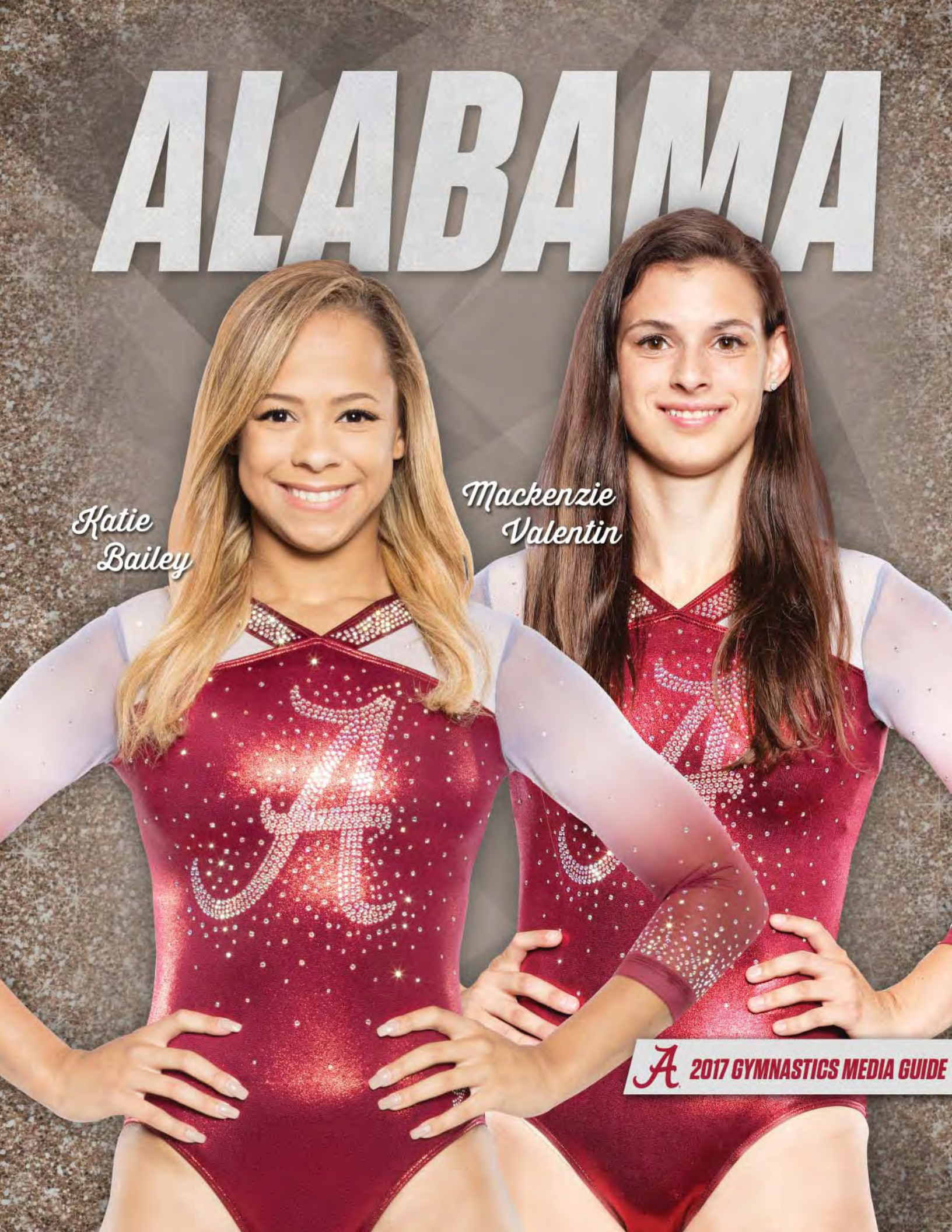
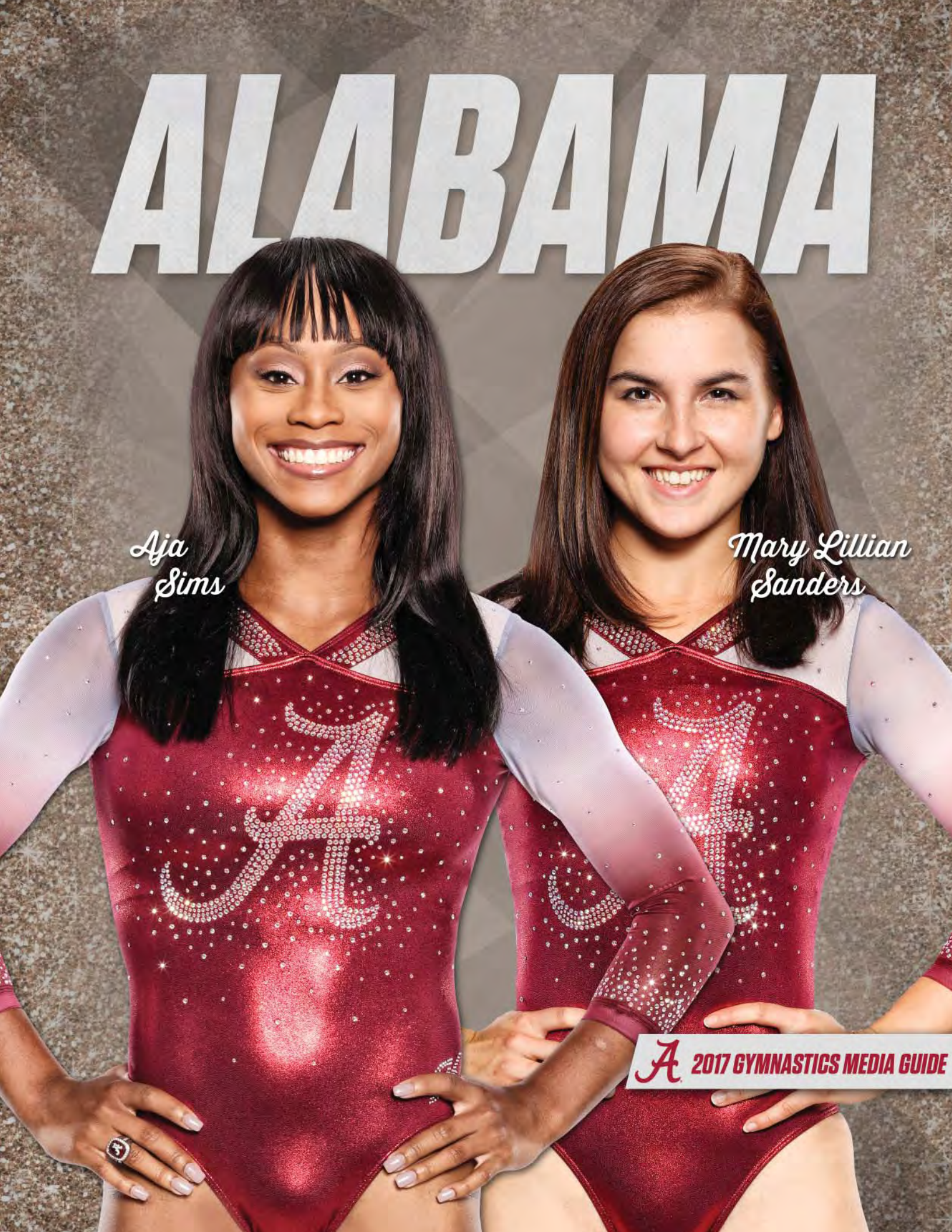
ALABAMA



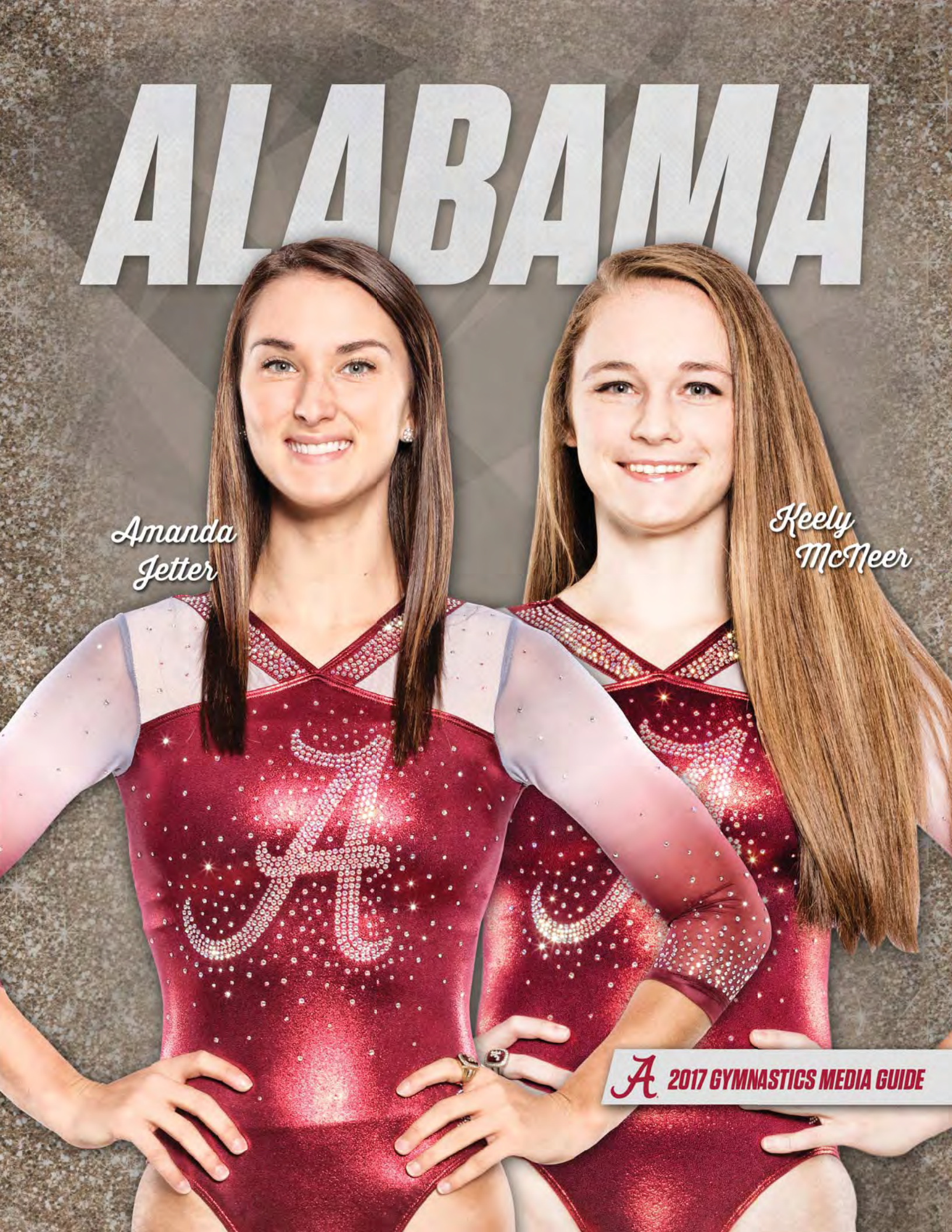
2017 GYMNASTICS MEDIA GUIDE

ALABAMA



2017 GYMNASTICS MEDIA GUIDE

ALABAMA



2017 GYMNASTICS MEDIA GUIDE

ALL-AMERICANS

MEDIA NOTES

ALABAMA COMMUNICATIONS: The Alabama Athletics Communications Office is located on the ground level of Coleman Coliseum, across the hall from the gymnastics practice facility.

INTERVIEWS: All interview requests should be made through Roots Woodruff of the Alabama Communications Office, at least 24 hours in advance, at (205) 348-6084. Gymnasts and coaches are not available on the day of competition until after completion of the meet. Head coach Dana Duckworth is available for interviews in person or by telephone.

CREDENTIALS: Credentials will be issued to working media ONLY and should be requested no later than 48 hours prior to any home event.

INTERNET: Information about The University of Alabama's athletics can be found several places on the internet, including the official site for Crimson Tide Athletics at RollTide.com. The Tide's booster club, The Medalist Club, has a site at GymTide.com. For information about The University of Alabama, go to www.ua.edu.

MEDIA SERVICES: Up-to-date rankings and meet notes will be available to working media prior to the meet. Results will be distributed following the competition. Selected coaches and gymnasts will be brought into the interview room following all home meets.

VIDEO FEEDS: The University of Alabama, through Crimson Tide Sports Marketing, offers weekly video packages available via FTP download consisting of interviews with coaches and athletes, taped video highlights and narrated tape packages from September through May. The gymnastics team is featured in this package regularly during the season. Call the Communications Office for more details, including dates of the feed and download instructions.

CREDITS

The 2017 University of Alabama Gymnastics Media Guide is a product of the Athletic Communications Office and was written and edited by Roots Woodruff. Additional writing and editing credits go to Elizabeth Selmarten, Maret Montanari, Nathan Sheehan and Aaron Jordan. The covers were created Erin Hill. The book was printed by Precision Graphics of Birmingham, Ala. Photography Credits: Primary photography by Amelia Barton and Kent Gidley. Additional photography by Michelle Carter, Jason Harless, Dr. William Castleman, Porfirio Solorzano, Robert Sutton, Jason Getz, Michael Palmer, Gerald Dutton, Chris Dutton, Jeff Sipsey and Mark Lent. Special thanks to The Tuscaloosa News for use of their reproductions on page 31.

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UNIVERSITY INFORMATION

Location: Tuscaloosa, Ala.
Enrollment: 37,655
Founded: April 12, 1831
Conference: Southeastern (SEC)
Colors: Crimson & White
Nickname: Crimson Tide
President: Dr. Stuart R. Bell
NCAA Faculty Representative: Dr. James King
Athletics Director: Bill Battle
Senior Executive Associate Athletics Director: Finus Gaston
Executive Associate Athletics Director: Kevin Almond
Senior Associate Athletics Directors: Sam Branch and Jeff Purinton
Senior Associate Athletics Director/ Senior Woman Administrator: Marie Robbins
Sr. Associate A.D./Communications: Doug Walker
Communications Directors: Jessica Paré, Aaron Jordan and Josh Maxson
Associate Communications Director: Roots Woodruff (gymnastics contact)
Assistant Communications Directors: Todd Bell, Nathan Sheehan and Alex Thompson
Communications Staff Assistant: Drake Allen
Athletics Department Photographers: Kent Gidley, Amelia Barton and Robert Sutton
Gymnastics Communications Contact: Roots Woodruff
Office Phone: (205) 348-6084
e-mail Address: rwoodruff@ia.ua.edu

THE PROGRAM

Head Coach: Dana Duckworth
Alma Mater: Alabama, 1993
Head Coaching Record at Alabama/years: 16-8-0/2
Overall Coaching Record at Alabama/ years: 167-49-2/17 *
Office Phone: (205) 348-8381
e-mail: dduckworth@ia.ua.edu
**** two years as head coach, six as an assistant and nine as a volunteer coach***

Associate Head Coach: Bryan Raschilla
Alma Mater: Youngstown State, 1989
Record at Alabama/years: 209-55-2/20
Office Phone: (205) 348-0461
e-mail: braschilla@ia.ua.edu

Assistant Coach: Bill Lorenz
Alma Mater: Massachusetts, 1998
Record at Alabama/years: 16-8-0/2
Office Phone: (205) 348-2875
e-mail: blorenz@ia.ua.edu

Operations Director: Rita Martin
Office Phone: (205) 348-3830
e-mail: rmartin@ia.ua.edu

Administrative Assistant: Robin Kelley
Office Phone: (205) 348-7600
e-mail: rkelley@ia.ua.edu

Athletic Trainer: Monica Kirkpatrick
Student Athletic Trainers: Katie Bethune, Emily Lapidus and Mallory Torkelson
Strength and Conditioning Coach: Deanna Hayes Brown
Student Strength and Conditioning Coaches: Nicola Stolworthy and Haley Jones
Performance Nutrition: Rachel Pfister
Academic Advisor: Fern Hampton
Managers: Kim Jacob, Grey Buxton, Blake Sellers and Zan Jones
Marketing and Promotions: Meaghan Hall
Gymnastics Mailing Address: P.O. Box 870393, Tuscaloosa, AL 35487-0393
Gymnastics Overnight Shipping Address: Coleman Coliseum — Room 339
323 Bryant Drive, Tuscaloosa, AL 35487

ALABAMA PRESIDENT DR. STUART R. BELL

The Board of Trustees of The University of Alabama System named Dr. Stuart R. Bell president of The University of Alabama on June 18, 2015.

A nearly 30-year veteran of higher education, Bell was previously executive vice president and provost at Louisiana State University, where he served as both the chief academic officer and the chief operating officer of LSU. These responsibilities at LSU included oversight of all academic, research and student programs and coordination of related fiscal operations.

"The University of Alabama is such a vibrant community," said Bell. "I'm excited about UA and its positive impact on our community and the nation, and I look forward to the even greater achievements that we will seek in working together."

"I'm honored by this selection and the confidence displayed in my abilities, and I look forward to learning and listening to others about our campus, our programs and the aspirations we have for this great university. Susan and I are thrilled to return to Tuscaloosa and are looking forward to renewing old friendships and creating new ones."

During Bell's tenure, LSU opened new facilities, including residence halls, and made additions to engineering and chemistry buildings. Student retention and success were emphasized, and recruitment efforts yielded the largest freshman class in LSU history. Online programs were also expanded, and the campus developed a new strategic plan for LSU's research and discovery efforts.

Before joining LSU, Bell served for 10 years as dean of the University of Kansas School of Engineering. During that time, he led an expansion of facilities and research, including efforts to establish multiple major research centers; increased student recruitment; and developed extensive experience in fundraising.

Bell previously served 16 years at The University of Alabama. He joined UA in 1986 as an assistant professor in the University's department of mechanical engineering. Nine years later, he was named department head, where he served until accepting the Kansas deanship in 2002.

With research interest in combustion engines, Bell has expertise in alternative fuels for engines, innovative engine designs and modeling of engine and engine processes. He founded and directed UA's Center for Advanced Vehicle Technologies, an interdisciplinary research center.

Bell, who was inducted as an Engineering Departmental Fellow by UA's department of mechanical engineering, was awarded the Society of Automotive Engineers' Ralph Teetor Award for Outstanding Contributions to Research and Teaching in 1988.

He was presented the T. Morris Hackney Faculty Leadership Award for the UA College of Engineering in 2001, and, in 2005, he received the Richard S. Woodbury Award from the American Society of Mechanical Engineers.

An Abilene, Texas, native, Bell earned a nuclear engineering degree from Texas A&M University in 1979. He earned his master's and doctorate degrees in mechanical engineering from Texas A&M in 1981 and 1986, respectively.

He and his wife, Susan, have three adult children, Stuart, Stacy — a UA graduate — and Stephen, and one granddaughter.

ON YOUR CAMPUS...

TOP RANKED ON YOUR CAMPUS...

Enrollment at The University of Alabama reached a record high of 37,665 for fall 2016. The entering freshman class, at 7,559 students, is the largest and best qualified in UA history. More than 40 percent of UA's 7,559-member freshman class scored 30 or higher on the ACT, up from last year's record 36 percent.

The University of Alabama is a leader among public universities nationwide in the enrollment of National Merit Scholars with more than 600 currently enrolled.

Ranked among the top 50 public universities in the nation in U.S. News and World Report's annual college rankings for more than a decade, UA ranked 46th among public universities in the 2017 rankings. UA's latest college rankings include:

- The School of Law is ranked 28th among all law schools in the nation (10th among public universities), spring 2016.
- The School of Library and Information Studies is ranked 18th nationally (15th among public universities) in the latest rankings for library schools, spring 2013

University of Alabama students continue to win prestigious national awards. Forty-seven UA students have been named Goldwater Scholars, including two in 2016. The University of Alabama has produced a total of 15 Rhodes Scholars, 16 Truman Scholars, 32 Hollings Scholars and six Boren Scholars.

Thirty UA faculty have received NSF CAREER Awards, the nation's most prestigious recognition of top-performing young scientists, in disciplines ranging from nanoscience and engineering to biological sciences.

Dr. Samantha Hansen, UA associate professor of geological sciences, is one of many faculty recognized nationally for research. Hansen is one of 102 scientists who received the 2014 Presidential Early Career Award for Scientists and Engineers, the highest honor bestowed by the U.S. government on science and engineering professionals in the early stages of their independent research careers.

Seven University of Alabama alumni and graduate students have won Fulbright awards for 2016-17. Two UA graduate students received Fulbright research awards. Five UA graduates won awards as teaching assistants to research and teach abroad.

U.S. News and World Report ranks The University of Alabama's Manderson Online Business Master's programs 16th in the nation. The rankings are based on level of accreditation, faculty credentials, admissions selectivity, reputation for excellence among peer institutions and academic and career support services offered to students.

Public Accounting Report's 2016 rankings place UA's Culverhouse School of Accountancy's undergraduate and master's programs 8th and its doctoral program 9th.

PRWeek Magazine has recognized the public relations program in The University of Alabama's College of Communication and Information Sciences as one of the top five programs in the nation six times.

BILL BATTLE

DIRECTOR OF ATHLETICS

William R. "Bill" Battle recently completed his third year as Director of Athletics at The University of Alabama. Since taking the job on March 22, 2013, (succeeding the late Mal Moore, who had held the position since November 1999), Battle has not only maintained Alabama's unparalleled athletics success, but also has placed increased focus on the primary mission of Alabama Athletics: to recruit and develop student-athletes to compete at the highest levels in intercollegiate athletics, to educate and prepare student-athletes to compete at the highest levels in life after graduation, and to accomplish both with honor and integrity.

Battle took the job as Director of Athletics at Alabama after a career as a college football coach and entrepreneur that was consistently hallmarked by innovation and foresight. During Battle's tenure, Alabama has produced two NCAA team national championships (men's golf in 2014 and football in 2015); seven SEC team championships in five different sports (two in football, two in gymnastics, one in men's golf, softball and women's tennis); 15 NCAA individual champions (seven in 2013-14, six in 2014-15, and two at this writing in 2015-16); 27 NCAA Elite Award winners (13 in 2013-14, 14 in 2014-15); 26 Academic All-Americans (13 in 2013-14, 12 in 2014-15, and 1 thus far in 2015-16 – leading the nation in that category in both 2013-14 and 2014-15); and 16 NCAA Postgraduate Scholarship awardees (a national-leading 7 in 2013-14 and 7 in 2014-15, and 2 thus far in 2015-16).

Battle's vision has impacted the Alabama Athletics Department in numerous ways over the last three years, particularly in revitalized fundraising efforts that directly enhance the daily experience of every Crimson Tide student-athlete. Battle spearheaded the redevelopment of Alabama's historic baseball facility, Sewell-Thomas Stadium, transforming an aging facility into one of the nation's most dynamic venues when the stadium opened in February, 2016. He also has led the drive for numerous other facility and departmental improvements, including a new rowing facility and plans for a new aquatics facility. He has increased outreach efforts to keep students, fans, faculty, staff and stakeholders abreast of what is happening in Alabama Athletics.

A native of Birmingham, Ala., Battle attended The University of Alabama on a football scholarship and enjoyed a successful playing career as a three-year starter at end for the Crimson Tide under legendary head coach Paul "Bear" Bryant from 1960-62. Battle was a member of Bryant's first national championship team at Alabama in 1961, and was a three-year starter. Generally regarded as the team's best end throughout his playing career, Battle came to Tuscaloosa after starring in three sports at Birmingham's West End High School.

An excellent student, Battle earned a bachelor's degree in Biology (minor in Psychology) from The University of Alabama in 1963 and a master's degree in Education from The University of Oklahoma in 1964. He was an Academic All-SEC selection as a senior in 1962 and was selected to play in the Senior Bowl all-star game in Mobile, Ala., in January of 1963. He was named first team tight end and second team defensive end on The University of Alabama All Decade Team of the 1960s. Alabama won three national championships in the decade (1961, 1964 and 1965).

Battle entered the coaching profession as a graduate assistant at The University of Oklahoma in 1963 under famed head coach Bud Wilkinson. In 1964 and 1965, he served as an assistant coach at the United States Military Academy while serving a two-year military tour. In 1966, he moved on to the University of Tennessee, where he served as an assistant coach under head coach Doug Dickey for four seasons (1966-69) until he was named head coach of the Volunteers in 1970. When he was named head coach, Battle was the youngest head coach in college football at the age of 28.

During his seven-year tenure as head coach (1970-76), Battle's teams went 59-22-2, finished three seasons ranked in the nation's top 10 among five top-20 finishes and won four out of five bowl games. Battle's Tennessee teams won 11 games once (1970) and at least 10 games in three different seasons (1970, 1971 and 1972). His first Tennessee team finished the season ranked fourth in both national polls. His 1971 team finished ranked ninth in both national polls and the 1972 Tennessee squad finished ranked eighth by the Associated Press and 11th in the coaches' poll.

Battle embarked on a career in the private sector after his coaching career ended. He held various positions within Circle S Industries in Selma, Ala., and served as president of two different companies, as well as vice chairman of the Circle S Holding Company Board. During his six years at Circle S, the organization grew from two companies earning $12 million in annual sales to 10 companies earning $60 million.

Battle founded The Collegiate Licensing Company (CLC) in 1981, and served as president and Chief Executive Officer (CEO) until 2002. He also served as chairman of the board of Licensing Partners International (LPI), which was created in 2001 to represent the licensing interests of non-collegiate sports properties, as well as corporate and entertainment properties. The companies were sold to IMG in 2007, but he continued as chairman of CLC and consultant to IMG until March of 2013 when he was called back to Alabama.

A 1981 inductee into the Alabama Sports Hall of Fame, Battle was inducted as the first member of the charter class of the National Collegiate Licensing Association Hall of Fame in 2000. He was the recipient of the 2005 Paul W. Bryant Alumni Athlete Award at The University of Alabama and was inducted into the International Licensing Industry Merchandisers' Association (LIMA) Hall of Fame in 2008.

Battle received a National Football Foundation award in December 2008 for Outstanding Contributions to Amateur Football. In June 2010, he was inducted into the National Association of Collegiate Marketing Administrators' (NACMA) Hall of Fame. He was inducted into the Tennessee Sports Hall of Fame, receiving its Lifetime Achievement Award in 2011. He is slated to be inducted into the Sporting Goods Industry Hall of Fame in May of 2016. He currently serves on the boards of the Bryant-Jordan Student-Athlete Foundation, The University of Alabama A-Club Educational & Charitable Foundation, the Crimson Tide Foundation, and the National Football Foundation.

Bill and his wife, Mary, are part of UAB's Stem Cell Institute Board and are both active in their support of UAB's Department of Rheumatology. In their leisure time, the Battles enjoy life on their ranch in Georgia. Mary is an avid equestrian while Bill enjoys working on various projects around the ranch.

FINUS GASTON
SENIOR EXECUTIVE ASSOCIATE A.D.
CHIEF FINANCIAL OFFICER

KEVIN ALMOND
EXECUTIVE ASSOCIATE A.D.
SUPPORT SERVICES

MARIE ROBBINS
SENIOR ASSOCIATE A.D.
SENIOR WOMAN ADMINISTRATOR

SAM BRANCH
SENIOR ASSOCIATE A.D.
DEVELOPMENT

JEFF PURINTON
SENIOR ASSOCIATE A.D.
MARKETING & COMMUNICATIONS

DOUG WALKER
SENIOR ASSOCIATE A.D.
COMMUNICATIONS

KOBIE BAKER
ASSOCIATE A.D.
BASKETBALL

CHRIS BESANCENEY
ASSOCIATE A.D.
TICKETING / TIDE PRIDE

JON DEVER
ASSOCIATE A.D.
STUDENT SERVICES

BRAD LEDFORD
ASSOCIATE A.D.
STRATEGIC MARKETING

ED MARYNOWITZ
ASSOCIATE A.D.
FOOTBALL

CAROL PARK
ASSOCIATE A.D.
BUSINESS

MATT SELF
ASSOCIATE A.D.
COMPLIANCE

AARON VOLD
ASSOCIATE A.D.
MAJOR GIFTS

TOMMY FORD
ASSISTANT A.D.
DONOR PROGRAMS

DR. JAMES KING
FACULTY ATHLETIC
REPRESENTATIVE

ON YOUR CAMPUS...

From the architecture to the landscaping, The University of Alabama campus is one of the most beautiful places in the state of Alabama. With more than 200 academic majors, outstanding honors programs and a championship athletic tradition, UA offers a complete educational, cultural and social experience. Our undergraduate, graduate and professional programs give students the opportunity to interact with nationally ranked faculty and our distance learning programs offer learning that fits your life.

Life on the UA campus is defined by opportunities. Students who want to get involved can join one of more than 350 student organizations, help plan concerts and speaker series, volunteer in the community, participate in intramural teams or run for student government.

Students, faculty, staff and visitors can take advantage of a rich and varied schedule of musical, dance and theatre performances, art galleries and exhibitions, lectures and readings by writers, poets and experts on every topic imaginable. UA's fine museums house countless historical artifacts and offer hands-on exploration opportunities.

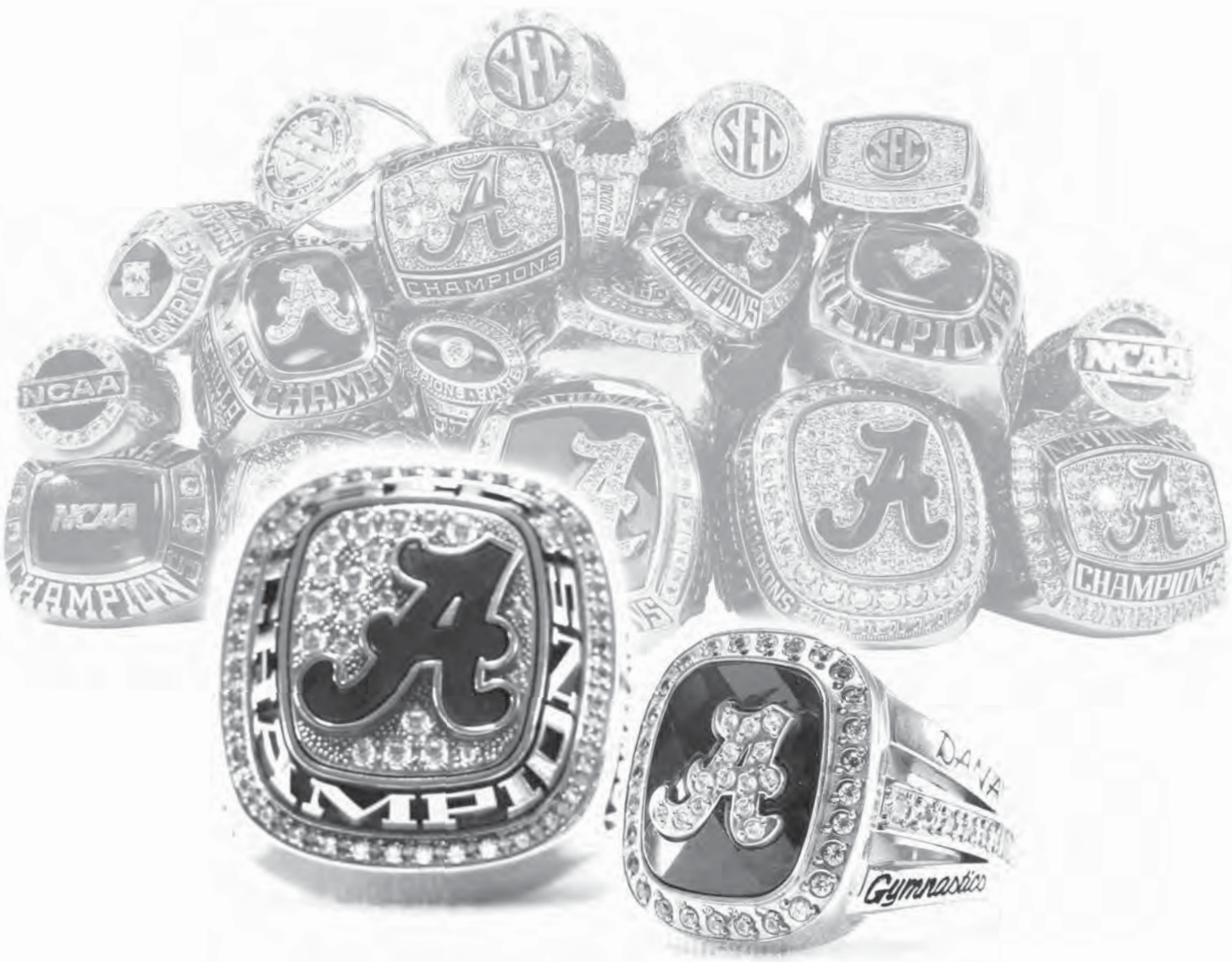
The Ferguson Center, UA's student union, was renovated and expanded in 2014, providing more space for student activities and a larger food court and Supply Store. The new Fresh Food Company as well as Lakeside and Burke dining halls offer a wide variety of food service options.

The Student Recreation Center offers first-class recreation facilities to students, faculty and staff. It includes two multi-use gyms, nine multi-purpose courts, weight machines, 1/8-mile jogging track, extensive cardio area, locker rooms, indoor swimming pool, dry and steam saunas, 12 lighted tennis courts, four aerobics rooms, eight racquetball courts and a squash court—together encompassing more than 200,000 square feet. The facility's outdoor aquatic area features a lazy river, lap swim, large water-park-type slide and lots of deck space. An additional recreation and student center is conveniently located for residential students between the Presidential 1 and II residence halls.

Whatever your interests, you will find a group, an organization, an activity or a program that will appeal to you at UA.

THIS IS ALABAMA GYMNASTICS

A Tradition of Excellence, A Legacy of Champions



ALABAMA GYMNASTICS

At the collegiate level, gymnastics is a team sport. No one student-athlete can do it on their own. That's one of things that appeals most to the type of gymnast that comes to Alabama, the chance to be a part of something larger than themselves. At the same time, the Crimson Tide coaching staff of Dana Duckworth, Bryan Raschilla and Bill Lorenz are committed to helping each gymnast become the best version of themselves, both in the gym, the classroom and the world outside of both. That philosophy of developing the whole person is long entrenched in the fiber of Alabama gymnastics. It is what has allowed the Crimson Tide to advance to the NCAA Championships each of the last 34 years, winning six and advancing to an NCAA-best 22 Super Six Team Finals and posting an NCAA-best 23 top-three national finishes. It's also why Alabama leads all gymnastics programs in several national academic honors, including being a perfect seven-for-seven when it comes to the NCAA Elite 90 Award, and earning an amazing 19 NCAA Postgraduate Scholarships.

LIVING THE LEGACY

of personal excellence within a team bond, built on a family dynamic is why Crimson Tide gymnastics stands among the very best collegiate programs in the nation. It's also why Alabama gymnasts go on to lead lives of distinction following graduation. They not only become outstanding doctors and lawyers, accountants and teachers, mothers and coaches, but they also become vital members of their communities, continuing to give back to those around them. Alabama gymnastics celebrates its accomplishments - individual and team - with a tremendous amount of pride, knowing that everything that has been accomplished the right way,

WITH DIGNITY AND CLASS.

THE ALABAMA GYMNASTICS TRADITION OF EXCELLENCE CONTINUES

In many ways, it was a very familiar season for the Alabama gymnastics team. The Crimson Tide won its NCAA-best 31st regional championship and advanced to its 34th NCAA Championship in a row. From there, it advanced to its NCAA-best 22nd Super Six Team final.

Familiar territory for one of collegiate gymnastics best and most consistent programs, but never taken for granted.

"We work very hard every year to build a team that is capable of being on the floor the last night of the season with a chance to win a national championship," head coach Dana Duckworth said. "It's extremely hard to do, which is why the outcome is so worthwhile."

Alabama kept itself in contention for another national crown throughout the championships. The Tide started the night on the floor exercise, scoring a 49.375 powered by 9.9s from Kiana Winston and Lauren Beers. On the vault, Beers' 9.9 paced the Tide to a 49.325, which tied for the second-highest vault score of the night.

On the uneven bars, 9.8875s from Mackenzie Brannan and Winston drove the Tide to 49.2875. With the championships held in Fort Worth for the second year in a row, it was somehow appropriate that Texas native Nickie Guerrero would finish the night off. Her 9.95 on the balance beam pushed Alabama to a 49.450, the highest beam tally of the meet.

Alabama would finish in third place, just a fraction out of second, marking the Tide's 23rd top-three finish, another NCAA best. It also made Alabama the only program in collegiate gymnastics to finish in the top four at the NCAA Championships each of the last eight years and continued a tradition of excellence and legacy of champions that is second to none.

KATIE BAILEY VAULTS TO ALABAMA'S 26TH NCAA CHAMPIONSHIP

While the 2016 NCAA Gymnastics Championships were in a familiar venue, being held in the Fort Worth Convention Center in Fort Worth, Texas, for the second year in a row, the meet had a different structure for the first time in 24 years.

Prior to the 2016 season, the championships were held over three days. The first day, the semifinals, featured two sessions with a mix of teams and individuals. The top three teams from each session advanced to the next day's Super Six Team Finals, while the top-four individuals from each session, on each event, advanced to the individual finals on the meet's third day. In 2016, the meet contracted to two days, with the team aspect remaining the same, but the individual national champions were crowned from the semifinals, the day that everyone in the meet had the chance to compete.

While that gave the meet a somewhat different feel, for Alabama, the outcome of the individual portion of the competition was a familiar one.

Alabama finished the semifinal session on the vault, looking to advance to the Super Six for an NCAA-best 22nd year. Coming up third in Alabama's lineup, Katie Bailey, having already earned All-America honors on the uneven bars earlier in the night, did her part to move her team to the next night on the vault, and then some.

In another change to the 2016 proceedings, there were six-judge panels on each event and when Bailey flashed down runway, hit the spring board, then the vault and drilled her landing, she received a wall of 9.95s. It was a career-best score for Bailey and the best vault score of the day, giving her the NCAA Championship.

It was the Crimson Tide's fifth individual NCAA title in six years and 26th overall. Bailey became the third Alabama gymnast to win a national vault championship, joining Diandra Milliner (2013) and Ashley Miles (2003, 2004 and 2006) to give the Tide five NCAA vault trophies overall.

LAUREN BEERS – HAVING IT ALL

Alabama gymnastics head coach Dana Duckworth is quick to remind people that The University of Alabama is a special place that lets people find their best selves.

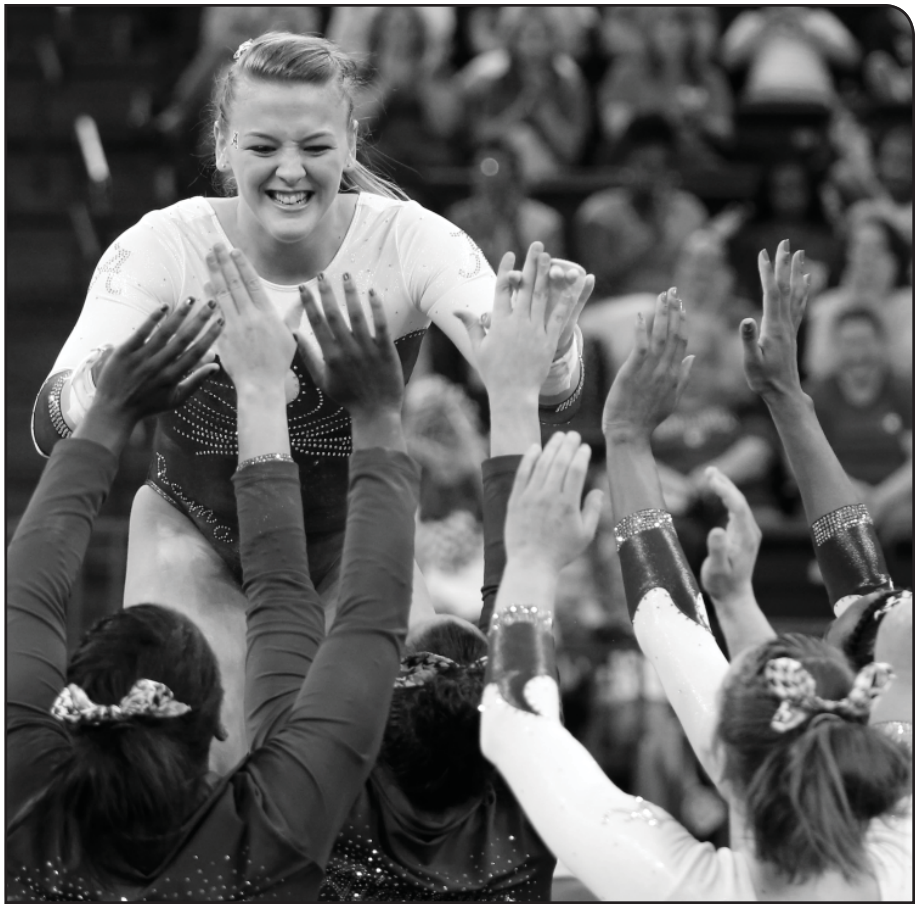
"At Alabama, you can truly have it all," Duckworth said.

There is not a better example of that than the career that Lauren Beers enjoyed at the Capstone.

As a gymnast, Beers made an impact early and often. A four-year All-American, she earned seven championship honors and five regular-season accolades. In her last regular-season appearance in Coleman Coliseum, she scored a perfect 10.0 on the vault. In her final competitive appearance in the coliseum, she won the NCAA Tuscaloosa Regional floor exercise title, pushing her career regional championship total to five. An All-SEC honoree, she led Alabama to two Southeastern Conference titles in 2014 and 2015, as well as four NCAA regional championships. At the national championships, she led The Crimson Tide to four consecutive top-four NCAA finishes, including third place as a senior in 2016.

In the classroom, Beers was second to none. She is the first gymnast to earn three NCAA Elite 90 Awards, an honor presented to the student-athlete with the highest cumulative grade-point average participating at the final site for each of the NCAA's 90 championships. She is the first sophomore to earn Elite 90 honors in the sport of gymnastics.

She graduated in three years with a perfect 4.0 grade point average in exercise science and



finished her competitive career while pursuing a master's degree.

Beers was selected as the 2016 CoSIDA Women's At-Large Team Academic All-American of the Year and was a three-year Academic All-American for her career. A four-year coaches' association Scholastic All-American, Beers also earned a place on the SEC Academic Honor Roll each year of her career.

The Warren Center, Pa., native garnered an NCAA Postgraduate Scholarship and was named the 2016 SEC Gymnastics Scholar-Athlete of the Year.

A member of Alabama's Student-Athlete Advisory Committee, Beers was a member of the 2015 University of Alabama Homecoming Court following a campus-wide vote.

With all the hard work and dedication that Beers put into her athletic and academic pursuits, she found time to give back to the world around her. The balance that she found in her life is why she was honored with another postgraduate scholarship, this one coming from the SEC. In May 2016, Beers was named the 2015-16 Brad Davis Southeastern Conference Female Community Service Leader of the Year.

"SEC student-athletes are as active in their communities as they are accomplished in athletic competition and academic endeavors," SEC commissioner Greg Sankey said. "Lauren Beers epitomizes the commitment to a well-rounded college experience and they truly represent all that can be achieved by student-athletes in the Southeastern Conference."

Beers is the fifth Alabama student-athlete to earn the honor since its inception in 1986.

"Lauren is a tremendous example of what is possible when you dedicate yourself to being the best you can be," UA Director of Athletics Bill Battle said. "A champion in the classroom and the gym, she has given generously of her scant free time to make a difference in the community around her. She is a young lady of impressive character and compassion, and we are very proud of what she has accomplished in all areas of the collegiate experience."

The Crimson Tide's total number of honors ranks second all-time, just one behind Georgia. The second Alabama gymnast to earn the award, Beers follows in the footsteps of Andreé Pickens, who took home the honor in 2002.

"Service to others, to have the heart of a servant leader, has always been one of the cornerstones of Alabama gymnastics and Alabama Athletics," Duckworth said. "It is an aspect of program that Lauren and all of our ladies really embrace and enjoy during their time at the Capstone."

Which is just one of the reasons that Beers and all those who are a part of the Crimson Tide gymnastics family learn how to not only have it all, but how do it all as well.

A VERY CROWDED HOUSE: ALABAMA GYMNASTICS FANS

For Alabama gymnasts, competing at home is electrifying. Marching into Coleman Coliseum, hearing their names called one by one as 13,000-plus fans roar their approval – it is an experience like no other.

"There's nothing like competing in Coleman Coliseum," head coach Dana Duckworth said. "The experience is absolutely exhilarating and it brings out the very best in our ladies."

If anyone knows the kind of boost that the atmosphere surrounding an Alabama home meet can provide, it is Duckworth. As a gymnast, she helped Alabama win its second NCAA Championship in Coleman Coliseum in 1991 and as a coach, she has been on the floor for some of the biggest and most fan-packed meets in Alabama history.

"Our fans are simply amazing," Duckworth said. "They are without a doubt our biggest and baddest competitive advantage."

The Tide averaged 12,647 fans during the 2016 season, marking the 13th year in a row that the Tide has averaged more than 10,000 fans per meet – a stretch that includes a school and SEC record 13,786 fans per meet in 2010. In 2006, Alabama set a school and Southeastern Conference single-meet record of 15,162.

2015-16 NCAA WOMEN'S HOME ATTENDANCE LEADERS

Rank	Team	Sport	Average Attendance
1	Utah	Gymnastics	14,928
2	South Carolina	Basketball	14,364
3	**Alabama**	**Gymnastics**	**12,647**
4	Georgia	Gymnastics	10,055
5	Tennessee	Basketball	10,412
6	LSU	Gymnastics	9,906
7	Louisville	Basketball	9,503
8	Iowa St.	Basketball	9,833
9	Notre Dame	Basketball	8,437
10	UConn	Basketball	8,920
11	Nebraska	Volleyball	8,206
12	Florida	Gymnastics	7,433

2015-16 SEC WOMEN'S HOME ATTENDANCE LEADERS

Rank	Team	Sport	Average Attendance
1	South Carolina	Basketball	14,364
2	**Alabama**	**Gymnastics**	**12,647**
3	Tennessee	Basketball	10,412
4	Georgia	Gymnastics	10,055
5	LSU	Gymnastics	9,906
6	Florida	Gymnastics	7,433
7	Kentucky	Basketball	6,454
8	Mississippi St.	Basketball	5,162
9	Texas A&M	Basketball	4,867
10	Missouri	Basketball	3,990
11	Alabama	Softball	3,018
12	Georgia	Basketball	2,932

2016 GYMNASTICS HOME ATTENDANCE LEADERS

Rank	Team	Average Attendance
1	Utah	14,928
2	**Alabama**	**12,647**
3	Georgia	10,055
4	LSU	9,906
5	Florida	7,433
6	Auburn	6,234
7	UCLA	5,778
8	Kentucky	5,335
9	Arkansas	3,427
10	Southern Utah	3,270
11	Michigan	2,862
12	Oregon State	2,913

ALABAMA GYMNASTICS NOTEWORTHY ATTENDANCE AND SOLD-OUT CROWDS

NOTEWORTHY ATTENDANCE FIGURES

- The 2016 NCAA Tuscaloosa Regional Champion Alabama gymnastics team once again stood among the very best in terms of collegiate women's attendance during the 2015-16 academic year, including producing the largest gymnastics regional crowd in the nation in 2016.
- The Crimson Tide drew 10,116 fans to Coleman Coliseum for the April 2 regional championship, more than 2,000 fans better than the next closest regional.
- During the 2016 regular season, Alabama drew more than 10,000 fans for every home meet with a final home average of 12,647.
- The Tide's five-meet average in 2016 marked the ninth time Alabama has averaged over 12,000 fans per meet.
- The Tide's 2016 average puts them in rare company. Alabama gymnastics, Utah gymnastics and South Carolina women's basketball were the only collegiate women's programs to average more than 12,000 fans per home contest in 2015-16.
- In addition to being the only three to average over 12,000 fans, Alabama, Utah and South Carolina along with Georgia gymnastics and Tennessee basketball were the only collegiate women's programs to average more than 10,000 fans per contest at home in 2016.
- Heading into the 2017 season, Alabama has drawn more than 10,000 fans over its last 23 consecutive regular-season home meets, dating back to March 2012.
- The Tide once again led all Southeastern Conference gymnastics teams in attendance and was second among all conference women's programs just behind South Carolina basketball. Alabama averaged 2,200 fans per contest better than third-place Tennessee basketball and 2,600 per meet better than fourth-place Georgia gymnastics.
- Alabama has drawn crowds of 10,000-plus 68 times since first breaking the 10,000 barrier on March 4, 1995, when 12,021 fans flooded Coleman Coliseum for a meet against Georgia.
- Only two schools in collegiate history - Alabama and Utah - have produced gymnastics crowds of 15,000-plus, with Alabama producing nine such crowds over the past decade.
- The Crimson Tide also holds the 25 largest single-meet attendance marks in SEC history.
- Alabama sold out Coleman Coliseum for the 11th time in school history and for the 10th time in the past nine years on Jan. 24, 2014, against Arkansas.
- Alabama made history in 2008 when it became the first school in gymnastics history to draw two crowds of over 15,000 fans in a single season.
- Alabama set the school and Southeastern Conference single-season attendance record of 13,786 fans per meet in 2010.
- Alabama drew a school and SEC record 15,162 fans for its Jan. 20, 2006, meet against Florida.

ALABAMA GYMNASTICS COLEMAN COLISEUM SELLOUTS

1.	15,043	vs. Georgia	2-1-97
2.	15,162	vs. Florida	1-20-06
3.	15,075	vs. Auburn	1-26-07
4.	15,075	vs. Georgia	2-1-08
5.	15,075	vs. Arkansas	2-8-08
6.	15,075	vs. Auburn	2-27-09
7.	15,075	vs. Arizona	2-19-10
8.	15,075	vs. Auburn	2-11-11
9.	15,075	vs. Arkansas	2-17-12
10.	15,075	vs. Kentucky	1-25-13
11.	15,075	vs. Arkansas	1-24-14

ALABAMA'S YEARLY HOME ATTENDANCE AVERAGES

1.	13,786	2010
2.	13,422	2013
3.	12,827	2012
4.	12,826	2014
5.	12,730	2011
6.	12,674	2016
7.	12,578	2006
8.	12,141	2008
9.	12,086	2015
10.	11,284	2007
11.	10,570	2005
12.	10,484	2009
13.	10,301	1997
14.	10,274	2004
15.	9,815	1998
16.	9,510	2000
17.	9,427	1999
18.	9,301	1996
19.	8,983	2002
20.	8,496	2001
21.	8,120	2003

ALABAMA GYMNASTICS FACILITIES

Whether for practice, for competition or for the time in between, the Alabama gymnastics program utilizes some of the finest athletics facilities in the nation and those facilities continue to get better all the time.

THE FRANCES SMITH PRACTICE FACILITY

Long one of the most well-designed and spacious training gyms in the nation, the Frances Smith Gymnastics Practice Facility was revitalized during the summer of 2012, giving it a new look that included all new crimson matting among other amenities.

"Our facilities – from our practice gym and arena to the state of the art training and academic centers – are second to none," head coach Dana Duckworth said. "They allow us to train at a championship level every day."

The new look includes reminders of the Crimson Tide's rich championship heritage, highlighted by larger-than-life murals of the Tide's 2012 NCAA Championship team and the 2015 Southeastern Conference championship team, as well as several Alabama legends.

"This is just another area where Bryan Raschilla's gift for graphic design has made a huge difference for our program, adding to the championship feel of our facility," Duckworth said.

The hallway that leads from the gym also features seven images that are highlighted by words that define Crimson Tide gymnastics tradition of excellence.

"When our ladies walk down the hallway and into the gym, they are reminded all the time of the ideals that built this program into what it is today – tradition, family, excellence, heart, service, champions and leadership," Duckworth said. "You can't help but be inspired to do your best to uphold that tradition of excellence and legacy of champions."

The Tide's team suite also received upgrades during 2012, including new hot and cold therapy tubs in the gymnastics training room which has been extremely beneficial in terms of preparation and recovery when it comes to both practice and competition.

All aspects of the complex come together in a marriage of form and function that gives Alabama a training edge. Countless hours went into designing the 12,500 square-foot gym, creating a facility that is both beautiful, but designed to minimize and alleviate the impact of training on the gymnasts' bodies.

Multiple soft landing pits are available for all four apparatus, giving the Tide the freedom to train skills in enhanced safety. That setup also gives Alabama the capability of teaching a variety of skills at the same time.

The main practice area includes an in-ground trampoline and tumbling strips. The sound system that drives the Tide's practices surrounds the floor exercise area with the same level of sound Alabama will encounter in a meet setting.

The practice gym also includes a state-of-the-art video analysis system, provided by the Tide's booster organization, The Medalist Club.

The system has several playback and analysis options that are in use every day in practice, allowing the coaches to provide instant feedback on a routine. Having three complete systems in the gym running at all times allows the coaches and gymnasts constant analysis. The system also helps compress the time it takes to make a change to a skill or routine, allowing the gymnasts to get more out of each practice.

In addition to a variety of playback options, the coaches can also compare and contrast routines using a variety of tools within the Dartfish Pro software.

"If we really want to get in-depth and break down technique and skills, we can use the system's SimulCam and StroMotion features which were both used at the Olympic Games," Raschilla said.

The equipment is arranged to make the flow of practice extremely fluid. There are five uneven bars stations, six balance beams, two vaults and an oversized floor in place.

A separate 2,000 square-foot strength and conditioning/dance studio is connected to the main practice area and includes the Tide's cardio equipment.

Prior to the 2016 season, Alabama added a Pilates studio to its training suite. Located next to the Tide's strength and conditioning/dance studio, the studio contains top of the line Pilates equipment and is designed to help the Crimson Tide to be its very best. The Pilates studio was also funded by The Medalist Club (www.GymTide.com).

"We're excited to have this addition to our facility," Duckworth said. "To be able to integrate Pilates into our routine and to have the equipment right next to our practice gym is a huge bonus for our ladies. We are so grateful to The Medalist Club for continually providing our program with everything we need to be the very best we can be."

In addition to a fully equipped training room, the Tide's team suite includes the locker room as well as a team room that includes study and computer stations and a meeting space.

"I love the fact that our ladies have everything they need all in one place for both practice and meets," Duckworth said.

COLEMAN COLISEUM

There are few atmospheres better in collegiate athletics than a gymnastics Friday night in Coleman Coliseum – from the roar of the crowd when Alabama marches in through the last routine. That atmosphere has only improved over the past several years, following major upgrades to the main arena of Coleman Coliseum aimed at enhancing the meet-day atmosphere. The new

amenities feature an array of state-of-the-art video boards, including a center-hung display that features four massive, high-definition video panels flanked by two video rings. The center display is accompanied by a pair of video and stat displays on each end of the facility.

The latest enhancements also include more floor seating for the fans, bringing the crowd closer than ever to the action.

Coleman Coliseum saw its greatest transformation prior to the 2006 season, when the entire facility was updated in grand fashion. Behind a bold modernized facade, the interior lobbies and concourses were expanded and upgraded. In the main seating area, 15,000-plus seats, all theater style, welcome gymnastics crowds along with a 6,400 square-foot club area along the east side of the arena.

All these amenities enhance Coleman Coliseum's reputation as one of the best places in the nation to watch gymnastics. Since the gymnastics team began competing in the Coliseum in the late 1980s, Alabama has hosted some of the biggest gymnastics meets in the country, including the 1991, 1996 and 2002 NCAA championships and the 1988, 1993 and 1999 SEC Championships. The Tide hosted its 14th NCAA Regional Championship in the spring of 2016.

The Coliseum also houses the gymnastics coaches' office suite, which was renovated during the summer of 2012 to highlight a championship legacy that includes six national championships, nine SEC titles as well as countless individual accolades. In addition to the coaches and staff offices, the suite includes a conference room and a workroom.

The overall renovation to the Tide's athletic facilities, which entailed a more than $200 million capital building campaign, also included a new strength and conditioning center and an athletic training center that is among the nation's very best. Both facilities are located in the Mal Moore Athletic Facility, adjacent to Coleman Coliseum.

Another aspect of the athletics department's building campaign over the past decade that has paid huge dividends is the Bill Battle Academic Center at Paul W. Bryant Hall, one of the finest academic centers in the nation, which opened in 2005 (for more on Bryant Hall, see page 18).

CRIMSON TIDE GYMNASTICS FACILITIES

CLASSROOM SUCCESS

The University of Alabama is one of the nation's top scholastic institutions and the Crimson Tide gymnastics program is among those leading the charge of academic excellence, earning countless honors and continually producing outstanding results in the classroom.

The Tide's tremendous success is in direct correlation to the level of importance the coaching staff puts on academics. Priority one at Alabama is a great education that will catapult Tide gymnasts into exciting futures.

"There is no doubt that when it comes to Crimson Tide gymnastics, academics is priority one," head coach Dana Duckworth said. "I'm a living example of what an Alabama education can do for you. That's why we want every Alabama gymnast to leave the Capstone with a championship ring on one hand and a diploma in the other, confident in the knowledge that an Alabama education will take you anywhere you want to go."

The emphasis the coaching staff puts on academics has paid huge dividends. On its way to winning back-to-back NCAA championships in 2011 and 2012, Alabama posted two of its highest team grade point averages in school history, a school record 3.71 in 2011 and a 3.55 in 2012. Over that two-year span, Alabama gymnasts earned 27 Scholastic All-America honors while every member of the team posted over a 3.1 GPA.

The Tide's academic prowess is nothing new. Alabama gymnasts have earned 19 NCAA and 11 Southeastern Conference postgraduate scholarships since 1983, with both totals leading all gymnastics programs on the national and conference levels.

Additionally, three Alabama gymnasts — Julie Estin, Meredith Willard and Kristin Sterner — were all named the H. Boyd McWhorter Scholar Athlete of the Year, the SEC's most coveted academic honor. The McWhorter is bestowed on the conference's top senior student-athlete, regardless of sport and carries with it a $15,000 scholarship that can be applied to the graduate program of the recipient's choice.

While the Tide has built a sparkling reputation in the academic arena, it is not just a case of letting a squad of naturally academically-talented athletes loose in the classroom.

"The success our ladies have enjoyed academically has been predicated on the same drive and dedication that makes them successful in the gym," Duckworth said. "I'm proud of the fact that our gymnasts combine the amazing resources the University and athletics department puts at their disposal with a tremendous amount of hard work to excel to the best of their abilities."

In fact, some of Alabama's greatest success stories involve student-athletes that came in as at-risk students. Through a combination of their own hard work, unflagging support from the coaching staff and the resources Alabama puts at their disposal, they were able to graduate. They then went on to careers that might not have been possible without the education they received at the Capstone.

Once a prospective student-athlete signs, it is up to her how successful she is academically. But because of Alabama's Bill Battle Academic Center (BBAC) and the commitment of its coaches, every opportunity for success is there for the taking.

ACADEMIC EXCELLENCE

Alabama gymnastics' academic excellence has maintained an impressive stride over the past 40 years, providing some truly awe-inspiring results.

- In 2016, Alabama gymnasts posted a 3.64 team grade point average on the way to its NCAA-best 31st regional championship.
- The Crimson Tide once again produced the highest team grade point average among Southeastern Conference gymnastics teams and was fifth among all NCAA Division I gymnastics programs.
- Alabama was also the only team to advance to the 2016 NCAA Super Six Team Final and rank among the top-40 by team grade point average.
  The 2015-16 academic year marks the 11th year in a row UA gymnasts have posted a team GPA of 3.4 or better.
- When 14 Alabama gymnasts earned Scholastic All-America honors in 2016, the Tide tied the school record for most accolades in a season originally set in 2011, and boosted Alabama's all-time total to 227 since the award's inception in 1991, averaging more than 10 honors a year over the past 15 years.
- Beers was voted the 2016 Southeastern Conference Gymnastics Scholar-Athlete of the Year.
- Alabama gymnasts have now won six SEC Gymnastics Scholar-Athlete of the Year honors in the 13-year history of the award. Beers joins Kim Jacob (2012, 2013 and 2014), Kayla Hoffman (2011) and Michelle Reeser (2005) since the award's inception in 2004.
- Alabama set a single-season program and SEC record when all 18 gymnasts earned a place on the 2016 SEC Academic Honor Roll, boosting Alabama's tally to 309 since the award was first given out in 1984, more than two dozen better than the rest of the league.
- Lauren Beers earned a place on the Capital One/CoSIDA Academic All-America At-Large team for the third year in a row in 2016, becoming the second UA gymnast to earn the prestigious honor three times.
- Beers became the first gymnast to earn the NCAA Elite 90 Award three years in a row, making Alabama gymnastics a perfect seven-for-seven in the honor that came into being in 2010.
- Beers also became the fourth UA gymnast to be named the CoSIDA At-Large Team Academic All-American of the Year.
- Kim Jacob was named the 2014 Capital One/CoSIDA Academic All-America of the Year, given annually to the NCAA Division I scholar-athlete of the year.
- In 2014, Jacob, Sarah DeMeo and Diandra Milliner earned NCAA Postgraduate Scholarships, marking the first time Alabama gymnastics has earned three in a single year.
- Of the 21 collegiate gymnasts who have earned NCAA Postgraduate Scholarships between 2011-16, seven are from Alabama. No other gymnastics program has more than two.
- Alabama gymnasts have earned 19 NCAA Postgraduate Scholarships, more than any other gymnastics program in the nation.
- 12 Crimson Tide gymnasts have earned SEC Postgraduate Scholarships, more than any other gymnastics program in the SEC.
- The Crimson Tide has been especially sharp in its NCAA Championship seasons – posting a 3.5 or better team GPA in 2012, 2011, 2002 and 1988 and above a 3.0 in all six national championship years.
- Three Alabama gymnasts, Kristin Sterner, Meredith Willard and Julie Estin, have earned the H. Boyd McWhorter SEC Scholar-Athlete of the Year, presented annually to the top student in the league.
- Alabama has averaged over a 3.0 team GPA for the past 20-plus years in a row.

THE BILL BATTLE ACADEMIC CENTER

The Bill Battle Academic Center (BBAC) is a mainstay of The University of Alabama's academic success.

The Crimson Tide's academic home, the Bill Battle Academic Center at Paul W. Bryant Hall, is the crown jewel in Alabama's $125-plus million Crimson Tradition building initiative. The center was named for Bill Battle several years before his being named as the Crimson Tide's Director of Athletics in the spring of 2013.

"Academic success is the life's blood of what we do here at The University of Alabama and our academic center is second to none in providing our student-athletes with the tools they need to obtain that success," Battle said. "I couldn't be prouder to have my name associated with those efforts."

Through the auspices of the Crimson Tradition Fund, Alabama took its former athletic dorm and converted it into a state-of-the-art facility that benefits all 500-plus Crimson Tide student-athletes.

"The Bill Battle Academic Center is an incredible facility for our student-athletes," Fern Hampton, the Assistant Director for Student Services and gymnastics academic advisor said. "I can't help but be proud to give tours to recruits and their parents. BBAC demonstrates the level of commitment to academics by The University of Alabama and its athletics department. With over 52,000 square feet, a student-athlete can meet with their advisor, work with a tutor, attend their orientation class, use the math or computer labs, and visit the Career and Leadership Development Center – all within Bryant Hall – which is a tremendous asset for them and their busy schedules."

Among the building's many amenities is a 48-seat computer lab with up-to-date equipment and software, a math lab, as well as individual study rooms. The athletic academic advisor offices are also housed in the building, along with two 50-seat classrooms, a 140-seat classroom, a study lounge and the Susan and Gaylon McCollough A-Club Career and Leadership Development Center.

The classrooms utilize cutting-edge teaching devices, including digital overhead projectors, and throughout the building there are information stations that provide student-athletes with news. The building also houses the Tide's Academic Hall of Fame honoring Academic All Americans and recipients of the Paul W. Bryant Student-Athlete Award.

BBAC is headed by Associate Athletics Director for Student Services Jon Dever. In addition to Hampton, Dever is assisted by Lance Walker, Jessie Gardner, Brittany Price, Joy Burroughs, Heather Anders, Stephanie Godfrey, Jennifer Sanders, Jared Jaudon, Emily Roberts, Molly Dowd, Brett Basham, Joe Suiter and Lisa Patrick. The staff also includes four assistant academic program advisors and more than 90 part-time tutors.

The BBAC staff works as a liaison between the athletics department, undergraduate and graduate divisions, and the administrative offices of the University. The staff assists with class scheduling and registration, makes sure all athletes are maintaining satisfactory progress toward their degrees, monitors academic eligibility, secures tutors and schedules study sessions, and provides career counseling and leadership development.

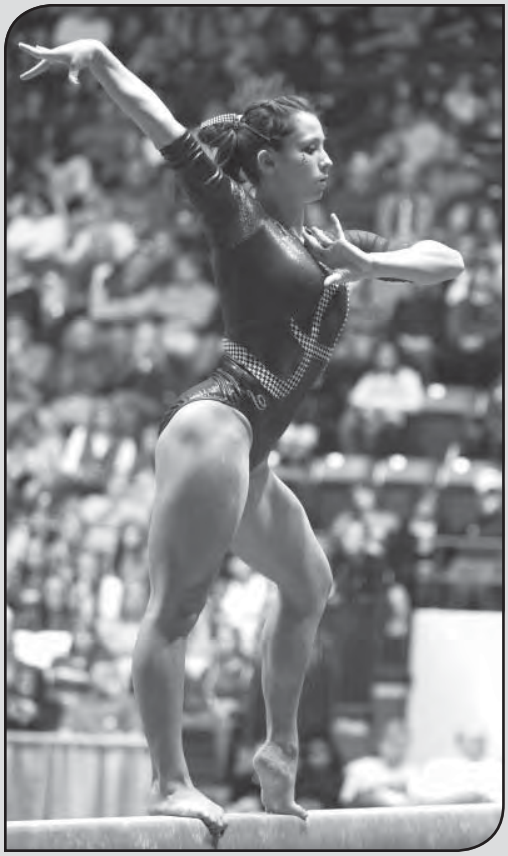
CAREER AND LEADERSHIP CENTER

The latest enhancement to the Bill Battle Academic Center came in the fall of 2013, when the Susan & Gaylon McCollough A-Club Career and Leadership Development Center was dedicated. The center, located on the second floor of the Academic Center, is a place where Alabama student-athletes can hone the skills necessary to take the next step in their lives.

"We felt like this was the next logical step," Associate Athletics Director for Student Services Jon Dever said. "We try to prepare our student-athletes with everything they need to be successful in the classroom and now, with this new center, we can help them prepare for that next step in their lives."

The center, led by the Tide's Director of Student-Athlete Enhancement Jessie Gardner, helps student-athletes learn everything from creating a resume to utilizing social media in a professional way to how to interview and network effectively.

The suite was named for Alabama football letterman Gaylon McCollough and his wife Susan. McCollough was a center on the Tide's 1964 National Championship team who earned Academic All-America honors in the classroom and was named All-SEC on the field before being drafted by the Dallas Cowboys.



MAKING THE GRADE

The Bill Battle Academic Center (BBAC) provides many services that help Alabama gymnasts make a smooth transition into the world of collegiate academics. BBAC provides tutors, study sessions and works with student-athletes to help them develop study, note taking and organizational skills. BBAC will also provide a personal monitor that helps guide the student-athlete as long as she or the team's academic advisor feels it is necessary in order for that student-athlete to be successful in the classroom.

All-American and Scholastic All-American Kayla Hoffman is a shining example of what a student-athlete can accomplish when utilizing all the resources that Alabama and BBAC put at their disposal. Hoffman came to the University after being home schooled since the fourth grade.

"Kayla's story is such an inspiration," head coach Dana Duckworth said. "To come back into a classroom after years of being homeschooled and have the amazing academic career that she did shows the success that is possible when someone works extremely hard and uses the tremendous resources the University and athletics department put at their disposal."

Hoffman finished her career with a 4.0 grade point average in human development and family studies. A first team Capital One/CoSIDA Academic All-American, she was also named the 2011 Academic All-American of the Year.

Hoffman's academic prowess, enhanced by the tools the BBAC put at her disposal, led to the Union, N.J., native earning NCAA and Southeastern Conference Postgraduate Scholarships. She was also voted the SEC Gymnastics Scholar-Athlete of the Year in 2011.

An amazing senior season culminated in Hoffman receiving the NCAA Top VIII Award, which honors the nation's top eight senior student-athletes in all sports in all NCAA Divisions for excelling athletically and academically as well as making a difference in the community.

"That's exactly what I wanted," Hoffman said on balancing her athletic and academic accomplishments. "I wanted to be someone who was an excellent student and an excellent athlete. I wanted to show future athletes here at our University that you can be both. That really meant a lot to me."

ACADEMIC ADVISOR
FERN HAMPTON

Fern Hampton, Assistant Director of the Bill Battle Academic Center (BBAC), is in her 16th year with the athletics department and her 13th working with the gymnastics program.

"There is no better person for our ladies to have in their corner when it comes to their academic careers than Fern," head coach Dana Duckworth said.

Nothing drives that point home more than the fact that the gymnastics program named its academic award after Hampton following the 2014 season.

Her dedication is just one of the reasons that Hampton and her BBAC colleagues were honored with the University's 2012 Sam S. May Commitment to Service Award, which recognizes departments that demonstrate exceptional service to their constituents.

In addition to the May Award, Hampton has also received the David Dutton Memorial Award, given to individuals who go above and beyond the call of duty for the Alabama gymnastics program, and the Penny Allen Award that recognizes a faculty or staff member who has made a significant contribution to student life at Alabama.

One of the key factors that makes the Winnipeg, Manitoba native's job easier is the commitment the coaching staff has to the education process.

"Dana and everyone associated with the gymnastics program are focused on helping the gymnasts make the most of their talents in the classrooms and that's an exciting environment to work in," Hampton said.

Hampton's job includes helping the athletes under her guidance map out their academic plan, from picking a major and registering for classes to requesting a personal monitor and scheduling a tutor. In her 26th year overall with the University, Hampton worked in student recruitment through the undergraduate admissions office before joining the athletics department.

"I can't express how much I enjoy working with the gymnastics program," Hampton said. "They are very dedicated young women who work extremely hard to make sure they are getting the most out of their academic opportunities."

For Alabama gymnasts, the impetus to succeed academically is all around them. The coaching staff makes it clear to the gymnasts from day one that their very best is expected in the classroom, while their teammates encourage them to excel through both word and deed. And while the bar is set high by the coaches and athletes themselves, Hampton is there to add her encouragement and provide the tools for that success.

"There are tremendous resources here at Alabama and we make sure that the student-athletes have full access to them, that they have everything they need to be successful," Hampton said. "I absolutely believe you get a top-rate education at The University of Alabama, and we're continuing to expand our services in the Bill Battle Academic Center. If you look at the growth, not just in athletics, but across the board, it's an exciting time to be on this campus."

Hampton's interaction with a student-athlete starts on their recruiting trip when she gives the recruit a tour of the Bill Battle Academic Center and discusses the services provided by BBAC. From that point on, she works with the athletes until the day they graduate.

Hampton and her husband, Robert Meintzer, have two children, a son Robbie, and a daughter Caroline.

ALABAMA GYMNASTICS: A PERFECT 7-FOR-7 IN NCAA ELITE 90 AWARDS

In 2016, Lauren Beers became the first gymnast to win back-to-back-to-back NCAA Elite 90 Awards. She earned the Crimson Tide's seventh Elite 90 trophy with a perfect 4.0 grade point average in exercise science. From the left, Alabama head coach Dana Duckworth, Lauren Beers and assistant director of athletic student services Fern Hampton.

Instituted prior to the 2010 season, the NCAA Elite 90 Award recognizes the student-athlete with the highest cumulative grade point average who has reached the competition at the finals site for each of the NCAA's 90 championships across its three divisions.

With a perfect 4.0 GPA for her career, Lauren Beers became the first gymnast to earn back-to-back-to-back Elite 90 Awards when her named was called for the prestigious honor during the 2016 NCAA Championship Banquet in Ft. Worth, Texas. She is the fourth UA gymnast to earn the award overall and she kept the Crimson Tide's streak a perfect seven-for-seven with her third win.

"We are so very proud of Lauren and ecstatic for our program to be able to continue to earn this amazing honor," Alabama head coach Dana Duckworth said. "Our ladies put a tremendous amount of hard work and dedication into their academic pursuits and this is a shining example of what can happen when your standard is excellence."

One of the most prestigious academic honors bestowed upon a collegiate student-athlete, Alabama gymnastics has dominated the Elite 90 like no other program. Throughout all the sports and NCAA divisions covered by the honor, Alabama gymnastics is the only program to win the award in all seven years of its existence.

"We are proud to have earned all seven of these awards," Duckworth said. "We have tremendous gratitude for Jon Dever, Fern Hampton and the entire staff at the Bill Battle Academic Center for their daily commitment to supporting our student athletes academically. I also want to thank our administration for providing the tools that allow our women to be the best version of themselves in every area of their life. We are truly fortunate."

All-American Kassi Price earned the inaugural award in 2010 with a perfect 4.0 GPA of her own. She was followed by All-American Rachel Terry who won back-to-back trophies in 2011 and 2012, coinciding with the Tide's latest NCAA Championships. All-American Kim Jacob kept the streak alive when she earned the honor in 2013.

Across all sports, Alabama leads the NCAA in Elite 90 honors with 15 in the award's first seven years.

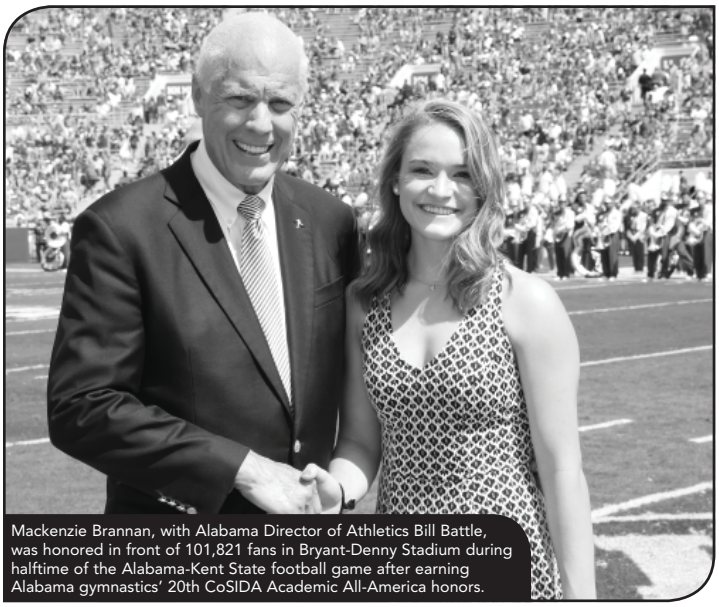
Kim Jacob earned the Crimson Tide's fourth NCAA Elite 90 Award trophy in 2013.

Rachel Terry became the first gymnast to win two NCAA Elite 90 Awards in a career in 2012.

Rachel Terry won the Crimson Tide's second NCAA Elite 90 Award in 2011.

Kassi Price earned the inaugural NCAA Elite 90 Award in 2010.

COSIDA ACADEMIC ALL-AMERICA HONORS



Mackenzie Brannan, with Alabama Director of Athletics Bill Battle, was honored in front of 101,821 fans in Bryant-Denny Stadium during halftime of the Alabama-Kent State football game after earning Alabama gymnastics' 20th CoSIDA Academic All-America honors.

Since Julie Estin earned the first two honors in back-to-back years in 1986 and 1987, Alabama gymnasts have earned 20 CoSIDA Academic All-America honors, including two during the 2016 season when Lauren Beers and Mackenzie Brannan both took home the accolade. Alabama gymnastics' Academic All-America tally is all the more impressive because gymnasts compete in the at-large category with student-athletes from across the nation from a dozen other sports. The Crimson Tide also leads all gymnastics programs in the honor.

Beers became the second Alabama gymnast to earn three Academic All-America honors in a career while Brannan earned the gymnastics program's 20th overall honor.

The 2015-16 academic year also saw Beers became the fourth Alabama gymnast to be named CoSIDA At-Large Team Academic All-American of the Year, joining Kim Jacob (2014), Kayla Hoffman (2011) and Stephanie Kite (2004).

Kassi Price (2008, 2009 and 2010) was the first Alabama student-athlete to earn Academic All-America honors three times in a career while Jacob was the first Alabama gymnast and third Tide student-athlete to be named the overall Academic All-America of the Year – presented to the top scholar-athlete in all of NCAA Division I, regardless of sport or gender.

Other Alabama gymnasts to be honored by the College Sports Information Director's of America as Academic All-Americans include Kelly Good, Dana Dobransky, Merritt Both, Meredith Willard and Kristin Sterner.

CRIMSON TIDE ACADEMIC AND SCHOLASTIC ALL-AMERICANS

Capital One Academic All-America of the Year
2014 Kim Jacob

CoSIDA At-Large Team Academic All-American of the Year
2016 Lauren Beers
2014 Kim Jacob
2011 Kayla Hoffman
2004 Stephanie Kite

CoSIDA Academic All-America
2016 Lauren Beers, first team
Mackenzie Brannan second team
2015 Lauren Beers, first team
2014 Kim Jacob, first team
Lauren Beers, second team
2013 Kim Jacob, first team
2011 Kayla Hoffman, first team
2010 Kassi Price, first team
2009 Kassi Price, first team
2008 Kassi Price, third team
2004 Stephanie Kite, first team
2003 Stephanie Kite, first team
2003 Kristin Sterner, first team
1998 Merritt Booth, third team
1997 Meredith Willard, first team
1993 Dana Dobransky, second team
1992 Dana Dobransky, second team
1988 Kelly Good, third team
1987 Julie Estin, first team
1986 Julie Estin, first team

CoSIDA Academic All-Region
2007 Cassie Martin
2005 Shannon Hrozek
Michelle Reeser
1994 Sheryl Dundas

National Association of Collegiate Gymnastics Coaches Scholastic All-America
2016 Abby Armbrecht
Aja Sims
Amanda Huang
Amanda Jetter
Ari Guerra
Jenna Bresette
Jennie Loeb
Keely McNeer
Kiana Winston
Lauren Beers
Mackenzie Brannan
Mackenzie Valentin
Mary Lillian Sanders
Nickie Guerrero
2015 Aja Sims
Jennie Loeb
Kaitlyn Clark
Kayla Williams
Keely McNeer
Kiana Winston
Lauren Beers
Lora Leigh Frost
Mackenzie Brannan
Mackenzie Valentin
Mary Lillian Sanders
Nickie Guerrero
2014 Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Kim Jacob
Keely McNeer
Diandra Milliner
Mary Lillian Sanders
Aja Sims
Kayla Williams
2013 Becca Alexin
Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Marissa Gutierrez
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Kayla Williams
2012 Becca Alexin
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Rachel Terry
Hannah Toussaint
Kayla Williams
2011 Becca Alexin
Alyssa Chapman
Sarah DeMeo
Ria Domier
Lindsey Fowler
Kayla Hoffman
Kim Jacob
Megan Mashburn
Jordan Moore
Diandra Milliner
Ashley Priess
Geralen Stack-Eaton
Rachel Terry
Hannah Toussaint
2010 Becca Alexin
Alyssa Chapman
Mary Hauswirth
Kayla Hoffman
Ricki Lebegern
Megan Mashburn
Kassi Price
Ashley Sledge
Rachel Terry
2009 Alyssa Chapman
Jocelyn Fowler
Kayla Hoffman
Ricki Lebegern
Brittany Magee
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Ashley Priess
Rachel Terry
2008 Alyssa Chapman
Kayla Hoffman
Jennifer Iovino
Ricki Lebegern
Brittany Magee
Cassie Martin
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Kaitlin White
2007 Alyssa Chapman
Ricki Lebegern
Brittany Magee
Cassie Martin
Amanda Montgomery
Casey Overton
Kassi Price
Kaitlin White
2006 Melanie Banville
Mari Bayer
Rachael Delahoussaye
Brittany Magee
Cassie Martin
Amanda Montgomery
Dana Pierce
Bianca Puello
Erin Rightley
2005 Mari Bayer
Rachael Delahoussaye
Shannon Hrozek
Meredith Laxton
Michelle Reeser
2004 Mari Bayer
Rachael Delahoussaye
Johnna Gay
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Meredith Laxton
Michelle Reeser
2003 Mari Bayer
Rachael Delahoussaye
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Dana Pierce
Michelle Reeser
Kristin Sterner
2002 Natalie Barrington
Helen Burgin
Tiffany Byrd
Krista Gole
Erin Holdefer
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Alexa Martinez
Whitney Morgan
Andreé Pickens
Michelle Reeser
Kristin Sterner
2001 Natalie Barrington
Tiffany Byrd
Krista Gole
Robin Hawkins
Katie Hornecker
Stephanie Kite
Alexa Martinez
Jeana Rice
Kristin Sterner
2000 Lexa Evans
Robin Hawkins
Katie Hornecker
Alexa Martinez
Whitney Morgan
Sara Scarborough
Lissy Smith
Kristin Sterner
Dara Stewart
1999 Natalie Barrington
Mandy Chapman
Lexa Evans
Robin Hawkins
Gina Logan
April Makinson
Alexa Martinez
Whitney Morgan
Lissy Smith
Raegan Tomasek
1998 Merritt Booth
Mandy Chapman
Lexa Evans
April Makinson
Danielle McAdams
1997 Merritt Booth
Mandy Chapman
Heidi Harriman
Danielle McAdams
Meredith Willard
1996 Merritt Booth
Lisa Gianni
Danielle McAdams
Marna Neubauer
Meredith Willard
1995 Merritt Booth
Chasity Junkin
Danielle McAdams
Marna Neubauer
Meredith Willard
1994 Sheryl Dundas
Chasity Junkin
Kara Stilp
Meredith Willard
1993 Dana Dobransky
Sheryl Dundas
Chasity Junkin
1992 Dana Dobransky
Sheryl Dundas
Chasity Junkin
Katherine Kelleher
Shea McFall
1991 Dana Dobransky
Sheryl Dundas
Katherine Kelleher
Shea McFall

NCAA AND SEC POSTGRADUATE SCHOLARSHIP WINNERS

One of the most coveted and prestigious national honors available to collegiate athletes, the NCAA Postgraduate Scholarship is awarded to athletes in their final year of competition who have performed with distinction both athletically and academically.

Some programs never have an athlete receive the scholarship, while Alabama gymnastics has produced 19 NCAA postgraduate scholarship recipients since Julie Garrett earned the first in 1983, the most of any program in the nation, a total that includes the Tide's latest honoree, 2016 senior Lauren Beers.

In addition to the NCAA honors, Alabama gymnasts have earned 11 Southeastern Conference Postgraduate Scholarships, including Beers in 2016. Alabama's SEC scholarship total also leads all gymnastics programs.

All told, 20 Alabama gymnasts have earned either NCAA or SEC postgraduate scholarships, with half of those earning both.

All-Americans and Scholastic All-Americans Sarah DeMeo, Kim Jacob and Diandra Milliner extended their championship legacy in May of 2014 when all three earned NCAA Postgraduate Scholarships.

The trio had already led the Crimson Tide to four top-four NCAA finishes, including back-to-back national titles in 2011 and 2012.

Individually, even before their NCAA scholarships, DeMeo, Jacob and Milliner combined to account for two individual NCAA Championships, 23 All-America honors and a dozen Scholastic All-America accolades between them.

DeMeo, Jacob and Milliner became the first Alabama gymnastics class to collect three of the prestigious scholarships – which are valued at $7,500 each – in the same year.

The NCAA awarded 29 postgraduate scholarships to women competing in the winter sports in 2014 and Alabama and Emory were the only schools to have three honorees. Additionally, Alabama was the only school to have three come from the same sport.

A total of six members of the Tide's 2011 NCAA Championship team earned NCAA Postgraduate Scholarships, with DeMeo, Jacob and Milliner joining 2013 seniors Ashley Priess and Ashley Sledge and 2011 senior Kayla Hoffman.

LAUREN BEERS

Part of the Crimson Tide's 2014 and 2015 Southeastern Conference Championship teams, Lauren Beers became the first gymnast to earn three NCAA Elite 90 Awards, the 18th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the 12th to earn an SEC Postgraduate Scholarship. A seven-time All-American, the 2016 CoSIDA At-Large Team Academic All-American of the year and a three-year CoSIDA Academic All-American, Beers is finishing her master's degree at Alabama.

SARAH DEMEO

Part of the Crimson Tide's 2011 and 2012 NCAA Championship teams, as well as a pair of SEC titles in 2011 and 2014, Sarah DeMeo also became the 17th gymnast to earn an NCAA Postgraduate Scholarship. A three-time All-American and a four-year Scholastic All-American, DeMeo is preparing for physician assistant school.

KIM JACOB

The 2014 NCAA all-around champion, Kim Jacob was part of the 2011 and 2012 NCAA Championship teams as well as a pair of SEC titles in 2011 and 2014. She also earned both SEC and NCAA Postgraduate Scholarships, the ninth Crimson Tide gymnast to take home both awards. A three-time SEC Gymnastics Scholar-Athlete of the Year, an 11-time All-American, a four-year Scholastic All-American and the 2013 NCAA Elite 90 Award winner, Jacob is currently pursuing an MBA while working with the Tide gymnastics team.

DIANDRA MILLINER

The 2013 NCAA vault champion, Diandra Milliner was part of the 2011 and 2012 NCAA championships as well as a pair of SEC titles in 2011 and 2014. She also became the 15th gymnast to earn an NCAA Postgraduate Scholarship. A seven-time All-American and a four-year Scholastic All-American, she is currently working as a stunt performer and is part of SAG-AFTRA.

ASHLEY PRIESS

Ashley Priess, now Ashley Johnston, earned four championship rings during her UA tenure – two NCAA and two SEC. She also became the 14th Alabama gymnast to earn an NCAA Postgraduate Scholarship. She was the first UA gymnast to complete her undergraduate degree and earn a master's degree while still competing. An NCAA Woman of the Year Top-30 finalist, Priess also earned The Bryant Award. After working for renowned leadership expert Tim Elmore, she joined the coaching staff at Cincinnati Gymnastics.

ASHLEY SLEDGE

Ashley Sledge helped lead Alabama to the 2011 and 2012 NCAA Championships as well as an SEC title during her years at the Capstone. In 2013, she also became the 13th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the first to win two when she also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship. Earning a master's of business administration from Alabama, Sledge is now an advisory technology consultant at PwC.

KAYLA HOFFMAN

Kayla Hoffman, now Kayla Hughes, led Alabama to the 2011 NCAA Championship as well as a pair of SEC Championships during her UA tenure. She also became the 12th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the eighth to take home both an NCAA and SEC Postgraduate Scholarship. Hoffman earned the Honda Award, SEC Female Athlete of the Year and the NCAA Today's Top VIII Award as a senior. She is now teaching at The Goddard School in Baltimore, Md.

KASSI PRICE

Kassi Price helped Alabama to an SEC Championship during her years at the Capstone. In 2010, she also became the 11th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the seventh to earn both an NCAA and SEC Postgraduate Scholarship. Alabama's first three-year CoSIDA Academic All-American, she also earned the inaugural NCAA Elite 90 Award. After earning a master's degree in sports administration from Alabama, she is the technology communications manager at GolfNow.

STEPHANIE KITE

Stephanie Kite, now Stephanie Jones, helped Alabama to NCAA and SEC championships during her years at the Capstone. In 2004, she also became the 10th Alabama gymnast to earn an NCAA Postgraduate Scholarship and was named the 2004 CoSIDA Academic All-America of the Year, a first for a Crimson Tide athlete. After serving as executive director of the Laps for Cystic Fibrosis Foundation, she is currently the Mission Assistant/Information Coordinator for Mountain Brook Community Church.

NCAA & SEC POSTGRADUATE SCHOLARSHIP WINNERS

KRISTIN STERNER

In 2003, Kristin Sterner, now Dr. Kristin LeGrand, became the sixth Alabama gymnast to earn both an NCAA and SEC Postgraduate Scholarship. She was also the third to be named SEC Scholar-Athlete of the Year. An NCAA Top VIII honoree and NCAA Woman of the Year finalist, she earned three championship rings at Alabama, including the 2002 NCAA Championship and the 2000 and 2003 SEC titles. A graduate of Michigan State Medical School, she is practicing family medicine in Vancouver, Wash.

ANDREÉ PICKENS

In 2002, Andreé Pickens, now Andreé Houston, became the first Crimson Tide gymnast to earn the Southeastern Conference's Community Service Postgraduate Scholarship, which was first awarded in 1995. As the president of Alabama's Student Athlete Advisory Board, she directed the Tide's student-athletes to new heights in the area of community outreach and service. She is the Assistant Athletics Director for Compliance at Auburn University Montgomery.

MERRITT BOOTH

Merritt Booth, now Merritt Baumgartner, was part of NCAA and SEC Championship squads. She earned six All-America honors, three each first and second team. A finalist for the NCAA Woman of the Year award and a four-year Scholastic All-American, she earned an NCAA Postgraduate Scholarship. Booth used her scholarship to earn a physician's assistant degree at South Alabama.

MEREDITH WILLARD

Meredith Willard, now Meredith Luber, graduated with an SEC and NCAA Championship ring as well as the 1996 NCAA All-Around title. She also took home an NCAA and SEC scholarship. An 11-time first team All-American, NCAA Today's Top VIII award winner and NCAA Woman of the Year finalist during her UA tenure, she obtained a master's of business administration from UNC-Charlotte and worked for public relations company Racing Champions, whose hottest property is NASCAR.

DANA DOBRANSKY

Dana Dobransky, now Dana Duckworth, earned both SEC and NCAA Postgraduate Scholarships to go with an SEC Championship ring, an NCAA Championship ring and a pair of individual NCAA balance beam titles. In the fall of 1996, she returned to Alabama to obtain a master's of business administration. After more than a decade in the corporate world, she joined the Alabama coaching staff full time in the fall of 2008 and is now the Crimson Tide's head coach.

KATHERINE KELLEHER

Katherine Kelleher, now Katherine Laubenthal, graduated with an NCAA and SEC Championship ring to keep her NCAA and SEC Postgraduate scholarships company. A three-time All-American, SEC Champion and two-time Regional Champion, she graduated with a degree in corporate finance and investment management. She is a Systems Consultant for Blue Cross Blue Shield in Birmingham.

KELLY GOOD

Kelly Good, now Kelly Baham, graduated with an SEC and NCAA Championship ring and a matching pair of scholarships to go with them. The All-American attended Alabama-Birmingham where she received a master's of science in physical therapy. She is now co-owner of Progress Physical Therapy in Richmond, Va.

MARIE ROBBINS

Marie Robbins graduated with one NCAA and two SEC Championship rings as well as an SEC Postgraduate scholarship. The four-time All-American and two-time SEC Champion graduated from Alabama Law School. She then went to work for the Southeastern Conference. She returned to Alabama as Associate Athletics Director for Compliance in 1996 and was promoted to Senior Woman Administrator in 2002.

JULIE ESTIN

Julie Estin, now Dr. Julie Vaughn, a 1987 recipient of both the NCAA and SEC Postgraduate Scholarships, attended Alabama-Birmingham medical school and is a Tuscaloosa area pediatrician. During her tenure at the Capstone, Vaughn was a six-time All-American, two-time SEC champion, five-time Regional champion and Alabama's first SEC Scholar-Athlete of the Year. She was also a two-time CoSIDA Academic All-American.

BARBARA MACK

Barbara Mack, now Barbara Harding, earned the NCAA Postgraduate Scholarship in 1985. Mack was an All-American, SEC and Regional champion and the winner of the AMF American Award as the nation's most outstanding senior. She was also a Rhodes Scholarship finalist. Mack used her scholarships to go on to Georgetown Law School. She served as a prosecutor for the U.S. Department of Justice and is now in private practice.

JULIE GARRETT

Julie Garrett was the first Alabama gymnast to receive an NCAA Postgraduate Scholarship. Garrett was also the Tide's first All-American and SEC champion. She competed before the Southeastern Conference awarded postgraduate scholarships. The league first presented its scholarship in 1985.

ALABAMA GYMNASTS LEND A HELPING HAND

As much as winning championships and excelling in the classroom, working to make the world around them a better place is one of the prime hallmarks of the Alabama gymnastics program.

"We are known for excellence athletically and academically," head coach Dana Duckworth said. "But being a part of the Alabama gymnastics family also means giving of yourself to other people, lending a helping hand where it is needed and being an engaged citizen in the community."

Alabama gymnasts are busy throughout the community, especially when it comes to The Power of Pink, ReadBAMARead and working with The RISE School. The Tide also helps with the Easter Seals' annual Walk With Me fund raiser; speaking to local school children about staying away from drugs and alcohol; organizing a bake sale to raise funds for Project Angel Tree; painting faces and helping kids with their somersaults during the Tide's annual Halloween Extravaganza; or helping raise awareness for the fight against breast cancer with the Power of Pink meet.

The Tide continues to roll in this crucial area. Lauren Beers was named the SEC Community Service Leader of the Year in 2016, an award that spans all sports and schools in the SEC. Andreé Pickens won the same award in 2002 just weeks after leading the Crimson Tide to the NCAA Championship, proving that there is always time to give back.

In addition to team projects, each gymnast finds her own way to make a difference, from working in soup kitchens to visiting the elderly at assisted living facilities, and nearly every gymnast has encouraged schoolchildren through various speaking engagements.

THE DAVID DESANTIS COMMUNITY SERVICE AWARD

Mackenzie Valentin (second from the right), winner of the 2016 David DeSantis Community Service Award, with, from the right, Bill Lorenz, Dana Duckworth and Bryan Raschilla during the annual Medalist Club Awards Banquet.

There is little doubt that Mackenzie Valentin's career as a University of Alabama gymnast keeps her extremely busy. In addition to her training schedule, she is majoring in chemistry, a challenging degree track that is another step toward medical school. Despite an already overstuffed schedule, Valentin finds time to volunteer her scant free time in the community, helping make the world around her a better place.

"Kenzie has a such a huge, giving heart," head coach Dana Duckworth said. "She is very much a servant leader and it's just one of the ways that she fulfills the legacy of this program."

A Scholastic All-American, Valentin has worked with Habitat for Humanity, as a volunteer with the "Yeah Yeah Yeah" 5K race, Project Angel Tree and the RISE School as well as Tide Tykes and Teens. She also volunteers during the summers at Kanakuk, a Christian sports camp in Branson, Mo. The Mustang, Okla., native is active on the Alabama campus as well, serving as a CAPS mentor, working with premed underclassmen as well as in community health sciences lab on campus that researching asthma education for children. She also volunteers at the Church of Tuscaloosa, working with elementary school aged student in their youth program.

In 2016, for all her efforts in the community Valentin was honored with the David DeSantis Community Service Award, named in 2009 for the local philanthropist.

DeSantis has been an integral part in the Crimson Tide's Power of Pink initiative since its inception, helping raise more than $1.65 million for the DCH Breast Cancer Fund through the annual Tuscaloosa Toyota/DCH Foundation Golf Classic and Nite on the Green events. He and Tuscaloosa Toyota also lent a generous hand to head coach Dana Duckworth's ReadBAMARead Foundation in its first year, combining with Toyota Motor Sales USA to contribute more than $20,000 to the foundation during the Crimson Tide's 2012 Tornado Relief meet against Missouri.

Prior to Valentin, All-American and Academic Lauren Beers earned the DeSantis award in 2015 and NCAA Champion, All-American and Academic All-American Kim Jacob earned the honor in 2013 and 2014. Duckworth earned the honor in 2012 for her ReadBAMARead Foundation. Scholastic All-American Alyssa Chapman earned the award in 2011 following All-American Kassi Price in 2010 honor. All-American Ricki Lebegern became the inaugural recipient of the award in 2009.

THE POWER OF PINK

Pink shakers, pink shirts, even the occasional pink boa – once a season, everyone puts on their best pink outfits, grabs their favorite pink accessories and heads to Coleman Coliseum for a gymnastics meet. The pink isn't as much a fashion statement, but a show of support for former Alabama gymnastics head coach Sarah Patterson's Power of Pink initiative.

It started with a simple idea and grew into one of Patterson's greatest triumphs. She wanted to help raise awareness for the fight against breast cancer, a disease that has touched the lives of so many women around the world.

"I am very lucky," Patterson said. "Not only to be healthy, but also that I have access to excellent medical care. Not everyone is so fortunate, and I wanted to do something that would help those who need it most."

So she picked Alabama vs. Auburn on Feb. 4, 2005, and designated it as the "Drive 4 the Cause" meet. She asked everyone to mark the date and to "Think Pink, Wear Pink."

They did and in droves with the first Power of Pink meet drawing 13,299 fans and a legion of support.

That singular idea and that first meet blossomed into a staggering phenomenon that is now in its 13th year and on Friday, Feb. 3, 2017, Alabama will host its 13th Power of Pink meet, welcoming the Florida Gators to Coleman Coliseum while resplendent in pink.

Over the past decade more than 165,000 fans have filled Coleman Coliseum with pink for the annual event, including an Alabama and Southeastern Conference record 15,162 fans in 2006 and matching sellouts of 15,075 in 2007, 2008, 2009, 2010, 2012, 2013 and 2014.

The event has evolved into an extraordinary and powerful night dedicated to awareness and hope. In the week prior to each Power of Pink meet, the Coliseum and dozens of University and Tuscaloosa buildings and landmarks are lit in pink. Prior to the start of the meet itself, the gymnasts step up on to a platform in the center of the arena floor alongside a breast cancer survivor, honoring their fight and those of so many others.

Within the UA athletics department the event has grown from gymnastics to other sports to the point where Alabama Athletics' Power of Pink program sees Crimson Tide women's teams hosting pink events throughout the year.

The pink events have also gone beyond Crimson Tide athletics and Tuscaloosa, exploding into a nation-wide cause. Since Alabama hosted its first meet in 2005, all of the nation's top gymnastics programs have either hosted or participated in a pink meet, including every member of the Southeastern Conference.

The Women's Basketball Coaches Association started its pink initiative in 2007, encouraging its members to participate in a "Think Pink" week that has now evolved into the WBCA's "Pink Zone."

There have been similar efforts at the collegiate level in women's soccer and volleyball as well. Even the NFL and Major League Baseball have gotten into the act with NFL players wearing pink gloves, chinstraps and shoes during Breast Cancer Awareness Month in October and MLB players using pink bats on Mother's Day in a show of support in the fight against breast cancer.

From the beginning, support for Patterson's Power of Pink initiative was swift and widespread.

"So many people have worked extremely hard and put in long hours for this worthy cause, this vital fight," Patterson said. "What we all realize is that as coach Paul Bryant was fond of saying 'The price of victory is high, but so are the rewards.' I can think of no greater reward, no better return on the investment of time and resources so many have put forth, than beating this disease."

The Power of Pink continues to grow every day, and because of the way Tuscaloosa has taken to the Power of Pink, women in the West Alabama community have someone in their corner in the fight against breast cancer.

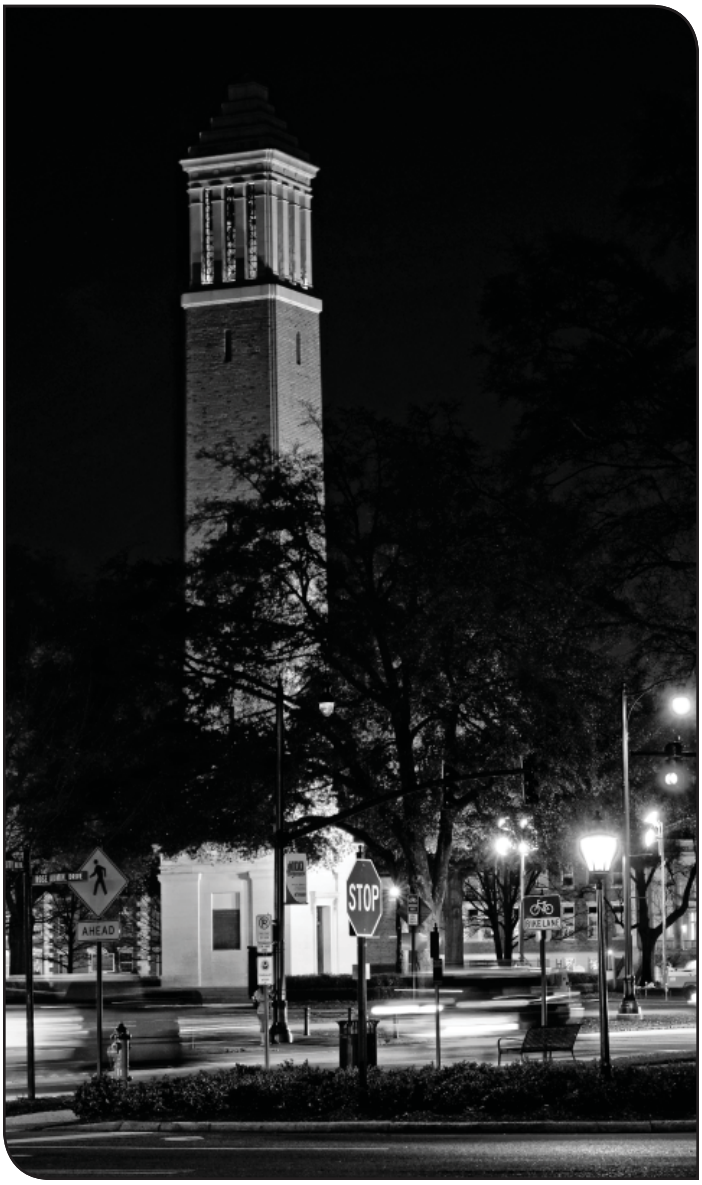
THE DCH BREAST CANCER FUND

The DCH Foundation established a fund to support Sarah Patterson's Power of Pink initiative in the winter of 2004. Donations can be made to the DCH Breast Cancer Fund by mailing a check to: DCH Foundation, 809 University Blvd. E., Tuscaloosa, AL 35401. The DCH Breast Cancer Fund should be noted on the memo line of the check.

The DCH Foundation, Inc., was established in 1973 to provide a way for citizens of West Alabama to help create for themselves the best health system in the nation.

More about the DCH Breast Cancer Fund: The DCH Breast Cancer Fund's purpose is to promote awareness and provide educational programs on prevention and early detection of breast cancer. The Fund also provides breast screenings to women in need of those services. Patients who meet the eligibility requirements will be provided assistance to pay for early detection services at the DCH Cancer Center. Eligibility criteria will be prepared and provided upon request.

THINK
PINK
BAMA!


STOP
AHEAD

READBAMAREAD

During her tenure as an NCAA-champion gymnast, Dana Duckworth had plenty of experience with high-flying acrobatics, but nothing quite like what she experienced in March 2015, when she went on a ride-along with the famed Blue Angels, the United States Navy Flight Demonstration Squadron.

Duckworth took the ride just days after leading the Crimson Tide to the 2015 Southeastern Conference Gymnastics Championship and becoming the first in SEC gymnastics history to win a league championship in their inaugural season as head coach, but it was her work in the community, specifically as cofounder of ReadBAMARead, that prompted her to be chosen as a "Key Influencer" from the Tuscaloosa community, and earned her a place in the Blue Angels cockpit.

"Flying with the Blue Angles was a once-in-a-lifetime experience," Duckworth said. "But the neatest thing about it for me was that they were recognizing what ReadBAMARead has done in the community."

The ReadBAMARead non-profit charity, cofounded by Duckworth and Donna Benjamin, has an ongoing mission to enhance childhood literacy. In its earliest days, ReadBAMARead took an active role in restocking the three elementary school libraries that were destroyed by the tornadoes that ripped through West Alabama in April 2011.

"One of the things we discovered was that in addition to all the other damage and destruction there were three elementary schools and one middle school that had either lost their entire library in the storm or had most of their library book inventory destroyed," Duckworth said.

That was a light bulb moment for Duckworth and Benjamin, and at that moment ReadBAMARead was born.

"I've always believed that reading is fundamental to all learning, and I knew immediately that this was something that could make a real difference in our community," Duckworth said.

Armed with their legendary energy and enthusiasm, Duckworth and Benjamin put together a foundation to help raise money to stock the libraries once they were rebuilt.

ReadBAMARead took off immediately. That good start got better when David DeSantis and Tuscaloosa Toyota pledged $200 for every 9.8 or better that Alabama scores during the Crimson Tide's first three meets in 2012.

The Tide tallied 62 scores of 9.8 or better over its first three meets, which meant that Tuscaloosa Toyota donated $12,400 to ReadBAMARead prior to Alabama's "Tornado Relief Meet" against Missouri on March 9, 2012. With Alabama Governor Robert Bentley on hand, David and Terri DeSantis presented Duckworth, Benjamin and ReadBAMARead with a check for $12,400 which Toyota Motor Sales USA augmented with a check for $10,000, for a total of $22,400.

"That was such an amazing night," Duckworth said. "David DeSantis and everyone at Tuscaloosa Toyota are so incredible and their support of ReadBAMARead throughout the season had already made such a huge difference, so when they presented the second check, I was just speechless."

With donations like the one made by Tuscaloosa Toyota, along with partnerships with The Color Run and the Tuscaloosa Half Marathon, ReadBAMARead met its initial goal of raising enough money for 10,000 bound, library-quality books – at a cost of approximately $15 each – for the rebuilt schools in June 2014.

With that initial goal met, the initiative turned its attention to childhood literacy as a whole. Now, in addition to providing grants for library books to local elementary schools, ReadBAMARead is working hand in hand with The University of Alabama College of Education and its Belser-Parton Literacy Center to introduce The ReadBAMARead Express, which will bring books to the youngest students in the state of Alabama's school systems, helping ignite an interest in reading.

The ReadBAMARead Express is a state-wide initiative, taking the powerful coalition created by the UA College of Education, the Literacy Center, ReadBAMARead and Alabama Athletics and working together to provide books and reading motivation to thousands of children each year. The mission of ReadBAMARead falls in line with the ideal of Alabama gymnastics.

"As student-athletes, our ladies strive every day to be the best that you can be," Duckworth said. "And through ReadBAMARead, we are helping children strive for that same ideal and I couldn't be prouder of that fact."

For more on ReadBAMARead, visit www.ReadBAMARead.org.

Capt Jeff Kuss
Capt Corrie Mays

Toyota Motor Sales USA
& Tuscaloosa Toyota
ReadBAMARead
$ 10,000
Ten Thousand & 00/100
Toyota Motor Sales USA
Tuscaloosa
Toyota
ReadBAMARead
$ 12,400
Twelve Thousand & Four Hundred
Tuscaloosa Toyota

MACKIN
Supports
READ
BAMA
READ

KEEPING UP WITH THE CRIMSON TIDE

Already one of the nation's most visible collegiate athletics programs, Alabama gymnastics received a huge boost in exposure in 2015 with the advent of the SEC Network, a highly successful joint venture between the Southeastern Conference and ESPN to highlight the league and its schools. With more live events than any other conference, gymnastics was one of the sports that took a huge leap in exposure and popularity with the new venture.

"We are so excited that our fans across the country and really around the world will have the opportunity to see our ladies compete live," head coach Dana Duckworth said. "The SEC Network and ESPN provide such amazing exposure for our team and our University."

In 2016, the SEC Network's gymnastics coverage took another step forward when both sessions of the Southeastern Conference Championships were broadcast live.

"It's so exciting that the SEC Network has put this kind of comprehensive coverage together for us and our fans," Duckworth said. "They are changing the way gymnastics is viewed. Our fans across the world will be able to follow every routine and that's great for fans of the SEC and everyone who loves gymnastics."

The blueprint the SEC Network created with the SEC Championship broadcasts were carried over to nationals when the same crew came together to broadcast the NCAA Championships live on ESPN's family of networks.

In 2017, six of the Tide's regular-season meets will be broadcast live and three more will be televised on a tape delayed basis. All five of Alabama's regular-season home meets will either be televised or streamed via the SEC Network Plus platform. The NCAA Championships - semifinals and Super Six Team finals - will be broadcast live on ESPNU.

Since 2000, Crimson Tide gymnastics has also had its own weekly television show during the season. The "Dana Duckworth Show" got underway in 2015. Hannah Chalker cohosts the half-hour show that highlights the gymnastics team's season.

The Tide is also featured on a weekly video feed that sends highlights and interviews to television stations around the country to be used in local and national broadcasts, so that no matter where a gymnast is from, her hometown media outlets can keep up with her.

Duckworth is a regular on the Tide's weekly radio program, "Hey, Coach!" during the season, reviewing the week before and previewing the upcoming action.

To keep up with media interest, Alabama gymnastics holds a weekly media opportunity.

As for keeping up with the day-to-day aspects of the Tide, the Internet continues to make that easier all the time. BamaGymnastics is the Crimson Tide's handle for Twitter, Instagram, Facebook and YouTube. Alabama leads all collegiate gymnastics programs in Twitter followers and stands among the national leaders in Instagram and Facebook likes. Duckworth also keeps everyone up to date on everything Alabama on Twitter and Instagram (UACoachDana).

There are a pair of websites devoted to Alabama gymnasts and their accomplishments. The official University of Alabama Athletics site is located at RollTide.com. The other key site for those who want to be in the know about UA gymnastics is GymTide.com, a product of Alabama's booster organization, The Medalist Club. The Medalist Club's Leesa Davis and Jan Davis provide live online commentary for all the Tide's meets, routine-by-routine, on GymTide.com, while Jim Davis has been providing photography and videography for the site since its inception in the late 1990s.

Alabama is also one of the few collegiate women's programs in the nation that produces a full-color program for each regular-season home meet. The souvenir programs include interviews, statistics, features and opponent information.

ALABAMA GYMNASTICS ON SOCIAL MEDIA

The Alabama gymnastics team shares a wide range of digital content via its suite of social media accounts. This includes everything from videos and photos produced by the Crimson Tide's creative team to quick-hit videos and snapshots that give an inside look into Alabama's day-to-day life to factoids about the Tide's storied history and ongoing success. Following BamaGymnastics on Instagram, Snapchat, Facebook and Twitter is a great way to get an inside look into Alabama gymnastics on the fly.

FOLLOW ALABAMA GYMNASTICS

BAMAGYMNASTICS

#WHERELEGENDSAREMADE | #ROLLTIDE

FOLLOW THE COACHES:
@UACOACHDANA
@UACOACHBRYAN
@UACOACHBILL

@UACOACHDANA

ALABAMA GYMNASTICS IN THE NEWS

In addition to being regulars on television, on the internet and in magazines, Crimson Tide gymnastics is also front page news for Alabama's daily newspapers. Alabama gymnastics has also warranted its own special section in *The Tuscaloosa News* on average of once a year over the past decade. Those special sections usually come in conjunction with the Tide's biggest meet of the season and explore a variety of topics, including the art of vaulting, the physics of gymnastics, Alabama's ever-growing attendance and the Power of Pink initiative.

DANA DUCKWORTH

HEAD COACH

To say that Dana Duckworth has never met a stranger is an understatement.

"I love connecting with people," she said. "It's one of the true joys in my life."

It's an attribute she first developed growing up in Michigan and continued during her extraordinary career first within USA Gymnastics and later as an NCAA Champion at Alabama.

It's also what led her to be ultra-successful, first in the corporate world and then as an assistant coach and then, ultimately head coach at her alma mater.

"At Alabama, we want to develop gymnasts who enjoy great success both in the arena and in the classroom, but more than that, we focus on developing the whole person," Duckworth said. "That's always been one of the cornerstones of this program and its success."

Now in her third year as the Crimson Tide's head coach, the continuation of that philosophy has held Alabama and its gymnasts in good stead.

In 2014-15, Duckworth became the first in league history to lead a team to an SEC gymnastics championship as a first-year head coach. Under her direction, the Tide also extended its on-going streak of top-four NCAA finishes to seven, by far the best in the nation. Under her direction, the Tide also won its NCAA-best 30th regional title.

She also got to fly with the Blue Angles, serve as the Grand Marshal of the Crimson Tide's 2015 Homecoming Parade, visit midfield of Bryant-Denny Stadium to receive yet another championship ring and look on as former Alabama gymnast and current member of her staff, Kim Jacob, was honored as a finalist for the NCAA Woman of the Year in Indianapolis.

That success continued unabated in her second season as the Tide's head coach. Alabama earned another NCAA regional championship, and finished third at the NCAA Championships, marking the Tide's 23rd top-three national finish, the most in collegiate gymnastics history. She also saw 2016 senior Lauren Beers earn her third NCAA Elite 90 Award, Alabama's 19th NCAA Postgraduate Scholarship and the 2016 SEC Community Service of the Year honor.

Through all this, Duckworth found that fundamentals of leadership, whether as a gymnast, volunteer coach, a full-time assistant coach or a head coach, remain the same.

"I am here to help these young ladies become the best version of themselves," Duckworth said. "If I'm focused on that, then everything else will take care of itself. There's no cookie-cutter approach at Alabama. We take the time to get to know each gymnast and identify what will make them successful and then we work to achieve as much as we can within a family environment."

That understanding of what drives success at Alabama is why Duckworth was the only choice for the legendary Sarah and David Patterson when they went looking for an assistant coach in the late 2000s and again when the Pattersons retired and the University needed to hire a new head coach for the first time in nearly 40 years.

"I took recruiting trips to the top five schools – schools that are still in the top five today – and I felt something here," Duckworth said. "I felt a connection with the coaches and with the team, a chemistry that I knew, even then, that I would not find at a different school. I went on four other trips and they just solidified what I felt here at Alabama. I love our environment, I love our culture, I love our tradition and I love the fact that when you go out as an Alabama gymnast you represent all those things."

It was those same elements that made her decision to leave a lucrative career with Pfizer Pharmaceuticals to join the Alabama coaching staff on a full-time basis in the fall of 2008 after nine years as a volunteer coach with the Crimson Tide such an easy one.

The Duckworths – Camryn, Joe, Dana and Jace

"I really enjoyed what I was doing at Pfizer and it's a tremendous company but my heart and my passion have always been here at the Capstone with our program," Duckworth said. "I felt like this was an opportunity for me to do what I love and everyone I have ever talked to has said, if you love what you do, you'll never go to another day of work in your life."

Part of the Alabama gymnastics program as a gymnast and coach for 21 seasons, Duckworth has been a part of NCAA team championship from both sides. She was part of the Tide's 1991 NCAA title as a sophomore and the 2002, 2011 and 2012 NCAA championships as a coach. She has also won conference titles as an athlete (1990) and a coach (2003, 2009, 2011, 2014 and 2015).

As much as Duckworth appreciates the championship tradition she has been a part of for so long, what she holds most dear is the overall atmosphere created by the people who live, work and go to school at Alabama.

"The people at The University of Alabama make everything unique and special," Duckworth said. "I love the fact that The University of Alabama is about tradition and culture. I tell people all the time that Tuscaloosa is the best-kept secret because we have it all here and everyone approaches things with a great deal of passion. It makes people's experience very special."

In addition to her infectious enthusiasm for the Crimson Tide and her skills as a technical coach, Duckworth also brings her standing as one of the nation's premier choreographers to the gym. Nothing drives that point home quite like the consistent success the athletes she has worked with have enjoyed.

When Geralen Stack-Eaton won the 2011 NCAA floor exercise championship to cap off an extraordinary junior season, it marked the fifth time that a Duckworth-choreographed routine won the NCAA floor title, including one each by Alabama's Morgan Dennis and Ashley Miles plus a pair by North Carolina's Courtney Bumpers. During her storied Tide career, Miles earned four top-three national finishes on the floor, including the 2004 NCAA floor exercise championship. Duckworth also helped Miles win four consecutive Southeastern Conference and NCAA Regional floor exercise titles. Miles became the first gymnast in SEC history to win the same event all four years of her career.

"It's such a wonderful experience to be able to help these athletes bring out their personality and perform routines that shine," Duckworth said.

As a gymnast, the former Dana Dobransky earned eight All-America accolades and finished her career in 1993 by winning her second consecutive NCAA balance beam title with a perfect 10.0. She was named NCAA Woman of the Year for the State of Alabama in 1993.

As a student, Duckworth was a three-year Scholastic All-American and a two-time CoSIDA at-large Academic All-American, an award that spans several sports. She was inducted into Mortar Board as an undergraduate and earned both an NCAA and SEC Postgraduate Scholarship, utilizing them to attend graduate school at Alabama and obtain her master's of business administration in 1998.

"I could have gone anywhere in the country to get my MBA," Duckworth said. "But I chose to come back to Alabama because our business school is one of the best in the country and I loved the size of the campus, I loved the MBA program and more than all that, it was a chance to come back to a place I consider home."

After graduating with her bachelor's degree, Duckworth moved up the corporate ladder quickly at AMX Corporation, a high tech firm based in Dallas. She finished her tenure there as manager of AMX's training programs. After receiving her master's degree, Duckworth served as director of marketing for a Trussville-based automotive company followed by a stint as Vice President of Corporate Solutions for a Birmingham company before returning to Tuscaloosa for a highly successful run with Pfizer.

Duckworth's return to Tuscaloosa also saw her start a family. She and her husband Joe, a Tuscaloosa native, married in 2000. The couple has a daughter Camryn born in 2004 and a son Jace born in 2006.

"I could not do this without the support of my husband, my children and my family," Duckworth said. "I also couldn't do this without the support and love of the Alabama gymnastics family. Being an Alabama gymnast is so much more than a four-year commitment. It's building a bond that lasts a lifetime."

DANA DUCKWORTH CAREER CAPSULE

Family: Husband – Joe
Daughter – Camryn
Son – Jace

Hometown: Sterling Heights, Mich.

Education: University of Alabama
Telecommunications & Film, 1993
Master's of Business Administration, 1998

THE TIDE WITH DUCKWORTH

As a Coach (2 as head coach, 6 as assistant coach and 9 as volunteer coach)

Record at Alabama/Years: 167-49-1/17

— 3 NCAA Team Championships
- 2002, 2011, 2012

— 5 SEC Team Championships
- 2003, 2009, 2011, 2014, 2015

— 16 NCAA Regional Team Championships
- 1998-99, 2002-03, 2005-16

— 14 individual NCAA Championships

— 189 All-America honors

— 174 Scholastic All-America honors

— 218 SEC Academic Honor Roll honors

— 42 individual SEC Championships

— 61 All-SEC honors

As an Athlete

Record at Alabama/Years: 48-7-0/4

— 1 NCAA Team Championship – 1991

— 1 SEC Team Championship – 1990

— 4 NCAA Regional Team Championships
- 1990-93

— 2 NCAA Balance Beam Championships
- 1992, 1993

— 8 All-America honors

— NCAA Postgraduate Scholarship

— SEC Postgraduate Scholarship

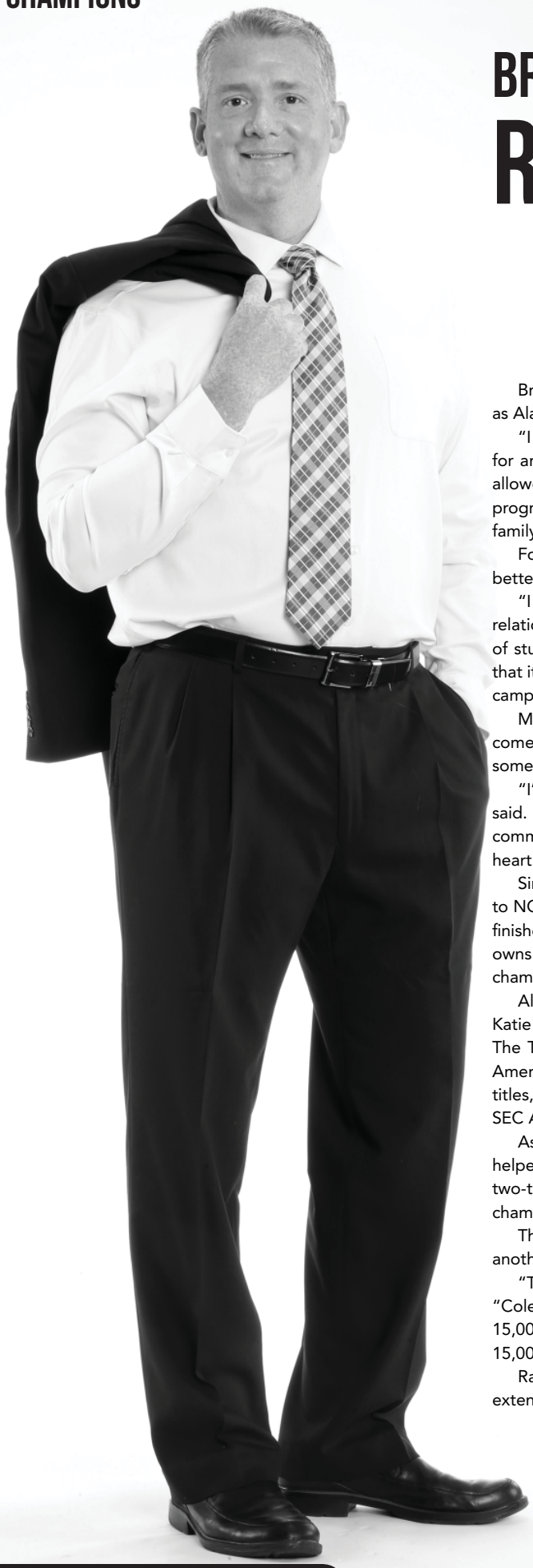
— NCAA Woman of the Year – State Honoree

— Second-team GTE/CoSIDA Academic All-American

— SEC Academic Honor Roll

— SEC Champion and All-SEC honoree

— Regional Champion



BRYAN RASCHILLA

ASSOCIATE HEAD COACH

Bryan Raschilla, now in his 21st season with the Crimson Tide, is in his third season as Alabama's associate head coach.

"I have so much respect for Bryan's technical expertise, his for talent and his gift for art and creative design," UA head coach Dana Duckworth said. "All of that has allowed him to make an indelible mark on our program. Bryan has been a part of this program for 20 years and during that time he has proven himself an awesome coach, family man and friend."

For Raschilla, there is no better place to be than The University of Alabama and no better job than coaching its gymnastics team.

"I absolutely love what I am doing," Raschilla said. "I get to meet and build relationships with some really wonderful people. The chance to work with this caliber of student-athlete, I don't think you get anywhere else. And what I like the most is that it's not just about gymnastics and it's not just about the four years they're here on campus. Being at Alabama is about creating lifelong relationships."

Most importantly to him, Raschilla has seen class after class of Alabama gymnasts come through the program, grow as athletes and people and graduate, ready to make something great of their lives.

"I'm at Alabama to be a part of a program that does things the right way," Raschilla said. "I have the good fortune to coach athletes who excel in academics, athletics and community service. To be able to have some part in their development is really at the heart of why I coach."

Since he joined the Tide for the 1997 season, Raschilla has helped coach Alabama to NCAA championships in 2002, 2011 and 2012 as well as a trio of NCAA runner-up finishes and 18 top-six national finishes overall. With Raschilla on board, the Tide also owns four of the past eight Southeastern Conference titles and six overall, with league championships coming in 2000, 2003, 2009, 2011, 2014 and 2015.

Alabama gymnasts have won 15 individual NCAA titles during his tenure, including Katie Bailey's vault title in 2016 and Kim Jacob's 2014 NCAA all-around championship. The Tide has earned 212 Championship All-America honors and 199 Scholastic All-America honors with Raschilla on staff. On a conference level, in addition to the team titles, Alabama gymnasts have won 49 individual SEC titles and been named to the SEC Academic Honor Roll 250 times since he arrived.

As the Tide's primary uneven bars and floor exercise tumbling coach, Raschilla has helped some of the Crimson Tide's best gymnasts to ever greater heights, including two-time NCAA uneven bars champion Terin Humphrey and NCAA floor exercise champions Ashley Miles, Morgan Dennis and Geralen Stack-Eaton.

The Crimson Tide's tradition of excellence has garnered a staunch following, another aspect of the program that Raschilla loves.

"There is no better program in the country in terms of atmosphere," Raschilla said. "Coleman Coliseum is the best arena to compete in. We draw between 12,000 and 15,000 people per home meet and we sell out pretty much every year, bringing over 15,000 fans in to watch our ladies compete."

Raschilla's excitement about Alabama goes far beyond the gymnastics program, extending to the University as a whole.

The Raschillas, from the left – Adam, Bryan, Laura and Kathryn

"I love the energy this campus has and how it's growing all the time," Raschilla said. "There's not a better time to be here than right now, and it's not just because Alabama has won 10 national championships, including two in gymnastics since 2009. It's great people coming together to do amazing things. If you look at how the student body has grown and how campus has grown right along with it, today's students enjoy the best of the best all the time."

For Raschilla the campus atmosphere makes Tuscaloosa a great place to raise his family. While he and wife Laura are Ohio natives, their son Adam, born in 1998, and daughter Kathryn, born in 2001, are native Alabamians, born and raised. Kathryn plays volleyball and basketball for Tuscaloosa County High School while Adam is a freshman on the Western Kentucky football team after an all-star career at Tuscaloosa County.

"Both our children were born here and we have family that moved here to be with us and to get warm," Raschilla said with a laugh. "Laura and I may be from Ohio originally, but we consider ourselves Alabamians now and we feel fortunate to be raising our family in Tuscaloosa. It's a strong community, one that's growing all the time."

As his own family has grown, Raschilla has come to appreciate the family aspect of the Tide gymnastics program more and more.

"I am impressed and amazed by how our ladies stay connected to the program and to each other," Raschilla said. "They also remain big fans and supporters of the team, from those who graduated over 30 years ago to those who graduated last year. There is just a tremendous bond, one that lasts a lifetime, and it's truly a family, one that is there in the good times and the tough times."

His duties with the Crimson Tide are as wide-ranging as his talents, including recruiting, serving as the primary uneven bars coach and tumbling coach on the floor exercise as well as coordinating all aspects of practice with Duckworth.

Raschilla also brings a talent for graphic design to bear on the Tide's posters, logos, advertising, media guide covers along with a host of other projects. His most recent work is on display in the Crimson Tide's newly revitalized practice facility. Raschilla produced the graphics design for the larger-than-life murals that populate the gym.

So how did the 6-foot, 5-inch redhead with a degree in graphic design get involved in the one sport he'd never tried?

"I probably get asked that question a hundred times a year," Raschilla said with a laugh.

Asked to spot for his high school team, Raschilla's interest continued to develop throughout his time at Youngstown State University in Ohio when he coached age-group gymnastics. After 11 years of club gymnastics and countless state champions, national qualifiers and national team members, he moved into the collegiate arena.

"I started in 1983 and I've been coaching ever since," Raschilla said.

Following a two-year stretch coaching at the University of Michigan, Raschilla came to Alabama. In his years with the Crimson Tide in Tuscaloosa, Raschilla has accumulated masses of great memories, but it is not just the championships, the honors and the victories that stick with him.

"As a coach, some of my greatest memories come from those moments that no one else sees," Raschilla said. "It's those moments in the gym when someone is having a hard time, but they push through anyway. It's breakthroughs in practice, and all the hard work along the way that sets up the championship moments. Those are some of my best memories."

BRYAN RASCHILLA CAREER CAPSULE

Family: Wife – Laura
Son – Adam
Daughter – Kathryn

Hometown: Mineral Ridge, Ohio

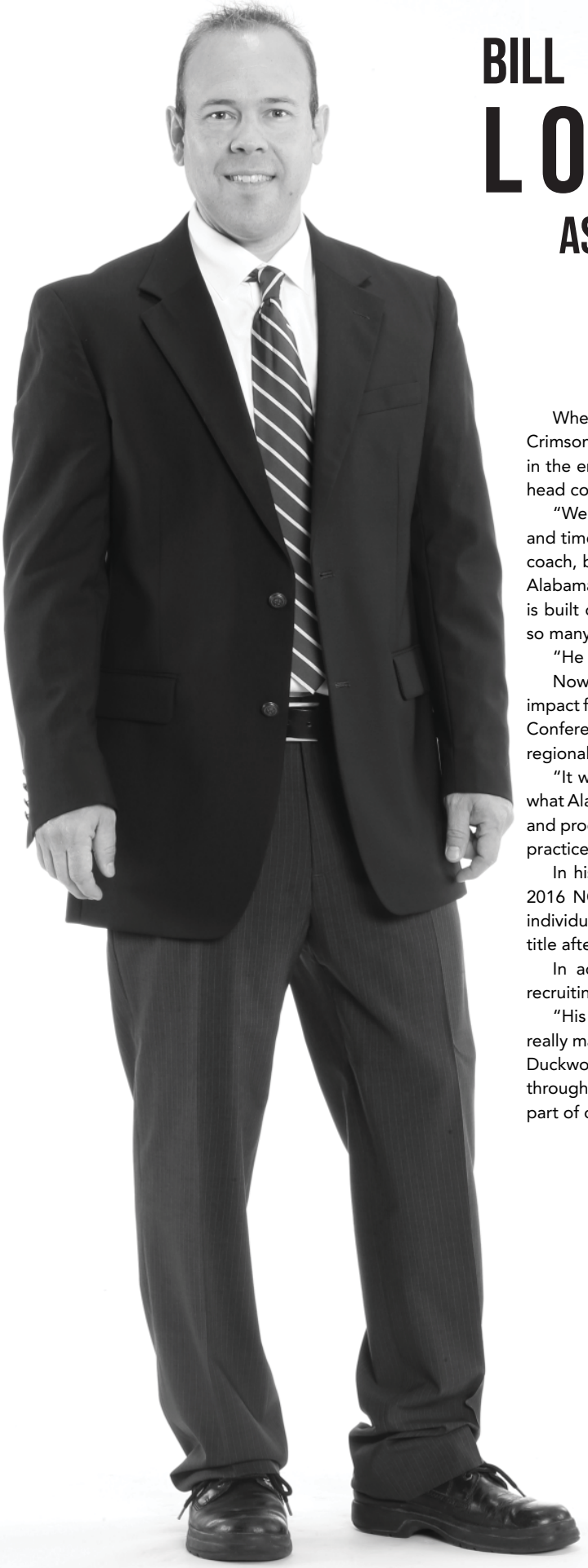
Education: Youngstown State University (Ohio), 1989

Major: Graphic Design

Record at Alabama/Years: 209-56-2/20

THE CRIMSON TIDE WITH RASCHILLA

- 3 NCAA Team Championships - 2002, 2011, 2012
- 6 SEC Team Championships - 2000, 2003, 2009, 2011, 2014, 2015
- 18 NCAA Regional Team Championships – 1998-2003, 2005-16
- 15 individual NCAA championships
- Honda Cup
- 5 Honda Awards
- 11 NCAA Postgraduate Scholarships
- 7 SEC Postgraduate Scholarships
- 46 athletes with 212 Championship All-America honors
- 199 Scholastic All-America honors
- 3 SEC Athletes of the Year
- 2 SEC Scholar Athletes of the Year
- 250 SEC Academic Honor Roll honors
- 49 individual SEC Championships
- 67 All-SEC honors
- 5 NCAA Today's Top Ten Awards
- 8 NCAA Region Gymnast of the Year honors
- 6 SEC Gymnast of the Year honors
- SEC Freshman of the Year
- SEC single-meet attendance record (15,162 vs. Florida; 1/20/06)
- SEC single-season attendance record (13,786 per meet; 2010)



BILL LORENZ

ASSISTANT COACH

When head coach Dana Duckworth went to hire the first new member of the Crimson Tide's coaching family since the 1990s, the search was exhaustive, but in the end the choice was clear and Bill Lorenz joined Duckworth and associate head coach Bryan Raschilla to lead Alabama gymnastics into the future.

"We talked to people all over the country in preparing to make this hire and time and again, it came back to Bill," Duckworth said. "He is a tremendous coach, but more than anything, he understands the tradition of excellence that Alabama's championship legacy is built on. Most importantly, his coaching style is built on the sense of family that has made Alabama gymnastics so great for so many years.

"He is the perfect fit for our program," Duckworth said.

Now in his third season with Alabama gymnastics, Lorenz made an immediate impact for the Crimson Tide, helping lead the 2015 team to its ninth Southeastern Conference title. In 2016, he helped coach Alabama to its NCAA-best 31st regional championship, 32nd top-six finish at the NCAA Championships.

"It was an exciting year to say the least," Lorenz said. "It's one thing to see what Alabama gymnastics is from the outside, to see how they win championships and produce amazing gymnasts, it's quite another to be a part of it from the first practice on. It is an amazing experience. I can't wait to get to work every day."

In his second year with the Tide, he also helped coach Katie Bailey to the 2016 NCAA vault title, Alabama's fifth national vault championship and 26th individual NCAA title overall. Mackenzie Brannan also won the 2016 SEC vault title after winning the NCAA Auburn Regional vault championship in 2015.

In addition to his in-the-gym coaching duties, Lorenz is also the Tide's recruiting coordinator.

"His attention to detail and his winning personality have allowed him to really make a difference in the gym and in his role as our recruiting coordinator," Duckworth said. "He has such a kind and genuine personality that really shines through in his work with our ladies everyday, he's just a joy to have to have as part of our family."

The Lorenz family, from the left – Andrea, Madeline, Courtney and Bill

Lorenz came to Alabama after spending a decade at Ohio State, where he was named the National Assistant Coach of the Year in 2012 and the Central Region Assistant Coach of the Year in 2011 and 2012.

"I feel privileged to be able to work alongside two of the best gymnastics coaches in the business in Dana and Bryan," Lorenz said. "I always knew there was something special about Tuscaloosa and The University of Alabama, but after seeing it firsthand, their tradition of excellence is unparalleled in college athletics."

Lorenz served as chair of the National Association of Collegiate Gymnastics Coaches competition committee from 2011-15.

"Through my work with the competition committee, I had the opportunity to meet and get to know coaches all over the country, and I can tell you that one of things that makes Alabama so special is the extraordinary people here," Lorenz said. "From the coaches to the athletes and the incredible support staff, everyone here is incredibly driven not only to see our ladies be successful in the gym but in the classroom and in life beyond college as well. I think it's what makes the Crimson Tide so successful."

Lorenz is excited to be part of a staff that includes veterans with nearly 40 years of combined experience with the Tide.

"To work with Dana, who has been through this program as a phenomenally successful athlete and coach, and Bryan, who has been a large part of the program's success for the last 20 years, is a real draw," Lorenz said. "Both have been involved in winning NCAA and Southeastern Conference championships and both were mentored by Sarah and David Patterson, who have not only left their mark on this program, but the entire sport of gymnastics."

During his tenure in Columbus, he helped lead the Buckeyes to their first NCAA Championship appearance in 22 years in 2012. The Buckeyes also produced seven All-Americans, including their first in more than a decade while Lorenz was on staff, as well as 19 All-Big 10 gymnasts and two Big 10 Freshmen of the Year

Prior to joining Ohio State, Lorenz spent two seasons as an assistant coach at Penn State, a stint that included a runner-up finish at the Big 10 Championships.

He started his collegiate coaching career with a year each at Maryland and George Washington.

At the club level, Lorenz coached at Chantilly Gymnasium, Nassau Gymnastics and the legendary Woodward Gymnastics Camp.

Lorenz earned a Bachelor's degree in journalism at the University of Massachusetts, in 1998, where he competed as part of the Minutemen's gymnastics team. He is married to the former Andrea Scialdo. The couple has two daughters, Madeline and Courtney.

"As excited as I am to be a part of this amazing program, my wife and I are equally excited about to raise our family in a community that is so nurturing and giving," Lorenz said. "And of course, to have the opportunity for our girls to be around this team and to have such wonderful role models is a tremendous plus as well."

ALABAMA GYMNASTICS HEALTH AND WELLNESS STAFF

As important as it is to assemble a great team on the floor every season, it is just as important to the Alabama gymnastics team to have the perfect staff helping maintain the health and wellness of its student-athletes. To that end, in conjunction with the Crimson Tide's team physicians, the trio of Monica Decker Kirkpatrick, Deanna Hayes Brown and Rachel Pfister, along with their respective staffs, work tirelessly to keep the Crimson Tide in top physical condition.

MONICA DECKER KIRKPATRICK:
ATHLETIC TRAINER

There is nothing more important to Dana Duckworth than the health and welfare of her gymnasts, which is why athletic trainer Monica Decker Kirkpatrick, now in her 16th year as a member of the gymnastics program, is such an important part of Duckworth's staff.

"Monica is an amazing asset to our program," Duckworth said. "She is so knowledgeable not only when it comes to athletic training in general, but after more than a dozen years working with our program, she knows exactly how to apply that knowledge when it comes to the sport of gymnastics. There's no one better when it comes to taking care of our ladies."

A native of Phoenix, Ariz., Kirkpatrick earned her Bachelor's Degree in Exercise Science from Arizona State in 2000. She earned a Master's in Sports Medicine Health Care from Alabama in 2002 and is pursuing a second Master's in Food and Nutrition.

In addition to serving as a certified athletic trainer on the Tide staff, Kirkpatrick is also a clinical instructor in Alabama's athletic training undergraduate program.

Much of Kirkpatrick's day-to-day work, especially in the preseason, is spent on preventative measures, helping stop problems before they get started. During the season, most of her time is spent helping the athletes maintain their health and fitness levels.

"Positive reinforcement is a big part of the job," Kirkpatrick said. "To be there every day, encouraging them, letting them know that they are making progress and keeping them positive."

Kirkpatrick is ever-present throughout the rehabilitation process to help the gymnasts return to peak health as quickly and safely as possible. Kirkpatrick worked extensively with 2002 senior Andreé Pickens, helping her come back from a torn Achilles tendon. She was part of a team that included orthopedic surgeon Dr. James Andrews, who helped Pickens not only come back in record time but lead Alabama to its fourth NCAA Championship in 2002. For her efforts that season, Kirkpatrick was awarded the David Dutton Memorial Award, presented to individuals who go above and beyond the call of duty for the Alabama gymnastics program.

In addition to her other duties, Kirkpatrick also tries to teach her charges the importance of carrying on healthy habits into the life beyond their career.

"I hope that I can teach them all enough about taking care of themselves, that when they go out into the world they enjoy healthy and successful lives," Kirkpatrick said. "And being part of the Alabama gymnastics family, I look forward to watching them grow and mature over the years."

Kirkpatrick and her husband Billy have three children, daughter Ayana and sons, Hayden and Christian.

DEANNA HAYES BROWN:
STRENGTH AND CONDITIONING COACH

In the midst of her second year as Alabama gymnastics' strength and conditioning coach, Deanna Hayes Brown has already made an impressive impact on the Crimson Tide.

"Deanna is completely invested in each individual gymnast and what they need to be successful," head coach Dana Duckworth said. "She is dedicated 150 percent to our program's success and it shows every day. Her faith, passion and willingness to adapt to our program and have it ready to peak at the right time has been invaluable."

A 2014 Summa Cum Laude University of Alabama graduate with a bachelor's degree in exercise science, Brown is earned her master's degree in sports management in May 2016.

"To say that I am blessed, is an understatement," Brown said. "I am surrounded by incredible people, from the coaches and staff to the student volunteers, to the gymnasts themselves. These young women are the hardest working student-athletes I've ever worked with. They truly amaze me daily."

Prior to joining the gymnastics staff, Brown worked with the Crimson Tide's softball, volleyball and women's golf teams. She also oversaw Alabama's all-girl and co-ed cheerleading squads.

Certified by the National Strength and Conditioning Association, Brown works tirelessly to precisely tailor the Tide's program for success.

"Because gymnastics requires skill, strength, power, balance, flexibility and endurance, it requires a detailed strength and conditioning program to cater to their sport specific needs," Brown said. "I work side-by-side with the coaching staff and have written a program to complement the coaches' practice plans to maximize the gymnasts' athletic performance."

A native of Mobile, Ala., Brown graduated from Satsuma High School in 2010 where she was a member of the National Honor Society and Mu Alpha Theta. She also served as class president and was a varsity cheerleader as well as a member of the varsity tennis and cross country teams.

She was also voted Miss Satsuma as well as Miss Mobile and Miss Mobile USA.

In addition to her work with the athletics department's strength and conditioning program, Brown also served as a member of The University of Alabama student government association's first-year council.

Brown and her husband Blake tied the knot in 2016.

ALABAMA GYMNASTICS HEALTH AND WELLNESS STAFF

PERFORMANCE NUTRITION

AMY BRAGG

DIRECTOR OF PERFORMANCE NUTRITION

RACHEL PFISTER

ASSISTANT DIRECTOR OF PERFORMANCE NUTRITION

Amy Bragg and Rachel Pfister are the Crimson Tide's secret weapons when it comes to keeping its gymnasts fueled and ready at all time for whatever is on the horizon, whether it's practice, competition or the recovery phase of the season.

As the Crimson Tide's director and assistant director of Performance Nutrition, respectively, Bragg and Pfister oversee the nutritional coaching for Alabama's student-athletes as well as managing training table, pregame and travel meals.

"With gymnastics we want to integrate with sports medicine and strength and conditioning and take an educator's role and a coaching role with the girls," Bragg said. "We work with them on their overall nutrition and then work with the team more in an operations capacity, helping plan meals on the road and nutrition in the locker room and for recovery on a team-wide basis."

They also works closely with the coaching, strength and conditioning and sports medicine staffs to maximize the student-athletes' health and performance.

"Amy and Rachel are amazing assets to our program," head coach Dana Duckworth said. "Their knowledge and expertise give us an amazing boost in keeping our ladies healthy and strong."

The Tide's Performance and Nutrition staff's duties are broad-based, but the focus is specific to each program. With gymnastics, planning and insight has been very effective.

"For gymnasts, we want precise, confident fueling," Bragg said. "We want the appropriate amount of protein. We want good weight management through the season. We want our athletes to walk out and feel confident. We want maintenance of that muscle and body that we create in the offseason, so that power is maintained through the season."

Pfister, who works with the gymnastics program on a daily basis, works hand-in-hand with Duckworth and her staff to make sure that the gymnasts get exactly the fuel they need to be at their best throughout the season.

"Rachel and I have worked together to continue the plan we have put in place over the last two years that is focused on a balance of the mind, body and spirit which includes a focus on natural foods," Duckworth said. "I think it's important that we have fresh food for our ladies instead of relying on protein bars and supplements. I believe in it, I live by it and at the end of the day, the best lessons our ladies can learn is about proper fueling. They will carry those skills over into the next chapter of their lives after gymnastics and that is of paramount importance to me."

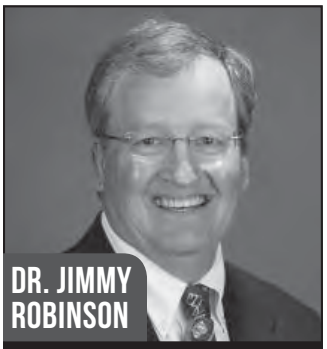
A 2014 graduate of LSU, Pfister joined the Tide after a dietetic internship at the Tulane School of Public Health and Tropical Medicine.

"Throughout the year the ladies go through diverse types of training and practices that require different nutrition," Pfister said. "Fueling elite athletes goes far beyond making sure they are eating fruits and vegetables. I work collectively with the staff to create nutrition goals that meet each gymnast's specific needs. My goal is to educate the gymnasts so that they know what their bodies need and the importance of good nutrition practices."

Pfister's ultimate goals go beyond the gymnasts' collegiate career.

"My hope is, together we will build a healthy relationship with food now, so in the future they can continue to practice good nutrition."

TEAM PHYSICIANS



DR. JIMMY ROBINSON

TEAM PHYSICIAN

When Dr. Jimmy Robinson discusses his work with the Alabama Crimson Tide, you can hear the excitement in his voice.

"When I was doing my residency, I got bit by the sports medicine bug," Robinson said. "The more I worked with the teams, the more I wanted to do this kind of medicine."

During his Family Practice Residency in Tuscaloosa, Robinson worked with the Crimson Tide athletics department and even traveled with the gymnastics team to Salt Lake City, in 1988 and was on hand for the Tide's first ever NCAA Championship.

"It was a blast," Robinson said. "I was still in training and just getting interested in sports medicine. So to be out there with the gymnasts when they won the first championship Alabama's ever had outside of football, it was definitely an exciting moment."

After completing a fellowship in sports medicine at the Cleveland Clinic in Cleveland, Ohio, Robinson returned to Tuscaloosa and the Crimson Tide serving as the team physician for the Olympic Sports programs.

"I came back and opened a practice in August of 1989 and have been with the University ever since," Robinson said.

"Jimmy Robinson brings so much to our program in terms of his knowledge not just of sports medicine, but of gymnastics," Alabama head coach Dana Duckworth said. "He is an amazing resource when it comes to keeping our ladies healthy."

Robinson also oversees Alabama Athletics' team physician program, which also includes Dr. Craig Buettner, Dr. Jeff Laubenthal, a former Crimson Tide baseball player and the husband of former UA gymnast Katherine Kelleher Laubenthal, and Dr. Ray Stewart, among others.

Robinson and his colleagues are involved in all levels of an athlete's healthcare, from the first physical of the year before an athlete can even start practice, to an exit physical at the end of an athlete's career, and everything in between. In addition to the attention of Robinson, Buettner, Laubenthal and Stewart, Alabama has several specialists on call including former Alabama quarterback Dr. Les Fowler who serves as the department's orthopedist.

Alabama athletes can also count on Dr. James Andrews who serves on the Tide's medical staff as a consultant. One of the world's foremost orthopedic surgeons, Andrews is internationally known and recognized for his scientific and clinical research contributions in knee, shoulder and elbow injuries and his skill as an orthopedic surgeon. Many of the world's outstanding athletes seek his expertise in sports injuries. His work with Andreé Pickens' ruptured Achilles' tendon allowed her to not only compete her senior year but compete at a higher level than before the injury. Pickens led Alabama to the 2002 NCAA Championship and captured the NCAA uneven bars crown that same year.

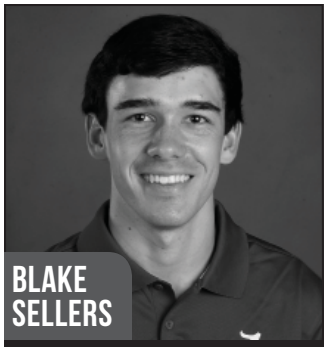
In the fall of 2006, Andrews and Dr. Lyle Cain, another Alabama team physician, removed bone chips from both of Terin Humphrey's elbows, allowing her greater range of motion than she had in many years. Their expertise had Humphrey back in the lineup for the start of the season, and winning her second NCAA uneven bars championship by April of 2007.

ALABAMA GYMNASTICS SUPPORT STAFF

STUDENT STAFF

LAUREN BEERS STANTON
STUDENT COACH
FIRST YEAR

KIM JACOB
MANAGER
FIRST YEAR



BLAKE SELLERS
MANAGER
FIFTH YEAR

GREY BUXTON
MANAGER
FOURTH YEAR

ZAN JONES
MANAGER
FIRST YEAR

KATIE BETHUNE
STUDENT ATHLETIC TRAINER
FIRST YEAR

EMILY LAPIDUS
STUDENT ATHLETIC TRAINER
FIRST YEAR

MALLORY TORKELSON
STUDENT ATHLETIC TRAINER
FIRST YEAR

JOSH COHEN
DIGITAL PRODUCTIONS
SECOND YEAR

DOMINIQUE PEGG
DIGITAL PRODUCTIONS & HOST
SECOND YEAR

NICOLA STOLWORTHY
STRENGTH AND CONDITIONING
SECOND YEAR

HALEY JONES
STRENGTH AND CONDITIONING
FIRST YEAR

GYMNASTICS ADMINISTRATIVE STAFF

For every minute that Alabama gymnastics shines in the white-hot spotlight of national success, there are thousands of behind-the-scene details that make it possible. For the Crimson Tide, there are two women charged with handling those details and keeping everything running smoothly. Rita Martin, the gymnastics operations director, and Robin Kelley, the Tide's administrative assistant, work hard every day to keep the Alabama gymnastics world shining bright and running like a well-oiled machine.

RITA MARTIN

DIRECTOR OF GYMNASTICS OPERATIONS

As director of gymnastics operations, Rita Martin is responsible for a wide variety of tasks, from daily paperwork to being the meet director for home events to coordinating the pre-meet light show that accompanies the gymnasts' entrance into Coleman Coliseum and everything in between.

The New Jersey native has been a part of the athletics department for more than 25 years and the University for more than 30. When former head coach Sarah Patterson added Associate Athletics Director to her list of duties in 1985, Martin became her assistant and when Dana Duckworth became the Tide's head coach in July 2014, Martin became her operations director.

"We are so thankful to have Rita on our staff," Duckworth said. "She brings so much to our program and keeps us on point at all times."

Martin earned the David Dutton Memorial Award, given to the individual who goes above and beyond for the program, in 1991.

Martin and her husband Buddy have a daughter Kelly, and two sons, Paul and Brett, all of whom are UA graduates.

ROBIN KELLEY

ADMINISTRATIVE ASSISTANT

Robin Kelley is in her 14th year as an administrative assistant with the gymnastics program, though she has been a part of the athletics department for the past 16 years.

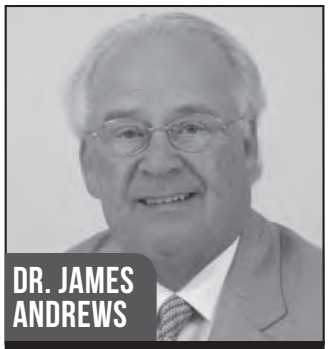
The Northport, Ala., native performs a wide variety of duties, including keeping up with the program's correspondence and recruiting efforts. She also travels with the Tide, taking care of all the many details on the road.

"Robin is such a treasure," Dana Duckworth said. "She makes travel a breeze, taking care of everything and keeping us moving forward at all times."

Kelley was presented with the David Dutton Memorial Award, given to the individual who goes above and beyond for the program, in 2013.

Kelley and her husband Jay have two sons, Tanner, who is a University of Alabama graduate, and Jesse.

GYMNASTICS SUPPORT STAFF



DR. JAMES ANDREWS

TEAM PHYSICIAN/SURGEON

AMELIA BARTON

ATHLETICS PHOTOGRAPHER

JUSTIN BRANT

ASSISTANT AD FOR CRIMSON TIDE PRODUCTIONS

DR. LYLE CAIN

TEAM PHYSICIAN/SURGEON

BEVERLY CHANDLER

ASSISTANT TICKET MANAGER

HANNAH CHALKER

TIDETV PRODUCER

CHRISTOPHER ENGLAND

TIDETV PRODUCER

JESSIE GARDNER

STUDENT-ATHLETE ENHANCEMENT DIRECTOR

LAUREN GEORGE

DIRECTOR OF VIDEO PRODUCTION

KENT GIDLEY

DIRECTOR OF ATHLETICS PHOTOGRAPHY

TONY GILES

PUBLIC ADDRESS ANNOUNCER

TERRY GRIMM

COLEMAN COLISEUM MANAGER

RAND HARRIS

ASSISTANT AD FOR INFORMATION TECHNOLOGY

MEAGHAN HALL

ASSISTANT DIRECTOR OF MARKETING AND PROMOTIONS

JOHNNY HANNA

SENIOR BROADCAST PRODUCER/EDITOR

ERIN HILL

CRIMSON TIDE PRODUCTIONS ASSISTANT DIRECTOR/GRAPHICS

BRENT HOLLINGSWORTH

CRIMSON TIDE PRODUCTIONS DIRECTOR/GRAPHICS

LINDSEY JONES

ASSISTANT DIRECTOR OF EVENT MANAGEMENT

JOSH KIDD

ASSISTANT DIRECTOR OF INFORMATION TECHNOLOGY

ALEX SEIVER

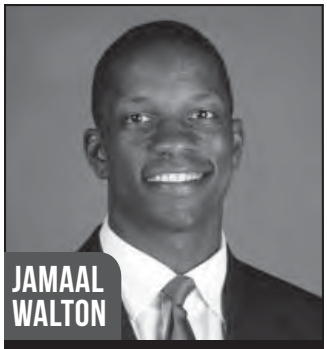
SENIOR BROADCAST PRODUCER/EDITOR

CHRIS STEWART

DANA DUCKWORTH SHOW HOST

JAKOB WALDEN

ATHLETICS EQUIPMENT MANAGER



JAMAAL WALTON

DIRECTOR OF MARKETING AND PROMOTIONS

JOE WHITEHEAD

ASSISTANT COLEMAN COLISEUM MANAGER

THE 2017 UNIVERSITY OF ALABAMA GYMNASTICS TEAM

5-2 • Sophomore
ABBY ARMBRECHT
Mobile, Ala.

5-2 • Senior All-American
KATIE BAILEY
Kernersville, N.C.

5-3 • Junior All-American
MACKENZIE BRANNAN
Austin, Texas

5-1 • Sophomore
JENNA BRESETTE
Kansas City, Mo.

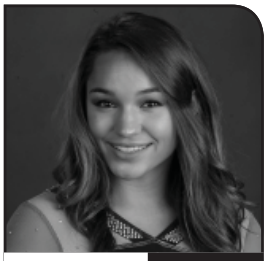
5-4 • Freshman
WYNTER CHILDERS
Spearfish, S.D.

5-4 • Freshman
CAITLIN COLE
Augusta, Ga.

5-3 • Freshman
MADDIE DESCH
Lenexa, Kan.

5-3 • Sophomore
ANGELINA GIANCROCE
Aiken, S.C.

5-1 • Sophomore
ARI GUERRA
League City, Texas



5-0 • Junior
NICKIE GUERRERO
McKinney, Texas

5-4 • Senior
AMANDA JETTER
Milford, Ohio

5-3 • Junior
JENNIE LOEB
Atlanta, Ga.

5-3 • Freshman
SHEA MAHONEY
Algonquin, Ill.

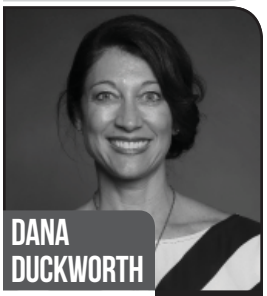
5-2 • Senior All-American
KEELY MCNEER
Madison, Miss.

5-1 • Senior
MARY LILLIAN SANDERS
Prattville, Ala.

5-2 • Senior All-American
AJA SIMS
Orlando, Fla.

5-5 • Senior
MACKENZIE VALENTIN
Mustang, Okla.

5-0 • Junior All-American
KIANA WINSTON
Fort Worth, Texas



DANA DUCKWORTH
Head Coach 3rd Year
ALABAMA, 1993

BRYAN RASCHILLA
Associate Head Coach 21st Year
YOUNGSTOWN STATE, 1989

BILL LORENZ
Assistant Coach 3rd Year
MASSACHUSETTS, 1998

2017 ALABAMA GYMNASTICS: LIVING THE CRIMSON TIDE'S LEGACY

The 2017 Alabama gymnastics team, from the left – Bottom row: Maddie Desch, Mackenzie Brannan, Aja Sims, Katie Bailey, Nickie Guerrero and Kiana Winston. Middle row: Jennie Loeb, Mackenzie Valentin, Keely McNeer, Amanda Jetter, Mary Lillian Sanders and Angelina Giancroce. Top row: Ari Guerra, Shea Mahoney, Wynter Childers, Caitlin Cole, Abby Armbrecht and Jenna Bresette.

It's year three of the Dana Duckworth era for the University of Alabama gymnastics team, and clutter is not on her agenda.

It's not on her desk in her Coleman Coliseum office, not on her mind and not to be found in the program. Even though there are 18 names on the Crimson Tide roster this year, which is a little more than the average when it comes to collegiate gymnastics, the goals and objectives have remained the same and will not change.

"I have vision. I know where I want to take us," she said.

"The facilities, the reputation, the foundation of our program was so solid when I took over. I don't think we've dipped, and that's something I'm really proud of."

So is that fact that 16 of the 18 student-athletes on last year's team contributed in a meet at some point of the season. While that's not the way some other coaches in the sport would have done it, a more set lineup is often considered the norm, Duckworth doesn't see her team as just one through six on each event.

The team's depth beyond that, with those who may be seven through nine on any given week, are just as important – especially in a sport where injuries can crop up. Having more people contribute, and invested, was part of why Alabama advanced to the Super Six each of the last two years, placing fourth in 2015 and third last season.

It's also why the Crimson Tide has a great shot to be even better in 2017.

At the top of the lineup are six seniors who have all been named an All-American or a Scholastic All-American, or both, during their careers: Katie Bailey, Amanda Jetter, Keely McNeer, Mary Lillian Sanders, Aja Sims and Mackenzie Valentin.

You don't have to be their coach to realize that they're an "Incredible group," and their backgrounds are as different as the routines they perform for the Crimson Tide.

For example, McNeer is studying chemical engineering and hopes to attend medical school, while Sanders has been going through Marine Corps Officer Candidate School during her so-called down time.

"She does have a new mental toughness that she's earned and gained over the last two summers," Duckworth said.

Bailey is the reigning national champion on vault, and has been an All-American on bars three straight years. However, she's still coming back from hip surgery over the summer, and will have to carefully manage her rehab to avoid any potential setbacks.

Duckworth meets with Bailey and everyone else on the team on a regular basis. Consequently, she knows each gymnast not just as athletes, but as students and as people, giving her a deeper insight into her charges. That is why she can say this about Valentin.

"Kenzie is perfectly awkward," the coach said. "She is a beautiful young lady, but she's an internal processor. So when she speaks it's witty, sharp and you have to listen because she just said something brilliant, and if you're not listening you'll miss it. She has an impeccable work ethic and has done a good job of working on her inner self-critic, so that one bad turn doesn't turn into another bad turn. I've seen a lot of growth with her."

Meanwhile, Sims, a fan favorite at Coleman Coliseum, has a new floor routine that sort of tells the story of her progression, both on and off the mat.

"She keeps joking that she's coming back as a freshman next year, and she's going to wear her hair differently and have a new name," Duckworth said. "It's gone by so fast. She is having so much fun in the gym. Always has a great attitude. Always gives her best. Her bar routine is rockin' this year."

Among the juniors, Kiana Winston is expected to start the season doing all-around and be more of a leader on the team. Mackenzie Brannan is a four-time All-American on three different events. She'll have a new bar routine this season and has added the song "Sweet Home Alabama" to her floor routine.

Coaches are hoping that Nickie Guerrero's improvement last season will result in more consistency this season, while Jennie Loeb

Seniors

Juniors

Sophomores

Freshmen

should challenge for more lineup spots after coming off shoulder surgery last year.

"No one is going to out-work her," said Duckworth, who at times has to hold Loeb back for her own good. "You can't teach that kind of drive. You either have it, or you don't."

The coaching staff also has be somewhat careful with sophomore Ari Guerra (back) and Jenna Bresette (elbow), while Abby Armbrecht has shown improvement on vault and Angelina Giancroce competed last year on bars and floor.

As for the freshmen, it's a high-profile, experienced group that has the coach excited, even though everyone except Caitlin Cole is coming off a significant injury.

"They have a passion for success you have just not seen out of this collective group in a while," Duckworth said. "They just get it. They want to compete. They want to come in and make a difference. Now, they're learning their ways. One of them had a bad Achilles tear back in February, one came off a knee thing in May. One came off a back thing.

"They're all coming from different experiences, but I kind of feel like this could be an epic season."

Maddie Desch won a gold medal with Team USA at the 2014 World Championships, and has competed in numerous other international events during her illustrious career. She skipped the Olympic Trials due to back issues and to enroll in college.

Shae Mahoney is the energetic newcomer coming off the Achilles tear. With "impeccable" lines, Duckworth predicts that the 2013 USA Junior Olympic national floor champion will quickly become a fan favorite once she's back to full strength.

Finally, the Crimson Tide went someplace completely new and different to land Wynter Childers: Spearfish, South Dakota. The 2015 USA Junior Olympic National all-around, vault and balance beam champion is coming off a knee injury, but is already doing full routines on beam and bars.

Although not everyone is expected to be ready at the start of the season, Alabama will open at reigning national champion Oklahoma, followed by hosting NCAA runner-up LSU at Coleman Coliseum on Jan. 13.

Three weeks later, it takes on defending Southeastern Conference champion Florida in the Tide's annual Power of Pink Meet on Friday, February 3. The third home meet, on Feb. 17, will be against rival Auburn.

"I love it," Duckworth said of the tough schedule. "I'm pumped."

THE DETAILS

- There are 18 gymnasts on the 2017 roster – six seniors, four juniors, four sophomores and four freshmen – which ties the 2012 team as largest squad in school history
- There are five returning All-Americans on this year's squad: seniors Katie Bailey, Keely McNeer and Aja Sims, juniors Mackenzie Brannan and Kiana Winston.
- Alabama returns 20 of its 24 routines from its 2016 NCAA Championships Super Six Team Finals lineup
- There are two individual NCAA Regional Champions on this year's team – Brannan and Sims
- Dana Duckworth, in her third season as the Tide's head coach, is in her 22nd season with the Tide, including four years as a gymnast, nine as a volunteer coach and six as an assistant coach
- Bryan Raschilla is in his 21st season coaching at Alabama and third as the Tide's associate head coach
- Bill Lorenz is in his third season as an assistant coach at Alabama
- The Crimson Tide is coming off its 34th consecutive NCAA Championships appearance, making it one of only two schools in the nation with an active streak of more than 17 national championship appearances in a row
- Following the 2016 season, Alabama has advanced to an NCAA-best 22 Super Six Team Finals
- Alabama is one of just six teams to win an NCAA Championship, taking home the crown in 2012, 2011, 2002, 1996, 1991 and 1988
- Alabama has also won nine SEC titles, including four of the past eight
- The Crimson Tide has won an NCAA-best 31 regional championships

THE CRIMSON TIDE'S 2017 SCHEDULE

Date	Opponent / Event	Location	Time
Friday, Jan. 6	Oklahoma	Norman, Okla.	6:45 p.m.
Friday, Jan. 13	LSU	Tuscaloosa, Ala.	7:30 p.m.
Friday, Jan. 20	Missouri	Columbia, Mo.	7:30 p.m.
Friday, Jan. 27	Arkansas	Fayetteville, Ark.	7:30 p.m.
Sunday, Jan. 29	Auburn (Elevate the Stage)	Birmingham, Ala.	4 p.m.
Friday, Feb. 3	Florida (Power of Pink)	Tuscaloosa, Ala.	7:30 p.m.
Friday, Feb. 10	Kentucky	Lexington, Ky.	6 p.m.
Friday, Feb. 17	Auburn (Alumni Night)	Tuscaloosa, Ala.	7:30 p.m.
Friday, Feb. 24	Boise State	Tuscaloosa, Ala.	7:30 p.m.
Sunday, March 5	Georgia	Athens, Ga.	1 p.m.
Friday, March 10	Iowa State (Senior Night)	Tuscaloosa, Ala.	7:30 p.m.
Saturday, March 18	SEC Championship	Jacksonville, Fla.	1 or 5 p.m.
Saturday, April 1	NCAA Regional Championship	TBA	TBA
April 14	NCAA Championships Semifinals	St. Louis, Mo.	12 or 7 p.m.
April 15	NCAA Championships Super 6 Finals	St. Louis, Mo.	8 p.m.

* All Times are Central

2017 UNIVERSITY OF ALABAMA GYMNASTICS ROSTER

Name	Year	Exp.	Ht.	Hometown	Club Team
Abby Armbrecht	So.	1L	5-2	Mobile, Ala.	Planet Gymnastics
Katie Bailey	Sr.	3L	5-2	Kernersville, N.C.	High Point Gymnastics Academy
Mackenzie Brannan	Jr.	2L	5-3	Austin, Texas	Capital Gymnastics
Jenna Bresette	So.	1L	5-1	Kansas City, Mo.	Fuzion Gymnastics
Wynter Childers	Fr.	HS	5-4	Spearfish, S.D.	Spearfish Gymnastics Academy
Caitlin Cole	Fr.	HS	5-4	Augusta, Ga.	Hayden's Gymnastics Academy
Maddie Desch	Fr.	HS	5-3	Lenexa, Kan.	Great American Gymnastics Express
Angelina Giancroce	So.	1L	5-3	Aiken, S.C.	Hayden's International Gymnastics Academy
Ari Guerra	So.	1L	5-1	League City, Texas	Texas Dreams Academy
Nickie Guerrero	Jr.	2L	5-0	McKinney, Texas	Zenith Elite
Amanda Jetter	Sr.	3L	5-4	Milford, Ohio	Cincinnati Gymnastics Academy
Jennie Loeb	Jr.	2L	5-3	Atlanta, Ga.	NorthWind Gymnastics
Shea Mahoney	Fr.	HS	5-3	Algonquin, Ill.	Legacy Elite Gymnastics
Keely McNeer	Sr.	3L	5-2	Madison, Miss.	Courthouse Gymnastics
Mary Lillian Sanders	Sr.	3L	5-1	Prattville, Ala.	Prattville YMCA Gymnastics
Aja Sims	Sr.	3L	5-2	Orlando, Fla.	Brandy Johnson's Global Gymnastics
Mackenzie Valentin	Sr.	2L	5-5	Mustang, Okla.	Bart Conner Gymnastics Academy
Kiana Winston	Jr.	2L	5-0	Fort Worth, Texas	Texas Dreams Gymnastics

HEAD COACH
Dana Duckworth
3rd Year

ASSOCIATE HEAD COACH
Bryan Raschilla
21st Year

ASSISTANT COACH
Bill Lorenz
3rd Year

PRONUNCIATION GUIDE

Abby **Armbrecht**	Arm-Breck	Bryan **Raschilla**	Rah-shill-uh
Jenna **Bresette**	Breh-set	**Aja** Sims	A-jah
Angelina **Giancroce**	Gee-ehn-croch	**Kiana** Winston	Key-an-uh
Ari **Guerra**	Guh-erra	Mackenzie **Valentin**	Val-en-teen

GYMNASTICS SUPPORT STAFF

Director of Gymnastics Operations:	Rita Martin
Administrative Assistant:	Robin Kelley
Academic Advisor:	Fern Hampton
Athletic Trainer:	Monica Kirkpatrick
Student Athletic Trainers:	Katie Bethune, Emily Lapidus and Mallory Torkelson
Strength and Conditioning Coach:	Deanne Hayes Brown
Managers:	Blake Sellers, Grey Buxton, Kim Jacob and Zan Jones
Performance Nutrition:	Amy Bragg and Rachel Pfister
Digital Productions:	Josh Cohen and Dominique Pegg
Marketing and Promotions Director:	Meaghan Hall

STATE-BY-STATE

ALABAMA
Abby Armbrecht
Mary Lillian Sanders

FLORIDA
Aja Sims

GEORGIA
Caitlin Cole
Jennie Loeb

ILLINOIS
Shea Mahoney

KANSAS
Maddie Desch

MISSOURI
Jenna Bresette

MISSISSIPPI
Keely McNeer

NORTH CAROLINA
Katie Bailey

OHIO
Amanda Jetter

OKLAHOMA
Mackenzie Valentin

SOUTH CAROLINA
Angelina Giancroce

SOUTH DAKOTA
Wynter Childers

TEXAS
Mackenzie Brannan
Ari Guerra
Nickie Guerrero
Kiana Winston

CLASS BREAKDOWN

SENIORS (6)
Katie Bailey
Amanda Jetter
Keely McNeer
Mary Lillian Sanders
Aja Sims
Mackenzie Valentin

JUNIORS (4)
Mackenzie Brannan
Nickie Guerrero
Jennie Loeb
Kiana Winston

SOPHOMORES (4)
Abby Armbrecht
Jenna Bresette
Angelina Giancroce
Ari Guerra

FRESHMEN (4)
Wynter Childers
Caitlin Cole
Maddie Desch
Shea Mahoney

NCAA CHAMPIONS (1)
Katie Bailey (1): 2016 — Vault

CHAMPIONSHIP ALL-AMERICANS (4)
Katie Bailey (5): 2016 — Vault, Bars
2015 — Bars
2014 — All-Around, Bars*
Mackenzie Brannan (4): 2016 — All-Around, Vault, Bars*
2015 — Floor*
Keely McNeer (1): 2015 — Beam*
Kiana Winston (2): 2016 — Floor, Beam*

** Denotes second team All-America honor*

REGULAR-SEASON ALL-AMERICANS (2)
Aja Sims (2): 2016 —Beam
2014 —Beam*
Kiana Winston (1): 2016 — Bars

** Denotes second team All-America honor*

NCAA REGIONAL CHAMPIONS (2)
Mackenzie Brannan (2): 2016 — Bars
2015 — Vault
Aja Sims (1): 2014 — Beam

SEC CHAMPIONS (3)
Katie Bailey 2016 — Uneven Bars
Mackenzie Brannan 2016 — Vault
Kiana Winston 2016 — Uneven Bars

ALL-SEC (7)
Katie Bailey 2016 — First Team
2014 — Freshman
Mackenzie Brannan 2016 — First Team
Jenna Bresette 2016 — First Team, Freshman
Amanda Jetter 2014 — Freshman
Keely McNeer 2015 — First Team
Aja Sims 2014 — First Team
Freshman
Kiana Winston 2016 — First Team

COSIDA ACADEMIC ALL-AMERICAN (1)
Mackenzie Brannan 2016 — Second Team

SCHOLASTIC ALL-AMERICAN (12)
Abby Armbrecht, Aja Sims, Amanda Jetter, Ari Guerra, Jenna Bresette, Jennie Loeb, Keely McNeer, Kiana Winston, Mackenzie Brannan, Mackenzie Valentin, Mary Lillian Sanders, Nickie Guerrero

SEC ACADEMIC HONOR ROLL (14)
Abby Armbrecht, Jenna Bresette, Angelina Giancroce, Ari Guerra, Katie Bailey, Mackenzie Brannan, Nickie Guerrero, Amanda Jetter, Jennie Loeb, Keely McNeer, Mary Lillian Sanders, Aja Sims, Mackenzie Valentin, Kiana Winston

ABBY ARMBRECHT

SOPHOMORE | 1L | 5-2 | ALL-AROUND

Hometown: Mobile, Ala.
Major: Accounting
High School: UMS-Wright Preparatory
Club: Planet Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Freshman *Honors* — Scholastic All-American ... SEC Academic Honor Roll … ***Vault* —** exhibition on the vault to open the season at UCLA and again against Kentucky ... made her debut in the Crimson Tide's competitive lineup against West Virginia, scoring a 9.825 ... posted a career-best 9.85 on the vault at the PSU Quad Meet ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester … carries a cumulative grade point average of 3.9 into her sophomore season.

PREP HIGHLIGHTS:

Coached by Vladimir and Joanne Novikov at Planet Gymnastics … 2013 Junior Olympic National Balance Beam Champion … Junior Olympic National Team member in 2013 and 2014 … third in the all-around at the 2013 Junior Olympic National Championships … fifth in the all-around at the 2014 Junior Olympic National Championships … Region 8 All-Star in 2013 and 2014 … 2014 Region 8 All-Around Champion … National Honor Society … National English Honor Society member … Mu Alpha Theta Math Honor Society.

PERSONAL INFORMATION:

Full Name: Abigail Alexandra Armbrecht ... daughter of Dena and Alec Armbrecht ... accounting major ... born Jan. 28, 1997.

ARMBRECHT'S TOP SCORES:

Vault: 9.850

KATIE BAILEY

SENIOR | 3L | 5-2 | ALL-AROUND

Hometown: Kernersville, N.C.
Major: General Studies
High School: Robert Glenn
Club: High Point Gymnastics Academy

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — NCAA Vault Champion … All-SEC … SEC Uneven Bars Champion … SEC Academic Honor Roll …Championship First Team Vault and Uneven Bars All-American ... ***All-Around* —** made her 2016 all-around debut at Florida with a 39.375 ... posted a season-best 39.475 to win the all-around against Kentucky ... ***Vault* —** 2016 NCAA Vault Champion after posting a career-best 9.95 in the NCAA Championships Semifinals ... won Alabama's 26th NCAA title overall and fifth on the vault ... made her season debut on the vault against Missouri with a 9.875, a score she matched against Arkansas and at the SEC Championships ... ***Uneven Bars* —** won the uneven bars with a 9.95 at the SEC Championships ... opened the season at UCLA with the same uneven bars score she finished the 2015 season with, a 9.900, a score she matched against Kentucky, at Auburn and against Georgia ... scored 9.9 or better on the uneven bars six times in 2016 ... competed on the uneven bars in 14 of 15 meets in 2016 ... ***Balance Beam* —** made her season debut on the beam against Missouri with a 9.825 ... posted a career-best 9.950 to share the beam title against West Virginia ... ***Floor Exercise* —** posted a career-best 9.900 on the floor exercise at UCLA to open the season, a score she matched at Florida and at LSU ... ***In The Classroom* —** carries a cumulative grade point average of 3.22.

2015 | Sophomore *Honors* — First-team Uneven Bars All-American ... SEC Academic Honor Roll … ***All-Around* —** competed in the all-around four times with a career high of 39.625 against Boise State ... won the all-around twice ... ***Vault* —** competed on the vault lineup four times ... won the vault against Boise State with a career-best 9.925 ... ***Uneven Bars* —** competed on the uneven bars 12 times, scoring 9.9 or better six times including a career-best 9.95 against Boise State ... finished fifth on the uneven bars at the NCAA Championships ... won the uneven bars twice ... scored a 9.9 the last three routines of the season in the NCAA Championships Semifinals, Super Six Team Finals and Individual Event Finals, earning first-team All-America honors along the way ... ***Balance Beam* —** competed on the balance beam six times, including winning the event with a career-best 9.9 against eventual national champion Florida ... ***Floor Exercise* —** competed on the floor exercise four times, scoring a trio of 9.875s.

2014 | Freshman *Honors* — Second-Team All-Around All-American ... SEC All-Freshman Team ... four-time SEC Freshman of the Week (1/14, 2/3, 2/25, 3/18) ... ***All-Around* —** competed in the all-around in 12 of 14 meets during the season ... scored a career-best 39.525 in the all-around at the 2014 NCAA Championships Super Six Finals ... ***Vault* —** competed on the vault in all 14 meets during the season ... scored a career-best 9.9 on the vault on the road at the Quad Meet, at the 2014 NCAA Seattle Regional Championships and at the 2014 NCAA Championships Super Six Finals ... ***Uneven Bars* —** competed on the uneven bars in all 14 meets during the season ... scored a career-best 9.900 on the uneven bars on the road at the SEC Championships and again in the 2014 NCAA Championships semifinals ... ***Balance Beam* —** competed on the balance beam in 13 of 14 meets during the season ... scored a career-best 9.9 on the balance beam on the road at Auburn and again during the 2014 NCAA Championships Super Six Finals ... ***Floor Exercise* —** competed on the floor exercise in 13 of 14 meets during the season ... posted a career-best 9.875 on the floor exercise four times – at home against Georgia and Auburn and at the 2014 NCAA Championships Semifinals as well at the Super Six Team Finals.

PREP HIGHLIGHTS:

Coached by Rob Travers, Buddy Thorburn and Jenna Squires at High Point Gymnastics Academy ... 2011 USA Junior Olympic national all-around and floor exercise champion ... five-time J.O. National Championship qualifier ... three-time USA J.O. Region 8 all-around champion ... two-time North Carolina state all-around champion ... 2011 Nastia Liukin Cup qualifier.

PERSONAL INFORMATION:

Full Name: Mary Kaitlyn Bailey ... daughter of Katherine and Alex Bailey ... brothers – Vance, Ricky and Greg ... sisters – Amanda, Kristina and Madison ... general studies major ... born July, 4, 1995.

BAILEY'S TOP SCORES:

All-Around: 39.625 | Vault: 9.950 | Bars: 9.950 | Beam: 9.950 | Floor: 9.900

MACKENZIE BRANNAN

JUNIOR | 2L | 5-3 | ALL-AROUND

Hometown: Austin, Texas
Major: Psychology
High School: Texas Connections
Club: Capital Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Sophomore *Honors* — CoSIDA Academic All-American … Scholastic All-American … SEC Academic Honor Roll … First Team Championship All-Around and Vault All-American ... Second Team Championship Uneven Bars All-American ... SEC Vault Champion … NCAA Tuscaloosa Regional Uneven Bars Champion … All-SEC ... ***All-Around* —** won first collegiate all-around to open the season at UCLA with a 39.350 ... posted a 39.525 in the all-around to win the PSU Quad Meet ... posted a career-best 39.575 in the all-around at the SEC Championships in front of a four-judge panel ... led Alabama with 10 all-around appearances ... ***Vault* —** won the 2016 SEC vault title with a career-best 9.95 ... won the vault with a 9.9 in the season opener at UCLA and at Auburn ... ***Uneven Bars* —** NCAA Tuscaloosa Regional Uneven Bars Champion ... posted a career-best 9.975 on the uneven bars at the PSU Quad Meet, becoming just the 10th gymnast in Alabama gymnastics history to score better than 9.95 on the bars, pacing the Tide to a 49.600 on the bars, tying the third best bars score in school history ... opened the Crimson Tide's 2016 season as the lead off on the uneven bars at UCLA, going 9.825 ... posted a 9.925 to win the bars against Kentucky ... competed on the bars in all 15 meets in 2016 ... ***Balance Beam* —** posted a career-best 9.850 on the beam at the Penn State Quad Meet ... ***Floor Exercise* —** opened the season on the floor exercise with a 9.850 at UCLA ... posted a season-best 9.900 at LSU and again at the SEC Championships where she opened the Tide's rotation ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall and spring semester ... carries a 4.0 GPA for her career.

2015 | Freshman *Honors* — Second Team Floor Exercise All-American … Scholastic All-American … SEC Academic Honor Roll … ***Vault* —** competed on the vault 11 times during the season, winning the NCAA Auburn Regional vault championship with a career-best 9.925 ... ***Uneven Bars* —** competed on the uneven bars seven times during the regular season, tying for second at Georgia with a career-best 9.9 ... ***Floor Exercise* —** competed on the floor exercise eight times, posting matching career-best 9.925s at Arkansas and against Auburn ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester.

PREP HIGHLIGHTS:

Coached by Barry Hyder at Capital Gymnastics … competed at the USA Championships in 2009, 2010, 2011 and 2012 … fourth on the uneven bars at the 2010 USA Championships … two-time competitor at the Nastia Liukin Cup … Nadia Comaneci International Invitational all-around champion in 2011 and 2012 … 2013 Level 10 Region 3 uneven bar, floor exercise, and all-around champion … 2013 Level 10 Junior Olympics national floor exercise champion … 2014 Texas USAG Junior Olympic Gymnast of the Year … 2014 Junior Olympic Level 10 national vault champion … 2014 Nastia Liukin Cup all-around champion … honor roll student all four years of high school … received honorable mention honors at the 2014 Houston ISD Board of Education Annual Awards … National Honor Society.

PERSONAL INFORMATION:

Full Name: Mackenzie Eryn Brannan … daughter of Debi and Ron Brannan … brothers – Brian and Brandon … sister – Lauren … pre-psychology major … born May 17, 1996.

BRANNAN'S TOP SCORES:

All-Around: 39.575 | Vault: 9.950 | Bars: 9.975 | Beam: 9.850 | Floor: 9.925

JENNA BRESETTE

SOPHOMORE | 1L | 5-1 | ALL-AROUND

Hometown: Kansas City, Mo.
Major: Psychology
High School: St. Pius X
Club: Fuzion Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Freshman *Honors* — All-SEC ... SEC All-Freshman Team ... Scholastic All-American … ***Vault* —** earned All-SEC and SEC All-Freshman honors on vault after scoring a career-best 9.9 at the SEC Championships ... made her Crimson Tide debut on the vault at UCLA ... posted a 9.850 against Missouri ... competed on the vault in 14 of 15 meets in 2016 ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall and spring semesters ... carries a 3.67 GPA for her career.

PREP HIGHLIGHTS:

Coached by Mike and Jackie Heredia at Fuzion Gymnastics … took ninth place in the all-around at the 2009 Western Junior Olympic Championships … competed at the 2010 Junior Olympic National Championships, taking second place in the all-around … made 2010 Junior Olympic National team … Junior International Elite qualifier … 15th in the all-around at the 2012 Junior Olympic National Championships … placed 19th in the all-around at the 2013 Junior Olympic National Championships … Principal's Honor Roll … Citizenship Award … recipient of math, English and geography achievement awards in high school.

PERSONAL INFORMATION:

Full Name: Jenna Joy Bresette ... daughter of Stacey and Paul Bresette ... sister – Amelia … psychology major ... born Aug. 6, 1996.

BRESETTE'S TOP SCORES:

Vault: 9.900

WYNTER CHILDERS

FRESHMAN | HS | 5-4 | ALL-AROUND

Hometown: Spearfish, S.D.
Major: Telecommunication & Film
High School: Spearfish High School
Club: Spearfish Gymnastics Academy

ALABAMA HIGHLIGHTS:

2017 | Freshman *In The Classroom* — earned a place on the President's List (4.0 grade point average) for the summer semester.

PREP HIGHLIGHTS:

Coached by Phil and Chris Summers and Lexie Cathcart at Spearfish Gymnastics Academy … three-time Nastia Liukin Cup qualifier ... 2012 Nastia Liukin Cup balance beam champion ... 2015 USA Junior Olympic national all-around, vault, and balance beam champion ... 2011 USA Junior Olympic national floor champion ... 2015 USA Gymnastics Region 4 all around, vault, balance beam and floor exercise champion ... Homecoming Queen.

PERSONAL INFORMATION:

Full Name: Wynter Lydia Childers ... daughter of Chris and Gary Childers ... sisters – Journey and Sam ... brother – Isiah … telecommunication & film major … born Dec. 28, 1997.

CAITLIN COLE

FRESHMAN | HS | 5-4 | ALL-AROUND

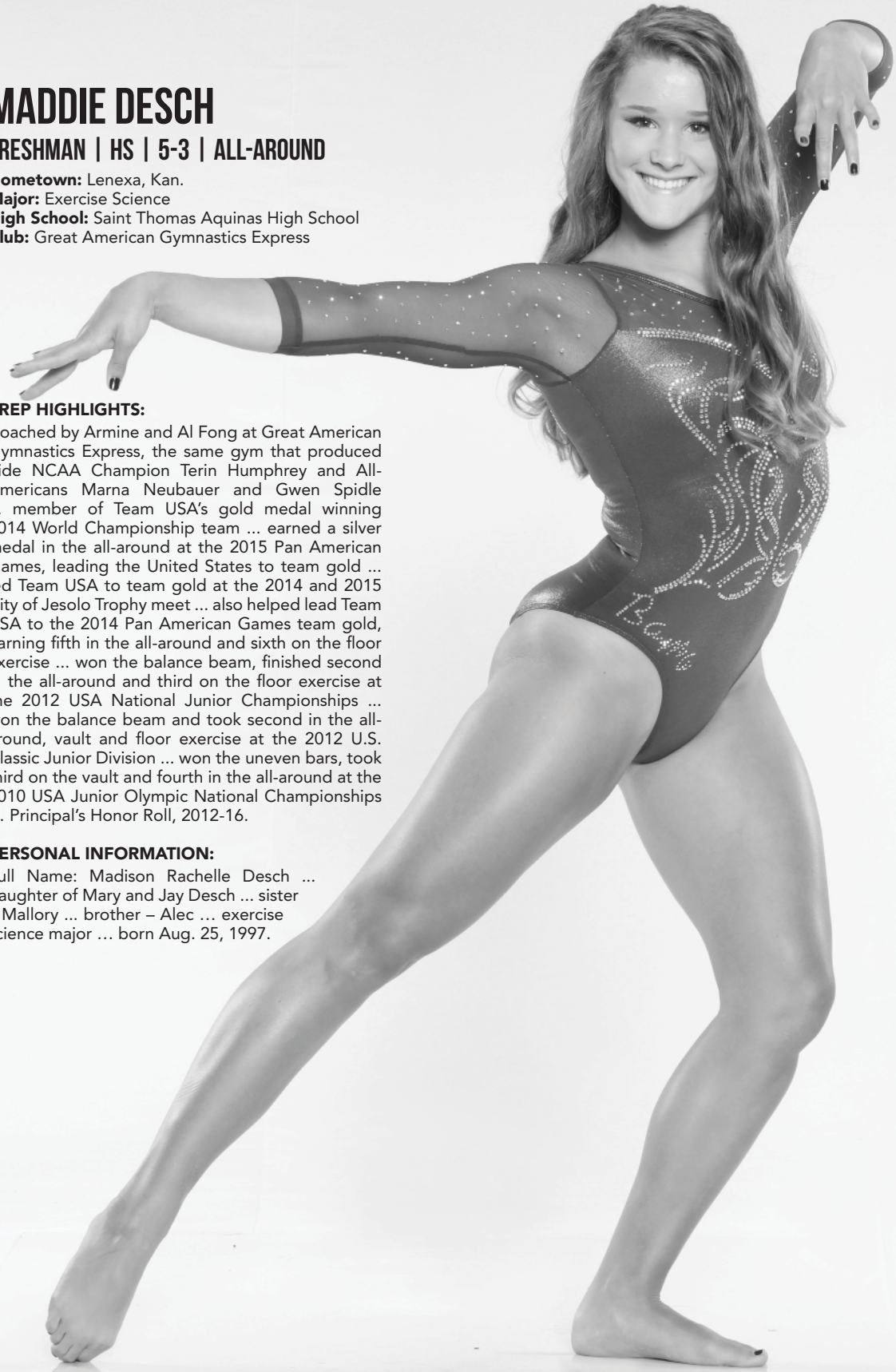
Hometown: Augusta, Ga.
Major: Biology
High School: Greenbrier
Club: Haydens Gymnastics Academy

PREP HIGHLIGHTS:

Coached by Daniel Hayden at Haydens Gymnastics Academy … 2013 Easterns qualifier … National Honor Society … Beta Club member.

PERSONAL INFORMATION:

Full Name: Caitlin Watson Cole … daughter of Cristi and Robert Cole … brother – Jonathan … biology major … born Nov. 1, 1997.



MADDIE DESCH

FRESHMAN | HS | 5-3 | ALL-AROUND

Hometown: Lenexa, Kan.
Major: Exercise Science
High School: Saint Thomas Aquinas High School
Club: Great American Gymnastics Express

PREP HIGHLIGHTS:

Coached by Armine and Al Fong at Great American Gymnastics Express, the same gym that produced Tide NCAA Champion Terin Humphrey and All-Americans Marna Neubauer and Gwen Spidle ... member of Team USA's gold medal winning 2014 World Championship team ... earned a silver medal in the all-around at the 2015 Pan American Games, leading the United States to team gold ... led Team USA to team gold at the 2014 and 2015 City of Jesolo Trophy meet ... also helped lead Team USA to the 2014 Pan American Games team gold, earning fifth in the all-around and sixth on the floor exercise ... won the balance beam, finished second in the all-around and third on the floor exercise at the 2012 USA National Junior Championships ... won the balance beam and took second in the all-around, vault and floor exercise at the 2012 U.S. Classic Junior Division ... won the uneven bars, took third on the vault and fourth in the all-around at the 2010 USA Junior Olympic National Championships … Principal's Honor Roll, 2012-16.

PERSONAL INFORMATION:

Full Name: Madison Rachelle Desch ... daughter of Mary and Jay Desch ... sister – Mallory ... brother – Alec … exercise science major … born Aug. 25, 1997.

ANGELINA GIANCROCE

SOPHOMORE | 1L | 5-3 | ALL-AROUND

Hometown: Aiken, S.C.
Major: Telecommunication & Film
High School: The Ogburn School
Club: Hayden's International Gymnastics Academy

ALABAMA HIGHLIGHTS:

2016 | Freshman *Honors* — SEC Academic Honor Roll … ***Uneven Bars* —** went exhibition on the uneven bars to open the season at UCLA ... made her debut in the Tide's competitive bars lineup against Missouri ... posted a season-best score of 9.825 on the bars at Florida ... ***Floor Exercise* —** made her debut in the Crimson Tide's competitive lineup on the floor exercise at UCLA with a 9.825 ... shared top honors on the floor exercise at the Elevate the Stage meet against Auburn with a 9.850 ... posted a season-best 9.875 on the floor at Florida ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester ... carries a 3.393 GPA for her career.

PREP HIGHLIGHTS:

Coached by Daniel Hayden at Hayden's International Gymnastics Academy … 2015 Region 8 Floor Exercise, Balance Beam and All-Around champion … earned fourth place on the floor exercise at both the 2014 and 2015 Junior Olympic National Championships … finaled in the balance beam at the 2015 Junior Olympic National Championships, taking fourth place.

PERSONAL INFORMATION:

Full Name: Angelina Christine Giancroce ... daughter of Loretta Christine and Robert Giancroce ... sisters – Sabrina and Katarina ... telecommunication & film major ... born July 30, 1996.

GIANCROCE'S TOP SCORES:

Bars: 9.825 | Floor: 9.875

ARI GUERRA

SOPHOMORE | 1L | 5-1 | ALL-AROUND

Hometown: League City, Texas
Major: Psychology
High School: Coppell
Club: Texas Dreams Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Freshman *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Uneven Bars* —** posted a 9.850 in her Crimson Tide uneven bars debut against Kentucky ... posted a career-best 9.900 on the uneven bars at the PSU Quad Meet, a score she matched against Georgia ... ***Floor Exercise* —** posted a 9.900 on the floor in her Crimson Tide debut against Missouri ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester … earned a place on the Dean's List (3.5 or better grade point average) for the spring semester ... carries a perfect 4.0 GPA for her career.

PREP HIGHLIGHTS:

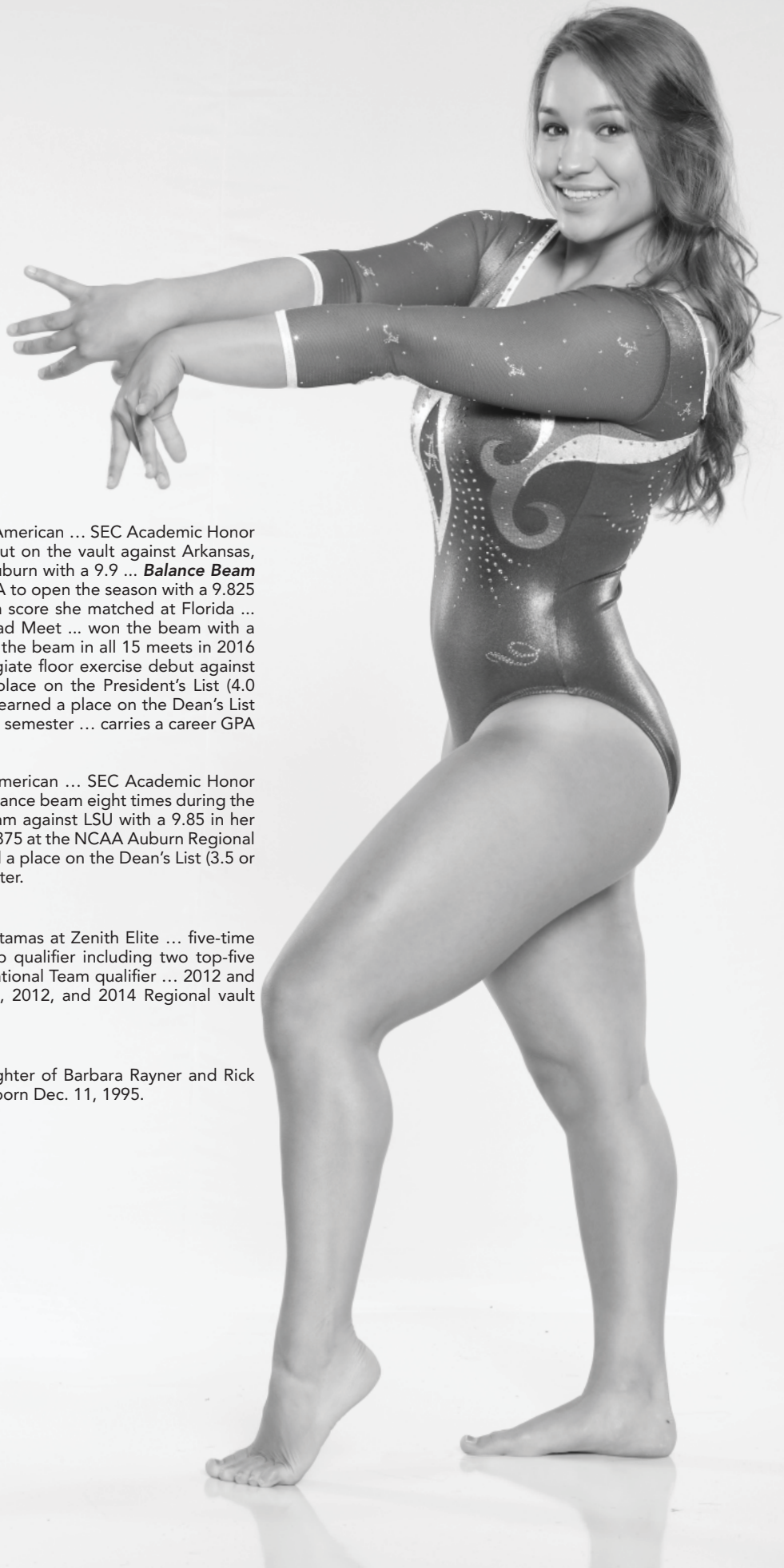
Coached by Kim Zmeskal and Chris Burdette at Texas Dreams Gymnastics … United States National Team … competed for Team USA in Belgium … finaled at the 2010 Top Gym in Charleroi, Belgium, taking first place on the vault, second place in the all-around, and third place on the balance beam … 2014 Junior Olympic State All-Around and Balance Beam Champion, also placed second on the vault and floor exercise … 2014 Junior Olympic Regionals All-Around and Balance Beam Champion, also placed second on the vault, uneven bars and floor exercise… competed in the 2010, 2011, and 2012 VISA USA Championships, placing sixth in the vault at the 2012 meet … fifth on the uneven bars and sixth on the balance beam at the 2013 P&G Championships … scored at the 2013 Secret U.S. Classic with two top-ten finishes on the uneven bars and all-around … finaled at the 2013 American Classic with a first place finish on the floor exercise and two second place finishes, in the all-around and on the uneven bars … took third on the uneven bars and seventh in the all-around and on the floor exercise at the 2012 Secret U.S. Classic … finaled at the 2012 American Classic, taking first place on the floor exercise, third on the vault, fifth on the balance beam, and eighth in the all-around … graduated high school with a 4.5 GPA.

PERSONAL INFORMATION:

Full Name: Ariana Chenier Guerra ... daughter of Christina and Mark Guerra ... sisters – Marcella and Emilia ... psychology major ... born June 5, 1997.

GUERRA'S TOP SCORES:

Bars: 9.900 | Floor: 9.900



NICKIE GUERRERO

JUNIOR | 2L | 5-0 | ALL-AROUND

Hometown: McKinney, Texas
Major: Finance
High School: Lovejoy
Club: Zenith Elite Gymnastics Academy

ALABAMA HIGHLIGHTS:

2016 | Sophomore *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Vault* —** made her Crimson Tide debut on the vault against Arkansas, winning with a 9.9 ... also won the vault at Auburn with a 9.9 ... ***Balance Beam* —** anchored the balance beam lineup at UCLA to open the season with a 9.825 ... posted a 9.9 on the beam vs. Arkansas, a score she matched at Florida ... posted a 9.925 on the beam at the PSU Quad Meet ... won the beam with a career-best 9.95 vs. Georgia ... competed on the beam in all 15 meets in 2016 ... ***Floor Exercise* —** went 9.875 in her collegiate floor exercise debut against Missouri ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester ... earned a place on the Dean's List (3.5 or better grade point average) for the fall semester … carries a career GPA of 3.90.

2015 | Freshman *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Balance Beam* —** competed on the balance beam eight times during the season ... tied for second on the balance beam against LSU with a 9.85 in her Crimson Tide debut ... scored a career-best 9.875 at the NCAA Auburn Regional Championship ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester.

PREP HIGHLIGHTS:

Coached by Tatiana Schgelkova and Alex Aatamas at Zenith Elite … five-time USA Junior Olympic National Championship qualifier including two top-five all-around finishes … 2013 Junior Olympic National Team qualifier … 2012 and 2014 Regional all-around champion … 2011, 2012, and 2014 Regional vault champion … National Honor Society.

PERSONAL INFORMATION:

Full Name: Nichole Rayner Guerrero … daughter of Barbara Rayner and Rick Guerrero … sister – Cori … finance major … born Dec. 11, 1995.

GUERRERO'S TOP SCORES:

Vault: 9.900 | Beam: 9.950 | Floor: 9.875

AMANDA JETTER

SENIOR | 3L | 5-4 | ALL-AROUND

Hometown: Milford, Ohio
Major: Human Development & Family Studies
High School: Milford
Club: Cincinnati Gymnastics Academy

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — Scholastic All-American ... SEC Academic Honor Roll … ***Uneven Bars* —** won the uneven bars with a 9.875 against Missouri, a score she tied against West Virginia ... posted a season-best 9.9 at the PSU Quad Meet and at the SEC Championships ... opened her junior season by going on the uneven bars at UCLA ... competed on the bars in the first four meets of the season and 13 times overall ... ***Floor Exercise* —** shared top honors on the floor with Lauren Beers against Missouri, tying her career best of 9.950 in the process ... won the floor exercise against Arkansas with a 9.925 ... scored another 9.925 on the floor against Georgia ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester ... carries a 3.451 GPA for her career.

2015 | Sophomore *Honors* — SEC Academic Honor Roll … ***Uneven Bars* —** competed 11 times on the uneven bars during the season ... won the uneven bars against LSU with a season-best 9.9 ... ***Floor Exercise* —** competed in the floor exercise nine times during the season, posting a season-best 9.9 at Georgia and against LSU and Oklahoma ... tied for second in the floor exercise against LSU with a 9.9.

2014 | Freshman *Honors* — SEC All-Freshman Team ... ***Uneven Bars* —** competed on the uneven bars in all 14 meets during the season ... won the uneven bars three times during the season, on the road at Auburn and at home against Missouri and Florida where she posted a career-best score of 9.925 both times ... ***Balance Beam* —** scored a career-best 9.825 on the balance beam on the road at the Quad Meet, and twice at home against Florida and Stanford ... ***Floor Exercise* —** scored a career-best 9.950 on the floor exercise at home against Stanford ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester with a 3.5 GPA.

PREP HIGHLIGHTS:

Coached by Mary Lee Tracy at Cincinnati Gymnastics Academy ... four-year member of the United States National Team ... led Team USA to team titles at the 2010 and 2011 City of Jesolo Trophy Meets in Jesolo, Italy, taking sixth and eighth place, respectively in the all-around ... led Team USA to the win at the 2009 International Tournament of Pas-de-Calais in Argues, France, where she won the all-around and floor exercise ... took third in the all-around at the 2008 International Artistic Gymnastics Challenge in Woluwe Saint-Lambert, Belgium ... 2007 USA Junior Olympic All-Around Champion.

PERSONAL INFORMATION:

Full Name: Amanda Rose Jetter ... daughter of Denise and Gerald Jetter ... brother – Derek ... human development & family studies major ... born Nov. 6, 1994.

JETTER'S TOP SCORES:

Bars: 9.925 | Beam: 9.825 | Floor: 9.950

JENNIE LOEB

JUNIOR | 2L | 5-3 | ALL-AROUND

Hometown: Atlanta, Ga.
Major: Biology
High School: Dunwoody
Club: NorthWind Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Sophomore *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Uneven Bars* —** went exhibition on the uneven bars against West Virginia ... ***In The Classroom* —** earned Dean's List (3.5 or better grade point average) for the fall and spring semester ... carries a 3.931 GPA for her career.

2015 | Freshman *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester.

PREP HIGHLIGHTS:

Coached by Elena Piskun, Sergei Romanov and Inesa Sharovskaya at NorthWind Gymnastics … 2011 State of Mississippi Level 9 all-around, floor exercise, vault, and balance beam champion … placed fourth in the all-around and second on the balance beam at regionals in 2011 … 2011 Eastern National Team member … 2014 Level 10 Junior Olympics National Championships qualifier … member of the high honor roll all four years … National Honor Society.

PERSONAL INFORMATION:

Full Name: Virginia Claire Loeb … daughter of Paula and Lewis Loeb … sister – Lauren … biology major … born Dec. 24, 1995.

SHEA MAHONEY

FRESHMAN | HS | 5-3 | ALL-AROUND

Hometown: Algonquin, Ill.
Major: Exercise Science
High School: St. Francis College Preparatory School
Club: Legacy Elite Gymnastics

ALABAMA HIGHLIGHTS:

2017 | Freshman *In The Classroom* — earned a place on the President's List (4.0 grade point average) for the summer semester.

PREP HIGHLIGHTS:

Coached by Jiani Wu, Yuejiu Li and Anna Li at Legacy Elite Gymnastics ... 2013 USA Junior Olympic National Floor Champion ... member of the 2013, 2014, 2015 USA Gymnastics Region 5 All Star Team ... 2013, 2014, 2015 USA Gymnastics Junior Olympic National Qualifier ... 2014 and 2015 USA Gymnastics Region 5 Regional All Around Champion ... 2013 and 2015 Illinois State all-around champion … carried a 4.0 grade point average ... Spartan Life Leadership Team member.

PERSONAL INFORMATION:

Full Name: Shea Lydia Mahoney ... daughter of Shannon and Tim Mahoney ... brother – Jack … exercise science major … born Jan. 28, 1998.

KEELY MCNEER

SENIOR | 3L | 5-2 | ALL-AROUND

Hometown: Madison, Miss.
Major: Chemical Engineering
High School: University of Nebraska Independent Study High School
Club: Courthouse Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Vault* —** led off the vault lineup to open the season at UCLA ... posted a season-best 9.875 on the vault against Arkansas ... competed on the vault in 14 of 15 meets in 2016 ... ***Uneven Bars* —** posted a 9.825 on the uneven bars to open the season at UCLA ... shared top honors on the uneven bars at the Elevate the Stage meet against Auburn with a season-best 9.875, a score she matched at the NCAA Tuscaloosa Regional Championships ... competed on the bars in 14 of 15 meets in 2016 ... ***Balance Beam* —** led off the Tide's balance beam rotation in the season opener at UCLA, tying Lauren Beers for the team's best score with a 9.850, a score she matched against Missouri ... scored a season-best 9.900 on the beam at Auburn and at the SEC Championships ... competed on the beam in all 15 meets in 2016 ... scored 9.825 or better on the beam in 13 of 15 meets in 2016 ... ***In The Classroom* —** earned President's List (4.0 grade point average) honors in the fall and spring ... carries a 4.0 GPA for her career.

2015 | Sophomore *Honors* — Second Team Balance Beam All-American … Scholastic All-American … SEC Academic Honor Roll … All-SEC … **Overall —** after competing just twice in the Tide's competitive lineup as a freshman, competed 44 routines for the Tide in 2015 ... ***Vault* —** competed on the vault in all 15 meets, posting a career-best 9.9 at Arkansas ... ***Uneven Bars* —** competed 14 times on the uneven bars during the season, including a career-best 9.9 against Auburn ... ***Balance Beam* —** competed on the balance beam in all 15 meets, posting a career-best 9.925 at Georgia ... led off Alabama's SEC balance beam rotation, the Tide's first rotation of the meet, with a 9.9, earning All-SEC honors in the process ... won the balance beam against Auburn with a career-best 9.9 ... second on balance beam at the NCAA Auburn Regional Championship with a 9.9 ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester.

2014 | Freshman *Honors* — Scholastic All-American … ***Vault* —** posted a 9.875 in her first vault in the Tide's competitive lineup against Stanford ... ***Uneven Bars* —** made her debut in the Crimson Tide's competitive lineup on the uneven bars at LSU ... ***Balance Beam* —** went exhibition on the balance beam at the Quad Meet … ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the spring semester.

PREP HIGHLIGHTS:

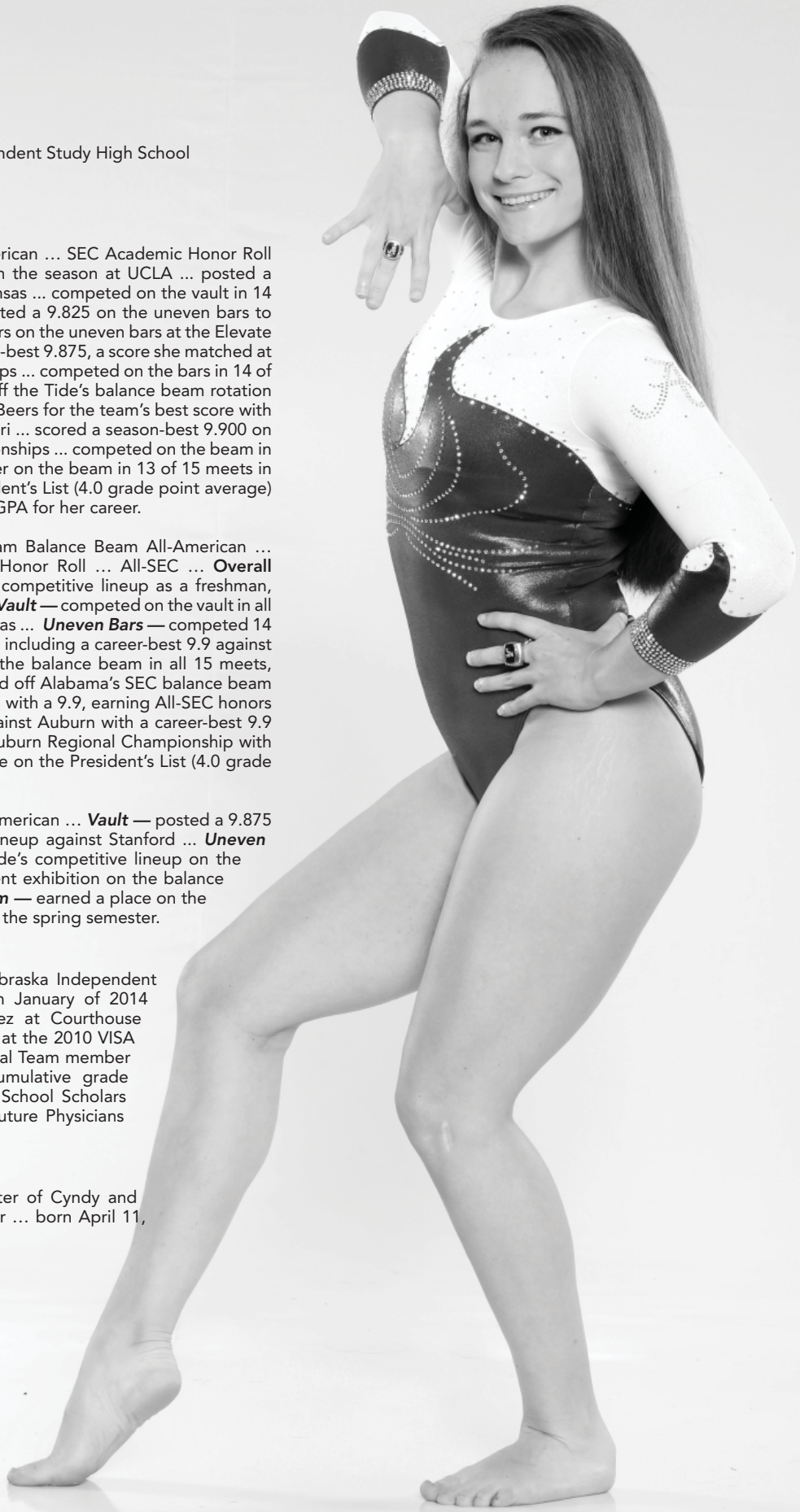
Graduated early from the University of Nebraska Independent Study High School and joined Alabama in January of 2014 ... coached by Mario and Cheryl Gonzalez at Courthouse Gymnastics ... placed 15th in the all-around at the 2010 VISA USA Championships ... 2010-11 USA National Team member ... graduated high school with a 4.17 cumulative grade point average ... National Society of High School Scholars ... selected for the National Academy of Future Physicians Medical Scientists Award of Excellence.

PERSONAL INFORMATION:

Full Name: Keely Lynne McNeer ... daughter of Cyndy and Mike McNeer ... chemical engineering major … born April 11, 1996.

MCNEER'S TOP SCORES:

Vault: 9.900 | Bars: 9.900 | Beam: 9.925



MARY LILLIAN SANDERS

SENIOR | 3L | 5-1 | ALL-AROUND

Hometown: Prattville, Ala.
Major: History
High School: Evangel Family Christian Academy
Club: Prattville YMCA Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — Scholastic All-American … SEC Academic Honor Roll … ***Balance Beam* —** made her career debut in Alabama's competitive balance beam lineup at the SEC Championship and went on to compete on the beam during the entire championship portion of the season ...posted a career-best score of 9.85 on the balance beam at the NCAA Tuscaloosa Regional Championships, a score she matched at the NCAA Championships Super Six Team Finals ... went exhibition on the balance beam in the season opener at UCLA, at the Elevate the Stage meet, against Auburn and against Kentucky ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall and spring semesters ... carries a career GPA of 3.754.

2015 | Sophomore *Honors* — Scholastic All-American … ***Vault* —** made her debut in the Tide's competitive lineup on the vault at Missouri ... ***Balance Beam* —** went exhibition in her Crimson Tide debut on the balance beam in the Tide's season-opener against Arizona ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester … carries a cumulative 3.809 GPA into her junior year.

2014 | Freshman *Honors* — Scholastic All-American … ***In The Classroom* —** Earned a place on the Dean's List (3.5 or better grade point average) for the fall and spring semesters.

PREP HIGHLIGHTS:

Coached by Elena Bodrikova, Jessica Sedgwick and Otis Reeves at Prattville YMCA Gymnastics ... USA Junior Olympic National Championships Qualifier in 2008 and 2013 ... 2013 Alabama State and J.O. Region 8 Vault Champion ... won the vault and balance beam at the 2013 National Gymnastics Challenge ... named Art Student of the Year as a freshman ... earned a place on the "A" honor roll as a junior and senior.

PERSONAL INFORMATION:

Full Name: Mary Lillian Sanders ... daughter of Stephanie and Bill Sanders ... sister – LouAnne Sanders Owens ... history major ... born May 24, 1995.

SANDERS' TOP SCORES:

Vault: 9.750 | Beam: 9.850

AJA SIMS

SENIOR | 3L | 5-2 | ALL-AROUND

Hometown: Orlando, Fla.
Major: Exercise Science
High School: William R. Boone
Club: Brandy Johnson's Global Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — Scholastic All-American … SEC Academic Honor Roll … First Team Regular-Season Balance Beam All-American ... ***Balance Beam* —** posted a career-best 9.975 on the beam at Florida ... won the beam against Arkansas with a 9.95 ... competed on the beam in 14 of 15 meets in 2016 ... posted six scores of 9.9 or better on the beam in 2016 ... ***Floor Exercise* —** scored a 9.85 against Kentucky to share a portion of the floor title ... led off the floor exercise rotation at UCLA to open the season ... posted a season-best 9.875 on the floor against Arkansas, a score she matched at Auburn ... competed on the floor exercise in the 11 of 15 meets in 2016 ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester ... earned a place on the Dean's List (3.5 or better grade point average) for the spring semester … carries a 3.726 GPA for her career.

2015 | Sophomore *Honors* — Scholastic All-American … ***Uneven Bars* —** competed on the uneven bars in 13 meets during the season, posting a season-best 9.9 at the SEC Championships ... won the uneven bars in the season opener against Arizona ... tied for second on the uneven bars at the NCAA Auburn Regional Championship with a 9.9 ... ***Balance Beam* —** competed on the balance beam in all 15 meets during the season, posting a career-best 9.95 in the NCAA Championships Super Six Team Final ... won the balance beam at Arkansas with a 9.9 ... tied for second on the balance beam at the NCAA Auburn Regional Championship with a 9.9 ... second on the balance beam at the NCAA Super Six Team Finals ... ***Floor Exercise* —** competed on the floor five times during the season, posting season-best 9.9s against Auburn and at Missouri ... tied for first on the floor exercise against Auburn with a 9.9 ... ***In The Classroom* —** earned a place on the President's List (4.0 grade point average) for the fall semester.

2014 | Freshman *Honors* — Scholastic All-American … NCAA Seattle Regional Balance Beam Champion ... All-SEC ... SEC All-Freshman Team ... SEC Freshman of the Week (2/18) ... ***Uneven Bars* —** scored a career-best 9.950 on the uneven bars at the SEC Championships ... ***Balance Beam* —** competed on the balance beam in all 14 meets during the season ... scored a career-best 9.950 on the balance beam at home against Auburn ... ***Floor Exercise* —** scored a career-best 9.925 on the floor exercise at home against Stanford … ***In The Classroom* —** Earned a place on the Dean's List (3.5 GPA or better) for the spring semester.

PREP HIGHLIGHTS:

Graduated early from William R. Boone High School to join Alabama in January of 2014 ... coached by Kelly Pitzen and Brandy Johnson at Brandy Johnson's Global Gymnastics ... member of the USA Junior Olympic team in 2011-12 ... an uneven bars skill, "The Sims" is named for her ... 2012 JO National all-around, uneven bars and balance beam champion ... accepted into the Law Magnet Program in high school ... graduated with a 4.7 cumulative grade point average.

PERSONAL INFORMATION:

Full Name: Aja Monet Sims ... daughter of Daisy Canady and Clinton Sims ... sister – Leslie Canady ... exercise science major … born Oct. 4, 1995.

SIMS' TOP SCORES:

Bars: 9.950 | Beam: 9.975 | Floor: 9.925

MACKENZIE VALENTIN

SENIOR | 3L | 5-5 | VAULT, UNEVEN BARS, FLOOR EXERCISE

Hometown: Mustang, Okla.
Major: Chemistry
High School: Veritas Classical Academy
Club: Bart Conner Gymnastics Academy

ALABAMA HIGHLIGHTS:

2016 | Junior *Honors* — All-SEC … Scholastic All-American … SEC Academic Honor Roll … ***Floor Exercise* —** went exhibition on the floor at the season opener at UCLA ... made her Coleman Coliseum debut in the Tide's competitive lineup with a 9.825 on the floor ... posted a season-best 9.85 on the floor against Arkansas, a score she matched against Kentucky, earning a share of the win ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall and spring semesters ... carries a 3.703 GPA for her career.

2015 | Sophomore *Honors* — Scholastic All-American … SEC Academic Honor Roll … **Overall —** Alabama's second transfer ever in the sport of gymnastics ... ***Floor Exercise* —** made her debut in the Crimson Tide's competitive lineup scoring a 9.825 on the floor exercise at Arkansas ... tied for second on the floor exercise at Missouri with a career-best 9.9 ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester.

COLLEGIATE HIGHLIGHTS:

Transferred from the University of Arizona following her freshman season … competed on vault in every meet of the Wildcats' season … competed on the floor exercise in 10 of 12 meets.

PREP HIGHLIGHTS:

Coached by Christian Ivanov and Coral Borda at Bart Conner Gymnastics Academy … placed third on vault, fourth on the floor exercise and sixth in the all-around at the 2013 USA Junior Olympics Championships … placed first on vault, third on uneven bars and fourth on the floor exercise at the 2013 Region 3 Championships … graduated first in her class from high school with a 4.9 GPA.

PERSONAL INFORMATION:

Full Name: Mackenzie Loren Valentin … daughter of Toni and Dennis Valentin … sister – Micayla … chemistry major … born March 11, 1995.

VALENTIN'S TOP SCORES:

Floor: 9.900

KIANA WINSTON

JUNIOR | 2L | 5-0 | ALL-AROUND

Hometown: Fort Worth, Texas
Major: Psychology
High School: North Crowley
Club: Texas Dreams Gymnastics

ALABAMA HIGHLIGHTS:

2016 | Sophomore *Honors* — All-SEC … Scholastic All-American … SEC Academic Honor Roll … First Team Championship Floor Exercise All-American ... Second Team Championship Balance Beam All-American ... First Team Regular-Season Uneven Bars All-American ... All-SEC ... **Overall —** has posted three of Alabama's six scores better than 9.95 in 2016, the most by a UA gymnast in a single season since Ashley Miles posted six such scores in 2005, which was also the last time Alabama had six scores better than 9.95 in a season ... ***All-Around* —** posted a 39.375 to win her collegiate all-around debut at the Elevate the Stage meet against Auburn ... ***Vault* —** went in the Tide's competitive vault lineup for the first time in her career to open the season at UCLA ... posted a 9.875 on the vault against Missouri, a score she matched against Arkansas ... posted a career-best 9.9 on the vault against West Virginia ... ***Uneven Bars* —** won the SEC uneven bars title with a 9.950 ... posted a career-best 9.975 on the uneven bars at the PSU Quad Meet, becoming just the ninth gymnast in Alabama gymnastics history to score better than 9.95 on the bars, pacing Alabama to a 49.600 on the event, which ties the third best bars score in school history ... posted another 9.975 on the uneven bars against Georgia ... tied with Katie Bailey for top honors on the uneven bars in the season opener at UCLA with a 9.900 ... tied for top honors on the bars at the Elevate the Stage meet against Auburn ... won the bars with a 9.9 against Arkansas ... competed on the bars in all 15 meets in 2016 and won six individual bars titles ... ***Balance Beam* —** went in the Tide's competitive beam lineup for the first time in her career to open her sophomore season at UCLA with a 9.825 ... posted a career-best 9.875 on the beam at the Elevate the Stage meet against Auburn, a score she matched at the PSU Quad Meet ... ***Floor Exercise* —** made her Crimson Tide floor debut at the Elevate the Stage meet against Auburn with a 9.825 ... posted a career-best 9.975 to share top honors on the floor exercise with Lauren Beers against Georgia ... posted a 9.950 on the floor at the SEC Championships ... ***In The Classroom* —** earned a place on the Dean's List (3.5 or better grade point average) for the fall semester ... earned a place on the President's List (4.0 grade point average) for the spring semester … carries a 3.657 GPA for her career.

2015 | Freshman *Honors* — Scholastic All-American … ***Uneven Bars* —** competed on the uneven bars six times during the season ... made her debut in the Crimson Tide's competitive lineup in the season opener against Arizona ... tied for second on the uneven bars against Auburn with a career-best 9.925 ... ***Balance Beam* —** went exhibition on the balance beam against Auburn ... ***Floor Exercise* —** went exhibition on the floor exercise at Kentucky and against Auburn ... went in the competitive lineup on the floor exercise for the first time at Missouri, posting a 9.825.

PREP HIGHLIGHTS:

Coached by Kim Zmeskal-Burdette and Chris Burdette at Texas Dreams Gymnastics … 2008 Level 9 State all-around, balance beam, and floor exercise champion … 2008 Level 9 Regional all-around champion, second on the balance beam and third on the floor exercise … took second on the balance beam and in the all-around at the 2008 Level 9 Westerns … 2009 US Classic balance beam champion … 2009 and 2010 USA Championships qualifier … 2010 Buckeye Classic Elite Qualifier balance beam champion … three-time National qualifier … member of the 2011 USA Junior National Team … 2014 Texas Prime all-around champion … National Honor Society … Texas Scholar.

PERSONAL INFORMATION:

Full Name: Kiana Lashaun Winston … daughter of Yolanda and Kevin Winston … brother – Jalen … psychology major … born June 12, 1996.

WINSTON'S TOP SCORES:

All-Around: 39.375 | Vault: 9.900 | Bars: 9.975 | Beam: 9.875 | Floor: 9.975

TRAVELING IN STYLE WITH THE CRIMSON TIDE

Oh, the places they'll go! An Alabama gymnast will travel far and wide during her Crimson Tide tenure and will get there in style. Alabama travels to the vast majority of its competitions by charter plane, keeping time away from home to a minimum. Chartering also allows head coach Dana Duckworth to adjust departure times to best accommodate her student-athletes' class schedules.

Nothing brings a team together like time on the road. Time on the plane is spent studying, reading, listening to music and watching movies. Time is also spent chatting, singing and generally having a good time.

Just to make sure everything runs smoothly on a trip, a laminated travel card is handed out before the Tide sets off for the Tuscaloosa Airport, detailing the schedule, what to wear and other important information.

During the regular season, once the plane touches down, a bus comes plane-side to pick the Tide up and take them to the hotel. The team then makes its way to a team dinner, usually at a well-known local restaurant that has the kind of variety where the gymnasts, coaches and staff can sample local cuisine or personal favorites.

Back at the hotel after dinner, everyone goes their own way, some back to their room to study or chat, some gathering in one room or another to watch a movie.

Breakfast usually finds everyone on their own, after which there is a trip to the mall arranged for those who want to hit the shops.

Team lunch starts the pre-meet ritual, with the Tide taking over a section of a local restaurant or having the meal catered at the hotel. After the competition, the bus takes Alabama back to the airport, where the charter plane stands ready to whisk them back to Tuscaloosa.

On longer trips, especially during the postseason, Alabama travels with its massage therapist, allowing them to get massages in preparation for competition.

While many trips find the Tide flying in and out of town for a meet, the trips are sometimes stretched to accommodate some exploring.

In eight of the past 11 years, trips to the West Coast have allowed Alabama to see the sites, including stops in Seattle, and a trip to the Space Needle and the exterior set of "Grey's Anatomy," San Francisco, for cable car rides and wandering around Fisherman's Wharf, and Los Angeles, with tours of Hollywood and a walk on the red carpet at Sony Studios.

The gymnasts aren't the only ones hitting the road for away meets. The Tide has a dedicated group of family, friends and fans who follow them from one end of the country to the other. There is never a meet that doesn't see some crimson and white-clad fans in the stands. And for those that can't make it to an away meet, the Tide utilizes different websites and social media platforms to keep its fan base around the world informed of all things Alabama gymnastics.

2016 SEASON IN REVIEW

The Crimson Tide enjoyed another amazing year in 2016, earning another top-three finish at the NCAA Championships, a runner-up finish at the Southeastern Conference Championships and an NCAA-best 31st NCAA regional title. Individually, Katie Bailey won Alabama's 26th NCAA Championship, taking top honors on the vault. Crimson Tide gymnasts earned 11 All-America honors as well as a school-record tying 14 Scholastic All-America accolades and numerous other titles and honors.

Here are just a few of the highlights from 2016:

ALABAMA AT THE NCAA CHAMPIONSHIPS

The gymnastics team made its 34th consecutive appearance at the NCAA Championships in 2016, taking third place. Only Utah, with 35 bids, has been to more and only Florida has been to as many, though the Gators' total is not consecutive. The Tide is one of only six teams to win an NCAA title, earning national championships in 1988, 1991, 1996, 2002, 2011 and 2012. In 34 championship appearances, Alabama has finished first six times, second seven times, third 10 times and in the top six 32 times. Alabama has won 26 individual NCAA titles, including Katie Bailey's vault title in 2016 and six all-around crowns overall. Tide gymnasts have earned 320 championship All-America honors.

POSTSEASON TITLES

In addition to winning its 31st NCAA regional team title, Alabama gymnasts won individual titles at every stop of the 2016 postseason. Katie Bailey won the NCAA vault championship and shared the Southeastern Conference uneven bars titles with Kiana Winston. Mackenzie Brannan won the SEC vault title and the NCAA Tuscaloosa Regional uneven bars while Lauren Beers won the regional floor exercise title.

2016 ALL-AMERICANS

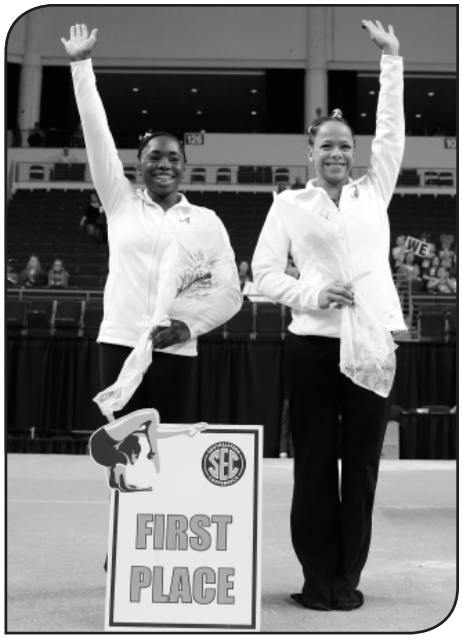
On the way to earning its NCAA-best 23rd top-three finish at the NCAA Championships, four Alabama gymnasts combined to bring home eight championship All-America honors. The Crimson Tide's 2016 total pushes the program to 320 championship honors all time by 70 different gymnasts. Katie Bailey, the 2016 NCAA vault champion, earned first-team honors on the vault and the uneven bars. It marked the third year in a row that the Kernersville, N.C., native earned uneven bars All-America honors. She now has five All-America honors through the first three years of her career. Mackenzie Brannan earned a trio of All-America nods, taking first-team honors in the all-around and vault and second team on the uneven bars. A floor exercise All-American as a freshman, Brannan now owns four career All-America honors. Kiana Winston capped her sophomore season with a pair of All-America accolades, earning first team on the floor exercise and second team on the balance beam. Lauren Beers closed out her senior season by earning second-team honors on the vault, bringing her career total to seven. Beers, Aja Sims and Winston also earned regular season All-America honors. Beers earned second-team honors on the vault, Sims earned first-team recognition on the balance beam while Winston was named first team on the uneven bars. Beers earned regular season All-America honors on the vault as a sophomore and in the all-around, uneven bars and floor exercise as a junior. The regular-season honors began with the 2013 season and Alabama has had seven gymnasts earn 20 honors since that time. When considering regular season and championship All-America honors combined, Alabama has had 71 gymnasts earn 340 All-America honors.

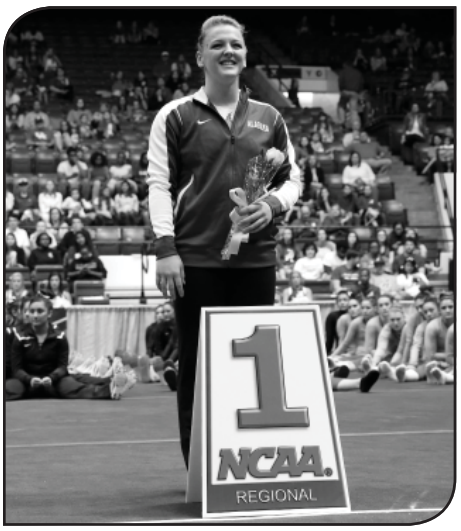
NCAA ELITE 90 AWARD DOMINANCE

When Lauren Beers was announced as the 2016 NCAA Elite 90 Award winner for the sport of gymnastics at the NCAA Gymnastics Championship Banquet, she became the first in the seven year history of the honor to earn it three times. Alabama is also a perfect 7-for-7 in the award that made its debut in 2010. The Elite 90 goes to the student-athlete with the highest cumulative grade point average at the final site of each of the NCAA's 90 championships. The Tide is also the only program across all sports to sweep the award. Kassi Price won the inaugural award in 2010 and was followed by Rachel Terry, who earned the honor in back-to-back years in 2011 and 2012. Kim Jacob earned the award in 2013. A native of Warren Center, Pa., Beers earned her degree in exercise science with a perfect 4.0 GPA.

COSIDA ACADEMIC ALL-AMERICANS

On the way to being named the women's 2016 CoSIDA Academic All-American of the Year for the at-large team, Lauren Beers became one of a very small number of three-year Academic All-Americans. Mackenzie Brannan, in her first year of eligibility for the coveted award, earned Alabama's 20th Academic All-America accolade since Julie Estin earned the first in 1986. Beers and Brannan also became just the third Crimson Tide gymnastics duo to earn Academic All-America honors in the same year. Beers also combined with Kim Jacob in 2014 while Stephanie Kite and Kristin Sterner both earned a place on the at-large team in 2003. Beers also joined with swimmer Anton McKee to give the Crimson an unprecedented sweep of the men's and women's Academic All-American of the Year honors for the at-large team. A native of Warren Center, Pa., Beers also became the fourth Tide gymnast to be named the at-large team member of the year (Beers 2016, Jacob 2014, Kayla Hoffman 2011 and Kite 2004). Overall, The University of Alabama has produced five women's at-large team Academic All-Americans of the Year (including golfer Brooke Pancake in 2012), with Nebraska





tallying three for second place. By itself, the Tide gymnastics program has more women's At-Large Academic All-American of the Year than any other school.

MORE ACADEMIC ACCOLADES

Alabama gymnastics once again produced the highest team grade point average among Southeastern Conference gymnastics teams and was fifth among all NCAA Division I gymnastics programs the National Association of College Gymnastics Coaches announced this week.

Alabama was also the only team to advance to April's NCAA Super Six Team Final in Fort Worth, Texas and rank among the top-40 academically after posting a 3.64 team grade point average on the way to its 23rd top-3 national finish. It marks the 11th year in a row UA gymnasts have posted a team GPA of 3.4 or better.

The Crimson Tide tied its school record originally set in 2011, with 14 gymnasts earning Scholastic All-American in 2016. A total of 37 Tide gymnasts have earned 64 Scholastic All-America honors over the last four years.

Alabama gymnastics also set a school record when all 18 gymnasts earned SEC Academic Honor Roll accolades.

Alabama gymnastics was also one of five Tide athletics teams honored with the NCAA Division I Public Recognition Award.

SEC GYMNASTICS SCHOLAR-ATHLETE OF THE YEAR

Lauren Beers was voted the 2016 Southeastern Conference Gymnastics Scholar-Athlete of the Year by the league's coaches. With Beers' honor, Alabama gymnasts have now won six SEC Gymnastics Scholar-Athlete of the Year honors in the 13-year history of the award. She joins Kim Jacob (2012, 2013 and 2014), Kayla Hoffman (2011) and Michelle Reeser (2005) since the award's inception in 2004.

PACKING THEM IN

Alabama gymnastics drew more than 10,000 fans for every home meet in 2016 with a final home average of 12,647. The Tide's 2016 average puts them in rare company. Alabama, Utah gymnastics and South Carolina women's basketball were the only collegiate women's programs to average more than 12,000 fans per home contest in 2015-16. In addition to being the only three to average over 12,000 fans, Alabama, Utah and South Carolina along with Georgia gymnastics and Tennessee basketball were the only collegiate women's programs to average more than 10,000 fans per contest at home in 2016. The Tide once again led all Southeastern Conference gymnastics teams in attendance and was second among all conference women's programs just behind South Carolina basketball. Alabama averaged 2,200 fans per contest better than third-place Tennessee basketball and 2,600 per meet better than fourth-place Georgia gymnastics. Alabama has drawn crowds of 10,000-plus 68 times since first breaking the 10,000 barrier on March 4, 1995, when 12,021 fans flooded Coleman Coliseum for a meet against Georgia.

NOTES FROM THE 2016 SEASON

- Alabama finished third at the 2016 NCAA Championships, held in Fort Worth, Texas, with a final score of 197.4375.
- The Crimson Tide has now earned a record 23 top-three NCAA finishes.
- The Crimson Tide is the only program to finish in the top-four nationally each of the last eight years.
- Overall, Alabama gymnastics has finished in the top four nationally 29 times out of 34 NCAA Championship appearances.
- Alabama has advanced to the Super Six Team Finals an NCAA-record 22 times since the format's inception.
- A total of five Alabama gymnasts – Katie Bailey, Lauren Beers, Mackenzie Brannan, Aja Sims and Kiana Winston – combined to earn 11 All-America honors in 2016.
- Alabama won its NCAA-best 31st regional title in 2016 with a 197.125, more than a point ahead of second place California. It was the Tide's 12th consecutive regional title, the longest streak in UA history.
- Katie Bailey won the Crimson Tide's 26th individual NCAA Championship, taking first in the vault in 2016.
- Lauren Beers won the floor exercise while Mackenzie Brannan won the uneven bars at the 2016 NCAA Tuscaloosa Regional.
- Mackenzie Brannan won the vault while Katie Bailey and Kiana Winston won the uneven bars at the 2016 SEC Championships.
- Alabama drew 10,116 fans to the NCAA Tuscaloosa Regional, the largest regional crowd in the nation in 2016 by more than 2,000 fans.
- Led all Alabama athletics programs in team grade point average with a 3.74.
- Alabama has posted season-best scores of 49.4875 on vault, 49.600 on the uneven bars (tied for third highest in program history), 49.550 on the balance beam (twice and tied for the fifth highest in school history) and 49.500 on the floor exercise (three times).
- A total of 16 of Alabama's 18 gymnasts went at least once in the Tide's competitive lineup in 2016, led by Mackenzie Brannan, who tallied 52 routines in the Tide's competitive lineup.
- Over 360 routines in 2016, Alabama produced 200 scores of 9.85 or better and 94 of 9.9 or better led by Lauren Beers' perfect 10.0 on the vault against Georgia.
- Alabama's seven scores over 9.95 in 2016 included: Aja Sims, 9.975 on beam at Florida; Kiana Winston and Mackenzie Brannan, 9.975 on bars at the PSU Quad Meet; Lauren Beers, 10.0 on vault against Georgia; Beers and Winston, 9.975 on floor against Georgia; Winston, 9.975 on bars against Georgia.

THE 2016 SEASON

TEAM RESULTS

Date	Ala. Rank	Ala. Score	Opponent (Rank)	Opp. Score	Att.	Site	Overall	SEC
Jan. 10	No. 3	196.300	UCLA (6)	196.550	5,463	Los Angeles, Calif.	0-1-0	0-0-0
Jan. 15	**No. 6**	**197.175**	**Missouri (14)**	**196.050**	**10,680**	**Tuscaloosa, Ala.**	**1-1-0**	**1-0-0**
Jan. 17	No. 6	196.875	Auburn (7)	196.075	7,214	Birmingham, Ala.	2-1-0	1-0-0
Jan. 22	**No. 4**	**196.400**	**Arkansas (10)**	**196.700**	**12,600**	**Tuscaloosa, Ala.**	**2-2-0**	**1-1-0**
Jan. 29	No. 5	197.525	Florida (1)	198.175	8,862	Gainesville, Fla.	2-3-0	1-2-0
Feb. 5	**No. 4**	**196.775**	**Kentucky (25)**	**195.525**	**14,870**	**Tuscaloosa, Ala.**	**3-3-0**	**2-2-0**
Feb. 12	No. 4	197.250	Auburn (8)	197.275	7,424	Auburn, Ala.	3-4-0	2-3-0
Feb. 14	**No. 4**	**197.375**	**West Va. (24)**	**195.250**	**12,476**	**Tuscaloosa, Ala.**	**4-4-0**	**2-3-0**
Feb. 20	No. 4	197.300	Denver (13)	196.350	2,412	State College, Pa.	5-4-0	2-3-0
			Penn State	195.100			6-4-0	2-3-0
			Cornell	191.000			7-4-0	2-3-0
Feb. 26	**No. 3**	**197.550**	**Georgia (10)**	**195.700**	**12,427**	**Tuscaloosa, Ala.**	**8-4-0**	**3-3-0**
March 4	No. 3	196.225	LSU (4)	197.925	13,296	Baton Rouge, La.	8-5-0	3-4-0
March 19	No. 4	197.750	SEC Championships			Little Rock, Ark.	2nd	
			Florida (2)	197.775				
			LSU (3)	197.500				
			Auburn (6)	196.975				
			Georgia (8)	196.850				
			Arkansas (13)	196.500				
			Kentucky (22)	196.250				
			Missouri (20)	195.750				
April 2	**No. 4**	**197.125**	**NCAA Tuscaloosa Regional**		**10,116**	**Tuscaloosa, Ala.**	**1st**	
			California (10)	**195.925**				
			Boise State (15)	**195.750**				
			Kentucky (21)	**195.725**				
			West Va.	**194.250**				
			Bowling Green	**193.850**				
April 15	No. 4	197.3875	NCAA Championships - Semis			Fort Worth, Texas	2nd	
			Oklahoma (1)	197.7875				
			UCLA	196.7000				
			California	195.9500				
			Nebraska	195.7750				
			Utah	195.7625				
April 16	No. 4	197.4375	NCAA Super Six Team Finals			Forth Worth, Texas	3rd	
			Oklahoma (1)	197.6750				
			LSU (3)	197.4500				
			Florida (2)	197.3500				
			UCLA	196.8250				
			Georgia	196.8125				

TEAM SCORES

	Vault	Bars	Beam	Floor	Totals
@UCLA	48.700	49.125	49.175	49.300	196.300
Missouri	49.350	49.175	49.150	49.500	197.175
Auburn	49.200	49.200	49.275	49.200	196.875
Arkansas	49.400	49.300	48.325	49.375	196.400
@Florida	49.200	49.325	49.550	49.450	197.525
Kentucky	49.375	49.325	49.000	49.075	196.775
@Auburn	49.375	49.225	49.300	49.350	197.250
West Virginia	49.275	49.225	49.550	49.325	197.375
@PSU Quad	49.200	49.600	49.200	49.300	197.300
Georgia	49.400	49.550	49.125	49.500	197.550
@LSU	49.225	48.825	48..775	49.400	196.225
SECs	49.425	49.550	49.275	49.500	197.750
NCAA Regional	49.225	49.275	49.150	49.475	197.125
NCAA Semis	49.4875	49.3125	49.3000	49.2875	197.3875
NCAA Super6	49.3250	49.2875	49.4500	49.3750	197.4375
Season Best	49.4875	49.600	49.550	49.500	197.750

SEASON HIGH SCORES

Gymnast	V	UB	BB	FX	AA
A. Armbrecht	9.850	-	-	-	-
K. Bailey	9.950	9.950	9.950	9.900	39.475
L. Beers	10.000	9.925	9.950	9.975	39.650
M. Brannan	9.950	9.975	9.850	9.900	39.575
J. Bresette	9.900	-	-	-	-
A. Giancroce	-	9.825	-	9.875	-
A. Guerra	-	9.900	-	9.900	-
N. Guerrero	9.900	-	9.950	9.875	-
A. Jetter	-	9.900	-	9.950	-
K. McNeer	9.875	9.875	9.900	-	-
A. Rickett	-	-	6.000	-	-
M.L. Sanders	-	-	9.850	-	-
A. Sims	-	-	9.975	9.875	-
C. Sims	9.800	9.675	9.800	9.900	-
M. Valentin	-	-	-	9.850	-
K. Winston	9.900	9.975	9.900	9.975	39.375
TEAM TOTALS	**49.4875**	**49.600**	**49.550**	**49.500**	**197.750**

INDIVIDUAL RESULTS

Abby Armbrecht	V	UB	BB	FX	AA
@UCLA	9.650e	—	—	—	—
Kentucky	9.750e	—	—	—	—
West Virginia	9.825	—	—	—	—
@PSU Quad	9.850	—	—	—	—
@LSU	9.250	—	—	—	—
Career Best	**9.850**	**—**	**—**	**—**	**—**

Katie Bailey	V	UB	BB	FX	AA
@UCLA	—	9.900	—	9.900	—
Missouri	9.875	9.825	9.825	—	—
Auburn	9.825	9.850	—	9.850	—
Arkansas	9.875	9.825	—	—	—
@Florida	9.775	9.850	9.850	9.900	39.375
Kentucky	9.850	9.900	9.875	9.850	39.475
@Auburn	9.850	9.900	9.825	9.850	39.425
West Virginia	—	9.800	9.950	—	—
Georgia	9.750	9.900	9.375	9.725	38.750
@LSU	9.850	9.775	9.300	9.900	38.825
SECs	9.875	9.950	—	9.875	—
NCAA Regionals	9.850	9.750	—	9.900	—
NCAA Semis	9.9500	9.9000	—	9.8625	—
NCAA Super 6	9.8500	9.8500	—	9.8500	—
Career Best	**9.950**	**9.950**	**9.950**	**9.900**	**39.625**

Lauren Beers	V	UB	BB	FX	AA
@UCLA	9.625	—	9.850	9.700	—
Missouri	9.900	—	9.850	9.950	—
Auburn	9.850	—	9.900	9.800	—
Arkansas	9.875	9.825	9.350	9.900	38.950
@Florida	9.900	9.925	9.950	9.875	39.650
Kentucky	9.950	9.125	9.325	9.700	38.100
@Auburn	9.900	—	—	9.875	—
West Virginia	9.800	9.825	9.300	9.950	38.875
@PSU Quad	9.850	9.850	9.800	9.925	39.425
Georgia	10.000	—	—	9.975	—
@LSU	9.875	—	9.300	9.875	—
SECs	9.850	9.825	—	9.875	—
NCAA Regionals	9.875	9.800	—	9.950	—
NCAA Semis	9.9000	9.8625	—	9.7500	—
NCAA Super 6	9.9000	9.7875	—	9.8500	—
Career Best	**10.000**	**9.950**	**9.950**	**9.975**	**39.650**

Mackenzie Brannan	V	UB	BB	FX	AA
@UCLA	9.900	9.825	9.775	9.850	39.350
Missouri	9.850	9.825	—	—	—
Auburn	9.875	9.800	9.800	9.850	39.325
Arkansas	—	9.875	—	—	—
@Florida	9.800	9.900	9.800	9.875	39.375
Kentucky	9.900	9.925	—	9.250	—
@Auburn	9.900	9.800	9.825	9.875	39.400
West Virginia	9.850	9.875	9.825	—	—
@PSU Quad	9.875	9.975	9.850	9.825	39.525
Georgia	9.875	9.875	9.825	—	—
@LSU	9.850	9.825	9.825	9.900	39.400
SECs	9.950	9.925	9.800	9.900	39.575
NCAA Regionals	9.825	9.900	9.725	9.200	38.650
NCAA Semis	9.9125	9.8875	9.8500	9.8500	39.5000
NCAA Super 6	9.8625	9.8875	9.9000	9.8250	39.4750
Career Best	**9.950**	**9.975**	**9.900**	**9.925**	**39.575**

Jenna Bresette	V	UB	BB	FX	AA
@UCLA	9.675	—	—	—	—
Missouri	9.850	—	—	—	—
Auburn	9.750	—	—	—	—
Arkansas	9.825	—	—	—	—
@Florida	9.825	—	—	—	—
Kentucky	9.750	—	—	—	—
@Auburn	9.825	—	—	—	—
West Virginia	9.850	—	—	—	—
@PSU Quad	9.750	—	—	—	—
Georgia	9.825	—	—	—	—
@LSU	9.800	—	—	—	—
SECs	9.900	—	—	—	—
NCAA Regionals	9.875	—	—	—	—
NCAA Super 6	9.2625	—	—	—	—
Career Best	**9.900**	**—**	**—**	**—**	**—**

Angelina Giancroce	V	UB	BB	FX	AA
@UCLA	—	9.225e	—	9.825	—
Missouri	—	9.775	—	—	—
Auburn	—	9.775	—	9.850	—
@Florida	—	9.825	—	9.875	—
Kentucky	—	8.950e	—	—	—
@Auburn	—	9.775	—	9.500	—
West Virginia	—	—	—	9.150	—
@PSU Quad	—	—	—	9.750	—
Career Best	**—**	**9.825**	**—**	**9.875**	**—**

Ari Guerra	V	UB	BB	FX	AA
Missouri	—	—	—	9.900	—
Auburn	—	9.750e	—	—	—
Arkansas	—	—	—	9.650	—
Kentucky	—	9.850	—	—	—
West Virginia	—	9.800	—	9.850	—
@PSU Quad	—	9.900	—	—	—
Georgia	—	9.900	—	9.825	—
@LSU	—	9.825	—	9.875	—
Career Best	**—**	**9.900**	**—**	**9.900**	**—**

Nickie Guerrero	V	UB	BB	FX	AA
@UCLA	—	—	9.825	—	—
Missouri	—	—	9.800	9.875	—
Auburn	—	—	9.825	—	—
Arkansas	9.900	—	9.900	9.825	—
@Florida	9.850	—	9.900	—	—
Kentucky	9.875	—	9.775	—	—
@Auburn	9.900	—	9.850	—	—
West Virginia	—	—	9.925	—	—
@PSU Quad	9.825	—	9.800	9.850	—
Georgia	9.850	—	9.950	—	—
@LSU	9.850	—	9.900	—	—
SECs	9.850	—	9.850	—	—
NCAA Regionals	9.775	—	9.850	—	—
NCAA Semis	9.8750	—	9.8750	—	—
NCAA Super 6	9.8750	—	9.9500	—	—
Career Best	**9.900**	**—**	**9.950**	**9.875**	**—**

Amanda Jetter	V	UB	BB	FX	AA
@UCLA	—	9.675	—	—	—
Missouri	—	9.875	—	9.950	—
Auburn	—	9.800	—	—	—
Arkansas	—	9.875	—	9.925	—
@Auburn	—	9.850	—	—	—
West Virginia	—	9.875	—	—	—
@PSU Quad	—	9.900	—	—	—
Georgia	—	9.875	—	9.925	—
@LSU	—	9.575	—	—	—
SECs	—	9.900	—	9.875	—
NCAA Regionals	—	9.825	—	—	—
NCAA Semis	—	9.8500	—	9.8125	—
NCAA Super 6	—	9.8625	—	9.8375	—
Career Best	**—**	**9.925**	**9.825**	**9.950**	**—**

Jenny Loeb	V	UB	BB	FX	AA
West Virginia	—	9.700e	—	—	—
Career Best	**—**	**—**	**—**	**—**	**—**

Keely McNeer	V	UB	BB	FX	AA
@UCLA	9.700	9.825	9.850	—	—
Missouri	9.800	9.850	9.850	—	—
Auburn	9.850	9.875	9.875	—	—
Arkansas	9.875	9.825	9.850	—	—
@Florida	9.825	9.750	9.875	—	—
Kentucky	9.800	9.800	9.875	—	—
@Auburn	9.825	9.800	9.900	—	—
West Virginia	9.850	—	9.900	—	—
@PSU Quad	9.800	9.825	9.875	—	—
Georgia	9.850	9.850	9.825	—	—
@LSU	—	9.825	9.850	—`	—
SECs	9.750	9.800	9.900	—	—
NCAA Regionals	9.800	9.875	9.325	—	—
NCAA Semis	9.8500	9.8125	9.7875	—	—
NCAA Super 6	9.8375	9.8000	9.8500	—	—
Career Best	**9.900**	**9.900**	**9.925**	**—**	**—**

Mary Lillian Sanders	V	UB	BB	FX	AA
@UCLA	—	—	9.125e	—	—
Auburn	—	—	9.650e	—	—
Kentucky	—	—	9.775e	—	—
West Virginia	9.675e	—	—	—	—
SECs	—	—	9.775	—	—
NCAA Regionals	—	—	9.850	—	—
NCAA Semis	—	—	9.7750	—	—
NCAA Super 6	—	—	9.8500	—	—
Career Best	**9.750**	**—**	**9.850**	**—**	**—**

Avery Rickett	V	UB	BB	FX	AA
Arkansas	—	—	6.000	—	—
Career Best	**—**	**—**	**6.000**	**—**	**—**

Aja Sims	V	UB	BB	FX	AA
@UCLA	—	—	9.825	9.825	—
Missouri	—	—	9.675	9.700	—
Auburn	—	—	9.800	9.825	—
Arkansas	—	—	9.950	9.875	—
@Florida	—	—	9.975	9.825	—
Kentucky	—	9.825e	9.800	9.850	—
@Auburn	—	—	9.875	9.875	—
West Virginia	—	9.750e	9.950	9.825	—
@PSU Quad	—	9.000e	—	9.825	—
Georgia	—	—	9.900	—	—
@LSU	—	—	9.900	9.850	—
SECs	—	—	9.875	—	—
NCAA Regionals	—	—	9.875	9.800	—
NCAA Semis	—	—	9.8875	—	—
NCAA Super 6	—	—	9.9000	—	—
Career Best	**—**	**9.950**	**9.975**	**9.925**	**—**

Carley Sims	V	UB	BB	FX	AA
@UCLA	9.525	9.675	—	9.900	—
West Virginia	—	—	9.725e	—	—
@PSU Quad	—	—	9.800	—	—
Georgia	—	—	9.625	9.800	—
@LSU	—	—	—	9.825	—
SECs	—	—	—	9.900	—
NCAA Regionals	—	—	—	9.900	—
NCAA Semis	9.8000	—	—	9.8625	—
NCAA Super 6	—	—	—	9.8875	—
Career Best	**9.925**	**9.825**	**9.825**	**9.950**	**—**

Mackenzie Valentin	V	UB	BB	FX	AA
@Arkansas	—	—	—	9.675e	—
Missouri	—	—	—	9.825	—
Auburn	—	—	—	9.800e	—
Arkansas	—	—	—	9.850	—
Kentucky	—	—	—	9.850	—
West Virginia	—	—	—	9.800	—
Career Best	**—**	**—**	**—**	**9.900**	**—**

Kiana Winston	V	UB	BB	FX	AA
@UCLA	9.800	9.900	9.825	—	—
Missouri	9.875	9.800	9.825	—	—
Auburn	9.800	9.875	9.875	9.825	39.375
Arkansas	9.875	9.900	9.275	—	—
@Florida	—	9.825	—	9.925	—
Kentucky	—	9.850	9.675	9.825	—
@Auburn	—	9.875	9.850	9.875	—
West Virginia	9.900	9.850	—	9.900	—
@PSU Quad	—	9.975	9.875	9.875	—
Georgia	—	9.975	—	9.975	—
@LSU	—	9.150	—	—	—
SECs	—	9.950	9.850	9.950	—
NCAA Regionals	—	9.875	9.850	9.925	—
NCAA Semis	—	9.8125	9.9000	9.9000	—
NCAA Super 6	—	9.8875	9.8500	9.9000	—
Career Best	**9.900**	**9.975**	**9.900**	**9.975**	**39.375**

NCAA CHAMPIONSHIPS

• April 15-16 | Fort Worth, Texas

— SUPER SIX TEAM FINAL

	Vault	Bars	Beam	Floor	Totals
Oklahoma	49.2250	49.4500	49.4250	49.5750	197.6750
LSU	49.5250	49.1250	49.3375	49.4625	197.4500
Alabama	**49.3250**	**49.2875**	**49.4500**	**49.3750**	**197.4375**
Florida	49.3250	49.4500	49.2125	49.3625	197.3500
UCLA	49.0875	49.1000	49.4375	49.2000	196.8250
Georgia	49.2125	49.1875	49.3625	49.0500	196.8125

— PRELIMINARIES

AFTERNOON SESSION

	Vault	Bars	Beam	Floor	Totals
Florida	49.3500	49.4750	49.3500	49.3000	197.4750
LSU	49.3375	49.3250	49.3000	49.3750	197.3375
Georgia	49.2750	49.3750	49.1125	48.9625	196.7250
Stanford	49.1500	49.0250	48.4750	48.9250	195.5750
Auburn	48.9625	49.0875	48.1500	48.9000	195.1000
Minnesota	49.0375	47.6625	49.2500	49.0375	194.9875

EVENING SESSION

	Vault	Bars	Beam	Floor	Totals
Oklahoma	49.4000	49.4625	49.4750	49.4500	197.7875
Alabama	**49.4875**	**49.3125**	**49.3000**	**49.2875**	**197.3875**
UCLA	48.9875	49.2375	49.3625	49.1125	196.7000
California	49.0000	49.0000	49.0750	48.8750	195.9500
Nebraska	49.0500	48.7875	48.9750	48.9625	195.7750
Utah	49.1000	49.2875	48.1375	49.2375	195.7625

NCAA REGIONAL CHAMPIONSHIPS

• April 2 | Tuscaloosa, Ala.

	Vault	Bars	Beam	Floor	Totals
Alabama	49.225	49.275	49.150	49.475	197.125
California	48.875	49.175	48.900	48.975	195.925
Boise State	48.725	49.250	48.925	48.850	195.750
Kentucky	48.650	48.775	49.175	49.125	195.725
West Va.	48.825	48.725	47.750	48.950	194.250
Bowling Green	48.375	48.500	48.475	48.500	193.850

SEC CHAMPIONSHIPS

• March 19 | Little Rock, Ark.

	Vault	Bars	Beam	Floor	Totals
Florida	49.425	49.500	49.425	49.425	197.775
Alabama	**49.425**	**49.550**	**49.275**	**49.500**	**197.750**
LSU	49.375	49.200	49.375	49.550	197.500
Auburn	49.050	49.325	49.250	49.350	196.975
Georgia	49.300	49.200	49.025	49.325	196.850
Arkansas	49.125	49.100	49.075	49.200	196.500
Kentucky	49.050	48.925	49.125	49.150	196.250
Missouri	49.150	48.950	48.900	48.750	195.750

A SHORT HISTORY OF ALABAMA GYMNASTICS

A TRADITION OF EXCELLENCE — A LEGACY OF CHAMPIONS

It started quietly. The University of Alabama's brand-new gymnastics squad, under the direction of Riki Sutton that first year, came together in the fall of 1974 and would compete for the first time in January of 1975. That first team finished third at the state championships and sixth at the regionals. Through the first four seasons of the program there are four different coaches and no winning seasons, and there is talk about discontinuing the program. That talk will come to an abrupt halt soon though, because things are about to get better for the young program, much, much better.

In the summer of 1978, "Grease" reigned at the box office and ABBA's "Take a Chance on Me" filled dance floors coast to coast. "Laverne and Shirley" was the most popular TV series on the air, though it was in re-runs. It is the summer of 1978 and things are about to turn around for the Crimson Tide, because Sarah Patterson has said yes.

She didn't ask about salary, or facilities or equipment. When the letter came asking if she would be Alabama's head coach, Patterson, all of 22 years old and just out of Slippery Rock State College, gave the Crimson Tide an emphatic and unequivocal "yes."

Her first move as Alabama's coach was to hire David Patterson, coming out of his freshman year as a Crimson Tide diver, as an assistant coach. The couple, married in 1984, then turned to the task at hand, taking a team without a winning season and creating a juggernaut that has performed at the highest conceivable level for more than three decades.

The adventures along the way came fast and furious. Sarah found herself explaining to her boss Paul "Bear" Bryant, the Tide's legendary football coach and athletics director, why a wrestling mat with a hole in the middle wouldn't do as a floor exercise mat.

"Once I explained what we needed," Sarah Patterson said, "Coach Bryant told Coach Sam Bailey (Bryant's right-hand man administratively) to get us what we needed. Coach Bryant wanted all our sports to be winners and he was willing to provide us with the tools."

And the facilities that Sarah hadn't asked about when taking the job, started with Foster Auditorium, where the Tide shared its practice space with the volleyball team.

"It was interesting," David Patterson said. "Every once in a while you'd have a stray volleyball come zinging through practice. Before every practice we'd have to set up all the equipment and the mats and at the end of every practice we'd have to break it all down again."

Things progressed quickly though. Prior to their first season, Sarah and David scoured the dorms on campus looking for anyone with tumbling experience, just so they could fill their lineup. They were though, doing some far more important recruiting farther afield.

In signing their first class, Sarah and David made one basic promise to their recruits. They promised the freshmen of 1980 that they would go to the national championships.

"The first real defining moment of our program was the first year we went to NCAAs," Sarah said. "Our first recruiting class was in their senior year. We had promised them that we would make it to NCAAs. In their junior year, we finished 11th and they took 10 teams. At the end of 1982, we all knew that we had one year to fulfill our commitment to these ladies. Seeing it happen their senior year, making it to the NCAA Championships — I couldn't have been prouder."

One promise fulfilled and another goal on the horizon. Sarah and David built their program, almost from scratch on the simple premise that Alabama would develop the whole person instead of just the athlete. From the beginning, Patterson-coached student-athletes excelled not only in the gym, but in the classroom as well. And beyond that, they developed lives outside of both. By the mid-1980s, the Pattersons began to wonder if their system would take the Tide to a national championship. They began to wonder if the Tide could truly have the best of all worlds.

The answer came as another emphatic yes in 1988 when the Tide won its first Southeastern Conference and NCAA championships.

"Before '88, I think sometimes we looked back and said, 'Maybe you can't have this philosophy of developing the whole person and be number one,'" Sarah Patterson said. "When we won, it was a validation of that philosophy. We could do it this way and be successful on all fronts. We may not win every year, but we will be successful."

And just to prove that 1988 was no fluke, the Pattersons led the Tide to NCAA titles in 1991, 1996, 2002, 2011 and 2012. Under their direction, Alabama is the only gymnastics program to win NCAA championships in four different decades.

Everything else has progressed as well. Alabama is also one of the nation's top academic programs, earning a national-best 19 NCAA Postgraduate Scholarships and over 300 SEC Academic Honor Roll honors. And long gone are the days of stray volleyballs flying through practice. Since 1996, the Tide has trained in a state-of-the art practice facility dedicated to gymnastics alone.

The fan base has grown by leaps and bounds as well. Alabama gymnastics is one of the top draws in women's collegiate athletics, averaging a school and SEC-record 13,786 fans in 2010 and ranked second in the nation for all women's sports in 2014, 2013 and 2011 and third in 2012, 2015 and 2016. That wasn't always the case, though.

"In the early days, we'd have three dozen people and two dozen would be Ann Wood's family and friends," Sarah Patterson said.

Most importantly to all involved is that the student-athletes who helped turn Alabama into a national powerhouse have themselves developed into outstanding women making a difference in the world around them. The Tide's all-time roster is filled with doctors, lawyers, mothers and executives all excelling at the highest level.

"We are so proud of all the ladies who have come through our program and every championship won and every honor earned," Sarah Patterson said. "But more than anything, we are proud of the tremendously rich and full lives they go on to lead after graduation. To have been a small part of their success is a great thrill."

Things certainly changed, grew and blossomed since those first days of Alabama gymnastics success. Fast forward to the summer of 2014 and "Scandal," "The Voice" and "Modern Family" were keeping everyone glued to the small screens, while super heroes, including the X-Men, Captain America and the Guardians of the Galaxy, reigned supreme on the big screen, filling the theaters. On the radio, the ladies ruled the charts with Nicki Minaj, Ariana Grande and Iggy Azalea leading the way.

The summer of 2014 also saw a passing of the torch as Sarah and David Patterson – after helping the little program that couldn't quite find its feet in the 1970s win six NCAA championships, eight Southeastern Conference crowns, 29 NCAA Regional titles, 25 individual NCAA championships and earn 302 All-America honors – stepped down from coaching and Dana (Dobransky) Duckworth, who grew up in the program as an NCAA champion, volunteer coach and assistant coach took up the challenge of carrying the Tide into the future.

Embracing the mind set that created more than just one of the nation's best overall athletic programs, but a family that stretches back to the class of 1975 through the freshmen of 2017, Duckworth continues a philosophy that echoes another top song from 1978, this one by Sister Sledge, one that perfectly sums up Alabama gymnastics, "We are family … I got all my sisters and me … "

ALABAMA UNDER SARAH AND DAVID PATTERSON

Overall Record 1,006-225-9/36 years
Regular-Season Record: 432-97-5/36

— 6 NCAA Team Championships – 1988, 1991, 1996, 2002, 2011, 2012
— 32 Consecutive NCAA Championship Appearances – 1983-2014
— NCAA-best 22 NCAA Championship top-3 finishes
— NCAA-best 20 Super Six Team Finals
— 8 SEC Team Championships – 1988, 1990, 1995, 2000, 2003, 2009, 2011, 2014
— NCAA-best 29 Regional Team Championships -1983-85, 1987-96, 1998-2003, 2005-14
— 5 NCAA Today's Top Ten honorees
— 1 Honda Cup (Collegiate Female Athlete of the Year)
— 8 Honda Awards (National Gymnast of the Year)
— 25 individual NCAA championships
— 18 NCAA Postgraduate Scholarships
— 5 NCAA Elite 90 honors
— 66 athletes have earned 302 All-America honors
— 77 athletes have earned 201 Scholastic All-America honors (since 1991)
— 5 SEC Athletes of the Year
— 3 SEC Scholar Athletes of the Year
— 60 individual SEC Championships
— 87 All-SEC honors
— 11 SEC Postgraduate Scholarships
— 275 SEC Academic Honor Roll accolades
— 6 SEC Gymnast of the Year honors
— 3 SEC Freshman of the Year honors
— 8 NCAA Region Gymnast of the Year honors
— 141 individual NCAA Regional Championships
— SEC single-meet attendance record (15,162 vs. Florida; 1/20/06)
— SEC single-season attendance record (13,786 per meet; 2010)

SARAH PATTERSON CAREER CAPSULE

Education: Slippery Rock State College (Pa.), 1978
Major: Physical education

Honors:
— Sarah Patterson Champions Plaza (Dedicated Oct. 4, 2013)
— Sarah Patterson A-Club Endowed Scholarship (established in 2011)
— Alabama Sports Hall of Fame (inducted March 2003)
— National Coach of the Year - 1986, 1988, 1991, 2002
— SEC Coach of the Year - 1985, 1995, 2000, 2010
— 1997 U.S. World University Games Coach (silver medal)
— 1983 U.S. World University Games Coach
— Honorary member of The University of Alabama National Alumni Association
— Alabama State Gymnastics Association Coach of the Year 1978-79

Administration:
— ESPN/W Advisory Panel, 2010-13
— DCH Foundation Board, 2004-present
— Associate Athletic Director, 1985-14
— Senior Woman Administrator, 1985-96
— NCAA Women's Gymnastics Committee, 1985-90, 2014-present
— NCAA Recruiting Committee, 1991-96
— SEC Executive Committee, 1988-91

DAVID PATTERSON CAREER CAPSULE

Education: University of Alabama, 1982
Major: Coaching and public relations

Honors:
— 2015 Sarah Patterson Distinguished Alumni Award
— 2011 Lewis Each Courage Award
— 1992 & 1993 NCAA Central Region Assistant Coach of the Year
— 1982-83 Alabama State Gymnastics Association Coach of the Year

Club Coaching Achievements:
— Named assistant coach for the 1989 and 1991 World University Games
— Bama Bounder Age Group Club
- 2 national champions
- 10 regional champions
- 60 state champions

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

The conference record holder when it comes to the most Southeastern Conference Academic Honor Roll accolades earned by a gymnastics program since the award's inception, Alabama breaks its own single season record on **June 30, 2016** when all 18 gymnasts on the 2016 team earn the league record, boosting the Alabama and SEC all-time record to 309.

On **April 15, 2016**, for the first time in the history of the NCAA Gymnastics Championships, individual national titles are decided on the first day of competition, as the 12 teams vie for a spot in the Super Six Team finals. As Alabama begins its fourth and final event of the evening, the vault, junior Katie Bailey sweeps down the runway and onto the top of the awards podium, posting a career-best 9.95 to win the 2016 NCAA vault championship. It is the 26th individual national title for the Tide and the fifth vault championship.

On **April 13, 2016**, Lauren Beers wins an unprecedented third consecutive Elite 90 Award to give Alabama gymnastics an equally unprecedented clean sweep of the award since its inception in 2010. The Crimson Tide is a perfect seven-for-seven in the award that goes to the student-athlete with the highest cumulative grade point average at the final site of each of the NCAA's 90 championship. The Tide is the only program across all sports to sweep the award. Just as Rachel Terry was the first student-athlete to earn the award twice in a career, Beers is the first to earn the honor three times.

On **June 9, 2016**, Lauren Beers not only becomes the second Alabama gymnast to earn a placed on the CoSIDA Academic All-America At-Large Team three times in a career (joining Kassi Price), but she is named the At-Large Team's Academic All-American of the Year, marking the 10th time an Alabama student-athlete has earned the that highly coveted honor, and the fourth time a Crimson Tide gymnast has earned the highly coveted accolade (Kim Jacob, 2014, Kayla Hoffman, 2011 and Stephanie Kite, 2005).

On **Oct. 18, 2015**, Kim Jacob is honored as one of 10 Division I finalist for the 2015 NCAA Woman of the Year at a banquet held in Indianapolis, Ind. She is the 10th Crimson Tide gymnast to be honored by the NCAA Woman of the Year program.

On a very busy **Oct. 10, 2015**, Dana Duckworth is the second Crimson Tide gymnastics coach to serve as Grand Marshal of Alabama's Homecoming Court and Lauren Beers is the fourth UA gymnast to be voted onto the Homecoming court.

On **March 21, 2015,** for the first time in more than three and a half decades, the Alabama gymnastics team walks into the Southeastern Conference Championships with a new head coach. The result was a familiar one though, as Dana Duckworth led the Crimson Tide to its second consecutive SEC title and ninth overall. Alabama starts strong with an All-SEC performance in the leadoff spot on balance beam by sophomore Keely McNeer. Senior Kaitlyn Clark, who also earned All-SEC honors on the balance beam, wins the second individual SEC title of her career, taking first on the vault. Junior dynamo Carley Sims turns in an All-SEC routine on the floor exercise and just like that, for the second year in a row, it comes down to the uneven bars. In 2014, it took a huge 9.975 routine from Clark in the anchor position to close out the Tide's victory. In 2015, junior Lauren Beers, who earned All-SEC honors in the all-around, locks up the Tide's title in the fifth spot of the uneven bars, giving Alabama its fourth SEC Championship in the past seven years. Seniors Hunter Dennis, Lora Leigh Frost and Kayla Williams, sophomores Katie Bailey, Amanda Jetter, Dominique Pegg, Mary Lillian Sanders, Aja Sims and Mackenzie Valentin and freshmen Mackenzie Brannan, Nickie Guerrero, Jennie Loeb and Kiana Winston round out the Tide's championship roster.

On **April 4, 2015**, Alabama wins its 30th regional championship, the most in NCAA history, with a 197.575 at the NCAA Auburn Regional Championship. The Crimson Tide also sweeps the individual events, led by Lauren Beers' all-around victory.

In addition to leading Alabama to back-to-back Southeastern Conference titles for the first time in program history, on **March 21, 2015** Dana Duckworth becomes the only gymnastics coach in league history to win an SEC title in her inaugural season as head coach. She is the sixth different coach to lead a team to an SEC title and with her win, Alabama is one of just two programs to have two different coaches (Duckworth and Sarah Patterson) win SEC gymnastics titles, with Florida (Ernestine Weaver and Rhonda Faehn) being the other.

On **Feb. 13, 2015,** during the Crimson Tide's meet against Boise State, more than 80 Alabama gymnastics alumni joined with 11,000-plus fans to honor the newest members of the Tide's alumni family - Sarah and David Patterson. Surrounded by their championship legacy, the Pattersons were then honored for 36 years of Crimson Tide excellence. Later in the evening, David Patterson, a 1982 Crimson Tide graduate is honored by The Medalist Club with the 2015 Distinguished Alumni Award.

From 1974 to 1978, Alabama hired five head gymnastics coaches to the tune of one a year. After that rapid succession of mentors, it would be 36 years before the Crimson Tide would need to make another hire. On **July 15, 2014**, Dana Dobransky Duckworth is introduced as the Tide's head coach by Director of Athletics Bill Battle with the charge of leading the gymnastics program into the future and continuing the tradition of excellence and legacy of champions that she was instrumental in building as a gymnast, volunteer coach and assistant coach for Alabama. The Michigan native's championship resume includes NCAA Team Championships in all phases of her career and winning individual NCAA gold as a gymnast and choreographing several NCAA Championship floor exercise routines during her tenure as both a volunteer and full-time assistant coach. Duckworth says the basis of the Crimson Tide's success will remain unchanged – "Our goal remains the same: a family environment, in which we will continue to develop scholars, leaders and champions."

The nation's top collegiate female athlete (Honda Cup) and the top NCAA Division I scholar (Capital One Academic All-America of the Year), adds yet another huge honor to the seemingly endless list on **November 20, 2014** when it is announced that Kim Jacob has earned the NCAA Top 10 Award. She is the fifth Alabama gymnast to earn the elusive honor that recognizes the top-10 senior student-athletes – regardless of sport, gender or NCAA division – who have completed their athletic eligibility for their success in competition, in the classroom and in the community.

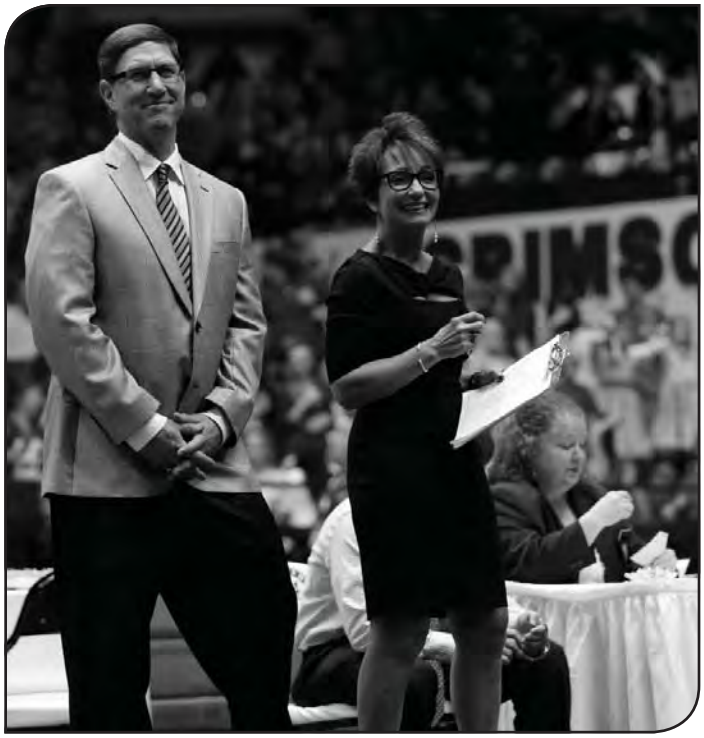
GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

Among the most accomplished gymnasts in Alabama's storied history, All-Americans and Scholastic All-Americans Sarah DeMeo, Kim Jacob and Diandra Milliner extend their championship legacy on **May 12, 2014** when all three added NCAA Postgraduate Scholarships to their long list of accolades. The 2014 seniors are the first class in Alabama gymnastics history to collect three of the prestigious scholarships. The 2014 honors up the Tide gymnastics' NCAA Postgraduate Scholarship tally to 18 since Julie Garrett earned the first in 1983, the most of any program in the nation. Jacob also earned a Southeastern Postgraduate Scholarship, giving Alabama gymnastics 11 since Dr. Julie Estin Vaughn brought home the first in 1987.

Already honored as the nation's top gymnast and the top collegiate woman athlete, on July 31, 2014, Kim Jacob is honored as the top scholar-athlete – regardless of sport or gender – when she is named the 2013-14 Capital One Division I Academic All-American of the Year, as selected by the College Sports Information Directors of America (CoSIDA). A two-time member of the Academic All-American At-Large Team, Jacob is just the second gymnast to earn the singular award.

Winner of the 2014 Honda Award for Gymnastics – given annually to the nation's top gymnast – Kim Jacob is presented the 40th annual Honda Cup on **June 30, 2014** as the Collegiate Woman Athlete of the Year in Los Angeles during the live awards broadcast on the CBS Sports Network. Jacob is the first Crimson Tide athlete and just the third gymnast in the history of the award to win the Honda Cup. Jacob was one of 12 women from 12 different sports under consideration for the prestigious accolade that honors the best collegiate NCAA Division I female athlete in the nation over the past academic year.

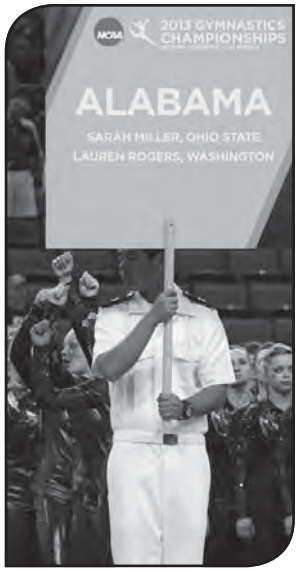
Kim Jacob, the Crimson Tide's quiet superstar, uses a career-best score on **April 18, 2014** to win Alabama's sixth NCAA all-around championship and 25th individual NCAA title overall. Her 39.625 paces the Crimson Tide its 20th NCAA Super Six Team Final.



When Alabama wins the 2014 NCAA Seattle Regional Championship on **April 5, 2014**, it is not only Alabama's NCAA-record 29th regional title, but it also marks Sarah and David Patterson's 1,000th career win. The duo makes it to 1,000 career wins faster than anyone in the history of collegiate gymnastics, notching their total in the 12th meet of their 36th year.

On **March 22, 2014,** in front of a heavily partisan Birmingham-based crowd, Alabama wins its eighth Southeastern Conference Championship and the final one under legendary coaches Sarah and David Patterson. Alabama started strong on the balance beam and close with a fantastic finish on the uneven bars, led by junior Kaitlyn Clark who won the uneven bars title with a 9.975. Senior Diandra Milliner took home two titles with a 9.975 on the vault and a 9.950 on the floor exercise. In addition Milliner, senior Kim Jacob and freshman Aja Sims earned All-SEC honors. Sims, Katie Bailey and Amanda Jetter earned SEC All-Freshman accolades. Seniors Sarah DeMeo, Ria Domier and Lindsey Fowler, juniors Hunter Dennis, Lora Leigh Frost and Kayla Williams, sophomores Lauren Beers and Carley Sims, freshman Keely McNeer, Dominique Pegg and Mary Lillian Sanders round out the Tide's championship roster.

Earning an NCAA Postgraduate Scholarship is nothing new for the Crimson Tide gymnasts, but on **May 21, 2013**, Ashley Priess and Ashley Sledge break new ground, becoming the first duo to earn the prestigious award in the same year. It was Sledge's second NCAA Scholarship, after earning an NCAA Ethnic Minority and Women's Enhancement Scholarship earlier in the spring. With Priess and Sledge accounting for three NCAA scholarships in one month, Alabama's total rises to 15 since Julie Garrett earned the first in 1983.



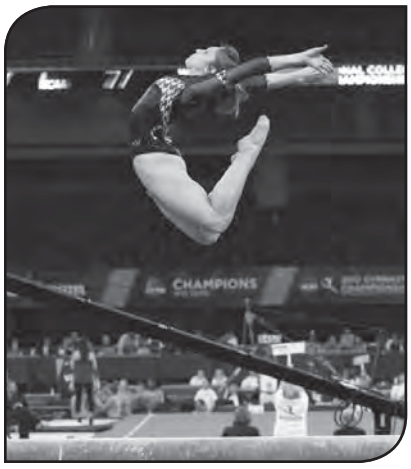
When Alabama gymnastics wins its NCAA Championships Semifinals session on **April 19, 2013**, the Crimson Tide advanced to the Super Six Team Finals for the 19th time since the format's inception in 1993, breaking a tie with Utah for the most Super Six appearances. Alabama broke away from the pack in terms of Super Six appearances by being the only team in the nation to advance to team finals every year between 2009-13.

After years of planning and months of construction, the Sarah Patterson Champions Plaza officially opens on **October 4, 2013** when the Crimson Tide's legendary gymnastics coach and the plaza's namesake cuts the ceremonial ribbon. The beautiful monument highlights not just Sarah and David Patterson's championship legacy, which includes six NCAA Championships and eight Southeastern Conference Championships, but Alabama's championship heritage in all its varsity sports. The plaza, located in front of Coleman Coliseum, includes brick and precision concrete plaques that honor each of Alabama's varsity sports and their history. There is special recognition of Alabama's NCAA and SEC Championship teams and its national championship coaches, all of which are on hand for the plaza's dedication.

Diandra Milliner opens her junior season with a 9.925 on the vault at Missouri, a score she matches on **April 21, 2013** with her last vault of the year. The difference is this last vault, a Yurchenko one and a half, wins the Wichita, Kan., native the 2013 NCAA Vault Championship. It is the Crimson Tide's 24th individual national title and fourth on the vault.

In what has quickly become an annual occurrence, Kim Jacob picks up Alabama's fourth consecutive NCAA Elite 90 Award during the NCAA Championship Banquet on **April 18, 2013** in Los Angeles, Calif. In the four-year history of the award, which goes to the student-athlete at each of the NCAA's 89 championships with the highest cumulative grade point average, the Crimson Tide is the only women's gymnastics program to win the award.

Already on track to graduate in four years with a bachelor's and master's degree in chemical engineering with matching 4.0 grade point averages, junior Ria Domier solidifies her amazing academic standing on **April 12, 2013**, when she is named a Goldwater Scholar, earning a prestigious $7,500 a year Goldwater Scholarship. The 2013 Goldwater Scholars were selected on the basis of academic merit from a field of 1,107 mathematics, science and engineering students nominated by the faculties of colleges and universities nationwide.



Geralen Stack-Eaton closes out her amazing Crimson Tide career by winning her second individual NCAA Championship and Alabama's 23rd overall on **April 22, 2012**, by taking top honors on the balance beam. The Horsham, Pa., native also finishes second on the floor exercise after winning the event in 2011. She is the sixth Alabama gymnast to win multiple national titles and the fourth to win NCAA gold on two different apparatus.

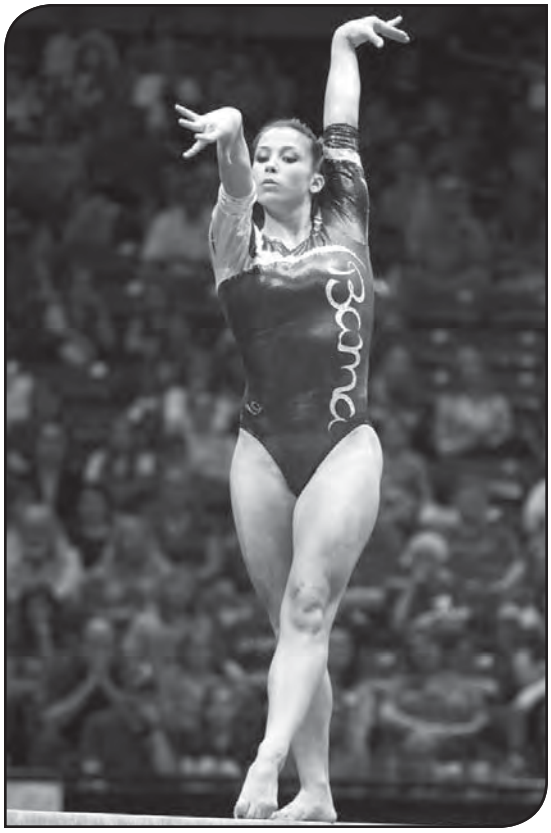
In a scenario that feels familiar, Alabama goes into the final rotation of the NCAA Championships on **April 21, 2012**, within .025 of the Florida Gators, with one team headed to the balance beam and the other to the floor exercise. But unlike the year before, when Alabama finished off its fifth NCAA title on the floor exercise to beat a UCLA team that finished out on the balance beam, this time it was the Crimson Tide headed to the beam and instead of leading by .025, as it had in 2011, Alabama trailed Florida by the smallest margin possible. The final outcome was the same though, as Alabama posted a 49.5 to beat the Gators by .075 and third-place UCLA by a tenth of a point, the smallest margin between first and third in NCAA history. It marks the first time that Alabama has won back-to-back national titles. The Tide's victory is assured by redshirt junior Ashley Priess, who scores a 9.95 in the final routine of the championship. It was a fitting finish for the Wheaton, Ill., native who was sidelined during Alabama's 2011 championship run following surgery on both ankles. A total of eight Tide gymnasts – Geralen Stack-Eaton, Priess, juniors Marissa Gutierrez and Ashley Sledge, sophomores Kim Jacob, Diandra Milliner and Sarah DeMeo and freshman Kayla Williams – earn 16 All-America honors. Senior Rachel Terry, junior Becca Alexin, sophomores Olivia Carisella, Ria Domier, Lindsey Fowler and Hannah Toussaint and freshmen Kaitlyn Clark, Hunter Dennis, Lora Leigh Frost and Brooke Parker round out Alabama's championship team.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

When Rachel Terry accepts the NCAA Elite 90 Award on **April 19, 2012**, during the NCAA Championships banquet in Duluth, Ga., she became the first gymnast to earn the award twice. The Hoover, Ala., native's two-year reign in 2011 and 2012 also keeps the award, which is presented annually to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA championships, exclusive to the Crimson Tide after Kassi Price won the inaugural award in 2010. Terry, who carried a perfect 4.0 GPA for her career, graduated from the Capstone with a degree in early childhood education in May 2012, as both an All-American and Scholastic All-American.

Already named the Bryant Award Winner, given annually to the athletic department's top student-athlete, the SEC Gymnast of the Year, the SEC Gymnastics Scholar-Athlete of the Year and the NCAA Central Region Gymnast of the Year, Kayla Hoffman adds to her growing list of honors on **June 9, 2011**, when she not only earns First Team Academic All-America honors, but is also honored as the Capital One/CoSIDA Academic All-American of the Year. Hoffman is the second Alabama gymnast to earn the accolade, joining 2004 honoree Stephanie Kite.

On her way to being one of the most decorated student-athletes in Alabama history, Kayla Hoffman adds SEC Female Athlete of the Year honors to her resume when SEC Commissioner Mike Slive hands her the honor at the SEC Legends Dinner on **December 2, 2011**. She is the fifth Crimson Tide gymnast and sixth Alabama athlete to earn the award.



Every year, athletics directors around the country select the nation's top senior student-athletes, regardless of gender or NCAA division, and honor them with the NCAA Today's Top VIII Award. On **November 1, 2011**, the NCAA announces that Kayla Hoffman is the fourth Crimson Tide gymnast to earn the award, which recognizes senior student-athletes who have completed their athletic eligibility for their success in competition, in the classroom and in the community.

Kayla Hoffman reaps the rewards of a truly remarkable senior season when she is named the 2011 Honda Award winner on **April 27, 2011**. She is the sixth UA gymnast to win the honor that annually recognizes the nation's best gymnast.

Alabama goes into the final rotation of the NCAA Championships leading UCLA by the slightest of margins and comes out on the other side as national champions on **April 16, 2011**, in Cleveland, Ohio. Alabama starts the meet with the highest scoring vault rotation of the day and finishes with the highest floor exercise score led by junior Geralen Stack-Eaton's 9.925 and senior Kayla Hoffman's 9.95, the two highest floor scores of the meet. Leading the Bruins by just .025 going into the final rotation, Alabama ends up winning by more than a quarter of a point, posting a 197.650, its second-highest score of the season, to UCLA's 197.375. In addition to giving Alabama its fifth NCAA title, the victory, coming on the heels of SEC and NCAA Regional titles, also caps the Tide's second championship "triple crown." Seven Alabama gymnasts earn 13 All-America honors led by Stack-Eaton's four honors and Hoffman's three. Freshman Kim Jacob earns a pair of All-America honors while sophomores Marissa Gutierrez and Ashley Sledge along with rookies Sarah DeMeo and Diandra Milliner all earn one each. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint are also part of Alabama's championship team.

An extraordinary weekend in Cleveland, Ohio, turns golden all over again on **April 17, 2011,** when Geralen Stack-Eaton follows up the Crimson Tide's team win the day before with the NCAA Floor Exercise Championship. It is the junior's fourth postseason title of the year and Alabama's 22nd individual national title.

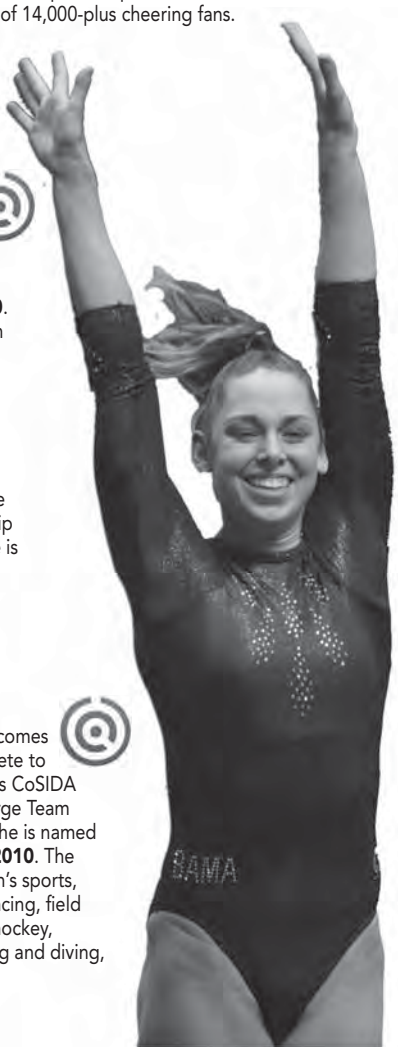
On **March 19, 2011**, for the second time in three years and seventh time overall, the Alabama Crimson Tide raises the Southeastern Conference Championship trophy aloft. Starting on the uneven bars, Alabama got better with every rotation and was led by junior Geralen Stack-Eaton, who won the balance beam and floor exercise titles, and senior Kayla Hoffman, who won the vault title with a 9.95. In addition to Stack-Eaton and Hoffman, who both earned first team All-SEC honors, sophomores Marissa Gutierrez and Ashley Sledge both earn second team honors while rookies Sarah DeMeo, Kim Jacob and Diandra Milliner earn both second team and SEC All-Freshman accolades. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin, and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint round out the Tide's championship roster.

On **March 19, 2011**, Kayla Hoffman kicks her senior season into high gear when she becomes the first student-athlete in league history to win both SEC Gymnast of the Year and the SEC Gymnastics Scholar-Athlete of the Year honors in the same season.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

More than 13,000 fans came to the Crimson Tide's first Power of Pink meet in 2005 followed by an Alabama and SEC record 15,162 fans the next year. That second Power of Pink meet also saw the first check presentation to the DCH Breast Cancer Fund – $90,000. A fast five years later, the proceeds of the 2010 Tuscaloosa Toyota/DCH Foundation Golf Classic and the fifth Nite on the Green fund raisers in October push the DCH Breast Cancer Fund to a major milestone. On **Feb. 19, 2011**, prior to the start of the seventh annual Power of Pink meet, a check for $1 million dollars, representing the total raised for the DCH Breast Cancer Fund since its inception, is presented to the DCH Foundation in front of 14,000-plus cheering fans.

Kassi Price, who earned countless academic honors during her Crimson Tide career, takes home the inaugural NCAA Elite 88 Award on **April 24, 2010**. The honor, which Sarah Patterson called the culminating honor of Price's career, is presented to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA's 88 championships. Price receives the award at the NCAA Championship Awards Brunch, during which she is also recognized with her third uneven bars All-American honor.

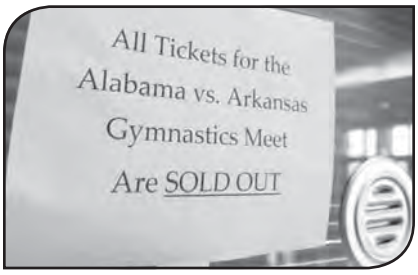


In another first, Kassi Price becomes the first Alabama student-athlete to earn a place on the prestigious CoSIDA Academic All-American At-Large Team three times in a career when she is named to the first team on **May 20, 2010**. The at-large team spans 13 women's sports, including bowling, rowing, fencing, field hockey, golf, gymnastics, ice hockey, lacrosse, rifle, skiing, swimming and diving, tennis and water polo.

It has become such a Crimson Tide habit that it is doubtful many fans noticed when on **April 10, 2010**, Alabama passed another milestone, winning its 25th NCAA Regional title. On the way to the victory, which propelled the Tide to its 28th consecutive NCAA Championship appearance, UA gymnasts swept the individual events with sophomores Geralen Stack-Eaton and Ashley Priess taking first and second respectively in the all-around. Only four times since NCAA competition began in 1982, has Alabama not won a regional team title, and all four times the Tide was second.

Forged in the fire of a tough regular season, Alabama's team starts to peak at just the right time and on **March 21, 2009**, with a total team performance, Alabama wins its sixth Southeastern Conference Championship. The Crimson Tide starts the meet in Nashville, Tenn. with the best vault score of the meet and never lets up, finishing off with a 197.300, to beat second-place Georgia by nearly four-tenths of a point. Junior Morgan Dennis opens the meet by winning the SEC vault title and finishes off the Tide's title with a win on the floor exercise. She earns All-SEC honors for the third year in a row. Junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earn second team All-SEC honors while rookies Priess, Geralen Stack-Eaton and Caitlin Sullivan make up more than half of the SEC All-Freshman list. Seniors Brittany Magee, Amanda Montgomery and Ashley O'Neal, juniors Alyssa Chapman, Casey Overton, Kassi Price and Jacqueline Shealy, sophomore Megan Mashburn along with freshmen Jocelyn Fowler, Erika Pearson and Rachel Terry all do their part to bring home the big trophy to Tuscaloosa.

Being first is not new to Barbara Mack Harding. As an Alabama gymnast in the early 1980s, she was the first, and to date only, freshman to be chosen captain of a Sarah Patterson coached team. She also led Alabama to its first NCAA Championship appearance as a sophomore in 1983. Harding was among Alabama's first All-Americans and NCAA Regional and SEC Champions. And on **September 6, 2008**, she led the way again, becoming the first female to be honored with the Paul W. Bryant Alumni-Athlete Award, which recognizes those outstanding alumni whose accomplishments since leaving the Capstone represent excellence in the areas of character, contributions to society, professional achievement and service to their community. It wasn't the first time that Harding was honored with an award bearing the name of Alabama's legendary football coach, who won six national championships with the Crimson Tide during his 25-year Alabama career. She was the inaugural winner of the Paul W. Bryant Scholar-Athlete Award as a senior in 1985.

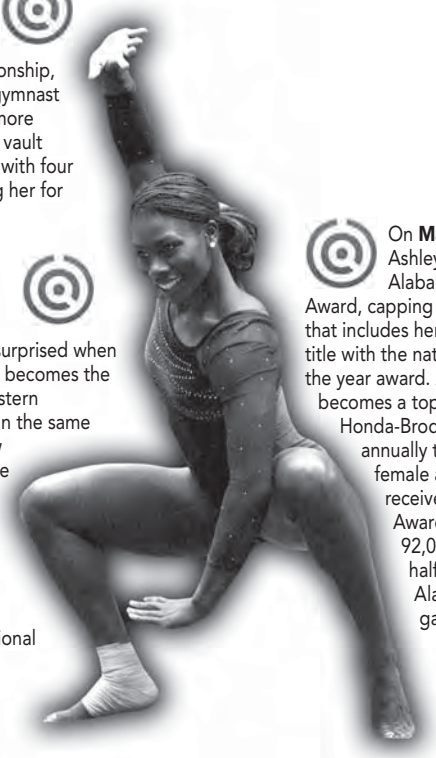


They came in droves to support Sarah Patterson's Power of Pink initiative and they brought their friends, and on **January 20, 2006**, for only the second time in school history, an Alabama gymnastics meet sells out, drawing a Southeastern Conference and Alabama record 15,162 fans to Coleman Coliseum. It is the largest collegiate gymnastics crowd in the nation since 1993 and the third largest all-time. Everyone at the UA-Florida gymnastics meet, both teams included, wears pink in support of "Drive 4 the Cause." The meet raises awareness for the fight against breast cancer.

When Alabama sells out its 2008 meeting with Georgia, it is exciting, but nothing new. The Tide has sold out one meet each of the two previous seasons and three times prior to the 2008 season, but on **Feb. 8, 2008**, the Crimson Tide once again makes history by selling out its second meet in as many weeks with 15,075 on hand to see Alabama take on Arkansas. The Tide, one of only two schools to draw more than 12,000 for a single meet, becomes the first program in collegiate gymnastics history to have 15,000-plus fans at two meets in a single season.

Alabama caps the 2007 season with a pair of individual NCAA championships on **April 26, 2007**, when junior Terin Humphrey and freshman Morgan Dennis take home the nation's top prize on the uneven bars and floor exercise, respectively. Humphrey, who also won the 2005 NCAA Uneven Bars title, is the fifth Tide gymnast to win multiple national championships. Dennis becomes the fifth Alabama gymnast to win an NCAA title as a rookie. It is the sixth year in a row that Alabama has won at least one individual NCAA title.

Already a legend, Ashley Miles secures her legacy on **April 22, 2006**, by winning her third NCAA vault championship, making her only the second gymnast in NCAA history, and first in more than 20 years, to win a trio of vault titles. She finished her career with four individual national titles, tying her for third in NCAA history.



Doing the amazing is nothing new for Ashley Miles, and so no one is surprised when on **March 25, 2006**, she becomes the first gymnast in Southeastern Conference history to win the same event four years in a row when she takes home the SEC floor exercise title. She finishes her career with 20 individual postseason titles, including four NCAA championships, six SEC titles and 10 NCAA Regional championships.

On **May 3, 2006**, Ashley Miles wins Alabama's sixth Honda Award, capping a senior season that includes her fourth NCAA title with the national gymnast of the year award. A month later, she becomes a top-5 finalist for the Honda-Broderick Cup, given annually to the nation's top female athletes. She receives her Honda Award in front of 92,000-plus fans at half time of an Alabama football game.

On **October 29, 2005**, Michelle Reeser caps off her Crimson Tide career by being honored at the NCAA Woman of the Year Banquet in Indianapolis. She is the fourth Alabama gymnast to be named a top-10 finalist for the honor and the ninth to be honored as a state winner. As a senior, Reeser earned All-America honors on the balance beam and was named the SEC Gymnastics Scholar-Athlete of the Year.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

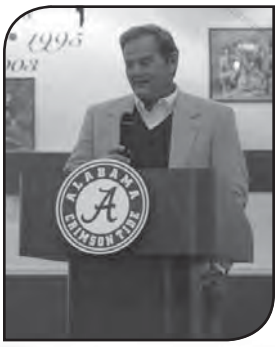
On **August 22, 2004**, freshman-to-be Terin Humphrey, who had already helped guide the United States to a silver medal in the team competition at the 2004 Athens Olympics, earns a silver of her own on the uneven bars. When she joins the Crimson Tide on Dec. 26, 2004, after traveling with the T.J. Maxx Tour of Champions through the fall, she becomes the Tide's first Olympian and first Olympic medalist. Humphrey keeps things rolling along in that first season with the Tide, winning the NCAA Uneven Bars Championship.

Jeana Rice won six postseason titles as a senior, including a clean sweep of the Southeastern Conference, NCAA West Regional and NCAA All-Around Championships and finishes her career with an NCAA record 18 All-America honors. For all that she accomplished, on **April 23, 2004**, Rice is named the 2004 Honda Award Winner given annually to the nation's best gymnast. It marks the fifth time an Alabama gymnast earns that recognition. She is also named SEC "Athlete of the Year" by the conference's athletics directors.

Not only will Kristin Sterner graduate with three championship rings, including one for the 2002 NCAA Championship and one each for the 2000 and 2003 Southeastern Conference titles, but she will also earn 11 All-America honors, serve as the Tide's captain as a junior and senior and post a 3.9 grade point average in biology during her standout career. Such excellence is recognized on **May 29, 2003**, when Sterner is named the Southeastern Conference's Scholar-Athlete of the Year. It marks the third time in school history that an Alabama gymnast has earned this award, with Sterner joining Julie Estin (1987) and Meredith Willard (1997). Sterner will also earn the prestigious NCAA Top VIII Award, making her the third Alabama gymnast to do so, joining Willard (1997) and Andreé Pickens (2002).

On **April 17, 2004**, Ashley Miles becomes the first Crimson Tide gymnast to defend an NCAA vault title. For good measure, she throws in the NCAA Floor Exercise title as well. Miles becomes the first Alabama gymnast to win two different NCAA apparatus titles in the same season. In addition to winning the NCAA floor exercise crown, Miles repeats as SEC and NCAA Regional floor exercise champion.

In a show of overwhelming generosity, businessman Steve Smith makes a $1 million gift to the Crimson Tradition Fund in honor of his mother, a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, The University of Alabama gymnastics practice facility, part of the Coleman Coliseum Annex, is dedicated the "Frances Smith Gymnastics Practice Facility" on **November 5, 2004**.



Ashley Miles had scored other 10s, and she'd even scored 10s at the NCAA Championships before, but none were as dramatic as her back-to-back 10s on **April 22, 2005**, during the NCAA Super Six Team Final, when the San Antonio, Texas native posts perfect marks on the floor exercise and vault, leading Alabama to a second-place team finish.

On **March 8, 2003**, Sarah Patterson is inducted into the Alabama Sports Hall of Fame. She is just the sixth woman ever elected to the hall and the first female coach. "It's my name they're going to call out," Sarah Patterson said of the honor. "But as anybody who has followed our program knows, it is honoring what David and I have accomplished together." The induction comes on the heels of the Tide's fourth NCAA Championship under the Pattersons and Sarah Patterson being named National Coach of the Year for a fourth time. It precedes Alabama winning its fifth SEC championship under the Pattersons and posting its 14th top-3 finish at the NCAA Championships, where the Tide finishes second.

On **January 12, 2003**, Andreé Pickens caps a career that is second to none with the most prestigious award given by the NCAA. The 14-time All-American and two-time NCAA champion is chosen as one of the NCAA Today's Top VIII, an award that spans both men and women as well as all sports and divisions of the NCAA. Not only is Pickens chosen for this award, she is also asked to give the keynote address, delivering a speech that brings those gathered at the NCAA Convention to their feet.

After wowing fans throughout the season with her soaring vaults, on **April 26, 2003**, freshman Ashley Miles impresses the toughest crowd of all by winning the Crimson Tide's first national vault crown, scoring a 10.0 on her first vault and a 9.875 on her second to secure the NCAA Championship in Lincoln, Neb. Miles had already scored two 10.0s in NCAA Championship competition, winning the NCAA Central Region floor exercise title with a perfect mark and scoring a 10.0 during the first night of the NCAA team competition.

It is **March 15, 2003**, and Alabama wins Southeastern Conference title No. 5 in a competition that comes down to the Tide's last competitor on the last event, clipping second-place Georgia 197.275-197.225. Junior Jeana Rice wins the all-around, balance beam and uneven bars and is named SEC Gymnast of the Year, marking the fourth year in a row an Alabama athlete has won the award. Freshman Ashley Miles posts a 9.975 floor exercise routine that not only clinches the Tide's title but wins the event and earns her All-SEC honors as well. Freshman Larissa Stewart posts a career best on the uneven bars, earning second team All-SEC honors in the process and sophomore Michelle Reeser's leadoff balance beam routine earns her second team All-SEC honors on that event. Senior Kristin Sterner, juniors Lauren Holdefer and Stephanie Kite, sophomores Alexis Brion and Shannon Hrozek and freshmen Mari Bayer, Rachael Delahoussaye, Dana Filetti, Dana Pierce and Lauren Pruitt all do their part to bring home the big trophy to Tuscaloosa.

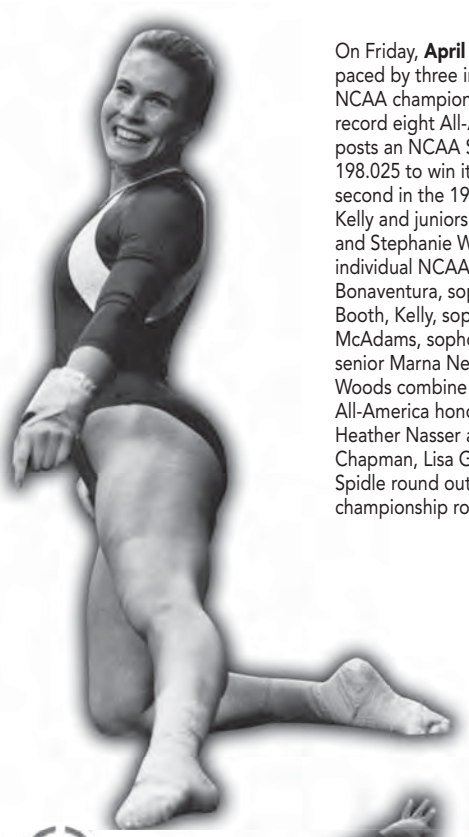
Andreé Pickens wins her second NCAA Championship and the 13th in Alabama history on **April 20, 2002**. It is her 12th routine in three days and the Houston, Texas native is exhausted, but she finds the energy for one more routine, the last of her career, and makes it count. The 14-time All-American and winner of both the AAI American Award and the Honda Award for Gymnastics, scores a 9.925 on the uneven bars to win. With a tired wave to a crowd that is giving her a standing ovation, Pickens closes out a career that was legendary even before she won the title.

Senior Andreé Pickens has the most dominating performance in Southeastern Conference Championship history on **March 23, 2002**, when she wins four of the five individual titles up for grabs that night at Bartow Arena. Not only is she the first gymnast to win four SEC titles in one year, she also earns her third SEC Gymnast of the Year honor. Pickens becomes the only gymnast to win the award more than once. She finishes her career with seven SEC titles, including two all-arounds, the SEC Community Service Postgraduate Scholarship and the SEC Athlete of the Year award.

Alabama rolls to NCAA Championship No. 4 on **April 19, 2002**, in Coleman Coliseum with a rock-solid performance on all four events, especially the balance beam, where the Tide finished off the meet (and all the other teams) for the fourth time in a row. Senior Andreé Pickens posts the night's top all-around score and earns five All-America honors in leading the Tide to victory. In all, Alabama earns a meet-high 14 All-America honors with sophomore Jeana Rice earning three, junior Kristin Sterner and sophomore Alexis Brion taking two a piece while senior Natalie Barrington and freshman Shannon Hrozek earn one each. Seniors Alexa Martinez, Whitney Morgan and Raegan Tomasek, junior Sara Scarborough, sophomores Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer and Stephanie Kite and freshman Michelle Reeser round out the championship roster.

Alabama travels to Gainesville for the 2000 Southeastern Conference Championship and falls into a groove that carries it through a dominating performance to win SEC title No. 3 on **March 18, 2000**. Sophomore Andreé Pickens wins the vault, uneven bars and all-around titles and is named SEC Gymnast of the Year. She and freshman Kristin Sterner earn first-team All-SEC honors, while juniors Katie Hornecker and Dara Stewart (pictured above with their championship rings) along with sophomore Natalie Barrington all earned second team All-SEC honors. Seniors Lexa Evans and Gina Logan, juniors Robin Hawkins, April Makinson and Lissy Smith, sophomores Krista Gole, Alexa Martinez, Whitney Morgan and Raegan Tomasek and freshman Sara Scarborough round out the championship roster.

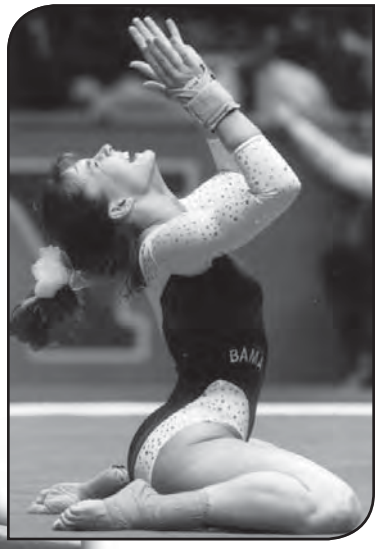
GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



She didn't believe it. "Check again," she admonished everyone within her grasp. "There's been some kind of mistake," she told them. She tugged urgently at the sleeve of the nearest meet official, asking him to check, then double check the scores. There had been a mistake, someone else was supposed to be where she was. No mistake, the scores were right. On Thursday, **April 25, 1996**, Meredith Willard, the ultimate team player in a sport filled with individuals, had won the NCAA All-Around Championship.

On Friday, **April 26, 1996**, paced by three individual NCAA champions and a program-record eight All-Americans, the Tide posts an NCAA Super Six record 198.025 to win its third NCAA title, second in the 1990s. Senior Kim Kelly and juniors Meredith Willard and Stephanie Woods all earn individual NCAA titles. Junior Kim Bonaventura, sophomore Merritt Booth, Kelly, sophomore Danielle McAdams, sophomore Shay Murphy, senior Marna Neubauer, Willard and Woods combine to earn 18 All-America honors. Sophomore Heather Nasser and freshmen Mandy Chapman, Lisa Gianni and Gwen Spidle round out Alabama's championship roster.

In a hint of the career to come, Andreé Pickens wins the NCAA Balance Beam Championship as a freshman on **April 24, 1999**, capping a championship where she becomes the first freshman in NCAA history to earn five All-America honors.

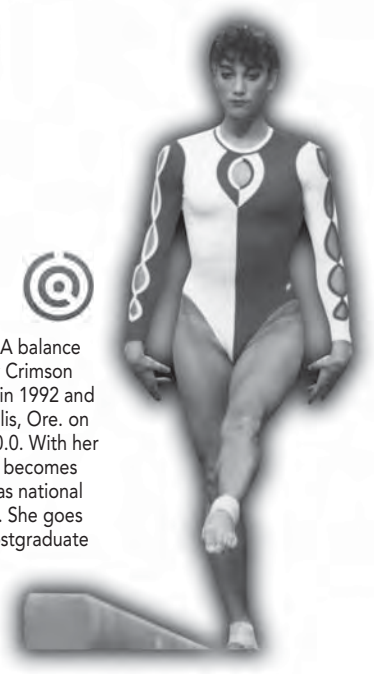


The shine on Meredith Willard's career, in and out of the gym, continues to grow. On **January 11, 1998**, the Clemmons, N.C., native becomes the first Alabama athlete to earn the NCAA's prestigious Top VIII award, given annually to the nation's top eight senior athletes regardless of gender, sport or division. The award encompasses athletics, academics and character.

One fan after another made their way into Coleman Coliseum on **February 1, 1997**, until finally, just before 7 p.m. and the start of the Alabama-Georgia gymnastics meet, history is made and Alabama gymnastics sells out. A capacity crowd of 15,043 fills Alabama's arena. It is the largest crowd to ever see a women's athletic event in the state of Alabama and the largest crowd to ever see an SEC gymnastics meet. Alabama's challenge for the national record is foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the Coliseum.

Stephanie Woods knew that the uneven bars routine she had just finished had been special, she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine. But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something of championship caliber. On Saturday, **April 27, 1996**, Woods won the NCAA Uneven Bars Championship, etching her name in Crimson legend.

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears stream down her face, Kim Kelly's success-studded career turns golden. The King of Prussia, Pa., native wins the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause. For Kelly, that's how it ends on Saturday, **April 27, 1996**. One last floor routine, perfect in execution – a moment in time – for all time, filled with tears of joy and sadness – and rolls upon rolls of cheers.



No one could say that Dana Dobransky was not a pressure player. Dobransky wins two NCAA balance beam titles during her legendary Crimson Tide career. The first title comes in 1992 and the second, as a senior, in Corvallis, Ore. on **April 17, 1993**, with a perfect 10.0. With her perfect performance, Dobransky becomes the first Tide gymnast to repeat as national champion on an individual event. She goes on to earn an NCAA and SEC Postgraduate Scholarships, putting an exclamation mark on one of the greatest careers in Crimson Tide history.

On **May 29, 1990**, Dee Foster becomes the first freshman in Southeastern Conference history to be named the league's Athlete of the Year. Foster is an obvious choice, after winning the 1990 NCAA All-Around Championship with an NCAA record of 39.30 and earning four All-America honors as a rookie. She led Alabama to a second-place national finish and the Tide's second SEC Team title.

Junior Dee Foster, already a Crimson Tide legend, turns perfect on **March 14, 1992**, during a dual meet with Georgia in Athens, scoring a 10.0 on a vault. Foster will earn eight 10.0s during her storied Tide career — five 10.0s on the vault, one on the uneven bars and two on the floor exercise.

The theme of the 1991 NCAA Gymnastics Championships is "Stars Fall on Alabama" and nothing could be closer to the truth as the host Crimson Tide uses a slew of talented ladies on **April 19, 1991**, to keep the championship in Tuscaloosa. Alabama's 195.125 total sets an NCAA Championship scoring record. The Tide outdistances second-place Utah by three-quarters of a point. Georgia is third followed by Oregon State, Penn State and Florida. Senior Kim Masters, juniors Gina Basile, Katherine Kelleher and Shea McFall, sophomores Dana Dobransky and Dee Foster, and freshman Kara Stilp all earn All-America honors. Senior Tina Rinker and freshmen Keri Duley, Sheryl Dundas, and Marti Watson round out the Tide's hometown championship roster.

The Crimson Tide starts the 1990s off on the right foot. Alabama marches into the Georgia Coliseum on **March 25, 1990**, and marches out with its second SEC team title. Alabama finishes more than a point ahead of second-place LSU. The Tide's 193.55 total sets an SEC Championship record. Senior Marie Robbins caps an outstanding career wearing the crimson and white of Alabama by winning the Tide's second-ever SEC all-around title, with a championship record score. That same year, a program-record eight members of the championship squad earn SEC Academic Honor Roll honors and Robbins earns an SEC Postgraduate Scholarship. Seniors Ali Blumberg, Tracey Tillman and Cheri Way, juniors Kim Masters and Tina Rinker, sophomores Gina Basile, Katherine Kelleher and Shea McFall, and freshman Dana Dobransky all help bring home the Tide's second SEC trophy.

After three rotations of the 1995 Southeastern Conference Championships being held in Gainesville, Fla., the Crimson Tide find themselves in fourth place with the chance for a third SEC Championship looking bleak. Fortunately, Alabama sees not a chance to give up, but a chance to make history. Alabama soars past Georgia, LSU and Florida on the strength of the best vault total in NCAA history on rotation No. 4 to win the SEC title on **March 25, 1995**. The Tide's 196.175 is just .05 in front of second-place LSU. Alabama counts nothing lower than a 9.900 on the way to setting the vault mark. Junior Kim Kelly hits a 10.0 to win the vault. Senior Chasity Junkin and freshman Merritt Booth both turn in career-high 9.975s on the vault. Sophomore Stephanie Woods wins the SEC uneven bars title. Junior Marna Neubauer, sophomores Kim Bonaventura and Meredith Willard, and freshmen Danielle McAdams, Shay Murphy and Heather Nasser all contribute to bringing SEC title No. 3 home to Tuscaloosa.

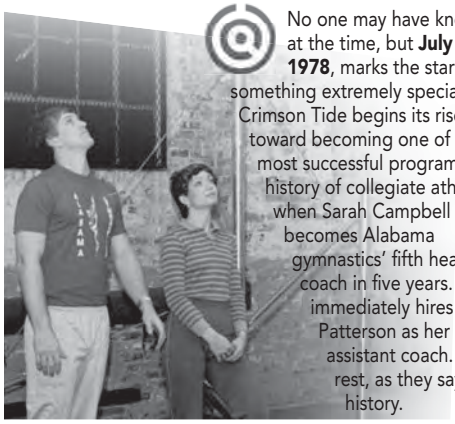
GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

Eleven gymnasts and a lifetime of dreams come together on **April 22, 1988**, as Alabama wins its first NCAA team championship. Alabama scores an NCAA Championship record 190.05 in front of a rowdy handful of Tide faithful in Salt Lake City. Utah is second followed by UCLA, LSU, Georgia and Florida. The Tide is led by four All-Americans – senior Kathy Bilodeau, sophomores Marie Robbins and Cheri Way, and freshman Tina Rinker. Senior Alli Beldon, sophomores Ali Blumberg and Tracey Tillman and freshmen Wendy Anderson, Kim Masters and Susie Pierce round out the Tide's championship roster.

Alabama is competing at its third NCAA Championship on **April 12-13, 1985**, when junior Penney Hauschild explodes into a Crimson Tide legend by winning the NCAA All-Around Championship in Salt Lake City, Utah. It is the first time that an athlete from Utah fails to win the all-around title. The Pennsylvania native also wins the uneven bars title. Hauschild is the first individual NCAA champion in Alabama gymnastics history. Her all-around total is an NCAA Championships record. Hauschild will go on to win four NCAA titles during her legendary career, repeating as all-around champion in 1986 and adding the floor exercise title to her resume that same year.

Crimson Tide legend Penney Hauschild caps a brilliant Crimson Tide career with her second consecutive Honda Broderick Award on **January 11, 1986**. The Honda Broderick Award is given annually to the nation's best gymnast. Hauschild's career includes two NCAA All-Around championships, an NCAA Uneven Bars title and an NCAA Floor Exercise title. Hauschild earned 10 All-America honors during her storied career. She earned five NCAA Central Regional titles and one SEC all-around crown.

All-American Barbara Mack – a Rhodes Scholarship finalist, the first Alabama gymnast to win the Paul W. Bryant Award, an NCAA Postgraduate Scholarship winner and a two-time Region Champion – caps a brilliant Crimson Tide career by becoming the first Alabama gymnast to win the AMF American Award on **April 13, 1985**.



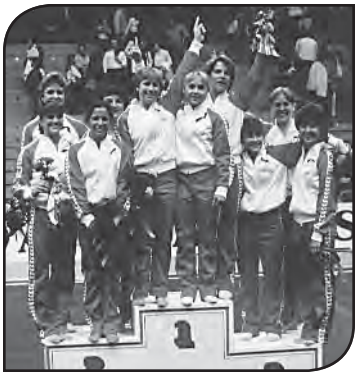
No one may have known it at the time, but **July 1, 1978**, marks the start of something extremely special as the Crimson Tide begins its rise toward becoming one of the most successful programs in the history of collegiate athletics when Sarah Campbell becomes Alabama gymnastics' fifth head coach in five years. She immediately hires David Patterson as her assistant coach. The rest, as they say, is history.

On **May 27, 1987**, Julie Estin becomes the first athlete from Alabama to be honored as the Southeastern Conference Scholar-Athlete of the Year. Estin also earns NCAA and SEC Postgraduate Scholarships, which she puts to good use. In July 1996, Dr. Julie Vaughn set up practice in Tuscaloosa as a pediatrician.

Julie Garrett becomes Alabama's first All-American on **April 4, 1982**. Garrett paces the Tide to a fourth-place finish at the 1982 AIAW National Championships before attending the first NCAA Championship as an individual. Undaunted by her first NCAA appearance, Garrett earns All-America recognition on the uneven bars.

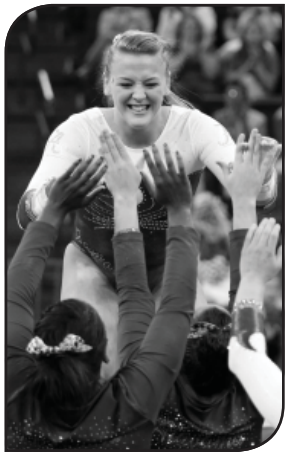
History didn't record the first meeting, the first practice or the first vault – those dates are lost in time – but the first meet, the first time The University of Alabama put forth a group of young women wearing crimson and white leotards came on **January 10, 1975**. Alabama opens at home, falling to Georgia College 83.75-65.80. And with that, the program that will become one of the most celebrated in collegiate athletics is underway.

Alabama wins its first NCAA Regional title on **March 26, 1983**, earning its first trip to the NCAA Championships which will be held at Salt Lake City, Utah, two weeks later. Sarah and David Patterson's first recruiting class helps take the Tide to the top of the South Region, downing the region's until-then dominant team, Florida, the meet's host.



ALABAMA GYMNASTICS HALL OF FAME

LAUREN BEERS | 2016



2015 and 2014 SEC Championship team • Seven-time All-American • Three-year NCAA Elite 90 Award • CoSIDA At-Large Team Academic All-American of the Year • three-year CoSIDA Academic All-American • NCAA Postgraduate Scholarship • Four-year Scholastic All-American • Five-time NCAA Regional Champion • SEC Gymnastics Scholar-Athlete of the Year • All-SEC • Four-year SEC Academic Honor Roll

CARLEY SIMS | 2016

2015 and 2014 SEC Championship team • Two-time All-American • NCAA Regional Champion • All-SEC • Four-year SEC Academic Honor Roll

SARAH & DAVID PATTERSON | 2015

Coaches of the 2012, 2011, 2002, 1996, 1991, 1988 NCAA Championship teams • Coaches of the 2014, 2011, 2009, 2003, 2000, 1995, 1990, 1988 Southeastern Conference Championship teams • Coaches of an NCAA-best 29 Regional Championship teams .. For a complete recap of their extraordinary careers, go to page 75

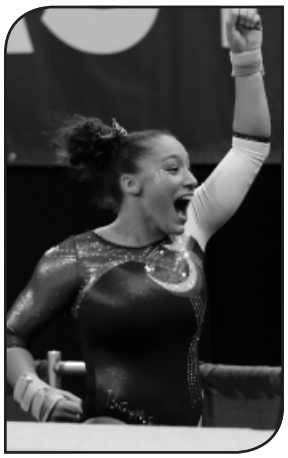
KAITLYN CLARK | 2015

2012 NCAA Championship team • 2015 and 2014 SEC Championship team • Two-time All-American • Four-year Scholastic All-American • Two-time NCAA Regional Champion • Two-time SEC Champion • Two-year All-SEC • Four-year SEC Academic Honor Roll

LORA LEIGH FROST | 2015

2012 NCAA Championship team • 2015 and 2014 SEC Championship team • All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

KAYLA WILLIAMS | 2015



2012 NCAA Championship team • 2015 and 2014 SEC Championship team • Four-time All-American • Four-year Scholastic All-American • NCAA Regional Champion • All-SEC • Four-year SEC Academic Honor Roll

SARAH DEMEO | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • Five-time All-American • NCAA Regional Champion • All-SEC • NCAA Postgraduate Scholarship Winner • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

KIM JACOB | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • Honda Cup winner • NCAA Top Ten Award • Honda Award winner • CoSIDA Academic All-America of the Year • NCAA All-Around Champion • 11-time All-American • NCAA Regional Champion • All-SEC • NCAA Postgraduate Scholarship Winner • SEC Postgraduate Scholarship Winner • Two-time CoSIDA Academic All-American • Four-year Scholastic All-American • Three-time SEC Gymnastics Scholar-Athlete of the Year • Three-year SEC Academic Honor Roll

DIANDRA MILLINER | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • NCAA Vault Champion • Seven-time All-American • NCAA Regional Champion • NCAA Postgraduate Scholarship Winner • Three-time SEC Champion • Four-year All-SEC • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll

ALABAMA GYMNASTICS HALL OF FAME

MARISSA GUTIERREZ | 2013

2012 and 2011 NCAA Championship teams • 2011 SEC Championship team • Three-time All-American • NCAA Regional Champion • All-SEC • Scholastic All-American • Four-year SEC Academic Honor Roll

GERALEN STACK-EATON | 2012

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Balance Beam Champion • 2011 NCAA Floor Exercise Champion • 12-time All-America • Scholastic All-America • Seven-time NCAA Regional Champion • Two-time SEC Champion • Three-year All-SEC • Four-year SEC Academic Honor Roll

MORGAN DENNIS | 2010

2007 NCAA Floor Exercise Champion • Eight-time All-American • Six-time NCAA Regional Champion • 2009 SEC Championship team • Six-time SEC Champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • Two-year team captain

ASHLEY PRIESS | 2013

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • NCAA Woman of the Year Top-30 • 10-time All-American • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • NCAA Postgraduate Scholarship Winner • Four-year Scholastic All-American • Five-year SEC Academic Honor Roll • Three-year Team Captain • SAAC President • Paul W. Bryant Award

RACHEL TERRY | 2012

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Elite 90 Award • 2011 NCAA Elite 90 Award • First two-time winner of the NCAA Elite 90 Award • All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

RICKI LEBEGERN | 2010

Four-time All-American • Four-year Scholastic All-American • 2009 SEC Championship team • Three-time SEC Champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • SEC Community Service Team • Team captain

ASHLEY SLEDGE | 2013

2012 and 2011 NCAA Championship teams • 2011 SEC Championship team • Two-time All-American • NCAA Regional Champion • All-SEC • NCAA Postgraduate Scholarship Winner • NCAA Ethnic Minority and Women's Enhancement Scholarship Winner • Scholastic All-American • Four-year SEC Academic Honor Roll • Two-year Team Captain

KAYLA HOFFMAN | 2011

2011 NCAA Championship team • 2011 and 2009 SEC Championship teams • 2012 NCAA Top VIII • 2011 Honda Award • 2011 SEC Female Athlete of the Year • 2011 Capital One/CoSIDA Academic All-America of the Year • 2011 NCAA All-Around Runner-up • Five-time All-American • 2011 SEC Gymnast of the Year • 2011 SEC Gymnastics Scholar-Athlete of the Year • Seven-time NCAA Regional Champion • 2011 SEC Vault Champion • NCAA Central Region Gymnast of the Year • NCAA Postgraduate Scholarship Winner • Four-year All-SEC • SEC Postgraduate Scholarship • Four-year Scholastic All-American • 2011 Capital One/CoSIDA Academic All-American • Four-year SEC Academic Honor Roll

CASEY OVERTON | 2010

All-American • Three-year Scholastic All-American • 2009 SEC Championship team • SEC Champion • All-SEC • Four-year SEC Academic Honor Roll

KASSI PRICE | 2010

Three-time All-American • NCAA Elite 90 Award • NCAA and SEC Postgraduate Scholarships • Four-year Scholastic All-American • Three-year CoSIDA Academic All-American At-Large Team • Three-time NCAA Regional Champion • 2009 SEC Championship team • Four-year SEC Academic Honor Roll • SEC Community Service Team • Paul W. Bryant Award • Austin Cup

MARI BAYER | 2006

2003 SEC Championship team • Two-time All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

ALEXIS BRION | 2005

2002 NCAA Championship team • 2003 SEC Championship team • Five-time All-American • NCAA Regional Vault Champion

BRITTANY MAGEE | 2009

2009 SEC Championship team • All-American • Three-time NCAA Regional Champion • SEC Champion • All-SEC • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll

DANA FILETTI | 2006

2003 SEC Championship team • All-American • SEC Academic Honor Roll

MICHELLE REESER | 2005

2002 NCAA Championship team • 2003 SEC Championship team • NCAA Woman of the Year finalist • All-American • SEC Gymnastics Scholar-Athlete of the Year • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll • All-SEC

TERIN HUMPHREY | 2008

2005 and 2007 NCAA Uneven Bars Champion • 10-time All-American • Three-time NCAA Regional Champion • SEC Champion • All-SEC • SEC Academic Honor Roll

ASHLEY MILES | 2006

2003 SEC Championship team • Four-time NCAA Champion – 2006, 2004, 2003 Vault, 2004 Floor Exercise • 10-time NCAA Regional Champion • 12-time All-American • Honda Award Winner • Six-time SEC Champion – 2006, 2005, 2004, 2003 Floor Exercise, 2005 Vault, 2005 Uneven Bars • Four-year All-SEC • SEC Academic Honor Roll

SHANNON HROZEK | 2005

2002 NCAA Championship team • 2003 SEC Championship team • 3-time All-American • NCAA Regional Champion • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll

ALABAMA GYMNASTICS HALL OF FAME

STEPHANIE KITE | 2004

2002 NCAA Championship team • 2003 SEC Championship team • All-American • NCAA Woman of the Year State Honoree • Four-year Scholastic All-American • CoSIDA Academic All-American At-Large Student-Athlete of the Year • Two-year CoSIDA Academic All-American At-Large First Team • Three-year SEC Academic Honor Roll

NATALIE BARRINGTON | 2002

2002 NCAA Championship team • 2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll

KATIE HORNECKER | 2001

2000 SEC Championship team • All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC

JEANA RICE | 2004

2002 NCAA Championship team • 2003 SEC Championship team • 18-time All-American • NCAA All-Around Champion • Honda Award • SEC Athlete of the Year • SEC Gymnast of the Year • Six-time SEC Champion • Three-year NCAA Regional All-Around Champion • SEC All-Around Record

ANDREÉ PICKENS | 2002

2002 NCAA Championship team • 2000 SEC Championship team • NCAA Today's Top VIII Award • Honda Award • 1999 NCAA Balance Beam Champion • 2002 NCAA Uneven Bars Champion • 14-time All-American • Scholastic All-American • State of Alabama NCAA Woman of the Year • SEC Postgraduate Scholarship • Three-year SEC Academic Honor Roll

LISSY SMITH | 2001

2000 SEC Championship team • Three-time All-American • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC • 2001 SEC Balance Beam Champion • Three-year NCAA Regional Balance Beam Champion

KRISTIN STERNER | 2003

2002 NCAA Championship team • 2000 & 2003 SEC Championship teams • NCAA Today's Top VIII Award • NCAA Woman of the Year finalist • SEC Scholar-Athlete of the Year • NCAA Postgraduate Scholarship • CoSIDA Academic All-American • 11-time All-American • Four-time NCAA Regional Champion • Two-year All-SEC • Four-year Scholastic All-America • Three-year SEC Academic Honor Roll

RAEGAN TOMASEK | 2002

2002 NCAA Championship team • 2000 SEC Championship team • All-American • Scholastic All-American • Three-year SEC Academic Honor Roll

DARA STEWART | 2001

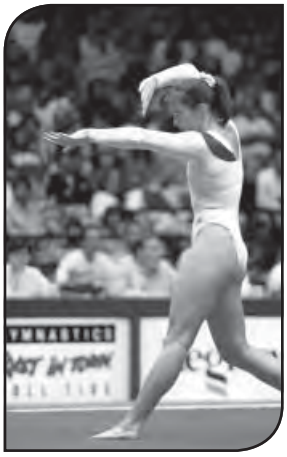
2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • 1998 and 2000 NCAA Regional Uneven Bars Champion • All-SEC

LEXA EVANS | 2000

2000 SEC Championship team • NCAA Woman of the Year, State of Alabama • All-American • Three-year SEC Academic Honor Roll • Three-year Scholastic All-American

MERRITT BOOTH | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Six-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • NCAA Woman of the Year finalist • GTE Academic All-American • NCAA Postgraduate Scholarship Winner



MEREDITH WILLARD | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • NCAA All-Around Champion • 11-time All-American • NCAA Top VIII Award • SEC Scholar-Athlete of the Year • H. Boyd McWhorter SEC Postgraduate Scholarship Winner • NCAA Postgraduate Scholarship Winner • SEC Gymnast of the Year • NCAA Woman of the Year finalist • NCAA Central Regional Champion • Four-year Scholastic All-American • CoSIDA Academic All-American • Three-year SEC Academic Honor Roll

MANDY CHAPMAN | 1999

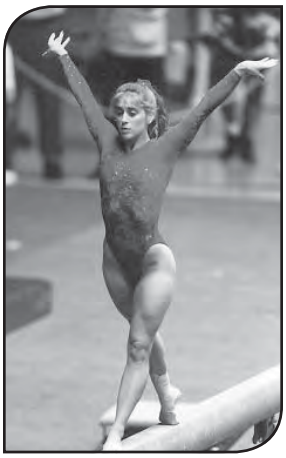
1996 NCAA Championship team • All-American • Three-year Scholastic All-American • Two-year All-SEC • Three-year SEC Academic Honor Roll

SHAY MURPHY | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Two-time All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the floor exercise in 1998 • NCAA Team Record squad

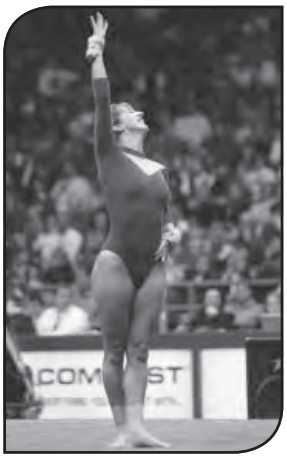
KIM BONAVENTURA | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Four-time All-American • NCAA Central Regional Champion



GWEN SPIDLE | 1999

1996 NCAA Championship team • Five-time All-American • Three-year SEC Academic Honor Roll • NCAA Team Record squad

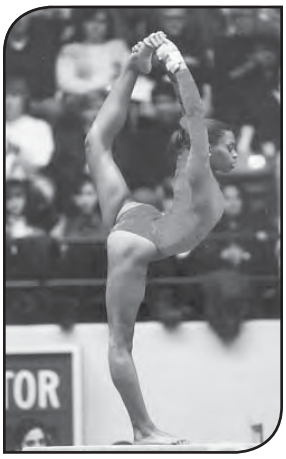


DANIELLE MCADAMS | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Three-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the vault at the 1996 NCAA Championships • NCAA Team Record squad

STEPHANIE WOODS | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Uneven Bars Champion • NCAA Team Record squad • Five-time All-American • Three-time NCAA Regional Champion • SEC Uneven Bars Champion



ALABAMA GYMNASTICS HALL OF FAME

KIM KELLY | 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Floor Exercise Champion • NCAA Team Record squad • Nine-time All-American • NCAA Team Vault Record • NCAA Team Floor Exercise Record • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • Scholastic All-American • Two-year SEC Academic Honor Roll

SHERYL DUNDAS | 1994

1991 NCAA Championship team • NCAA Central Region Balance Beam Champion • Phi Eta Sigma • All-American • SEC Academic Honor Roll • Scholastic All-American

DANA DOBRANSKY | 1993

1991 NCAA Championship team • 1990 SEC Championship team • Two-time NCAA Balance Beam Champion • Five-time All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • NCAA Woman of the Year – State Honoree • GTE/CoSIDA Academic All-American • SEC Academic Honor Roll • All-SEC • Regional Champion • SEC Champion

MARNA NEUBAUER | 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Three-time All-American • NCAA Floor Exercise Team Record • Two-year Scholastic All-American • Two-year SEC Academic Honor Roll

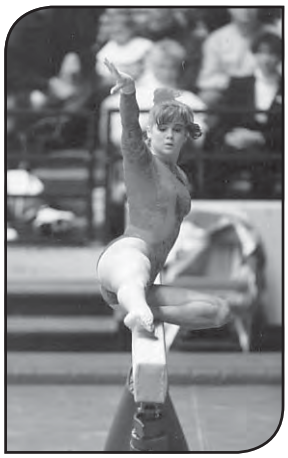
SHEA MCFALL | 1994

1991 NCAA Championship team • Two-time All-American • Three-time SEC Academic Honor Roll • All-SEC • Scholastic All-American

DEE FOSTER | 1993

1991 NCAA Championship team • 1990 SEC Championship team • Honda Award for Gymnastics • NCAA All-Around Champion • SEC Athlete of the Year • 17-time All-American • Four-time SEC Champion • Nine-time Regional Champion • Four-time All-SEC • 1993 Alabama Amateur Athlete of the Year

CHASITY JUNKIN | 1995

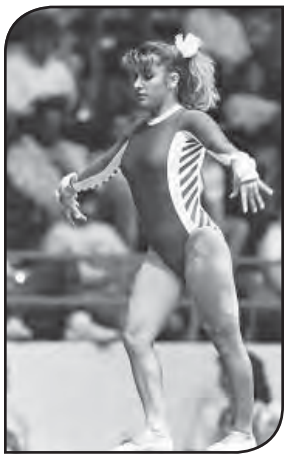


1995 SEC Championship Team • Two-time All-American • AAI Senior Award Finalist • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll

KARA STILP | 1994

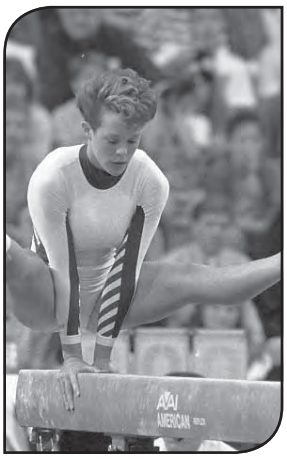
1991 NCAA Championship team • Two-time All-American • Scholastic All-American • SEC Academic Honor Roll

GINA BASILE | 1992



1991 NCAA Championship team • 1990 SEC Championship Team • NCAA Champion • All-American • All-SEC • Two-time SEC Academic Honor Roll • SEC Champion • Regional Champion

KATHERINE KELLEHER | 1992



1991 NCAA Championship team • 1990 SEC Championship Team • Three-time All-American • NCAA & SEC Postgraduate Scholarships • Alabama NCAA Woman of the Year • Two-time All-SEC • Three-time SEC Academic Honor Roll • Paul W. Bryant Award • SEC Champion • Two-Time Regional Champion • Scholastic All-American

MARIE ROBBINS | 1990

1988 NCAA Championship team • 1988 SEC Championship Team • Four-time All-American • Two-time SEC Champion • Two-time Regional Champion • Two-time All-SEC • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Three-time SEC Academic Honor Roll

KATHY BILODEAU | 1988

1988 NCAA Championship team • 1988 SEC Championship Team • Two-time All-American • Two-time SEC Academic Honor Roll

KIM MASTERS | 1991

1988 & 1991 NCAA Championship teams • 1988 & 1990 SEC Championship Teams • Three-time All-American • Two-time All-SEC • Four-time Regional Champion • SEC Academic Honor Roll

CHERI WAY | 1990

1988 NCAA Championship team • 1988 SEC Championship Team • Three-time All-American • Two-time SEC Academic Honor Roll • Four-time Regional Champion

JULIE ESTIN | 1987

Six-time All-American • Two-time SEC Champion • Five-time Regional Champion • NCAA Postgraduate Scholarship • SEC Scholar Athlete of the Year • Four-time All-SEC • Two-time GTE Academic All-American • Paul W. Bryant Award • Three-time Academic All-SEC

TINA RINKER | 1991

1988 & 1991 NCAA Championship teams • 1988 & 1990 SEC Championship Teams • All-American • Two-time All-SEC • Regional Champion • Three-Time SEC Academic Honor Roll

KELLY GOOD | 1989

1988 NCAA Championship team • 1988 SEC Championship Team • All-American • GTE District IV Academic All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • Two-time SEC Academic Honor Roll

PENNEY HAUSCHILD | 1986

Two-time NCAA All-Around Champion • Floor Exercise Champion • NCAA Uneven Bars Champion • 10-time All-American • Two-time Broderick Award Winner • AMF American Award • SEC Athlete of the Year • SEC Champion • Five-time Regional Champion • Two-time All-SEC • World University Games

ALABAMA GYMNASTICS HALL OF FAME

BARBARA MACK | 1985

All-American • SEC Champion • AMF American Award • Rhodes Scholarship Finalist • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Two-time Regional Champion • Two-time SEC Academic Honor Roll

DENISE BALK | 1983

All-SEC

PATTI KLECKNER | 1983

All-SEC

PATTI RICE | 1984

SEC Champion • All-SEC • SEC Academic Honor Roll

LUANN GUZZETTI | 1983

All-SEC

ANGIE ALEXANDER | 1982

All-SEC

JULIE GARRETT | 1983

Three-time All-American • SEC Champion • Two-time All-SEC • Regional Champion • NCAA Post-graduate Scholarship

ANN WILHIDE | 1983

All-SEC

ALABAMA GYMNASTICS YEAR-BY-YEAR

2016

REGULAR SEASON RECORD — 8-5-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Abby Armbrecht, Fr.
Katie Bailey, Jr.
Lauren Beers, Sr.
Mackenzie Brannan, So.
Jenna Bresette, Fr.
Angelina Giancroce, Fr.
Ari Guerra, Fr.
Nickie Guerrero, So.
Amanda Huang, Fr.
Amanda Jetter, Jr.
Jennie Loeb, So.
Keely McNeer, Jr.
Avery Rickett, Fr.
Mary Lillian Sanders, Jr.
Aja Sims, Jr.
Carley Sims, Sr.
Mackenzie Valentin, Jr.
Kiana Winston, So.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz

2015

REGULAR SEASON RECORD — 7-2-1
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 1st

THE TEAM:

Katie Bailey, So.
Lauren Beers, Jr.
Mackenzie Brannan, Fr.
Kaitlyn Clark, Sr.
Hunter Dennis, Sr.
Lora Leigh Frost, Sr.
Nickie Guerrero, Fr.
Amanda Jetter, So.
Jennie Loeb, Fr.
Keely McNeer, So.
Dominique Pegg, So.
Mary Lillian Sanders, So.
Aja Sims, So.
Carley Sims, Jr.
Mackenzie Valentin, So.
Kayla Williams, Sr.
Kiana Winston, Fr.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz

2014

REGULAR SEASON RECORD — 7-2-1
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 1st

THE TEAM:

Katie Bailey, Fr.
Lauren Beers, So.
Kaitlyn Clark, Jr.
Sarah DeMeo, Sr.
Hunter Dennis, Jr.
Ria Domier, Sr.
Lindsey Fowler, Sr.
Lora Leigh Frost, Jr.
Kim Jacob, Sr.
Amanda Jetter, Fr.
Keely McNeer, Fr.
Diandra Milliner, Sr.
Dominique Pegg, Fr.
Mary Lillian Sanders, Fr.
Aja Sims, Fr.
Carley Sims, So.
Kayla Williams, Jr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2013

REGULAR SEASON RECORD — 7-2-1
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Sr.
Lauren Beers, Fr.
Olivia Carisella, Jr.
Kaitlyn Clark, So.
Sarah DeMeo, Jr.
Hunter Dennis, So.
Ria Domier, Jr.
Lindsey Fowler, Jr.
Lora Leigh Frost, So.
Marissa Gutierrez, Sr.
Kim Jacob, Jr.
Diandra Milliner, Jr.
Brooke Parker, So.
Ashley Priess, Sr.
Carley Sims, Fr.
Ashley Sledge, Sr.
Kayla Williams, So.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2012

REGULAR SEASON RECORD — 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Jr.
Olivia Carisella, So.
Kaitlyn Clark, Fr.
Sarah DeMeo, So.
Hunter Dennis, Fr.
Ria Domier, So.
Lindsey Fowler, So.
Lora Leigh Frost, Fr.
Marissa Gutierrez, Jr.
Kim Jacob, So.
Diandra Milliner, So.
Brooke Parker, Fr.
Ashley Priess, Sr.
Ashley Sledge, Jr.
Geralen Stack-Eaton, Sr.
Rachel Terry, Sr.
Hannah Toussaint, So.
Kayla Williams, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2011

REGULAR SEASON RECORD — 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Becca Alexin, So.
Olivia Carisella, Fr.
Alyssa Chapman, Sr.
Sarah DeMeo, Fr.
Ria Domier, Fr.
Lindsey Fowler, Fr.
Marissa Gutierrez, So.
Kayla Hoffman, Sr.
Kim Jacob, Fr.
Megan Mashburn, Sr.
Diandra Milliner, Fr.
Jordan Moore, Fr.
Ashley Priess, Jr.
Ashley Sledge, So.
Geralen Stack-Eaton, Jr.
Rachel Terry, Jr.
Hannah Toussaint, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2010

REGULAR SEASON RECORD — 9-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Fr.
Courtney Bell, Fr.
Alyssa Chapman, Sr.
Morgan Dennis, Sr.
Jocelyn Fowler, So.
Marissa Gutierrez, Fr.
Mary Hauswirth, Fr.
Kayla Hoffman, Jr.
Ricki Lebegern, Sr.
Megan Mashburn, Jr.
Casey Overton, Sr.
Erika Pearson, So.
Kassi Price, Sr.
Ashley Priess, So.
Ashley Sledge, Fr.
Geralen Stack-Eaton, So.
Rachel Terry, So.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2009

REGULAR SEASON RECORD — 8-5-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Alyssa Chapman, Jr.
Morgan Dennis, Jr.
Jocelyn Fowler, Fr.
Kayla Hoffman, So.
Ricki Lebegern, Jr.
Brittany Magee, Sr.
Megan Mashburn, So.
Amanda Montgomery, Sr.
Ashley O'Neal, Sr.
Casey Overton, Jr.
Erika Pearson, Fr.
Kassi Price, Jr.
Ashley Priess, Fr.
Jacqueline Shealy, Jr.
Geralen Stack-Eaton, Fr.
Caitlin Sullivan, Fr.
Rachel Terry, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth

2008

REGULAR SEASON RECORD — 10-4-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 2nd

THE TEAM:

Alyssa Chapman, So.
Morgan Dennis, So.
Kayla Hoffman, Fr.
Terin Humphrey, Sr.
Jennifer Iovino, Fr.
Ricki Lebegern, So.
Brittany Magee, Jr.
Cassie Martin, Jr.
Megan Mashburn, Fr.
Amanda Montgomery, Jr.
Ashley O'Neal, Jr.
Casey Overton, So.
Kassi Price, So.
Courtney Priess, Jr.
Jacqueline Shealy, So.
Kaitlin White, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2007

REGULAR SEASON RECORD — 8-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 1st | SEC 3rd

THE TEAM:

Alyssa Chapman, Fr.
Morgan Dennis, Fr.
Terin Humphrey, Jr.
Ricki Lebegern, Fr.
Brittany Magee, So.
Cassie Martin, So.
Amanda Montgomery, So.
Ashley O'Neal, So.
Casey Overton, Fr.
Kassi Price, Fr.
Courtney Priess, So.
Erin Rightley, Sr.
Jacqueline Shealy, Fr.
Kaitlin White, Jr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2006

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Melanie Banville, Fr.
Mari Bayer, Sr.
Rachael Delahoussaye, Sr.
Dana Filetti, Sr.
Ashley Ford, Fr.
Terin Humphrey, So.
Brittany Magee, Fr.
Cassie Martin, Fr.
Ashley Miles, Sr.
Amanda Montgomery, Fr.
Ashley O'Neal, Fr.
Dana Pierce, Sr.
Courtney Priess, Fr.
Erin Rightley, Jr.
Kaitlin White, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2005

REGULAR SEASON RECORD — 11-3-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 3rd

THE TEAM:

Mari Bayer, Jr.
Alexis Brion, Sr.
Brittany Comeaux, So.
Rachael Delahoussaye, Jr.
Dana Filetti, Jr.
Shannon Hrozek, Sr.
Terin Humphrey, Fr.
Meredith Laxton, So.
Ashley Miles, Jr.
Dana Pierce, Jr.
Michelle Reeser, Sr.
Erin Rightley, So.
Jessie Silver, Fr.
Kaitlin White, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2004

REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 2nd

THE TEAM:

Mari Bayer, So.
Alexis Brion, Jr.
Brittany Comeaux, Fr.
Rachael Delahoussaye, So.
Dana Filetti, So.
Johnna Gay, Fr.
Lauren Holdefer, Sr.
Shannon Hrozek, Jr.
Stephanie Kite, Sr.
Meredith Laxton, Fr.
Ashley Miles, So.
Dana Pierce, So.
Michelle Reeser, Jr.
Jeana Rice, Sr.
Erin Rightley, Fr.
Larissa Stewart, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2003

REGULAR SEASON RECORD — 10-7-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Mari Bayer, Fr.
Alexis Brion, So.
Rachael Delahoussaye, Fr.
Dana Filetti, Fr.
Lauren Holdefer, Jr.
Shannon Hrozek, So.
Stephanie Kite, Jr.
Ashley Miles, Fr.
Dana Pierce, Fr.
Lauren Pruitt, Fr.
Michelle Reeser, So
Jeana Rice, Jr.
Kristin Sterner, Sr.
Larissa Stewart, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2002

REGULAR SEASON RECORD — 12-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Sr.
Alexis Brion, Fr.
Helen Burgin, So.
Tiffany Byrd, So.
Erin Holdefer, So.
Lauren Holdefer, So.
Shannon Hrozek, Fr.
Stephanie Kite, So.
Alexa Martinez, Sr.
Whitney Morgan, Sr.
Andreé Pickens, Sr.
Michelle Reeser, Fr.
Jeana Rice, So.
Sara Scarborough, Jr.
Kristin Sterner, Jr.
Raegan Tomasek, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Duckworth

2001

REGULAR SEASON RECORD — 15-2-1
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Jr.
Helen Burgin, Fr.
Tiffany Byrd, Fr.
Robin Hawkins, Sr.
Erin Holdefer, Fr.
Lauren Holdefer, Fr.
Katie Hornecker, Sr.
Stephanie Kite, Fr.
Alexa Martinez, Jr.
Whitney Morgan, Jr.
Andreé Pickens, Jr.
Jeana Rice, Fr.
Sara Scarborough, So.
Lissy Smith, Sr.
Kristin Sterner, So.
Dara Stewart, Sr.
Raegan Tomasek, Jr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley

2000

REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 5th | Regional 1st | SEC 1st

THE TEAM:

Natalie Barrington, So.
Lexa Evans, Sr.
Krista Gole, So.
Robin Hawkins, Jr.
Katie Hornecker, Jr.
Gina Logan, Sr.
April Makinson, Jr.
Alexa Martinez, So.
Whitney Morgan, So.
Andreé Pickens, So.
Sara Scarborough, Fr.
Lissy Smith, Jr.
Kristin Sterner, Fr.
Dara Stewart, Jr.
Raegan Tomasek, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley

1999

REGULAR SEASON RECORD — 8-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Fr.
Mandy Chapman, Sr.
Lexa Evans, Jr.
Krista Gole, Fr.
Robin Hawkins, So.
Katie Hornecker, So.
Gina Logan, Jr.
April Makinson, So.
Alexa Martinez, Fr.
Whitney Morgan, Fr.
Andreé Pickens, Fr.
Lissy Smith, So.
Gwen Spidle, Sr.
Dara Stewart, So.
Raegan Tomasek, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky

1998

REGULAR SEASON RECORD — 10-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 4th

THE TEAM:

Merritt Booth, Sr.
Mandy Chapman, Jr.
Lexa Evans, So.
Becca Fields, So.
Robin Hawkins, Fr.
Katie Hornecker, Fr.
Gina Logan, So.
April Makinson, Fr.
Danielle McAdams, Sr.
Shay Murphy, Sr.
Lissy Smith, Fr.
Gwen Spidle, Jr.
Dara Stewart, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky

1997

REGULAR SEASON RECORD — 13-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 2nd | SEC 4th

THE TEAM:

Kim Bonaventura, Sr.
Merritt Booth, Jr.
Mandy Chapman, So.
Lexa Evans, Fr.
Becca Fields, Fr.
Lisa Gianni, So.
Lauren Graffeo, Fr.
Heidi Harriman, Fr.
Gina Logan, Fr.
Danielle McAdams, Jr.
Shay Murphy, Jr.
Heather Nasser, Jr.
Rachel Rochelli, Fr.
Gwen Spidle, So.
Meredith Willard, Sr.
Stephanie Woods, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla

1996

REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Jr.
Merritt Booth, So.
Mandy Chapman, Fr.
Lisa Gianni, Fr.
Kim Kelly, Sr.
Danielle McAdams, So.
Shay Murphy, So.
Heather Nasser, So.
Marna Neubauer, Sr.
Gwen Spidle, Fr.
Meredith Willard, Jr.
Stephanie Woods, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1995

REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Kim Bonaventura, So.
Merritt Booth, Fr.
Chasity Junkin, Sr.
Kim Kelly, Jr.
Danielle McAdams, Fr.
Shay Murphy, Fr.
Heather Nasser, Fr.
Marna Neubauer, Jr.
Meredith Willard, So.
Stephanie Woods, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1994

REGULAR SEASON RECORD — 7-3-1
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Fr.
Keri Duley, Sr.
Sheryl Dundas, Sr.
Kim Gigante, Fr.
Chasity Junkin, Jr.
Kim Kelly, So.
Marna Neubauer, So.
Kara Stilp, Sr.
Gretchen Stockley, Jr.
Marti Watson, Sr.
Meredith Willard, Fr.
Stephanie Woods, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1993

REGULAR SEASON RECORD — 9-2-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Dana Dobransky, Sr.
Keri Duley, Jr.
Sheryl Dundas, Jr.
Dee Foster, Sr.
Chasity Junkin, So.
Kim Kelly, Fr.
Marna Neubauer, Fr.
Jenny McKernan, Fr.
Kara Stilp, Jr.
Gretchen Stockley, So.
Marti Watson, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall

1992

REGULAR SEASON RECORD — 8-4-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Sr.
Dana Dobransky, Jr.
Keri Duley, So.
Sheryl Dundas, So.
Dee Foster, Jr.
Chasity Junkin, Fr.
Katherine Kelleher, Sr.
Shea McFall, Sr.
Kara Stilp, So.
Gretchen Stockley, Fr.
Holly Voorheis, Fr.
Marti Watson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1991

REGULAR SEASON RECORD — 16-0-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Jr.
Dana Dobransky So.
Keri Duley, Fr.
Sheryl Dundas, Fr.
Dee Foster, So.
Katherine Kelleher, Jr.
Shea McFall, Jr.
Kim Masters, Sr.
Tina Rinker, Sr.
Kara Stilp, Fr.
Marti Watson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1990

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Gina Basile, So.
Ali Blumberg, Sr.
Dana Dobransky, Fr.
Dee Foster, Fr.
Katherine Kelleher, So.
Shea McFall, So.
Kim Masters, Jr.
Tina Rinker, Jr.
Marie Robbins, Sr.
Tracey Tillman, Sr.
Cheri Way, Sr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1989

REGULAR SEASON RECORD — 13-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Wendy Anderson, So.
Gina Basile, Fr.
Ali Blumberg, Jr.
Kelly Good, Sr.
Katherine Kelleher, Fr.
Kim Masters, So.
Michelle Maxwell, Fr.
Shea McFall, Fr.
Tina Rinker, So.
Marie Robbins, Jr.
Tracey Tillman, Jr.
Cheri Way, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1988

REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.
Tracey Tillman, So.
Cheri Way, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1987

REGULAR SEASON RECORD — 12-5-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 3rd

THE TEAM:

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.
Tracey Tillman, So.
Cheri Way, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1986

REGULAR SEASON RECORD — 18-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 3rd

THE TEAM:

Alli Beldon, So.
Kathy Bilodeau, So.
Julie Estin, Jr.
Lisa Farley, So.
Kelly Good, Fr.
Penney Hauschild, Sr.
Jamie Jenkins, Fr.
Stephanie Kehr, So.
Patty O'Donohue, Fr.
Cindy Wilson, Jr.
Ann Winston, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1985

REGULAR SEASON RECORD — 16-4-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Alli Beldon, Fr.
Kathy Bilodeau, Fr.
Julie Estin, So.
Lisa Farley, Fr.
Penney Hauschild, Jr.
Stephanie Kehr, Fr.
Barbara Mack, Sr.
Patti Rice, Sr.
Cindy Wilson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen

1984

REGULAR SEASON RECORD — 15-5-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 3rd

THE TEAM:

Julie Estin, Fr.
Beverly Fry, So.
Penney Hauschild, So.
Stacey Helm, So.
Nora Kirk, Jr.
Barbara Mack, Jr.
Patti Rice, Jr.
Wendy Wilfong, Fr.
Cindy Wilson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1983

REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Denise Balk, Sr.
Beverly Fry, Fr.
Julie Garrett, Sr.
LuAnn Guzzetti, Sr.
Penney Hauschild, Fr.
Stacey Helm, Fr.
Nora Kirk, So.
Patricia Kleckner, Sr.
Barbara Mack, So.
Patti Rice, So.
Ann Wilhide, Sr.
Wendy Wilfong, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

1982

REGULAR SEASON RECORD — 17-2-0
CHAMPIONSHIPS —
AIAW: 4th | Regional 2nd | SEC 2nd

THE TEAM:

Angie Alexander, So.
Denise Balk, Jr.
Kim Drane, Fr.
Julie Garrett, Jr.
LuAnn Guzzetti, Jr.
Nora Kirk, Fr.
Patti Kleckner, Jr.
Barbara Mack, Fr.
Ann Wilhide, Jr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1981

REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
SEC 4th

THE TEAM:

Angie Alexander, Fr.
Cindy DeLucas, Fr.
Alison Green, So.
LuAnn Guzzetti, So.
Patti Kleckner, So.
Stacy Murin, So.
Lisa Palk, So.
Ann Wilhide, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1980

REGULAR SEASON RECORD — 16-4-0

THE TEAM:

Susan Blake, Fr.
Beth Cook, Jr.
Alison Green, Fr.
LuAnn Guzzetti, Fr.
Patti Kleckner, Fr.
Stacy Murin, Fr.
Judie Norton, Sr.
Lisa Palk, Fr.
Ann Wilhide, Fr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1979

REGULAR SEASON RECORD — 7-7-0

THE TEAM:

Debra Bodley, Jr.
Leslie Chrisman, Fr.
Judie Norton, Jr.
Snow White, Sr.
Kathy Willis, So.
Stacey Willis, Fr.
Ann Wood, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson

1978

REGULAR SEASON RECORD — 6-7-0

THE TEAM:

Holley Brauer, So.
Cindy Dorman, Jr.
Beth Mandy, Jr.
Judie Norton, So.
Patty Sprado, Jr.
Snow White, Jr.
Kathy Willis, Fr.
Ann Wood, Fr.
Head Coach:
Tom Steele

1977

REGULAR SEASON RECORD — 1-7-0

THE TEAM:

Cindy Beckler, So.
Melissa Hunt, Fr.
Beth Mandy, So.
Judie Norton, Fr.
Patty Sprado, So.
Carla Spruill, So.
Janice Stramiello, So.
Snow White, So.
Head Coach:
Phyllis Draper

1976

REGULAR SEASON RECORD — 3-7-0

THE TEAM:

Cindy Beckler, Fr.
Sherry Johnson, Fr.
Beth Mandy, So.
Becky Payne, Fr.
Patty Sprado, Fr.
Beth Troxell, Fr.
Harriet Troxell, Fr.
Snow White, Fr.
Head Coach:
Sheila Hill

1975

REGULAR SEASON RECORD — 4-4-0

THE TEAM:

Deane Chapman, Fr.
Carmen Charnock, Fr.
Lucy Harris, Sr.
Joy Kelly, Sr.
Pam McAneny, Jr.
Debbie Moore, So.
Francie Scarborough, So.
Susan Smith, So.
Janice Stramiello, So.
Head Coach:
Riki Sutton

ALABAMA AT THE NCAA CHAMPIONSHIPS

On the national level, Alabama has enjoyed staggering success for 34 years ever since vaulting into the NCAA standings in 1983 with a fourth-place finish. The Crimson Tide won its sixth national championship, and second in a row, in 2012, marking the first time in Alabama's storied history that the team has won back-to-back titles.

The 2016 season marked Alabama's 34th consecutive NCAA Championship appearance, a stretch that includes 29 top-4 finishes, and 13 top-2 finishes.

Alabama gymnasts have also excelled individually, winning 26 individual NCAA championships, including Katie Bailey's 2016 vault title and Kim Jacob's all-around title in 2014. Bailey's championship was Alabama's fifth vault title while Jacob's championship was the Tide's sixth all-around title.

Jacob joined Diandra Milliner, who won the 2014 NCAA Vault title, and Geralen Stack-Eaton, who won NCAA Championships on the balance beam and floor exercise in 2011 and 2012, respectively, in giving Alabama four consecutive years with an individual NCAA title.

In 2007, Morgan Dennis won the NCAA floor exercise title as a freshman while Terin Humphrey won her second national uneven bars title that same season, adding it to her 2005 championship.

Ashley Miles won four NCAA championships during her career, including three vault titles, 2003, 2004, 2006 and the 2004 floor exercise crown. In 2006, she became the first collegiate gymnast in 20 years to win the same event three times.

Jeana Rice brought home Alabama's fifth NCAA all-around title in 2004, joining Penney Hauschild, Alabama's first NCAA champion, who won all-around titles in 1985 and 1986, as well as Dee Foster and Meredith Willard who managed the feat in 1990 and 1996, respectively. Foster became the first collegiate gymnast to finish top-3 in the all-around all four years of her career. She was first in 1990, second in 1991 and 1993, and third in 1992.

In addition to her all-around titles, Hauschild won the uneven bars championship in 1985 and took home top marks in the floor exercise in 1986. Gina Basile was awarded the balance beam title in 1991, while Dana Dobransky was the first Tide gymnast to repeat on an individual event when she won back-to-back balance beam titles in 1992 and 1993.

Kim Kelly finished off her stellar career with a winning 10.0 floor exercise performance at the 1996 NCAA Individual Event Finals. That same year, Stephanie Woods won the uneven bars title as a junior. In 1999, Andreé Pickens won the NCAA balance beam as a rookie. She added a Cinderella finish to her standout career with the 2002 NCAA Uneven Bars Championship.

When it comes to All-America honors, Alabama has been extremely prolific as 71 Tide gymnasts have earned All-America honors a total of 340 times. In 1993, Foster set an NCAA record when she ended her career with 17 first team All-America honors, a mark that still stands. In 2004, Rice set the national mark for All-America honors in a career, finishing with 18 combined first- and second-team honors.

2012

2011

2002

1996

1991

1988

ALABAMA'S NCAA TEAM CHAMPIONSHIPS:
2012, 2011, 2002, 1996, 1991, 1988

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS:
Katie Bailey – 1, Kim Jacob – 1, Diandra Milliner – 1, Geralen Stack-Eaton – 2, Morgan Dennis – 1, Terin Humphrey – 2, Ashley Miles – 4, Jeana Rice – 1, Andreé Pickens – 2, Meredith Willard – 1, Kim Kelly – 1, Stephanie Woods – 1, Dana Dobransky – 2, Gina Basile – 1, Dee Foster – 1, Penney Hauschild – 4

ALABAMA AT THE NCAA CHAMPIONSHIPS YEAR-BY-YEAR:

2016	3rd	2007	9th	1998	3rd	1989	3rd
2015	4th	2006	3rd	1997	9th	**1988**	**1st**
2014	4th	2005	2nd	**1996**	**1st**	1987	4th
2013	3rd	2004	t-3rd	1995	t-2nd	1986	3rd
2012	**1st**	2003	2nd	1994	2nd	1985	4th
2011	**1st**	**2002**	**1st**	1993	2nd	1984	6th
2010	3rd	2001	4th	1992	3rd	1983	4th
2009	2nd	2000	5th	**1991**	**1st**		
2008	6th	1999	3rd	1990	2nd		

THE NCAA CHAMPIONSHIPS

2016 | FORT WORTH, TEXAS

1.	Oklahoma	197.6750
2.	LSU	197.4500
3.	**ALABAMA**	**197.4375**
4.	Florida	197.3500
5.	UCLA	196.8250
6.	Georgia	196.8125

Alabama NCAA Champion-
Katie Bailey V

2015 | FORT WORTH, TEXAS

1.	Florida	197.850
2.	Utah	197.800
3.	Oklahoma	197.525
4.	**ALABAMA**	**197.275**
5.	Stanford	197.250
6.	Auburn	195.625

2014 | BIRMINGHAM, ALA.

1.	Florida	198.175
	Oklahoma	198.175
3.	LSU	197.600
4.	**ALABAMA**	**197.550**
5.	Georgia	197.100
6.	Nebraska	196.500

Alabama NCAA Champion-
Kim Jacob AA

2013 | LOS ANGELES, CALIF.

1.	Florida	197.575
2.	Oklahoma	197.375
3.	**ALABAMA**	**197.350**
4.	UCLA	197.100
5.	LSU	197.050
6.	Georgia	196.675

Alabama NCAA Champion-
Diandra Milliner V

2012 | DULUTH, GA.

1.	**ALABAMA**	**197.850**
2.	Florida	197.775
3.	UCLA	197.750
4.	Stanford	197.500
5.	Utah	197.375
6.	Arkansas	196.300

Alabama NCAA Champion-
Geralen Stack-Eaton BB

2011 | CLEVELAND, OHIO

1.	**ALABAMA**	**197.650**
2.	UCLA	197.375
3.	Oklahoma	197.250
4.	Nebraska	196.725
5.	Utah	196.500
6.	Michigan	196.425

Alabama NCAA Champion-
Geralen Stack-Eaton FX

2010 | GAINESVILLE, FLA.

1.	UCLA	197.725
2.	Oklahoma	197.250
3.	**ALABAMA**	**197.225**
4.	Stanford	197.100
5.	Florida	197.000
6.	Utah	196.225

2009 | LINCOLN, NEB.

1.	Georgia	197.825
2.	**ALABAMA**	**197.575**
3.	Utah	197.425
4.	Florida	196.725
5.	Arkansas	196.475
6.	LSU	196.375

2008 | ATHENS, GA.

1.	Georgia	197.450
2.	Utah	197.125
3.	Stanford	196.750
4.	Florida	196.700
5.	LSU	196.350
6.	**ALABAMA**	**196.125**

2007 | SALT LAKE CITY, UTAH

1.	Georgia	197.850
2.	Utah	197.250
3.	Florida	197.225
4.	UCLA	196.925
5.	Stanford	196.825
6.	Nebraska	195.975
7.	LSU	196.275
8.	Oklahoma	196.250
9.	**ALABAMA**	**196.125**
10.	Denver	195.575
11.	Oregon State	195.100
	Michigan	195.100

Alabama NCAA Champion-
Terin Humphrey UB
Morgan Dennis FX

2006 | CORVALLIS, ORE.

1.	Georgia	197.750
2.	Utah	196.800
3 .	**ALABAMA**	**196.725**
4 .	Florida	196.275
5 .	Nebraska	196.175
6.	Iowa State	194.725

Alabama NCAA Champion-
Ashley Miles V

2005 | AUBURN, ALA.

1.	Georgia	197.825
2.	**ALABAMA**	**197.400**
3.	UCLA	197.275
4.	Utah	197.150
5.	Michigan	196.575
6.	Nebraska	196.425

Alabama NCAA Champion-
Terin Humphrey UB

2004 | LOS ANGELES, CALIF.

1.	UCLA	198.125
2.	Georgia	197.200
3.	**ALABAMA**	**197.125**
	Stanford	197.125
5.	Florida	196.800
6.	Utah	195.775

Alabama NCAA Champions-
Ashley Miles V, FX
Jeana Rice AA

2003 | LINCOLN, NEB.

1.	UCLA	197.825
2.	**ALABAMA**	**197.275**
3.	Georgia	197.150
4.	Nebraska	197.125
5.	Michigan	196.050
6.	Utah	195.300

Alabama NCAA Champion-
Ashley Miles V

2002 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**197.575**
2.	Georgia	197.250
3.	UCLA	197.150
4.	Utah	196.950
5.	Nebraska	196.425
6.	Stanford	196.025

Alabama NCAA Champion-
Andreé Pickens UB

2001 | ATHENS, GA.

1.	UCLA	197.575
2.	Georgia	197.400
3.	Michigan	197.275
4.	**ALABAMA**	**196.550**
5.	Utah	196.025
	Nebraska	196.025

2000 | BOISE, IDAHO

1.	UCLA	197.300
2.	Utah	196.875
3.	Georgia	196.800
4.	Nebraska	196.725
5.	**ALABAMA**	**196.500**
6.	Michigan	195.725

1999 | SALT LAKE CITY, UTAH

1.	Georgia	196.850
2.	Michigan	196.550
3.	**ALABAMA**	**195.950**
4.	Arizona State	195.900
5.	UCLA	195.850
6.	Nebraska	194.800

Alabama NCAA Champion-
Andreé Pickens BB

1998 | LOS ANGELES, CALIF.

1.	Georgia	197.725
2.	Florida	196.350
3.	**ALABAMA**	**196.300**
4.	Utah	196.025
5.	UCLA	195.750
6.	Arizona State	195.450

1997 | GAINESVILLE, FLA.

1.	UCLA	197.150
2.	Arizona State	196.850
3.	Georgia	196.600
4.	Michigan	196.500
5.	Florida	196.425
6.	Nebraska	195.250
7.	Utah	196.025
8.	Washington	195.975
9.	**ALABAMA**	**195.600**
10.	Minnesota	194.775
11.	Penn State	194.300
12.	LSU	193.825

1996 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**198.025**
2.	UCLA	197.475
3.	Utah	196.775
	Georgia	196.775
5.	Oregon State	196.525
6.	Michigan	196.375

Alabama NCAA Champions-
Meredith Willard AA
Kim Kelly FX
Stephanie Woods UB

1995 | ATHENS, GA.

1.	Utah	196.650
2.	**ALABAMA**	**196.425**
	Michigan	196.425
4.	UCLA	196.150
5.	Georgia	196.075
6.	Oregon State	194.850

1994 | SALT LAKE CITY, UTAH

1.	Utah	196.400
2.	**ALABAMA**	**196.350**
3.	Georgia	195.850
4.	Michigan	195.150
5.	UCLA	194.975
6.	Florida	194.850

1993 | CORVALLIS, ORE.

1.	Georgia	198.000
2.	**ALABAMA**	**196.825**
3.	Utah	195.825
4.	UCLA	194.925
5.	Auburn	194.725
6.	Arizona	194.075

Alabama NCAA Champion-
Dana Dobransky BB

1992 | SAINT PAUL, MINN.

1.	Utah	195.650
2.	Georgia	194.600
3.	**ALABAMA**	**193.350**
4.	Penn State	192.700
5.	Arizona	191.950
6.	Oregon State	191.300

Alabama NCAA Champion-
Dana Dobransky BB

1991 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**195.125**
2.	Utah	194.375
3.	Georgia	193.375
4.	Oregon State	192.350
5.	Penn State	190.950
6.	Florida	189.700
7.	LSU	188.600
8.	BYU	187.700
9.	Arizona State	187.650
	Auburn	187.650
11.	Arizona	187.450
12.	Utah State	185.950

1990 | CORVALLIS, ORE.

1.	Utah	194.900
2.	**ALABAMA**	**194.575**
3.	Georgia	193.225
4.	UCLA	193.100
5.	Nebraska	192.225
6.	LSU	192.100
7.	Oregon State	189.950
8.	CS Fullerton	189.700
9.	Towson State	187.975
10.	Arizona	187.175
	Florida	187.175
12.	Ohio State	183.650

Alabama NCAA Champion-
Dee Foster AA

1989 | ATHENS, GA.

1.	Georgia	192.650
2.	UCLA	192.600
3.	**ALABAMA**	**192.100**
4.	Nebraska	190.800
5.	Utah	190.200
6.	CS Fullerton	189.450
7.	Arizona State	187.900
	Oregon State	187.900
9.	Oklahoma	187.050
10.	Florida	187.000
11.	Arizona	186.500
12.	Ohio State	186.400

1988 | SALT LAKE CITY, UTAH

1.	**ALABAMA**	**190.050**
2.	Utah	189.500
3.	UCLA	188.800
4.	LSU	187.900
5.	Georgia	186.800
6.	Florida	186.650
7.	Oregon State	186.500
8.	Arizona State	185.100
9.	Arizona	184.000
10.	Nebraska	183.550
11.	Penn State	179.700
12.	Michigan State	178.800

1987 | SALT LAKE CITY, UTAH

1.	Georgia	187.900
2.	Utah	187.550
3.	UCLA	187.000
4.	**ALABAMA**	**186.600**
5.	Arizona State	184.000
6.	Florida	183.800
7.	LSU	181.500
8.	Ohio State	180.200
9.	Washington	179.850
10.	Nebraska	179.500
11.	Arizona	179.450
12.	Oregon State	174.500

1986 | GAINESVILLE, FLA.

1.	Utah	186.950
2.	Arizona State	186.700
3.	**ALABAMA**	**186.350**
4.	Georgia	185.450
5.	CS Fullerton	185.000
6.	Penn State	182.700
7.	UCLA	181.700
8.	Florida	181.300
9.	LSU	180.550
10.	Ohio State	177.800

Alabama NCAA Champion-
Penney Hauschild FX, AA

1985 | SALT LAKE CITY, UTAH

1.	Utah	188.350
2.	Arizona State	186.600
3.	Florida	184.300
4.	**ALABAMA**	**184.050**
5.	CS Fullerton	183.500
6.	Oregon	183.150
7.	Georgia	180.900
8.	Ohio State	179.750
9.	Penn State	179.000
10.	Oklahoma	177.400

Alabama NCAA Champion-
Penney Hauschild UB, AA

1984 | LOS ANGELES, CALIF.

1.	Utah	186.050
2.	UCLA	185.550
3.	CS Fullerton	183.900
4.	Arizona State	183.650
5.	Florida	182.200
6.	**ALABAMA**	**180.800**
7.	Penn State	179.450
8.	Washington	178.550
9.	Georgia	177.600
10.	Arizona	176.900

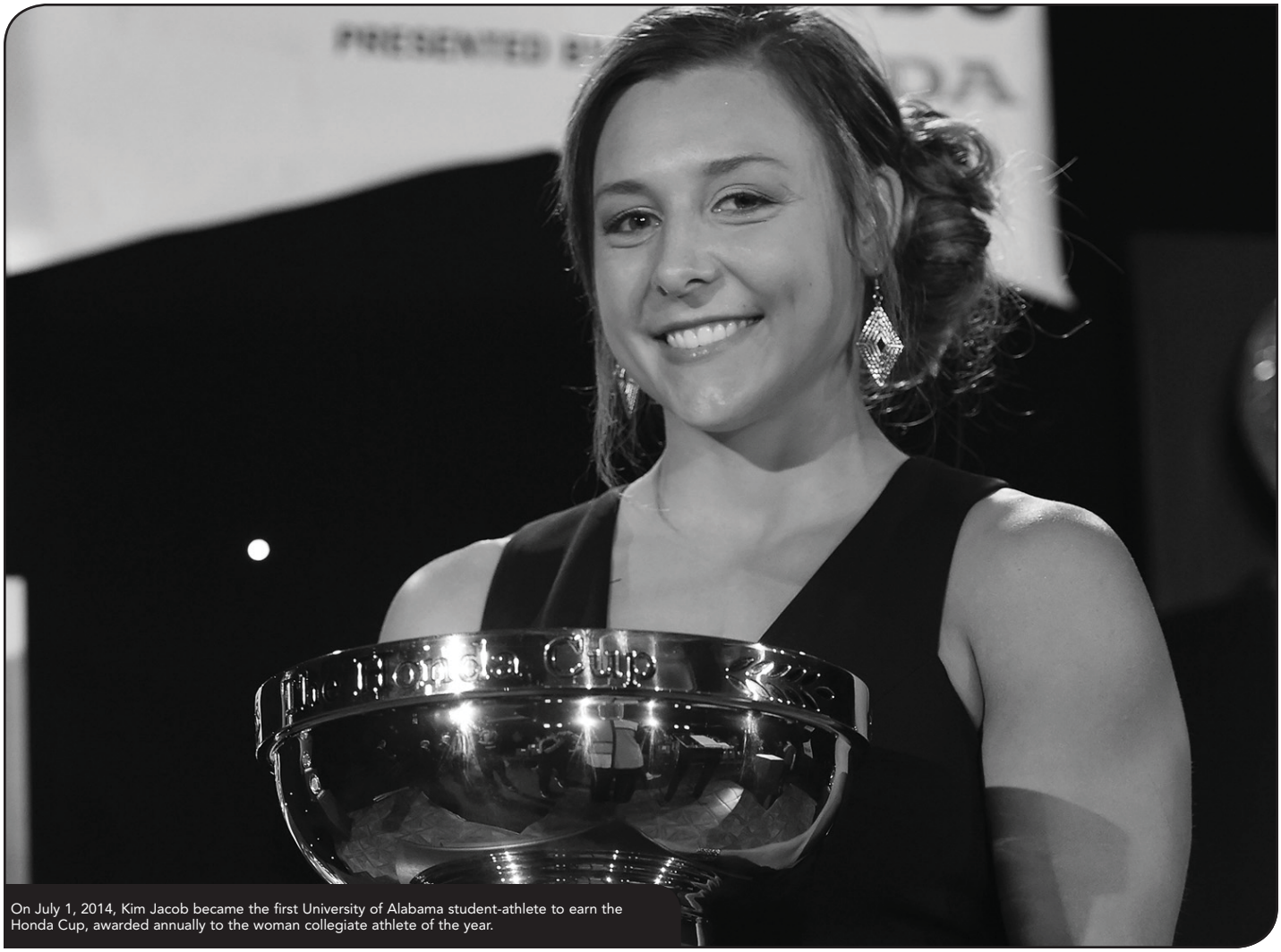
1983 | SALT LAKE CITY, UTAH

1.	Utah	184.650
2.	Arizona State	183.300
3.	CS Fullerton	179.250
4.	**ALABAMA**	**179.050**
5.	Florida	177.850
6.	LSU	177.800
	UCLA	177.800
8.	Ohio State	176.650
9.	Oregon State	173.550
10.	Nebraska	165.550

1982 | SALT LAKE CITY, UTAH

1.	Utah	148.600
2.	CS Fullerton	144.150
3.	Penn State	143.100
4.	Oregon State	143.000
5.	Arizona State	142.950
6.	UCLA	142.400
7.	Florida	140.900
8.	Nebraska	138.100
9.	Oklahoma State	137.200
10.	Michigan	136.900

ALABAMA'S NATIONAL HONORS



On July 1, 2014, Kim Jacob became the first University of Alabama student-athlete to earn the Honda Cup, awarded annually to the woman collegiate athlete of the year.

HONDA CUP

Awarded to the nation's top collegiate female athlete.

2014 Kim Jacob

HONDA AWARD

Awarded to the nation's top collegiate gymnast.

2014 Kim Jacob
2011 Kayla Hoffman
2006 Ashley Miles
2004 Jeana Rice
2002 Andreé Pickens
1993 Dee Foster
1986 Penney Hauschild
1985 Penney Hauschild

NCAA TODAY'S TOP TEN

The NCAA's most prestigious award, which encompasses athletics, academics and character, is presented annually to the nation's top eight senior athletes regardless of gender, sport or division.

2014 Kim Jacob
2011 Kayla Hoffman
2003 Kristin Sterner
2002 Andreé Pickens
1997 Meredith Willard

NCAA ELITE 90

Started in 2010, the award is given to the student-athlete with the top grade point average at the NCAA Championships.

2016 Lauren Beers
2015 Lauren Beers
2014 Lauren Beers
2013 Kim Jacob
2012 Rachel Terry
2011 Rachel Terry
2010 Kassi Price

CAPITAL ONE ACADEMIC ALL-AMERICA OF THE YEAR

2014 Kim Jacob

NATIONAL COACH OF THE YEAR

2002 Sarah Patterson
1991 Sarah Patterson
1988 Sarah Patterson
1986 Sarah Patterson

NCAA POSTGRADUATE SCHOLARSHIPS

2016 Lauren Beers
2014 Kim Jacob
Sarah DeMeo
Diandra Milliner
2013 Ashley Sledge*
Ashley Priess
2011 Kayla Hoffman
2010 Kassi Price
2004 Stephanie Kite
2003 Kristin Sterner
1998 Merritt Booth
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1989 Kelly Good
1987 Julie Estin
1985 Barbara Mack
1983 Julie Garrett

** Ashley Sledge also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship.*

NCAA WOMAN OF THE YEAR

First awarded in 1991, the Woman of the Year program honors academic and athletics excellence, as well as community service and leadership, on a national level. From 1991 to 2006, there were three levels: state winner, finalist and Woman of the Year. There are now four levels, conference winner, Top-30, Top-9 and Woman of the Year. The middle two tiers are now divided among the three NCAA Divisions, which means that for Division I, there are 10 finalists among the Top-30 and three among the Top-9.

2015 Kim Jacob..... Top-30
2013 Ashley Priess Top-30
2005 Michelle Reeser..... Top-10
2004 Stephanie Kite..... State
2003 Kristin Sterner..... Top-10
2002 Andreé Pickens ..... State
2000 Lexa Evans..... State
1998 Merritt Booth Top-10
1997 Meredith Willard ... Top-10
1993 Dana Dobransky..... State
1992 Katherine Kelleher.... State

NCAA TODAY'S TOP TEN AWARD

Among the highest honors that the NCAA can bestow, Alabama gymnasts have earned a place among the NCAA Today's Top Ten honorees five times, with Kim Jacob (opposite page) becoming the latest honoree in 2015. The Crimson Tide's other honorees, from the left: **Kayla Hoffman** with former Alabama Director of Athletics **Mal Moore** in 2011; **Kristin Sterner** with ESPN personality and University of Alabama graduate **Rece Davis** in 2003; **Andreé Pickens** with former Crimson Tide gymnast and current Associate Athletics Director **Marie Robbins** in 2002; and **Meredith Willard**, who took home Alabama gymnastics' first honor in 1997, with former UA president **Dr. Andrew Sorensen**.

HONDA AWARD

Kim Jacob, pictured on the opposite page with her Honda Cup, is the seventh Alabama gymnast to take home the award given annually to the national gymnast of the year. Jacob joined (from the left) **Kayla Hoffman** (2011), **Ashley Miles** (2006), **Jeana Rice** (2004), **Andreé Pickens** (2002), **Dee Foster** (1993) and **Penney Hauschild**, who won it twice, in 1985 and 1986, giving Alabama eight Honda Awards overall.

NATIONAL COACH OF THE YEAR

Sarah Patterson was named National Coach of the Year four times in three different decades, including 1986, 1988, 1991 and 2002.

NCAA ELITE 90 AWARD WINNERS

The NCAA Elite 90 Award began in 2010 and is presented to the student-athlete with the highest cumulative grade point average at each of the NCAA's 90 national championships. The award has been bestowed to a UA gymnast each of its first seven years, including **Lauren Beers** (far left with NCAA Championship Committee Chair **Lindy Roberts** in 2014), who became the first three-year winner, 2014, 2015 and 2016. **Kim Jacob,** second from the left with former NCAA Championship Committee Chair **Kim Green,** earned it in 2013. **Rachel Terry**, third from the left with former NCAA Championship Committee Chair **Paul Plinske** in 2011, became the first two-time winner, in 2011 and 2012. Plinske also presented the inaugural award to **Kassi Price** in 2010 (right).

THE 2012 NCAA CHAMPIONS

For the Alabama gymnastics team, the final rotation of the 2012 NCAA Championships was like déjà vu of the best kind. In fact, the Crimson Tide's entire national championship experience in 2012 was reminiscent of 2011 in Cleveland, when Alabama won its fifth national title, though there were certainly twists along the way.

In 2011, Alabama headed into the championship's final rotation only .025 ahead of UCLA. In 2012, Alabama trailed No. 1 seed Florida by the same margin. In 2011, Alabama headed to the floor exercise while defending NCAA champion UCLA took to the balance beam, and Oklahoma sat on a bye with a score good enough to win, if the Crimson Tide and Bruins faltered. In 2012, the Gators went to the floor while defending champion Alabama headed to the beam and UCLA sat on a bye with a score that would have won the previous two championships.

If all that wasn't enough, Alabama and Florida were tied at the midpoint of that final rotation, just as the Bruins and Tide had been in 2011.

From there things were a little different. While Alabama took the lead with its fourth routine in 2011 and never looked back, in 2012 the Gators retook the lead with their fourth routine and stayed in front after their fifth. When the final Gator scored a 9.925, it gave Florida a team score of 197.775, just ahead of the Bruins with everyone in the arena waiting on Alabama's final competitor to see if her score was enough to put the Tide on top once again.

While that final 2012 rotation seemed very familiar to the rest of the Crimson Tide veterans, it was a vastly different experience for Ashley Priess. In 2011, following surgery on both ankles prior to the regular season, she had been on the sidelines as her teammates powered their way to the title. Now Priess was standing on the podium, waiting to salute the judges and compete for a championship.

After senior Geralen Stack-Eaton's 9.9 in the fifth position, Priess needed a 9.875 to tie the Gators; anything better would win. After watching Kayla Hoffman in the same position the year before, Priess was ready.

"Championships always come down to the last routine and no matter if it was a close meet or not a close meet, I knew I had to do my job and I knew that I was capable of doing it to the best of my ability," Priess said. "The only thing that was going through my mind was to be calm, cool and collected and just do my job."

With every eye inside The Arena at Gwinnett Center on her, the Illinois native did just that. She mounted the beam and proceeded to confidently sweep through a near flawless routine. After nailing her dismount, Priess raced down the podium steps and into the arms of her jubilant teammates.

"All the way through Ashley's routine, we were all grouped together and holding onto each other and talking to her as she was going through her routine," Stack-Eaton said. "We were saying 'Okay, come on, connect!' and 'Chest up!' and 'Stick!' and we just all jumped up in the air when she finished. We didn't know what our fate was, but we just knew that we all did what we possibly could."

When Priess' score came up, the celebration started all over again as a 9.95 flashed, giving the Crimson Tide its second NCAA Championship in a row, this time by just .075. All told, the top five teams finished with scores over 197 and the difference between first and third place was the closest in championship history at only a tenth of a point.

"I said going into the championship that it would be the closest and most competitive championship that I had ever coached in," Patterson said. "I felt like because of the quality of teams, it was going to come down to the very end, and it did."

It certainly was a storybook ending to Priess' comeback season, and it was all that Patterson had hoped for.

"Ashley came back this year and used the hurt and frustration from a year ago to fuel herself and this team," Patterson said moments after the championship.

While the Tide's finish is the stuff of legend, its entire championship run was magical and it both started and ended on the balance beam.

Alabama began Friday night's semifinal session on the balance beam, setting the tone for the rest of the weekend with an extraordinary 49.6 performance. Kim Jacob started the Tide off with a 9.9, a scored matched by Kayla Williams and Sarah DeMeo before Stack-Eaton and Priess powered through to the end with matching 9.95s. After its strong start, Alabama went on to total a 197.675, the highest semifinal score of either session, edging out the Gators by .025.

In the Super Six, Alabama picked up where it left off the night before, posting a 49.450 on the floor exercise, anchored by a 9.95 from Stack-Eaton. Things got even better on the vault, where they had five 9.9 or better routines, including a 9.95 from Diandra Milliner and a 9.975 from Stack-Eaton, resulting in a 49.625. A 49.275 on the uneven bars by the Tide and a 49.475 on the balance beam by the Gators, allowed Florida to pull ahead going into the sixth and final rotation setting up an edge-of-the-seat championship finale for the second year in a row.

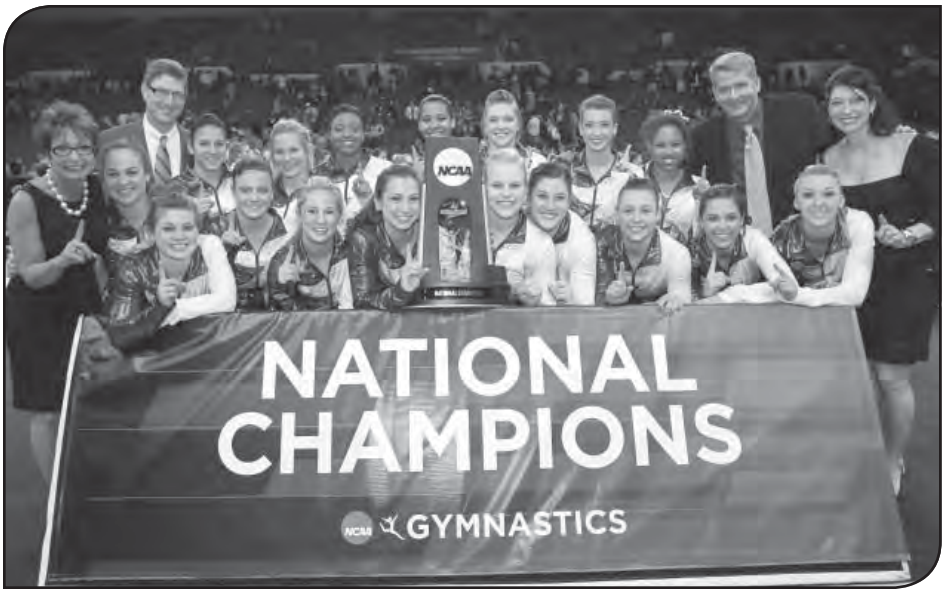
When all the scores were tallied, Alabama turned in the highest scores of the Super Six on the floor exercise, vault and balance beam. The Tide's 49.6 beam performance during the semifinals matched the highest beam score in history of the national championships.

Individually, Stack-Eaton scored a career-best 39.700 while Priess posted a 39.575, the second-highest score of her career. During their two days of balance beam dominance, Jacob led off both nights with a 9.9 while Williams, who competed on the beam for the first time in the Tide's regular-season finale, scored matching 9.9s of her own while Priess scored 9.95 both nights.

In the relative quiet of the post-championship press conference, Priess told the gathered media what she felt had made the difference that day for Alabama.

"Before the competition, we all had an assignment from the coaches to write down why we love being an Alabama gymnast and pretty much every single person answered that it was about the tradition, and that it was about how we are all family and that we all have each other's backs through good times and bad," Priess said. "I think that came out tonight, the way that we love each other and truly care about each other and I think it brings out the best in us all."

THE 2011 NCAA CHAMPIONS



It was the perfect moment.

The Alabama Crimson Tide – gymnasts, coaches, managers, trainers and all – standing in front of the first-place banner at the national championships, holding their golden trophy high while a rowdy throng of Tide fans cheered them mightily from the stands of the Wolstein Center in Cleveland, Ohio.

That moment was the pinnacle of a journey that began in August when the freshmen reported to campus, joining nine returnees. From that moment, Sarah Patterson and company went about the task of building its latest team, starting down a road that ultimately culminated in the Tide claiming its fifth national championship.

"To have everything come together like it did – to win SECs, regionals and then the national championship – it was a dream come true," Sarah Patterson said. "I don't think I could have asked for a better year with a more rewarding, talented and unified team, or a more perfect ending to an amazing season."

That's not to say that Alabama was perfect on its way to winning its fifth NCAA Championship. There were bumps along the way, but the manner in which the team handled the adversity, coming together as a team – staying positive and looking ahead with confidence – made all the difference.

"The moment that really stands out to me was when Kayla Hoffman fell off beam in the Super Six Team Final and we still had Sarah DeMeo and Geralen Stack-Eaton to compete," Patterson said. "We knew that if we had to count that fall we'd be out of contention. When Kayla came off the beam, she smiled at me, looked at Sarah and with a sense of confidence and purpose, said 'You got this.' "

Hoffman's confidence in her teammates settled DeMeo, a freshman competing at her first national championships, keeping her from getting rattled.

"Kayla relaxed Sarah in a way that no coach could do and I felt 100-percent confident that Sarah and Geralen would make their routines and keep the championship within reach," Patterson said.

As big as DeMeo and Stack-Eaton hitting their routines was, it was Hoffman's reaction to her fall that told Patterson the national championship was within their grasp.

"There was a time when Kayla as a competitor would not have been able to handle her disappointment of falling that way," Patterson said. "I knew we had come great distances and that Kayla's reaction after she made that mistake was a turning point for our team."

For Hoffman, the knowledge that her teammates had her back and would lift her up if she made a mistake grew throughout the season. By the time they reached the championship season, that trust in one another was absolute.

"It's sports. Sports are going to be messy. Sports are never going to be completely perfect," Hoffman said. "It's what you do from that. It's how you recover from a mistake, or a little slip-up, how you recover, how you work together, that is most important."

While Alabama's beam set in the Super Six Team Final is the moment that stands out in Sarah Patterson's mind, it was the next rotation, with Alabama on the floor exercise and defending champion UCLA on the balance beam just a few feet away that is burned in the minds of everyone who saw the epic, down-to-the-wire battle that determined who would be the 2011 national champions.

After being tied with the Bruins at the halfway point of the meet, the Tide went into the final rotation with a slim .025 lead.

"Going into the last event I wanted to help the ladies stay focused on being calm and knowing that if they could do their routines to the best of their ability, we could come out as champions," Patterson said. "I think when you get in the heat of the moment, you don't want anyone to be scared. You want them to be confident and to know that they have this. It was great to be on floor exercise, because it's an event you can go all out on."

The Tide and Bruins opened that deciding rotation with matching scores of 9.85 before UCLA tied the meet with a 9.825 from their second gymnast while Alabama posted a 9.8. The Bruins moved ahead by .025 after their third gymnast scored a 9.875 and the Tide answered with a 9.850. Alabama took the lead back with its next routine before Geralen Stack-Eaton – who would go on to win the NCAA Floor Exercise Championship the next night during individual event finals – extended the Tide's lead with a 9.925, the highest floor score of the day to that point. From there, it was up to Hoffman.

A solid routine and Alabama would complete its championship sweep. Hoffman did more than just hit her routine, she nailed it, posting a 9.95 to push Alabama to a 197.650 and a .275 margin of victory over the Bruins.

"I knew when Kayla landed that last pass that we had won," Patterson said. "There was a sense of sheer excitement and joy in knowing that we'd helped these young women achieve the dream of a lifetime."

So how did a team that lost four All-Americans to graduation and a fifth, Ashley Priess, to ankle surgery in the fall, and had a championship lineup that included 13 routines that weren't in the mix the year before, win all three postseason titles? Perhaps Kayla Hoffman summed it up best in the moments after clinching the championship sweep.

"Sometimes, it's not about talent, it's about heart," she told CBS' Amanda Borden. "Because we're so close – that made the difference."

THE 2002 NCAA CHAMPIONS

On the way to winning its fourth NCAA Championship, Alabama was a study in contrast. In the locker room, which the coaches and gymnasts had turned into a beach getaway, complete with sand, umbrellas, floats and beach music, the Tide was laid back and laughing. Out in the arena, moving ever closer to the title, they were cool, calm and collected.

"We have always done our best when we are loose and laughing," Kristin Sterner said. "So the coaches made sure that while we were in the locker room, we didn't get tense or uptight."

On the night of the Super Six, head coach Sarah Patterson even went so far as to pull out the dress she wore to the championships the first time Alabama won at home, in 1991, a red and white striped, strapless sequined number.

"At first they were surprised, and then they started laughing pretty hard," Patterson said. "I think they really enjoyed seeing that, especially since it's pretty far removed from the kinds of things I wear today."

Sarah and David Patterson, coaching at their 20th NCAA Championship, knew that staying loose would give their team an edge in a tight competition. The night of the NCAA Super Six, none of the six teams had a fall. It would be the second-highest scoring night in championship history.

The high-caliber opposition didn't seem to matter though, the higher the other teams turned up the heat, the cooler Alabama gymnasts were.

For two nights in a row, Alabama started the night on the floor exercise, which means that for two nights in a row, Alabama's championship hopes came down to six routines on the balance beam, often the most daunting event of the four, especially when the pressure is on.

On the final night, just to add more drama to the evening, Alabama was on the balance beam during the last rotation while second-place Georgia was on the floor exercise. Not only would Alabama have to hit their routines, but they would also have to hold off Georgia.

Each routine grew in importance as both teams moved through the rotation. Alabama hit routine after routine until Sterner came up in the number five spot. A hit routine from Sterner and the championship belonged to Alabama; a miss would open the door for Georgia.

Sterner put together a rock-solid routine and finished it off by nailing her landing. The title belonged once again to the Tide. But the team didn't know that, not for sure. For Alabama, there was one more routine to go from the Tide's all-everything senior Andreé Pickens.

"I started to cry when Kristin landed her routine," Pickens said. "Jeana Rice came over to me and told me that it was OK, I could do it, I could do it one more time. That whole routine was in slow motion. It wasn't rushed and I wasn't nervous, I was happy and I was confident."

Pickens nailed her routine. And when she threw her arms in the air after her dismount, the Coleman Coliseum crowd knew what had happened. They knew the Alabama team had again, as the Tide fight song says, "Writ her name in crimson flame … " and brought a fourth national title to Tuscaloosa. They roared their approval, stomping, clapping and screaming, much like the pandemonium that had broken out on the floor amongst the Tide athletes, coaches and staff.

It had been a remarkable run. Since counting a fall on the final event of the SEC Championships, Alabama had gone a perfect 72 for 72 during their championship march. Pickens, senior Natalie Barrington, Sterner, sophomore Jeana Rice and freshmen Alexis Brion and Shannon Hrozek earned 14 All-America honors between them, the most of any team at the championship. On Saturday, an exhausted Pickens, who competed 12 routines in three days, had enough energy left to win the NCAA uneven bars title to go with the American Award, which denotes the nation's top senior, that she'd picked up earlier in the day.

There would be more moments of celebration in the days and weeks that followed. Alabama received their championship rings in front of 83,000-plus fans at the halftime of the Alabama-Southern Mississippi football game. They were also honored at the Homecoming parade and the pep rally/bonfire the night before.

But perhaps the best moment came immediately after the team received the trophy from Alabama Director of Athletics Mal Moore, when everyone was laughing and hugging. It was Pickens – who had come back from a torn Achilles that ended her junior season just days before the 2001 NCAA Championship – who put it best.

Standing in the middle of her teammates, tightly clutching the Tide's golden prize to her chest, Pickens said, "This is why I came back. This is why I worked so hard for so many months to get back – to be able to share this moment, this feeling with these girls and this crowd.

"This," she said again, sweeping her eyes over the mob scene in Coleman Coliseum, "is what we wanted."

THE 1996 NCAA CHAMPIONS

For the Alabama gymnastics team, two long years of planning, training and dedication had come down to the next 24 hours. Their motto for the season had been "Enjoy the Journey," and they had, with great success. Now, in April 1996, Alabama was on the verge of competing for the national championship on its home floor. Sarah and David Patterson gathered their team and told them, "We've enjoyed the journey, now it's time to enjoy our destination."

Alabama started its drive for its third NCAA Championship on the same two events where it had counted falls on the first night of team competition. On the uneven bars, sophomore Danielle McAdams produced a 9.875, a mark echoed by freshman Gwen Spidle who was followed by junior Meredith Willard's 9.9. In the fourth position senior Kim Kelly suffered a fall, putting the Tide's final two performers in clutch positions. Junior Stephanie Woods responded with a 9.95. Senior Marna Neubauer came up in the final position. Battling a sore shoulder for the latter half of the season, she came up big for the Tide, swinging to a 9.875. Alabama produced a 49.475, the second-best total in school history.

Alabama then moved to the balance beam. Willard took to the beam in her customary first spot and for the first time all season, on any event, she fell. Sarah Patterson gathered the team together and told them, "Meredith has been our rock all season long. Now we'll be there for her."

Sophomore Shay Murphy was next up and responded with a solid 9.8. Senior Kim Bonaventura posted a 9.825 and Kelly scored 9.9. McAdams came up in the fifth position. Midway through her routine, she wobbled on a landing, staying on the beam seemingly through sheer force of will. McAdams steadied herself and finished the routine to thunderous applause and a 9.725 score. Woods finished things off for the Tide with a 9.9. The Tide posted a 49.150.

Despite a strong first half, Alabama still trailed UCLA, a squad making a push for the top, by .075 with two rotations left.

The Tide moved to the floor exercise, and it was there that Alabama and the crowd of 10,000-plus fans caught fire. Neubauer scored a 9.85, followed by Booth's 9.875.

Then Kelly brought out her floor routine, the one she had learned during the season, and introduced only four meets before. To the strains of "Yea Alabama" and "Sweet Home Alabama," the Pennsylvania native captured her audience and the judges, producing a perfect 10.0 performance and raising the decibel level in Coleman Coliseum to near-deafening heights.

Willard carried the banner of enthusiasm throughout her performance, producing a 9.95. McAdams came up in the final spot and capped Alabama's rotation with a career-high 9.95.

When the counting was done, Alabama had produced an NCAA floor exercise record 49.625.

The Bruins were tenacious though, matching the Tide's record floor effort with an NCAA record of their own on the balance beam (49.50). Going into the last rotation, perennial favorites Georgia and Utah were already out of the championship picture – barring a complete meltdown by both the Crimson Tide and the Bruins. It came down to two teams and one last rotation.

Alabama headed to the vault, just .05 ahead of floor exercise bound UCLA.

What happened during the last rotation is the stuff of legend. Alabama ran off a blistering set of vaults in which the Tide scored nothing lower than a 9.9 and posted two perfect, golden 10.0s.

Booth got Alabama off to a 9.925 start. Bonaventura and Neubauer chimed in with back-to-back 9.9 scores. McAdams came up in the fourth spot and put the ultimate exclamation point on what had already been a career night. She flew down the runway, hit the springboard, then the vault, landed on the mat and did not move. Feet planted, arms thrown back and head held high, McAdams scored her first perfect 10.0 and the fans roared, clapped and screamed their approval. Kelly responded with a 10.0 of her own, the sixth perfect vault of her career and one that raised the roof right off the coliseum. Willard finished the Tide's evening with a 9.95.

The Tide's vault total, 49.775, set yet another NCAA record. UCLA mustered a 49.275 on the floor. The title was Alabama's.

Alabama totaled a 198.025, setting an NCAA 'Super Six' record, to win its third NCAA title and second in front of the home crowd. UCLA was second with a 197.475, a score that would have won all but one other NCAA Championship. Utah and Georgia tied for third with a 196.775. Oregon State was fifth with a 196.525, while Michigan finished sixth with a 196.375. It marked the first time in NCAA history that all six members of the "Super Six" scored 196 or better.

Willard started the Tide's winning ways on the first night of competition, earning Alabama's fourth NCAA All-Around title.

The Tide rolled to two more titles during Saturday night's individual competition. Woods posted a 9.975 to win the NCAA Uneven Bars title. And Kelly, in the last meet of her storied career, inked the perfect final chapter. She posted yet another perfect 10.0 floor routine to win that title.

THE 1991 NCAA CHAMPIONS

In 1991, Sarah Patterson finally had the championships right where she wanted them – in Coleman Coliseum.

Alabama had already gained national prominence, winning its first title in 1988. In 1990, the team brought home its second Southeastern Conference title and placed second to Utah at the national championships. The 1991 team boasted a contingent that included five All-Americans and the 1990 NCAA all-around champion. If the gymnasts did their jobs, there was no doubt in Patterson's mind they would compete in front of the home crowd that final Friday of competition.

"I remember being told that you build a crowd by winning a national championship, but you could also do it by hosting a championship," Patterson said.

The first step toward building the fan base was accomplished with the 1988 NCAA title, which spurred increased interest in the program.

The Tide was young in 1991, with six underclassmen, including four freshmen. The two seniors, Kim Masters and Tina Rinker, sought to weave the 11 girls together to form a squad reminiscent of the 1988 championship they were members of as freshmen.

"I remember feeling that the team had so much talent that we should be able to win the national championship if we could become unified and get into the flow," Rinker reminisced.

Alabama had the opportunity to shine at home, but the team was not fulfilling expectations in the preseason.

"I can remember in December thinking that we were hosting the championships and that we might not even be there," Patterson said.

Preseason practices were not characteristic of a team that should be in contention for a gold, and Patterson predicted a nightmarish outcome if the team did not shape up.

"One day, Sarah sat us down and we got a good lecture," Kara Stilp recalled. "I will never forget it. She told us that we were going to be really embarrassed when we hosted nationals, and we would not be competing in it. We agreed that we all needed to get in gear."

That speech proved to be a turning point for the gymnasts. Once its first competition rolled around, the Tide was ready to go. If preseason was tough, the competition season was just as demanding.

The Tide defeated Auburn in the 1991 season opener even though they had to count three falls on balance beam, an event on which the program had built its reputation. In its home opener against Penn State, the team tumbled to three more falls from the 4-inch wide apparatus. Fortunately, they still came away with a win.

To Patterson, these mistakes were unacceptable for a championship-caliber team. Beam intra-squads came frequently, and the team's self-assurance rose. The team members began to refer to themselves as the "Beam Team."

"We had so much confidence because Sarah made us do so many intra-squads," Sheryl Dundas said. "We could do routines in our sleep."

The Tide traveled to Lexington, Ky., for the Southeastern Conference Championships. Forced to count two falls on the final event, vault, the SEC title slipped from Alabama's hands by .05. The disappointment and frustration made the Tide even more determined to earn the national crown.

"Good teams aren't going to let defeats defeat them overall," Katherine Kelleher told reporters at the time. "They use it to their advantage. That's what we are going to do."

"I've always said that in this conference, you can be third at the conference championship and win the national championship," Patterson explained. "1991 was definitely indicative of that scenario."

At the regional championships at Auburn, the Tide turned in one of its best performances of the season and entered the NCAAs as the No. 1 seed.

The Tide drew a favorable rotation at the NCAA Championships, starting on the vault, finishing on the floor exercise. After charging through the first two events, the "Beam Team" was put to its final test, hitting all six routines, passing the exam with flying colors. The Tide was the only team without a fall on the balance beam at the NCAA Championships.

Before the team rotated to floor, Patterson offered only one piece of advice to her charges.

"I just told the kids to land on their feet and stay in bounds," Patterson said.

The floor music reverberated through the Coliseum and each tumbling pass was met with louder and louder cheers and at the end of six routines the Crimson Tide emerged victorious.

"Winning one championship was great, but there was nothing like winning at home," Patterson said. "I felt like winning a second champions validated our program at that point. It wasn't just a one-time thing. Yes, we can have this philosophy of having the best students and athletes and well-rounded individuals and still win a championship."

The team also taught Patterson a thing or two about the seven-month journey to the national championship competition, as well as the expectations that come with the quest.

"It doesn't matter where you start in December," Patterson said. "It only matters where you end in April. Sometimes, when it looks like you have your hardest road to go in preseason, you need to stay focused on the outcome and take it one step at a time. More than anything, I learned from this team to not look too far down that road."

THE 1988 NCAA CHAMPIONS

Sarah and David Patterson were celebrating their 10th anniversary of coaching the Crimson Tide in 1988. Their success had been nothing short of amazing, with five consecutive top-6 finishes including a high of third in 1986. Alabama was a strong team, with a solid foundation built on its coaches and the type of athletes they chose to bring into the program.

The questions began brewing in the Pattersons' minds though. Could their philosophy of developing the whole person produce championships? Would they be able to do things the way they wanted and still climb the final rung and produce a championship? The questions were answered emphatically in 1988.

Alabama started the year 10-strong. It was a young squad, with two seniors, one junior, four sophomores and three freshmen. The Pattersons added to the Tide's arsenal in January, when Kim Masters joined the Tide. Masters had planned to delay college for a year to train for the Seoul Olympics. After finishing ninth at the USA Gymnastics Championships the previous summer, her aspirations for the Olympic rings seemed within her grasp. Striving for that goal lost its appeal though and after much thought, Masters opted for college and the Tide. With its roster set, the season began.

Alabama reeled off a trio of wins to get things going. Then something strange happened – Alabama tied LSU. With fractions of points being added up over the course of 24 individual performances, ties are rare in collegiate gymnastics. Then, at the next meet, Alabama did it again; tying Georgia at the UA-hosted Red and White Classic and beating Utah.

In any other season, that would have been what the year would be known by, the year of two ties. This squad, though, was destined for far greater things.

Alabama set the tone for the postseason by winning its first Southeastern Conference Championship with a 190.15. It was only the second time in school history that the Tide had scored in the 190s. The Tide beat second-place Georgia by .95.

The regionals were next for the Tide and a good performance would be necessary to advance to the NCAA Championships. Instead of a good performance, Alabama produced a school and NCAA-best mark of 191.75. The Tide posted the meet's top score on all four events both individually and as a team. Masters won the all-around followed by Marie Robbins in second and Tina Rinker in fourth.

"I didn't think it was going to be possible to exceed what we did at the Southeastern Conference Championship, but they certainly did," Sarah Patterson said. "They came back and did a better job."

Nationals were in Salt Lake City, Utah, home of five-time NCAA champion Utah, the No. 2 seed. Alabama would also face defending NCAA champs Georgia, No. 3 seed LSU and No. 4 seed Florida. Both the competition and the arena were familiar, being the No. 1 seed was not.

"I don't think there's extra pressure on us being the No. 1 seed," Sarah Patterson said prior to NCAAs. "We just achieved so many things – winning the SEC, the record in the regionals and the No. 1 seed – that we're too proud of what we've already accomplished to feel pressure."

If Alabama disagreed with their coach, it did not show. Those watching from the stands and those on press row observed a Crimson Tide team that was calm and loose going into the championships, having fun, being playful and displaying an indomitable team spirit.

Alabama scored an NCAA Championship record on the way to its first national championship, shattering the mark previously held by Utah (188.35) with a 190.05. The Tide's highest all-around finish was ninth-place, highlighting the team effort it took to win the championship.

Consistency, along with confidence and enthusiasm were the keys for the Crimson Tide. The Pattersons' crew hit 23 of 24 routines, including a six-for-six balance beam rotation.

"It was the beam – that's where we won it," Sarah Patterson said. "That was our best beam score of the year."

And if the beam was the event that led Alabama to the title, its seniors were the class pointing the way.

"This national championship is for our two seniors – Alli Beldon and Kathy Bilodeau," Sarah Patterson said after the meet. "They hit all three events tonight. They were models for us all year. We just learned from their consistency, which has been our forte all season."

Four Alabama gymnasts earned seven All-America honors. Sarah Patterson was named NCAA Coach of the Year, but most importantly, Alabama had its first NCAA Championship.

"It's so unbelievable," Robbins said. "We had so much fun. That's when we are at our best."

Sophomore Cheri Way noted the seeds were sown long before the trip to Utah.

"I realized we could win the national title after one long and tiresome Tuesday practice when we decided to go out and do it for us," Way said. "When I realized we had won . . . my whole body went numb."

The good times were far from over.

"The best part about winning the championship was coming back home to Alabama," Ali Blumberg said, a sentiment echoed by all her teammates at one point or another during that magical year.

On April 30, 1988, the state of Alabama declared "Alabama Gymnasts Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the gymnasts received their championship rings at halftime of the Vanderbilt football game.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

The Alabama gymnastics program has always been focused on the team aspect of the sport. It is one of the reasons that the Crimson Tide has enjoyed such tremendous success over the years, including six NCAA Championships, nine Southeastern Conference titles and an NCAA-record 31 regional titles. While team always comes first for Alabama, there have been numerous individual accomplishments over the years including an amazing 26 individual NCAA Championships by 16 different gymnasts. Alabama has also won at least three individual NCAA titles in each of the last four decades, with four in the 1980s, eight in the 1990s, nine in the 2000s and five through the first six years of the 2010s.

Penney Hauschild won Alabama's first individual NCAA titles when she brought home the all-around and uneven bars title in 1985. She upped her career total to four when she repeated as all-around champion and added a floor exercise title as a senior in 1986. Dee Foster won the Tide's third all-around title as a freshman in 1990. Foster's title was the first of four in a row to start the 1990s, followed by Gina Basile's 1991 balance beam championship and back-to-back balance beam titles from current head coach Dana Duckworth – then Dana Dobransky – in 1992 and 1993. Duckworth became the first Tide gymnast to repeat as a champion on an apparatus, winning her second beam title with a perfect 10.

Alabama not only won the team title in 1996, it also added a trio of individual titles by three different women. Meredith Willard won Alabama's fourth all-around championship while Stephanie Woods won the uneven bars and Kim Kelly took top honors on the floor exercise with a perfect 10. Andreé Pickens closed out the decade of the '90s by winning the balance beam title as a freshman in 1999.

Pickens would also win Alabama's first national title of the '00s by winning the 2002 uneven bars championship after leading the Tide to the team championship that same year. Ashley Miles went on a tear in the mid-00s, becoming the second Alabama gymnast to win four titles in a career, taking first on the vault in 2003, 2004 and 2006 and adding the floor exercise championship in 2004. When she won her third vault title in 2006, she became the first NCAA gymnast in 20 years to win a trio of vault titles in a career. Jeana Rice won Alabama's fifth all-around title in 2004. Rice's 2004 title, combined with Miles vault and floor exercise championships that same year, gave Alabama three individual titles in the same year for the second time.

Terin Humphrey won two uneven bars titles, the first as a freshman in 2005 and the second in 2007, the same year Morgan Dennis won the floor exercise championship as a rookie.

Geralen Stack-Eaton led Alabama to back-to-back NCAA team titles in 2011 and 2012 and also won back-to-back individual titles, taking top honors on the floor exercise in 2011 and the balance beam in 2012. Coincidentally Stack-Eaton's titles came on the same events – floor exercise in 2011 and balance beam in 2012 – on which Alabama clinched the NCAA team titles.

In 2013, Diandra Milliner took first on the vault, marking the Tide's fourth vault title and first since Miles won three between 2003-06.

Kim Jacob won the Tide's latest individual NCAA title in 2014, taking home Alabama's sixth all-around title and 25th overall.

In 2016, Katie Bailey soared to Alabama's fifth vault title and NCAA title under Duckworth as Alabama's head coach.

Gymnast	Title	Year
Katie Bailey	Vault	2016
Kim Jacob	All-Around	2014
Diandra Milliner	Vault	2013
Geralen Stack-Eaton	Balance Beam	2012
Geralen Stack-Eaton	Floor Exercise	2011
Morgan Dennis	Floor Exercise	2007
Terin Humphrey	Uneven Bars	2007
Terin Humphrey	Uneven Bars	2005
Ashley Miles	Vault	2006
Ashley Miles	Vault	2004
Ashley Miles	Floor Exercise	2004
Jeana Rice	All-Around	2004
Ashley Miles	Vault	2003
Andreé Pickens	Uneven Bars	2002
Andreé Pickens	Balance Beam	1999
Kim Kelly	Floor Exercise	1996
Stephanie Woods	Uneven Bars	1996
Meredith Willard	All-Around	1996
Dana Dobransky	Balance Beam	1993
Dana Dobransky	Balance Beam	1992
Gina Basile	Balance Beam	1991
Dee Foster	All-Around	1990
Penney Hauschild	All-Around	1986
Penney Hauschild	Floor Exercise	1986
Penney Hauschild	All-Around	1985
Penney Hauschild	Uneven Bars	1985

Alabama gymnastics' first individual NCAA Champion, Penney Hauschild won four individual titles between 1985-86.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

KATIE BAILEY

2016 NCAA Vault Champion

One of the nation's best on the uneven bars, Katie Bailey had already notched her third All-America honor on that event during the semifinals of the 2016 NCAA Championships when she and her Crimson Tide teammates rotated to their final event, the vault. A solid team score would advance Alabama to its 22nd Super Six Team Final. The Tide would get the score they needed, and a whole lot more.

Bailey came up third in Tide's vault lineup, behind two strong vaults from Keely McNeer and Nickie Guerrero. She flashed down the vault runway, hit the springboard and then the table, soaring through the air, landing with her feet nailed to the ground.

In front of a six-judge panel in Ft. Worth, Texas, Bailey earned 9.95s from every judge for a career-best score and the NCAA vault title. The 2016 season was the first in which the individual title was decided during the semifinal round of the championships. It was Alabama's 26th individual NCAA title and the fifth vault championship.

KIM JACOB

2014 NCAA All-Around Champion

She was sitting next to Sarah Patterson at the press conference following the NCAA Championships Semifinals and she still had no clue what had happened. Kim Jacob had scored a career-best 39.625 in the all-around, but it didn't occur to her that would be enough to win a national championship. Just before the press conference got underway, an official came in and nodded to Patterson that scores were confirmed. The veteran coach then leaned over and whispered the news to Jacob, congratulating her on winning Alabama's 25th individual NCAA title and sixth all-around crown.

To say Jacob was surprised would be putting it mildly, but after scoring 9.925s on the uneven bars and balance beam and a 9.95 on the floor exercise, she came to her final event, the vault, needing a 9.825 to slip ahead of the 39.600 already posted by Arkansas' Katherine Grable, which is exactly what the Raleigh, N.C., native scored.

Jacob earned four first team All-America honors in 2014, the most of any gymnast in the nation that season, on the way to winning Alabama's first NCAA all-around title since Jeana Rice in 2004.

DIANDRA MILLINER

2013 NCAA Vault Champion

When Diandra Milliner scored 9.925 on the vault on the last day of the 2013 NCAA Championships in Los Angeles, Calif., it was a familiar sight. It was the sixth time she'd posted that exact mark during the season including her first score of the year at Missouri and now her last.

The difference was this one was for the national championship and after all the scores were tallied – which took quite a while since there were a jaw dropping 23 gymnasts in vault finals as well as six judges on hand for individual event finals and all six scores were averaged for the final score – Milliner's oh so familiar score was good for Alabama's 24th individual NCAA title.

Milliner had come close to winning a national vault title the year before in Duluth, Ga., taking second place, but in 2013 the Tide's anchor on vault since the first meet of her freshman year came away with the gold.

GERALEN STACK-EATON

2012 NCAA Balance Beam Champion
2011 NCAA Floor Exercise Champion

In 2012, for the second year a row, the NCAA team championship belonged to the Alabama Crimson Tide, and for the second year in a row Geralen Stack-Eaton made sure that there was individual gold to go with the team trophy.

As a junior, Stack-Eaton closed out her season by winning the NCAA Floor Exercise Championship, the same event that Alabama had finished on to win its fifth national team championship the night before. Her dynamic routine tallied a score of 9.9375, winning the Tide's third floor title since 2004 and fifth overall.

As a senior, Stack-Eaton was once again instrumental in leading Alabama to the national team title, marking the first time the Tide had won back-to-back team championships. And just as she had the year before, the Horsham, Pa., native returned the next day for an individual title, extending the Tide's weekend-long mastery of the balance beam. During team competition, she posted scores of 9.95 and 9.9 on the beam, helping push Alabama to the two highest balance beam team marks at the championships. During event finals, she tallied a 9.9375 on the beam, winning Alabama's 23rd individual NCAA title overall and fifth on the balance beam.

MORGAN DENNIS

2007 NCAA Floor Exercise Champion

Just a freshman, Morgan Dennis had already learned the trick of bringing the crowd to its feet. Her huge tumbling and feet-nailed-to-the-floor landings were enough to excite even veteran gymnastics fans. But a national title, on the floor exercise, as a rookie? That was going to take some doing, especially in 2007 when 18 gymnasts reached the floor exercise final.

But Dennis didn't get rattled. She calmly waited, going 17th in the lineup. And when her turn finally did come around, she made the most of it, electrifying the crowd and scoring a 9.9625, the best of the night to that point. One more routine was to come, so after waiting most of the night to show what she had, she waited a little longer to see if her routine was golden. The last gymnast came close, with a 9.95, but not close enough and the Alabama rookie took home gold.

TERIN HUMPHREY

2005 & 2007 NCAA Uneven Bars Champion

She wanted it back. As a freshman, Terin Humphrey had gone from Olympic silver to NCAA gold, winning the NCAA Uneven Bars Championship. As a sophomore, she earned All-America honors on the uneven bars, but did not repeat as champion.

Winning title No. 2 wasn't going to be easy. In October Humphrey had double elbow surgery to help ease problems she had worked through for years. She also faced the deepest, most talented uneven bars field in NCAA history, one loaded with Olympians and U.S. champions. Humphrey was not to be denied, though, scoring a 9.95 to win her second title and reaffirm her place as queen of the uneven bars.

Humphrey's first NCAA title came at the end of a long year, one that included the U.S. Olympic Trials, a spot on the Olympic team that included a pair of silver medals at the Athens Olympiad, and a stint on the T.J. Maxx Olympic Tour before joining the Tide in January. At the end of that very long freshman year, she found herself with one more routine to do. Up last, she had her work cut out for her with a 9.925 already on the board. The Olympic silver medalist was undaunted though, taking NCAA gold with a 9.9375.

ASHLEY MILES

2003, 2004 & 2006 NCAA Vault Champion
2004 NCAA Floor Exercise Champion

Ashley Miles made it look easy. She made it look like flying. Her huge vaults and tumbling passes on the floor exercise made her the must-see gymnast wherever she was, even at the NCAA Championships.

"Wherever we were, when Ashley was on an event, all eyes in the gym were drawn to her," Sarah Patterson said. "It was an amazing phenomenon."

An outsized brand of gymnastics earned Miles four individual NCAA titles, tying Penney Hauschild for most in an Alabama career. She is the first Alabama gymnast to win more than two national apparatus titles during a career.

When she won the 2006 NCAA vault title, Miles became only the second gymnast in NCAA history to win three national vault championships and the first to do so in 20 years. She is one of only six gymnasts in NCAA history to win the same event three times and the first in more than a decade to manage the feat. Her four individual national titles are tied for third all-time in NCAA history.

JEANA RICE

2004 NCAA All-Around Champion

She'd spent a career being as good as anyone in the nation and at her last NCAA Championships, Jeana Rice proved herself better than anyone else. On the first day of competition at the UCLA-hosted championships, Rice – who had already won two SEC and three NCAA Regional all-around titles in her career – posted a 39.650 to win the NCAA All-Around Championship.

Rice's career had been building to this moment from day one. She won six individual SEC championships and seven NCAA Regional titles over her four years. At the NCAA Championships, she finished in the top six in the all-around competition every year as well as posting five finishes in the top six on individual events.

Rice was rewarded for an outstanding senior year with the Honda Award for Gymnastics, presented annually to the national gymnast of the year.

In addition to all her championship hardware, Rice set a national record as a senior, becoming the first NCAA gymnast to earn five All-America honors in three different seasons. She also set the national record for All-America honors in a career, earning 18 first- and second-team accolades.

ANDREÉ PICKENS

1999 NCAA Balance Beam Champion
2002 NCAA Uneven Bars Champion

It is a testament to Andreé Pickens' talent and drive that she managed not only to win two NCAA titles, but win them in the most challenging fashion imaginable.

As a freshman, Pickens competed in every event all three days of the NCAA Championships. On the last day, after leading Alabama to a third-place finish in the thin air of Salt Lake City the day before, she harnessed her strength and boundless energy to win the NCAA Balance Beam title, earning gold on the event that made her nervous all season.

Three years later, after coming back from a ruptured Achilles tendon that ended her junior season, Pickens again competed in 12 events over three days. But the four events on Saturday were simply icing on the cake for the Houston, Texas native who the night before had led the Tide to its fourth NCAA team title.

In the waning moments of a spectacular career, Pickens brought the grit and determination that carried her through injury and rehab to bear on one final routine, winning the NCAA Uneven Bars title. After landing that routine, Pickens gave a tired wave to the crowd, knowing she had given everything she had and it had been more than enough.

KIM KELLY

1996 NCAA Floor Exercise Champion

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn., native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause.

As extraordinary as the ending was, the genesis of her championship floor routine is even more so. In college gymnastics, the norm is to change floor routines only once during a career and a mid-season change was unheard of, until Kim Kelly.

Tide freshman Lisa Gianni's floor routine was set to the strains of the Alabama fight song. When Gianni went down after the second meet of the season with a ruptured Achilles tendon, there was no one to carry the routine into the Tide-hosted nationals, until Kelly undertook the challenge.

It was a move that Tide coach Sarah Patterson says she would not have been able to consider with anyone except Kelly. The move paid off when Kelly completed the postseason triple play, winning the SEC, NCAA Central Regional and NCAA Championships.

STEPHANIE WOODS

1996 NCAA Uneven Bars Champion

Stephanie Woods knew that the uneven bars routine she had just finished had been special – she just wasn't sure if anyone else knew. It was the night of the event finals at the 1996 NCAA Championships and she had just completed her routine.

But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something special, something of championship caliber.

In the history of the NCAA Championships, only three competitors have scored better on the uneven bars. There are three 10s scattered over the years. Woods is the first to earn a 9.975.

Woods had been brilliantly consistent all season on the uneven bars. Of her 15 routines, 12 scored 9.9 or better. She collected the 1996 NCAA Central Regional uneven bars and balance beam titles coming into the NCAA Championships. Woods scored back-to-back 9.950s in the NCAA semifinals and Super Six rounds. Her national championship performance was a career best.

MEREDITH WILLARD

1996 NCAA All-Around Champion

She tugged urgently at the sleeve of the nearest meet official, asking him to check and then double check the scores. There had been a mistake, someone else was supposed to be where she was.

No mistake, the scores were right. Meredith Willard, the ultimate team player in a sport filled with individuals, had won the 1996 NCAA All-Around Championship.

Willard's title shouldn't have come as a surprise. She had been, throughout the 1996 season, the nation's most consistent gymnast. Going into the NCAA Championships, she had hit an astounding and perfect 44 of 44 routines. She had also competed in 45 of a possible 48 events going into the championships. She had been very virtually unstoppable.

Willard had not just been consistent, she had been consistently brilliant. She bettered or tied her career best all-around mark six times during the season. And at the NCAA Championships, on the night of the all-around, she was the best of the best, winning with a 39.450 total. Willard's talent and ability led her to Alabama's ninth individual NCAA crown. Her poise and leadership led Alabama to a national team championship the next day.

DANA DOBRANSKY

1992 NCAA Balance Beam Champion
1993 NCAA Balance Beam Champion

On her 1993 beam title: "Ending my career with a 10.0 on balance beam finally represented that I had worked for perfection. It made all of the mental perfection, all of the hard work, all of the falling, and getting up, worth it. It was great to be able to represent The University of Alabama with a perfect 10."

Best memory: "My most lasting memory is the love and support of our fans. That fan support was one of the reasons that I was attracted to Alabama, and when I got there, it was just great. I know that we wouldn't have been as successful as we were, or are, without the love and support of all of our fans. The fans at Alabama are so supporting of everything, and that is the one thing that really stands out in my mind."

GINA BASILE

1991 NCAA Balance Beam Champion

On the 1991 team title: "It was a very rewarding experience for me. It was especially great because it was at home in front of our families and our fans. It's really a feeling that you can't put into words. The best way that I can describe winning the national team title is that it is 11 girls, separated around the country, who are bonded together for life by a ring which represents talent, dedication, friendship and crimson pride."

Best memory: "Really, the thing that stands out in my mind is that there was no real pressure. There was some pressure, but really we just had a good time. Usually the person who wants it the most wins, and we just always pulled together, had a good time, and usually won. That's what I will always remember."

DEE FOSTER

1990 NCAA All-Around Champion

On her title: "There were advantages and disadvantages to winning a national title. The advantages were, of course, the respect and national recognition in a sport that I had dedicated my life to. And the main disadvantage was the pressure to repeat. Thankfully, I had 10 other people there to help me through each of the next three years."

Best memory: "My junior year, during the Homecoming football game, we got our national championship rings down on the field at halftime. My best friend was there to enjoy it with me, and that made it extra special."

PENNEY HAUSCHILD

1985 NCAA All-Around Champion
1985 NCAA Uneven Bars Champion
1986 NCAA All-Around Champion
1986 NCAA Floor Exercise Champion

On her national championships: "It was definitely the pinnacle of my gymnastics career. But I know that nothing could have been done without Sarah, David, my teammates, the trainers, and really the entire athletic department. Although my titles were a great experience, I would have given anything to be able to be with the team in 1988 when they won the team national title."

Best memory: "After my floor exercise at the 1986 Nationals, which was the last event of my career, Sarah was standing right there. She had tears in her eyes, I had tears in my eyes, and we just came together and hugged. That will always be the one moment that will stand out in my mind."

ALABAMA'S ALL-AMERICANS

The Crimson Tide's 2017 returning All-Americans, from the left - Kiana Winston, Keely McNeer, Katie Bailey, Mackenzie Brannan and Aja Sims.

FIRST TEAM ALL-AMERICANS

2016
Mackenzie Brannan - AA (3rd), V (3rd)
Katie Bailey - V (1st), UB (2nd)
Kiana Winston - FX (2nd)

2015
Kayla Williams V (3rd), BB (13th)
Katie Bailey UB (5th)

2014
Lauren Beers FX (8th)
Sarah DeMeo BB (12th)
Kim Jacob AA (1st), UB (6th), BB (15th), FX (5th)
Diandra Milliner FX (6th)

2013
Lauren Beers V (11th)
Kaitlyn Clark V (11th)
Kim Jacob FX (10th)
Diandra Milliner V (1st), FX (2nd)
Kayla Williams BB (5th)

2012
Marissa Gutierrez V (4th)
Diandra Milliner V (2nd)
Ashley Priess BB (7th)
Geralen Stack-Eaton AA (4th), BB (1st), FX (2nd)

2011
Sarah DeMeo UB (3rd)
Marissa Gutierrez V (5th)
Kayla Hoffman AA (2nd), BB (2nd), V (4th)
Kim Jacob AA (7th), BB (8th)
Ashley Sledge V (7th)
Geralen Stack-Eaton AA (3rd), FX (1st), V (7th), UB (15th)

2010
Morgan Dennis V, FX (5th)
Kayla Hoffman UB (8th)
Kassi Price UB (8th)
Ashley Priess BB (10th)
Geralen Stack-Eaton AA (4th), BB (6th), V (15th)

2009
Morgan Dennis UB (10th)
Ricki Lebegern BB (10th)
Ashley Priess BB (3rd), UB (12th)

2008
Morgan Dennis FX (4th)
Kayla Hoffman V (5th)
Kassi Price UB (8th)

2007
Terin Humphrey UB (1st), BB (8th)
Morgan Dennis FX (1st)

2006
Terin Humphrey BB (4th)
Ashley Miles AA (5th), V (1st), FX (3rd)

2005
Dana Filetti UB (10th)
Terin Humphrey BB (5th), UB (1st), FX (5th)
Ashley Miles AA (3rd), V (4th), UB (7th), FX (2nd)

2004
Alexis Brion FX (5th)
Ashley Miles V (1st), FX (1st), UB (6th)
Jeana Rice AA (1st), BB (2nd), UB (13th)

2003
Mari Bayer UB (8th)
Alexis Brion V
Ashley Miles V (1st), FX (3rd)
Jeana Rice AA (4th), V (8th), BB (3rd), UB (4th)
Kristin Sterner BB (6th)

2002
Natalie Barrington UB (4th)
Andreé Pickens AA (2nd), V (3rd), BB (5th), UB (1st), FX (5th)
Shannon Hrozek BB (9th)
Alexis Brion V (6th), FX (4th)
Jeana Rice AA (6th), BB(2nd)
Kristin Sterner BB (3rd), FX (11th)

2001
Natalie Barrington UB (6th)
Jeana Rice AA (3rd), FX (6th)
Lissy Smith BB (6th)
Kristin Sterner BB (5th)

2000
Natalie Barrington UB (7th)
Katie Hornecker V (8th)
Andreé Pickens AA (8th), V (2nd), UB (4th)
Kristin Sterner UB (11th), FX (5th)
Dara Stewart UB (9th)

1999
Andreé Pickens AA (4th), V (5th), UB (4th), BB (1st), FX (10th)
Lissy Smith BB (4th)
Gwen Spidle V (8th)

1998
Merritt Booth FX (17th)
Shay Murphy FX (8th)
Gwen Spidle AA (3rd), BB (8th)

1997
Meredith Willard AA (2nd), V, UB (4th), BB (3rd), FX (4th)
Stephanie Woods UB (2nd)

1996
Merritt Booth V (5th)
Kim Kelly FX (1st), BB (8th)
Danielle McAdams FX (3rd)
Marna Neubauer V (9th)
Meredith Willard AA (1st), UB (4th), FX (7th)
Stephanie Woods UB (1st)

1995
Kim Bonaventura UB (3rd)
Merritt Booth FX (9th)
Meredith Willard FX (11th)
Stephanie Woods BB (5th), UB (6th)

1994
Chasity Junkin - AA (6th), V (7th)
Kim Kelly - V (8th), UB (11th), FX (11th)
Kara Stilp UB (10th)
Meredith Willard - AA (3rd), FX (4th)

1993
Dana Dobransky - BB (1st), FX (11th)
Dee Foster AA (2nd), V (4th), UB (9th), FX (4th)

1992
Dana Dobransky - BB (1st)
Sheryl Dundas - BB (6th)
Dee Foster - AA (3rd), UB (3rd), BB (3rd), FX (2nd)
Katherine Kelleher V (11th)

1991
Gina Basile - BB (3rd)
Dana Dobransky - BB (6th), FX (3rd)
Dee Foster - AA (2nd), V, UB, BB, FX
Katherine Kelleher - V (7th)
Shea McFall - V (6th)
Kim Masters - V (5th), AA (8th)
Kara Stilp - FX (8th)

1990
Dee Foster - AA (1st), V (4th), UB (2nd), BB (2nd)
Katherine Kelleher - BB (7th)
Shea McFall - V (7th)

1989
Kim Masters - AA (6th)
Cheri Way - BB (7th)

1988
Kathy Bilodeau - BB (6th), FX (7th)
Tina Rinker - UB (7th)
Marie Robbins - UB (2nd), BB (5th)
Cheri Way - UB (3rd), FX (6th)

1987
Julie Estin AA (4th), BB (4th), FX (7th)
Marie Robbins - UB (5th), FX (3rd)

1986
Julie Estin - AA (5th)
Lisa Farley - BB (7th)
Kelly Good - V (6th)
Penney Hauschild - AA (1st), V (3rd), UB (3rd), FX (1st)

1985
Julie Estin - V (7th), UB (4th)
Penney Hauschild - AA (1st), UB (1st), BB (4th)

1984
Penney Hauschild - AA (4th), UB (2nd), BB (4th)
Barbara Mack BB (6th)

1982
Julie Garrett - UB (4th), AIAW AA (5th), AIAW UB (4th)

SECOND TEAM ALL-AMERICANS

2016
Mackenzie Brannan - UB
Lauren Beers - V
Kiana Winston - BB

2015
Lauren Beers – AA, V, FX
Carley Sims – V, FX
Keely McNeer – BB
Mackenzie Brannan – FX

2014
Katie Bailey – AA, UB
Lauren Beers – V
Kaitlyn Clark – V
Sarah DeMeo – UB
Lora Leigh Frost – FX

2013
Sarah DeMeo – BB
Kim Jacob – AA, BB
Diandra Milliner – BB
Ashley Priess – AA, UB

2012
Sarah DeMeo – BB
Marissa Gutierrez – FX
Kim Jacob – FX, UB
Diandra Milliner – FX
Ashley Priess – AA, UB
Ashley Sledge – UB
Geralen Stack-Eaton – UB
Kayla Williams – BB

2011
Diandra Milliner – BB

2010
Ricki Lebegern – BB
Geralen Stack-Eaton – UB

2009
Ricki Lebegern – AA, FX
Ashley Priess – AA, FX
Rachel Terry – V

2008
Morgan Dennis – AA, UB
Casey Overton – BB

2007
Morgan Dennis – AA
Kassi Price – UB

2006
Melanie Banville – UB
Terin Humphrey – AA, UB, FX
Brittany Magee – FX

2005
Shannon Hrozek – BB
Terin Humphrey – AA
Michelle Reeser – BB

2004
Alexis Brion – V
Jeana Rice – V, FX

2003
Mari Bayer – BB
Shannon Hrozek – BB
Stephanie Kite – FX
Jeana Rice – FX
Kristin Sterner – AA

2002
Jeana Rice – V

2001
Jeana Rice – V, UB, BB
Kristin Sterner – AA, V, FX
Raegan Tomasek – BB

2000
Andreé Pickens – FX
Lissy Smith – BB
Kristin Sterner – AA

1999
Lexa Evans – FX
Dara Stewart – UB

1998
Merritt Booth – V
Gwen Spidle – V
Dara Stewart – UB

1997
Merritt Booth – FX
Mandy Chapman – BB
Gwen Spidle – FX

1996
Kim Bonaventura – BB
Merritt Booth – FX
Kim Kelly – AA, V
Danielle McAdams – V, UB
Shay Murphy – BB
Marna Neubauer – FX
Meredith Willard – BB

1995
Kim Bonaventura – BB
Kim Kelly – BB, FX, V
Marna Neubauer – UB
Meredith Willard – AA

1994
Kim Bonaventura – UB
Meredith Willard – V, UB, BB
Stephanie Woods – BB

1993
Dana Dobransky – AA
Kara Stilp – FX

1992
Dana Dobransky – AA, UB
Katherine Kelleher – UB

In addition to winning the 1990 NCAA all-around title, Dee Foster earned 17 first team All-America honors, the most in NCAA history.

*REGULAR-SEASON ALL-AMERICANS

FIRST TEAM

2016
Aja Sims – BB
Kiana Winston - UB

2015
Lauren Beers - AA
Kaitlyn Clark – BB

2014
Diandra Milliner - V

2013
Diandra Milliner – V
Kim Jacob – BB, FX

SECOND TEAM

2016
Lauren Beers - V

2015
Lauren Beers – UB, FX
Kaitlyn Clark - V

2014
Lauren Beers – V
Kim Jacob – AA, BB, FX
Diandra Milliner - FX
Aja Sims - BB

2013
Diandra Milliner – FX
Ashley Priess – BB

** Regular-season All-America honors started in 2013*

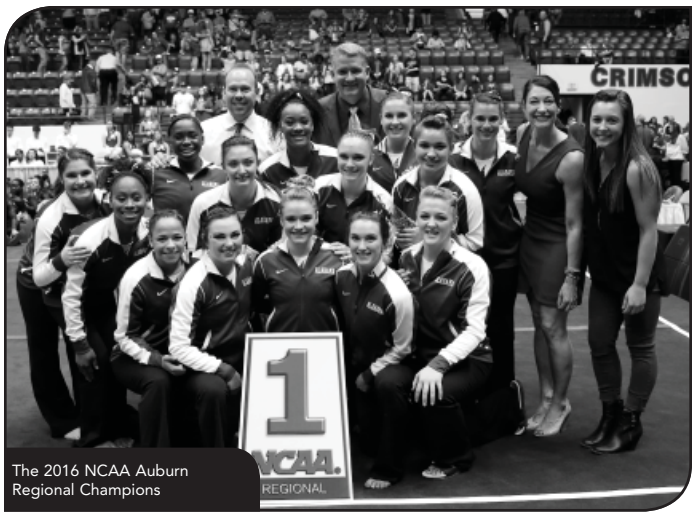
CHAMPIONSHIP ALL-AMERICANS BY CAREER TOTAL

Jeana Rice, 2001-04	18
Dee Foster, 1990-93	17 *
Meredith Willard, 1994-97	16
Andreé Pickens, 1999-2002	14
Ashley Miles, 2003-06	12
Geralen Stack-Eaton, 2009-12	12
Kristin Sterner, 2000-03	11
Kim Jacob, 2011-2014	11
Penney Hauschild, 1983-86	10
Kim Kelly, 1993-96	10
Terin Humphrey, 2005-08	10
Ashley Priess, 2009-13	10
Dana Dobransky, 1990-93	8
Morgan Dennis, 2007-10	8
Diandra Milliner, 2011-2014	7
Lauren Beers, 2013-16	7
Julie Estin, 1984-87	6
Merritt Booth, 1995-98	6
Stephanie Woods, 1994-97	5
Gwen Spidle, 1996-99	5
Alexis Brion, 2002-05	5
Kayla Hoffman, 2008-11	5
Sarah DeMeo, 2011-2014	5
Katie Bailey, 2014-present	**5**
Marie Robbins, 1987-90	4
Kim Bonaventura, 1994-97	4
Katherine Kelleher, 1989-92	4
Ricki Lebegern, 2007-10	4
Kayla Williams, 2012-15	4
Mackenzie Brannan, 2015-present	**4**
Marna Neubauer, 1993-96	3
Lissy Smith, 1998-2001	3
Kim Masters, 1988-91	3
Kara Stilp, 1991-94	3
Julie Garrett, 1982-83	3
Dara Stewart, 1998-2001	3
Danielle McAdams, 1995-98	3
Cheri Way, 1987-90	3
Natalie Barrington, 1999-2002	3
Shannon Hrozek, 2002-05	3
Kassi Price, 2007-10	3
Marissa Gutierrez, 2010-13	3
Shea McFall, 1989-92	2
Shay Murphy, 1995-98	2
Kathy Bilodeau, 1985-88	2
Chasity Junkin, 1992-95	2
Mari Bayer, 2003-06	2
Ashley Sledge, 2010-13	2
Kaitlyn Clark, 2012-15	2
Carley Sims, 2013-16	2
Kiana Winston, 2015-present	**2**
Barbara Mack, 1982-85	1
Tina Rinker, 1984-87	1
Lisa Farley, 1985-87	1
Kelly Good, 1986-89	1
Gina Basile, 1989-92	1
Sheryl Dundas, 1991-94	1
Mandy Chapman, 1996-98	1
Lexa Evans, 1997-2000	1
Katie Hornecker, 1998-2001	1
Raegan Tomasek, 1999-02	1
Stephanie Kite, 2001-04	1
Michelle Reeser, 2002-05	1
Dana Filetti, 2003-06	1
Melanie Banville, 2006	1
Brittany Magee, 2006-09	1
Casey Overton, 2007-10	1
Rachel Terry, 2009-12	1
Lora Leigh Frost, 2012-15	1
Keely McNeer, 2014-present	**1**

70 ATHLETES WITH 320 HONORS

** NCAA record for first team All-American honors in a career.*

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS



The 2016 NCAA Auburn Regional Champions

Alabama has dominated the NCAA Regional Championships for 35 years and the 2016 season was no exception.

Alabama came away with its 31st regional title in 2016, advancing to its 34th consecutive NCAA Championship, led by individual titles from Lauren Beers (floor exercise) and Mackenzie Brannan (uneven bars).

The regional is a crucial step to making it to the NCAA Championships. The top 36 teams around the nation advance to six regional sites. The top 18 teams in the nation are seeded into the regions, while teams 19-36 stay in their home region or are placed in the next nearest regional. To advance to the NCAA Championships, a team must finish first or second in one of the six regions.

Alabama gymnasts have won 153 individual regional titles over the past 30 years. Geralen Stack-Eaton was voted the NCAA Central Region Gymnast of the Year in 2012. Kayla Hoffman earned the honor in 2011 while Ashley Miles won it in 2006 and Andreé Pickens earned the same award four years running, from 1999 to 2002 before giving way to Jeana Rice in 2003.

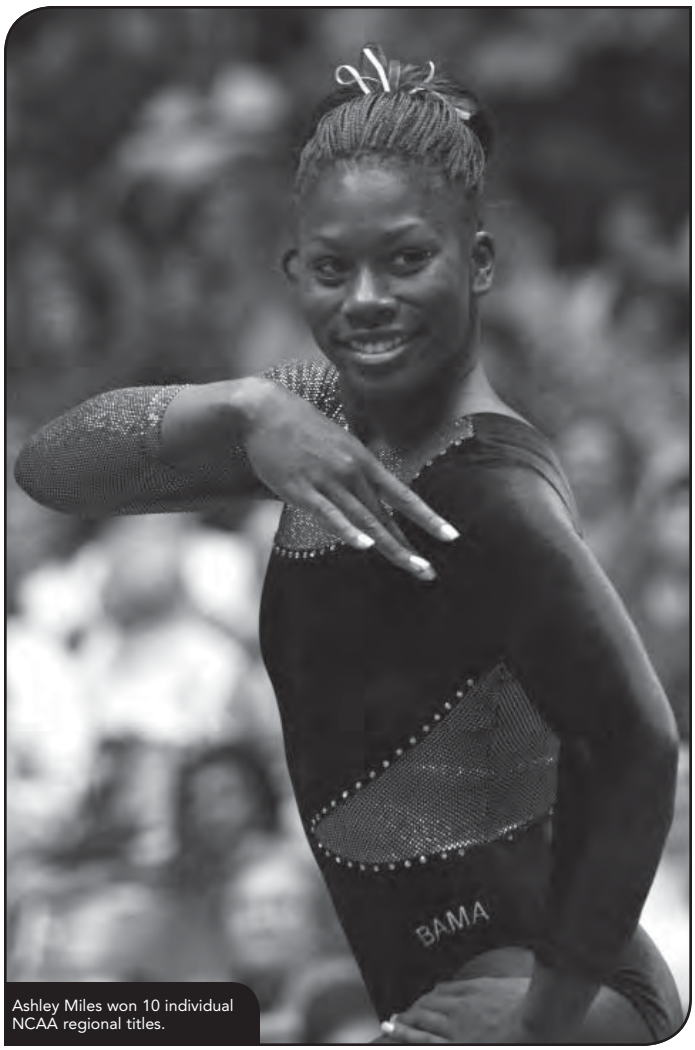
Miles set the Alabama career record for regional titles in 2006 after winning a pair of titles to push her all-time mark to 10. She is also the first Tide gymnast to win the same regional event all four years of her career, sweeping both the vault and floor exercise from 2003 to 2006.

On her way to the Tide regional title record, Miles passed Pickens and Dee Foster, who are tied with nine each. Hoffman, Miles and Foster are tied for the most titles in a single season. Foster won four in 1993, a number Miles matched in 2005 and Hoffman in 2011.

Twice, in 1992 and 1993, David Patterson was named NCAA Central Region Assistant Coach of the Year. In 2000 and 2002, former Crimson Tide gymnast and current Associate Athletics Director Marie Robbins was named NCAA Central Region Administrator of the Year.

The Crimson Tide earned one Southeast Regional title in 1983, before making the jump to the Central Region, and winning 13 there. In 1999, the region structure changed, going to six regions. Alabama won the inaugural Region 6 title in 1999 and the Region 4 title in 2000. For the 2001 season, the names of the regions were changed back to directional designations and Alabama was once again competing out of the Central Region. Starting in 2009, the regional championships were named after the host city, which means Alabama competed in and won the NCAA Auburn Regional Championship in 2015.

The Tide is in the midst of its longest regional win streak, earning 12 titles in a row since finishing second in 2004. The Tide's second-longest regional win streak is 10 championships between 1987 and 1996. Overall, Alabama has won an NCAA-best 31 regional titles.



Ashley Miles won 10 individual NCAA regional titles.

ALABAMA'S INDIVIDUAL NCAA REGIONAL CHAMPIONS:

Ashley Miles – 10; Andreé Pickens – 9; Dee Foster – 9; Jeana Rice – 7; Kayla Hoffman – 7; Geralen Stack-Eaton – 7; Kim Kelly – 6; Morgan Dennis – 6; Julie Estin – 5; Penney Hauschild – 5; Ashley Priess – 5; Lauren Beers – 5; Kim Masters – 4; Kristin Sterner – 4; Meredith Willard – 4; Terin Humphrey – 4; Brittany Magee – 3; Cheri Way – 3; Lissy Smith – 3; Marie Robbins – 3; Stephanie Woods – 3; Kassi Price – 3; Barbara Mack – 2; Dara Stewart – 2; Gina Basile – 2; Katherine Kelleher – 2; Kathy Bilodeau – 2; Diandra Milliner – 2; Kim Jacob – 2; Kaitlyn Clark – 2; Mackenzie Brannan – 2; Alexa Martinez – 1; Alexis Brion – 1; Cindy Wilson – 1; Dana Dobransky – 1; Danielle McAdams – 1; Gina Logan – 1; Gwen Spidle – 1; Kara Stilp – 1; Kim Bonaventura – 1; Robin Hawkins – 1; Shannon Hrozek – 1; Sheryl Dundas – 1; Tina Rinker – 1; Kayla Williams – 1; Aja Sims – 1; Carley Sims – 1

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS:

2016	**1st**	**2010**	**1st**	2004	2nd	**1998**	**1st**	**1992**	**1st**	1986	2nd
2015	**1st**	**2009**	**1st**	**2003**	**1st**	1997	2nd	**1991**	**1st**	**1985**	**1st**
2014	**1st**	**2008**	**1st**	**2002**	**1st**	**1996**	**1st**	**1990**	**1st**	**1984**	**1st**
2013	**1st**	**2007**	**1st**	**2001**	**1st**	**1995**	**1st**	**1989**	**1st**	**1983**	**1st**
2012	**1st**	**2006**	**1st**	**2000**	**1st**	**1994**	**1st**	**1988**	**1st**	1982	2nd
2011	**1st**	**2005**	**1st**	**1999**	**1st**	**1993**	**1st**	**1987**	**1st**		

THE NCAA REGIONAL CHAMPIONSHIPS

2016 | TUSCALOOSA, ALA.
1. ALABAMA 197.125
2. California 195.925
3. Boise State 195.750

Alabama Regional Champions-
UB Mackenzie Brannan 9.900
FX Lauren Beers 9.950

2015 | AUBURN, ALA.
1. ALABAMA 197.575
2. Auburn 196.900
3. Maryland 195.150

Alabama Regional Champions-
AA Lauren Beers 39.575
V Mackenzie Brannan 9.925
UB Kaitlyn Clark 9.925
BB Lauren Beers 9.925
FX Lauren Beers 9.900
Carley Sims 9.900

2014 | SEATTLE, WASH.
1. ALABAMA 197.550
2. Nebraska 196.975
3. Denver 195.625

Alabama Regional Champions-
V Lauren Beers 9.950
BB Kim Jacob 9.900
Aja Sims 9.900
FX Diandra Milliner 9.900

2013 | TUSCALOOSA, ALA.
1. ALABAMA 197.400
2. Utah 196.400
3. Iowa State 195.400

Alabama Regional Champions-
AA Ashley Priess 39.600
V Kayla Williams 9.925
UB Kaitlyn Clark 9.900
Kim Jacob 9.900
Ashley Priess 9.900
BB Kim Jacob 9.950
FX Diandra Milliner 9.925

2012 | SEATTLE, WASH.
1. ALABAMA 197.025
2. LSU 196.075
3. Washington 195.825

Alabama Regional Champions-
AA Geralen Stack-Eaton 39.400
UB Geralen Stack-Eaton 9.900
Ashley Sledge 9.900
BB Sarah DeMeo 9.900
FX Geralen Stack-Eaton 9.875
Marissa Gutierrez 9.875

2011 | TUSCALOOSA, ALA.
1. ALABAMA 197.275
2. Illinois 195.925
3. Penn State 195.850

Alabama Regional Champions-
AA Kayla Hoffman 39.600
V Kayla Hoffman 9.925
UB Kayla Hoffman 9.925
BB Geralen Stack-Eaton 9.950
FX Kayla Hoffman 9.925

2010 | LEXINGTON, KY.
1. ALABAMA 197.400
2. Nebraska 195.975
3. Illinois 195.425

Alabama Regional Champions-
AA Geralen Stack-Eaton 39.550
V Geralen Stack-Eaton 9.900
Kayla Hoffman 9.900
UB Geralen Stack-Eaton 9.900
Kassi Price 9.900
BB Ashley Priess 9.875
FX Morgan Dennis 9.950

2009 | TUSCALOOSA, ALA.
1. ALABAMA 197.000
2. Oklahoma 196.600
3. Missouri 196.000

Alabama Regional Champions-
AA Ashley Priess 39.550
V Kayla Hoffman 9.925
UB Kayla Hoffman 9.950
BB Ashley Priess 9.950
FX Morgan Dennis 9.925

2008 | NORMAN, OKLA.
1. ALABAMA 197.300
2. Oklahoma 195.875
3. Iowa 195.425

Alabama Regional Champions-
AA Morgan Dennis 39.625
V Morgan Dennis 9.950
UB Kassi Price 9.900
BB Kassi Price 9.900
Brittany Magee 9.900
FX Morgan Dennis 9.925

2007 | TUSCALOOSA, ALA.
1. ALABAMA 196.475
2. *Oklahoma 195.925
3. Iowa State 195.925

**Advanced on the tiebreaker*

Alabama Regional Champions-
AA Terin Humphrey 9.900
V Morgan Dennis 9.950
UB Terin Humphrey 9.900

2006 | PALO ALTO, CALIF.
1. ALABAMA 196.475
2. Oregon State 195.800
3. Stanford 195.275

Alabama Regional Champions-
V Ashley Miles 9.900
Brittany Magee 9.900
BB Terin Humphrey 9.900
FX Ashley Miles 9.900
Brittany Magee 9.900

2005 | TUSCALOOSA, ALA.
1. ALABAMA 196.675
2. Iowa State 195.625
3. Auburn 194.800

Alabama Regional Champions-
AA Ashley Miles 39.525
V Ashley Miles 9.925
UB Ashley Miles 9.850
Terin Humphrey 9.850
FX Ashley Miles 9.950

2004 | CORVALLIS, ORE.
1. Oklahoma 197.100
2. ALABAMA 196.900
3. Oregon State 196.850

Alabama Regional Champions-
AA Jeana Rice 39.550
V Ashley Miles 9.950
UB Jeana Rice 9.900
Shannon Hrozek 9.900
FX Ashley Miles 9.950

2003 | TUSCALOOSA, ALA.
1. ALABAMA 197.550
2. *Auburn 196.350
3. Central Michigan 196.350

**Advanced on the tiebreaker*

Alabama Regional Champions-
AA Kristin Sterner 39.625
V Ashley Miles 9.950
BB Kristin Sterner 9.950
FX Ashley Miles 10.000

2002 | MORGANTOWN, W.VA.
1. ALABAMA 197.900
2. Minnesota 196.050
3. West Virginia 194.850

Alabama Regional Champions-
AA Jeana Rice 39.625
V Alexis Brion 9.900
Jeana Rice 9.900
UB Andreé Pickens 9.975
BB Alexa Martinez 9.950
Andreé Pickens 9.950
Jeana Rice 9.950
Kristin Sterner 9.950
FX Andreé Pickens 9.950

2001 | TUSCALOOSA, ALA
1. ALABAMA 198.000
2. Arizona State 195.950
3. Minnesota 195.800

Alabama Regional Champions-
AA Jeana Rice 39.475
V Andreé Pickens 9.925
Kristin Sterner 9.925
UB Andreé Pickens 9.950
BB Lissy Smith 9.950
FX Jeana Rice 9.975

2000 | TUSCALOOSA, ALA.
1. ALABAMA 197.300
2. Iowa State 196.100
3. Central Michigan 193.200

Alabama Regional Champions-
AA Andreé Pickens 39.475
UB Dara Stewart 9.975
BB Lissy Smith 9.925
FX Andreé Pickens 9.925

1999 | MORGANTOWN, W.VA.
1. ALABAMA 196.625
2. West Virginia 195.275
3. NC State 194.900

Alabama Regional Champions-
AA Robin Hawkins 39.225
UB Andreé Pickens 9.875
BB Lissy Smith 9.925
FX Andreé Pickens 9.950

1998 | TUSCALOOSA, ALA.
1. ALABAMA 196.550
2. Michigan 196.000
3. LSU 195.250

Alabama Regional Champions-
UB Dara Stewart 9.900
BB Gina Logan 9.900
Gwen Spidle 9.900
Danielle McAdams 9.900

1997 | ANN ARBOR, MICH.
1. Michigan 197.700
2. ALABAMA 196.250
3. LSU 196.175

Alabama Regional Champions-
AA Meredith Willard 39.625
BB Meredith Willard 9.925

1996 | BATON ROUGE, LA.
1. ALABAMA 198.075
2. Michigan 196.275
3. LSU 194.525

Alabama Regional Champions-
AA Kim Kelly 39.750
V Kim Kelly 9.950
UB Meredith Willard 9.925
Stephanie Woods 9.925
BB Kim Kelly 9.900
Meredith Willard 9.900
Stephanie Woods 9.900
FX Kim Kelly 10.00

1995 | ANN ARBOR, MICH.
1. ALABAMA 196.675
2. Michigan 195.725
3. LSU 195.075

Alabama Regional Champions-
V Kim Kelly 10.000
UB Kim Bonaventura 9.850
BB Stephanie Woods 9.950

1994 | TUSCALOOSA, ALA.
1. ALABAMA 196.900
2. LSU 194.400
3. Michigan 193.600

Alabama Regional Champions-
FX Kim Kelly 9.925

1993 | BATON ROUGE, LA.
1. ALABAMA 196.075
2. LSU 194.700
3. Auburn 194.200

Alabama Regional Champions-
AA Dee Foster 39.800
V Dee Foster 9.925
BB Dee Foster 9.950
FX Dee Foster 9.975

1992 | COLUMBIA, MO.
1. ALABAMA 193.125
2. Michigan 189.775
3. Auburn 188.525

Alabama Regional Champions-
V Dee Foster 9.850
BB Gina Basile 9.800
FX Kara Stilp 9.700

1991 | AUBURN, ALA.
1. ALABAMA 195.575
2. Auburn 192.150
3. LSU 191.750

Alabama Regional Champions-
AA Dee Foster 39.375
V Kim Masters 9.850
UB Dee Foster 9.825
Katherine Kelleher 9.825
BB Sheryl Dundas 9.925
FX Dee Foster 9.925

1990 | MINNEAPOLIS, MINN.
1. ALABAMA 194.150
2. LSU 190.850
3. Minnesota 188.650

Alabama Regional Champions-
V Marie Robbins 9.800
BB Dana Dobransky 9.725
FX Dee Foster 9.825

1989 | TUSCALOOSA, ALA.
1. ALABAMA 192.750
2. LSU 187.550
3. Michigan State 186.700

Alabama Regional Champions-
UB Gina Basile 9.800
Cheri Way 9.800
BB Katherine Kelleher 9.700
FX Tina Rinker 9.850

1988 | BATON ROUGE, LA.
1. ALABAMA 191.750
2. LSU 190.050
3. Michigan State 187.150

Alabama Regional Champions-
AA Kim Masters 38.600
V Kim Masters 9.750
UB Kim Masters 9.750
Marie Robbins 9.750
BB Kathy Bilodeau 9.700
FX Cheri Way 9.750

1987 | TUSCALOOSA, ALA.
1. Alabama 189.050
2. LSU 186.600
3. Michigan State 183.600

Alabama Regional Champions-
AA Marie Robbins 38.150
FX Cheri Way 9.700

1986 | BATON ROUGE, LA.
1. LSU 185.250
2. ALABAMA 185.050
3. Michigan State 177.950

Alabama Regional Champions-
AA Julie Estin 37.850
UB Julie Estin 9.600
FX Penney Hauschild 9.650

1985 | TUSCALOOSA, ALA.
1. ALABAMA 186.350
2. LSU 181.500
3. Michigan State 178.350

Alabama Regional Champions-
AA Penney Hauschild 37.700
V Cindy Wilson 9.550
UB Penney Hauschild 9.550
Barbara Mack 9.550
BB Barbara Mack 9.600
FX Kathy Bilodeau 9.550

1984 | COLUMBIA, MO.
1. ALABAMA 180.500
2. Southern Illinois 173.550
3. Missouri 173.300

Alabama Regional Champions-
AA Julie Estin 37.350
UB Penney Hauschild 9.400
BB Julie Estin 9.200
FX Julie Estin 9.400
Penney Hauschild 9.400

1983 | GAINESVILLE, FLA.
1. ALABAMA 184.750
2. Florida 184.650
3. LSU 182.650

1982 | ATHENS, GA.
1. Florida 144.850
2. Alabama 143.900
3. Georgia 143.700

This list includes all of Alabama's NCAA Regional appearances. The Crimson Tide competed in the Southeast region in 1982 and 1983. From 1984 to 1998, the Tide competed in the Central region. In 1999 and 2000, after the NCAA went from five to six regions, Alabama competed out of Region 4. In 2002, Region 4 was renamed the Central region.

ALABAMA AND THE SOUTHEASTERN CONFERENCE

Kayla Hoffman, pictured above with Commissioner Mike Slive, earned almost every accolade the Southeastern Conference has to offer in 2011, including the league's top honor when she was named the SEC Female Athlete of the Year. She was also the first in league history to win SEC Gymnast of the Year and SEC Gymnastics Scholar-Athlete of the Year honors in the same season. Hoffman received an SEC Postgraduate Scholarship and was a finalist for the H. Boyd McWhorter SEC Scholar-Athlete of the Year.

If there was any question that the Southeastern Conference is the most dominant gymnastics conference in the nation, it was laid to rest in 2009 when five of the teams that advanced to the NCAA Super Six Team Final were from the SEC, including the top two teams, Georgia and Alabama. In fact, since the first NCAA Championship in 1982, the SEC has had at least one team in the top-10 and since 1983, the conference has placed at least one team in the top-5 and at least two teams in the top-10. Alabama has been the league's top finisher at the NCAA Championships 13 times.

In each of the past 31 years, the conference has placed at least one team in the NCAA top-3 and in 1998 the national top-3 all hailed from the SEC, as Georgia, Florida and Alabama took first, second and third respectively. The SEC put a conference-high five teams in the national top-10 in 1993, 2003, 2008, 2009, 2015 and 2016. An SEC school has stood atop the collegiate gymnastics world as national champions 19 times since 1987, with Alabama winning six titles, including back-to-back in 2011 and 2012.

The SEC has done well on an individual level as well, with a conference athlete taking home the NCAA all-around title 17 times. Alabama athletes have been especially productive in that area, with five Crimson Tide athletes producing six all-around titles (Kim Jacob 2014, Jeana Rice 2004, Meredith Willard 1996, Dee Foster 1990, Penney Hauschild 1985 and 1986). From 1989-98, the conference claimed nine of the 10 all-around crowns, including six straight from 1993-98.

Of the 14 conference schools, eight sponsor gymnastics programs: Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky, LSU and Missouri.

ALABAMA IN THE SEC

The Crimson Tide has won nine SEC Championships, the first coming in 1988 and the most recent in 2015, as well as posting 27 top-two finishes. Individually, Alabama has tallied 64 conference crowns, including an incredible 47 titles since 2000. In 2016 Mackenzie Brannan won the league vault title and Katie Bailey and Kiana Winston shared the SEC uneven bars crown.

Kayla Hoffman was named the 2011 SEC Female Athlete of the Year, an award that spans all sports offered by the league, marking the fifth time an Alabama gymnast has earned that title. Tide gymnasts alone have earned more SEC Female Athlete of the Year honors than all but one other school.

The league's top scholar-athlete has come from the Tide three times, with Kristin Sterner (2003), Meredith Willard (1997) and Julie Estin (1987) earning the H. Boyd McWhorter Postgraduate Scholarship.

The SEC Gymnast of the Year has hailed from Alabama six times, including Hoffman in 2011, while the Freshman Gymnast of the Year has worn Alabama's crimson and white three times. In the classroom, Alabama has earned SEC Academic Honor Roll honors 309 times, including a conference-record 18 in 2016.

ALABAMA'S SEC TEAM CHAMPIONSHIPS:

2015, 2014, 2011, 2009, 2003, 2000, 1995, 1990, 1988

ALABAMA'S INDIVIDUAL SEC CHAMPIONS:

Andreé Pickens	7	Gina Basile	1
Ashley Miles	6	Julie Garrett	1
Jeana Rice	6	Katherine Kelleher	1
Morgan Dennis	6	Kayla Hoffman	1
Dee Foster	4	Lissy Smith	1
Ricki Lebegern	3	Marie Robbins	1
Diandra Milliner	3	Melanie Banville	1
Ashley Priess	2	Natalie Barrington	1
Geralen Stack-Eaton	2	Patti Rice	1
Julie Estin	2	Penney Hauschild	1
Kim Kelly	2	Stephanie Woods	1
Kaitlyn Clark	2	Terin Humphrey	1
Barbara Mack	1	Mackenzie Brannan	1
Brittany Magee	1	Katie Bailey	1
Casey Overton	1	Kiana Winston	1
Dana Dobransky	1		

ALABAMA AT THE SEC CHAMPIONSHIPS:

2016	2nd	1998	4th
2015	**1st**	1997	4th
2014	**1st**	1996	2nd
2013	2nd	**1995**	**1st**
2012	2nd	1994	2nd
2011	**1st**	1993	2nd
2010	2nd	1992	2nd
2009	**1st**	1991	2nd
2008	2nd	**1990**	**1st**
2007	3rd	1989	2nd
2006	2nd	**1988**	**1st**
2005	3rd	1987	3rd
2004	2nd	1986	3rd
2003	**1st**	1985	2nd
2002	2nd	1984	3rd
2001	2nd	1983	2nd
2000	**1st**	1982	2nd
1999	2nd	1981	3rd

ALABAMA'S SEC HONORS

Lauren Beers was voted the SEC Gymnastics Scholar-Athlete of the Year in 2016 following **Kim Jacob**, who earned the honor in 2012, 2013 and 2014 giving the Crimson Tide five in six years after **Kayla Hoffman** earned the same accolade in 2011.

SEC ATHLETE OF THE YEAR
2011 Kayla Hoffman
2004 Jeana Rice
2002 Andreé Pickens
1990 Dee Foster
1985 Penney Hauschild

H. BOYD MCWHORTER SEC SCHOLAR-ATHLETE OF THE YEAR
2003 Kristin Sterner
1997 Meredith Willard
1987 Julie Estin

SEC GYMNAST OF THE YEAR
2011 Kayla Hoffman
2003 Jeana Rice
2002 Andreé Pickens
2001 Andreé Pickens
2000 Andreé Pickens
1997 Meredith Willard

SEC GYMNASTICS FRESHMAN OF THE YEAR
1999 Andreé Pickens
1998 Robin Hawkins
1994 Meredith Willard

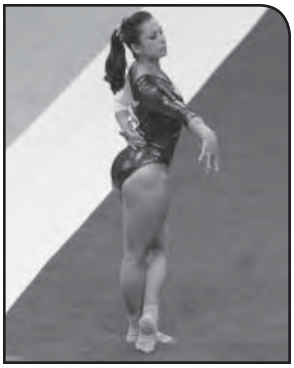
SEC COACH OF THE YEAR
2010 Sarah Patterson
2000 Sarah Patterson
1995 Sarah Patterson
1985 Sarah Patterson

SEC POSTGRADUATE SCHOLARSHIP
2014 Kim Jacob
2011 Kayla Hoffman
2010 Kassi Price
2003 Kristin Sterner
2002 Andreé Pickens
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1990 Marie Robbins
1989 Kelly Good
1987 Julie Estin

SEC GYMNASTICS SCHOLAR-ATHLETE OF THE YEAR
2016 Lauren Beers
2014 Kim Jacob
2013 Kim Jacob
2012 Kim Jacob
2011 Kayla Hoffman
2005 Michelle Reeser

SEC COMMUNITY SERVICE TEAM
2016 Lauren Beers
2015 Lauren Beers
2014 Kim Jacob
2013 Kim Jacob
2012 Ria Domier
2011 Alyssa Chapman
2010 Kassi Price
2009 Ricki Lebegern
2008 Ricki Lebegern
2007 Courtney Priess
2006 Dana Pierce
2005 Dana Pierce
2004 Stephanie Kite

SEC ATHLETE OF THE YEAR

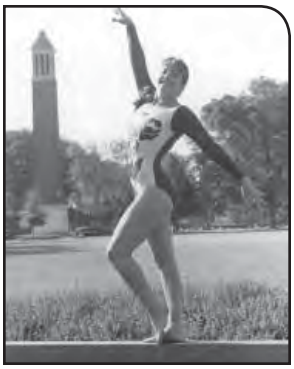


KAYLA HOFFMAN
2011

JEANA RICE
2004

ANDREÉ PICKENS
2002

DEE FOSTER
1990



PENNEY HAUSCHILD
1985

SEC SCHOLAR-ATHLETE OF THE YEAR

KRISTIN STERNER
2003

MEREDITH WILLARD
1997

JULIE ESTIN
1987

ALABAMA'S SEC TEAM CHAMPIONSHIPS

The 2014 SEC Champions

2015 SEC CHAMPIONS

In 2015, for the first time in nearly 40 years, the Alabama gymnastics team marched into the Southeastern Conference Championships, held in Duluth, Ga., with a new head coach. By the time the meet was done, Dana Duckworth and her first Crimson Tide team (as head coach that is) had produced a few more firsts.

When the Crimson Tide won the 2015 title with a 197.525, it was Alabama's first back-to-back SEC titles in program history. Duckworth also became the first coach in SEC gymnastics history to win the league championship in her inaugural season as a head coach.

Senior Kaitlyn Clark won her second individual SEC title and first vault championship after scoring a 9.95. Clark, juniors Lauren Beers and Carley Sims, along with sophomore Keely McNeer each earned All-SEC honors in front of a very vocal Crimson Tide crowd inside The Arena at Gwinnett Place.

While the Tide did win its 2012 NCAA Championship in Duluth, Alabama won its first SEC title in five Duluth appearances in 2015.

2014 SEC CHAMPIONS

Surrounded by a vocal pro-Alabama crowd in their own backyard, the Crimson Tide fed off the energy of the Birmingham, Ala. crowd to win its eighth Southeastern Conference Championship, and third is six years, in 2014. Loud throughout the night, Alabama fans erupted when junior Kaitlyn Clark – the Crimson Tide's last competitor – nailed her landing on the uneven bars, scoring a career-best 9.975 to win the event and clinch the Title for Alabama. Excited about their performance no matter the outcome, the Tide had to wait until Florida finished their finals routines on the floor exercise to know for sure if they'd won the title.

When the Gators finished their last routine, it was evident that the Tide had won and pandemonium ensued both on the floor of the arena, where the Tide celebrated an amazing performance, and in the stands where Alabama's faithful let loose a seemingly endless string of "Roll Tide" cheers.

In addition to Clark on the uneven bars, Milliner won both the vault and floor exercise. Milliner and Clark along with Jacob and freshman Aja Sims earned All-SEC honors. Sims also earned SEC All-Freshman honors along with Katie Bailey and Amanda Jetter. With three rookies earning All-Freshman, Alabama made up nearly half of the seven-member team.

2011 SEC CHAMPIONS

The Crimson Tide started off the 2011 SEC Championships with a solid score on the uneven bars and proceeded to improve every rotation after that, finishing off with the best score of the night by any team on any event, when it scored a 49.5 on the vault. The Tide was on a bye for the last rotation, waiting in its "Bama Bubble" to see if anyone could catch them. In the end, second-place Florida came up a quarter of a point short and the Tide won title No. 7 with a 197.225.

Senior Kayla Hoffman won the vault with a 9.95 while junior Geralen Stack-Eaton won the balance beam and floor exercise with matching scores of 9.925. Hoffman and Stack-Eaton both earned first team All-SEC honors, while sophomore Marissa Gutierrez and Ashley Sledge earned second-team honors. Sarah DeMeo, Kim Jacob and Diandra Milliner all earned second-team and All-SEC and SEC All-Freshman honors.

2009 SEC CHAMPIONS

Alabama rolled to its sixth SEC title with a complete team performance that saw everyone adding to the Crimson Tide's win. After finishing in second place by .025 in 2008, Alabama came back strong in 2009, out-pointing second place Georgia by .375, 197.300-196.925. Junior Morgan Dennis led the way with wins on the vault and floor exercise while junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earned second team All-SEC honors. Priess and Geralen Stack-Eaton also earned SEC All-Freshman honors.

2003 SEC CHAMPIONS

It was a battle from the word go. But in the end, the youngest team Alabama had ever put on the floor won the program's fifth SEC team title, upending second-place Georgia 197.575-197.525. Junior Jeana Rice was named SEC Gymnast of the Year after winning three events, including the all-around. Freshman Ashley Miles won the floor exercise with a 9.975 to clinch the Tide's victory. Sophomore Michelle Reeser and freshman Larissa Stewart earned second team All-SEC on the balance beam and uneven bars, respectively.

2000 SEC CHAMPIONS

Sarah Patterson and company couldn't have been much looser coming into the championships. Warm-ups in Florida's O'Connell Center were filled with laughter. Time in the locker room was spent playing games and singing along with music the Tide had brought along. Along with the laughter and the smiles, there was a quiet confidence.

By the time Alabama finished their last vault, they knew they had won the meet over LSU and Georgia, which tied for second, by .375. In addition to winning the all-around, vault and uneven bars, Andreé Pickens earned All-SEC honors and was named SEC Gymnast of the Year. Her three SEC titles in one season matched Dee Foster's 1991 effort for best in Tide history.

1995 SEC CHAMPIONS

Alabama was in Gainesville, Fla., for the SEC Championships and going into its last rotation, the vault, Alabama was fourth. The Crimson Tide responded with the highest vault total in NCAA history, counting nothing less than a 9.9. Freshman Merritt Booth and senior Chasity Junkin both posted career-best marks of 9.975. Junior Kim Kelly stuck a perfect 10.0 to finish the series. Now the Tide had to wait and see if their best had been good enough. Even the coaches didn't know until the scores were announced. Auburn was sixth, Kentucky fifth, Florida fourth, Georgia third, at this point a sigh of relief went up from the Crimson Tide contingent – they were at least second. LSU was second, and the Alabama contingent roared with the pleasure of winning by .05.

1990 SEC CHAMPIONS

Alabama started the decade of the 1990s off with a bang. Sarah and David Patterson and company won the 1990 SEC Championship in Athens, Ga. Senior Marie Robbins led the Tide, winning the all-around. It marked a triumphant return from an ankle injury that had cut short her 1989 season. And if Florida was Alabama's main rival in the early to mid 1980s, Georgia stepped into that position in the late 1980s through the next two decades, which made the win in Athens all the sweeter.

1988 SEC CHAMPIONS

At the 1988 SEC Championships the Crimson Tide faced Georgia, LSU and Florida, all three ranked in the top-10 nationally. All three, along with the Tide, would be in the hunt for the NCAA title come April.

The championships were in Tuscaloosa, where they had been in 1985, the year current Alabama senior captains Alli Beldon and Kathy Bilodeau had been freshmen.

Alabama didn't claim a single individual title but came away with its first conference crown, and an SEC Championship record as well. UA's 190.15 marked only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

THE SEC CHAMPIONSHIPS

2016 | LITTLE ROCK, ARK.

1.	Florida	197.775
2.	**Alabama**	**197.750**
3.	LSU	197.500
4.	Auburn	196.975
5.	Georgia	196.850
6.	Arkansas	196.500
7.	Kentucky	196.250
8.	Missouri	195.750

Alabama SEC Champions

V	Mackenzie Brannan	9.950
UB	Katie Bailey	9.950
	Kiana Winston	9.950

2015 | DULUTH, GA.

1.	**ALABAMA**	**197.525**
2.	LSU	197.450
3.	Florida	197.400
4.	Auburn	196.925
5.	Georgia	196.000
6.	Arkansas	195.950
7.	Missouri	195.700
8.	Kentucky	195.025

Alabama SEC Champions

V	Kaitlyn Clark	9.950

2014 | BIRMINGHAM, ALA.

1.	**ALABAMA**	**197.875**
2.	Florida	197.700
3.	LSU	197.325
4.	Georgia	197.150
5.	Auburn	195.550
6.	Kentucky	195.075
7.	Arkansas	194.900
8.	Missouri	194.650

Alabama SEC Champions

V	Diandra Milliner	9.975
UB	Kaitlyn Clark	9.975
FX	Diandra Milliner	9.950

2013 | LITTLE ROCK, ARK.

1.	Florida	198.000
2.	**ALABAMA**	**197.800**
3.	LSU	197.700
4.	Georgia	197.625
5.	Auburn	196.550
6.	Arkansas	196.400
7.	Missouri	195.525

Alabama SEC Champions

FX	Diandra Milliner	9.950

2012 | DULUTH, GA.

1.	Florida	197.150
2.	**ALABAMA**	**196.775**
3.	Georgia	196.575
4.	LSU	196.425
5.	Kentucky	194.350
6.	Arkansas	194.175
7.	Auburn	194.100

2011 | BIRMINGHAM, ALA.

1.	**ALABAMA**	**197.225**
2.	Florida	196.975
3.	Georgia	196.650
4.	Arkansas	195.800
5.	LSU	195.475
6.	Auburn	195.325
7.	Kentucky	193.950

Alabama SEC Champions-

V	Kayla Hoffman	9.950
BB	Geralen Stack-Eaton	9.925
FX	Geralen Stack-Eaton	9.925

2010 | JACKSONVILLE, FLA.

1.	Florida	197.050
2.	**ALABAMA**	**196.875**
3.	Georgia	196.825
4.	LSU	195.750
5.	Auburn	195.575
6.	Arkansas	195.275
7.	Kentucky	194.800

Alabama SEC Champions-

V	Morgan Dennis	9.900
BB	Ashley Priess	9.950
AA	Ashley Priess	39.500

2009 | NASHVILLE, TENN.

1.	**ALABAMA**	**197.300**
2.	Georgia	196.925
3.	Florida	196.750
4.	LSU	196.550
5.	Auburn	196.350
6.	Arkansas	195.650
7.	Kentucky	195.000

Alabama SEC Champions-

V	Morgan Dennis	9.950
FX	Morgan Dennis	9.950

2008 | DULUTH, GA.

1.	Georgia	197.350
2.	**ALABAMA**	**197.325**
	Florida	197.325
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champions-

V	Morgan Dennis	9.950
	Ricki Lebegern	9.950
BB	Morgan Dennis	9.900
	Ricki Lebegern	9.900
	Casey Overton	9.900
FX	Morgan Dennis	9.950

2007 | LITTLE ROCK, ARK.

1.	Florida	197.325
2.	Georgia	197.175
3.	**ALABAMA**	**197.000**
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champion-

BB	Ricki Lebegern	9.900

2006 | BIRMINGHAM, ALA.

1.	Georgia	197.275
2.	**ALABAMA**	**196.975**
3.	Florida	196.275
4.	LSU	195.900
5.	Auburn	194.975
6.	Arkansas	194.650
7.	Kentucky	191.150

Alabama SEC Champions-

UB	Melanie Banville	9.900
FX	Ashley Miles	9.950
	Brittany Magee	9.950

2005 | DULUTH, GA.

1.	Georgia	197.250
2.	LSU	196.975
3.	**ALABAMA**	**196.700**
4.	Florida	196.050
5.	Arkansas	195.225
6.	Auburn	195.125
7.	Kentucky	193.925

Alabama SEC Champions-

V	Ashley Miles	9.925
UB	Ashley Miles	9.950
	Terin Humphrey	9.950
FX	Ashley Miles	9.950

2004 | DULUTH, GA.

1.	Georgia	198.175
2.	**ALABAMA**	**197.950**
3.	LSU	197.275
4.	Florida	197.225
5.	Auburn	195.925
6.	Arkansas	194.825
7.	Kentucky	193.850

Alabama SEC Champions-

V	Jeana Rice	9.975
UB	Jeana Rice	9.950
FX	Ashley Miles	10.000
AA	Jeana Rice	39.850

2003 | BIRMINGHAM, ALA.

1.	**ALABAMA**	**197.575**
2.	Georgia	197.525
3.	Florida	195.950
4.	LSU	195.650
5.	Auburn	195.025
6.	Arkansas	194.875
	Kentucky	194.875

Alabama SEC Champions-

UB	Jeana Rice	9.925
BB	Jeana Rice	9.950
FX	Ashley Miles	9.975
AA	Jeana Rice	39.600

2002 | BIRMINGHAM, ALA.

1.	Georgia	197.025
2.	**ALABAMA**	**196.925**
3.	Florida	196.425
4.	LSU	196.225
5.	Auburn	194.325
	Kentucky	194.325

Alabama SEC Champions-

V	Andreé Pickens	9.950
UB	Andreé Pickens	9.950
BB	Andreé Pickens	9.925
AA	Andreé Pickens	39.725

2001 | BIRMINGHAM, ALA.

1.	Georgia	198.000
2.	**ALABAMA**	**197.425**
3.	Florida	196.450
4.	LSU	196.300
5.	Kentucky	195.850
6.	Auburn	194.500

Alabama SEC Champions-

UB	Natalie Barrington	9.950
BB	Lissy Smith	9.950

2000 | GAINESVILLE, FLA.

1.	**ALABAMA**	**197.200**
2.	LSU	196.825
	Georgia	196.825
4.	Florida	195.775
5.	Kentucky	194.650
6.	Auburn	192.500

Alabama SEC Champions-

V	Andreé Pickens	9.925
UB	Andreé Pickens	9.925
AA	Andreé Pickens	39.600

1999 | TUSCALOOSA, ALA.

1.	Georgia	197.475
2.	**ALABAMA**	**196.775**
3.	Florida	195.875
4.	LSU	195.375
5.	Kentucky	194.875
6.	Auburn	194.000

1998 | BATON ROUGE, LA.

1.	Georgia	197.600
2.	Florida	196.725
3.	LSU	196.450
4.	**ALABAMA**	**195.400**
5.	Kentucky	193.600
6.	Auburn	192.425

1997 | ATHENS, GA.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	**ALABAMA**	**195.775**
5.	Kentucky	195.075
6.	Auburn	192.550

1996 | LEXINGTON, KY.

1.	Georgia	197.450
2.	**ALABAMA**	**196.950**
3.	Florida	195.650
4.	Kentucky	195.250
5.	LSU	193.150
6.	Auburn	191.150

Alabama SEC Champion-

FX	Kim Kelly	9.950

1995 | GAINESVILLE, FLA.

1.	**ALABAMA**	**196.175**
2.	LSU	196.125
3.	Georgia	195.875
4.	Florida	195.650
5.	Kentucky	191.975
6.	Auburn	190.675

Alabama SEC Champions-

V	Kim Kelly	10.000
UB	Stephanie Woods	9.900

1994 | AUBURN, ALA.

1.	Georgia	196.700
2.	**ALABAMA**	**195.175**
3.	LSU	194.150
4.	Florida	194.125
5.	Auburn	192.700
6.	Kentucky	189.750

1993 | TUSCALOOSA, ALA.

1.	Georgia	197.050
2.	**ALABAMA**	**196.050**
3.	Auburn	193.200
4.	LSU	192.900
5.	Florida	192.100
6.	Kentucky	189.350

Alabama SEC Champion-

AA	Dee Foster	39.650

1992 | BATON ROUGE, LA.

1.	Georgia	196.400
2.	**ALABAMA**	**194.500**
3.	Auburn	191.350
4.	Florida	189.600
5.	LSU	188.650
6.	Kentucky	185.950

Alabama SEC Champion-

BB	Dana Dobransky	9.900

1991 | LEXINGTON, KY.

1.	Georgia	194.100
2.	**ALABAMA**	**194.050**
3.	LSU	192.400
4.	Florida	191.300
5.	Auburn	189.250
6.	Kentucky	186.000

Alabama SEC Champions-

V	Dee Foster	9.950
UB	Gina Basile	9.850
BB	Dee Foster	9.850
FX	Dee Foster	9.950

1990 | ATHENS, GA.

1.	**ALABAMA**	**193.550**
2.	LSU	192.050
3.	Georgia	191.850
4.	Auburn	188.150
5.	Florida	188.000
6.	Kentucky	186.300

Alabama SEC Champion-

AA	Marie Robbins	38.800

1989 | GAINESVILLE, FLA.

1.	Florida	191.500
2.	**ALABAMA**	**191.050**
3.	Georgia	190.400
4.	LSU	187.900
5.	Kentucky	182.650
6.	Auburn	185.050

Alabama SEC Champion-

V	Katherine Kelleher	9.550

1988 | TUSCALOOSA, ALA.

1.	**ALABAMA**	**190.150**
2.	Georgia	189.200
3.	Florida	188.850
4.	LSU	187.400
5.	Kentucky	183.400
6.	Auburn	183.200

1987 | ATHENS, GA.

1.	Georgia	189.400
2.	Florida	185.650
3.	**ALABAMA**	**185.300**
4.	LSU	184.450
5.	Auburn	181.400
6.	Kentucky	180.950

1986 | GAINESVILLE, FLA.

1.	Georgia	185.150
2.	Florida	184.100
3.	**ALABAMA**	**183.750**
4.	LSU	176.600
5.	Kentucky	175.950
6.	Auburn	171.400

Alabama SEC Champion-

V	Julie Estin	9.550
UB	Julie Estin	9.550

1985 | TUSCALOOSA, ALA.

1.	Florida	185.650
2.	**ALABAMA**	**183.650**
3.	Georgia	181.800
4.	LSU	180.500
5.	Kentucky	173.450
6.	Auburn	158.900

Alabama SEC Champions-

UB	Barbara Mack	19.050
AA	Penney Hauschild	37.700

ALABAMA'S SEC CHAMPIONS

All-SEC and SEC Champion Kiana Winston during the 2016 SEC Championships.

2016
Mackenzie Brannan — vault
Kiana Winston — uneven bars
Katie Bailey — uneven bars

2015
Alabama — **Team**
Kaitlyn Clark — vault

2014
Alabama — **Team**
Diandra Milliner — vault, floor exercise
Kaitlyn Clark — uneven bars

2013
Diandra Milliner — floor exercise

2011
Alabama — **Team**
Kayla Hoffman — vault
Geralen Stack-Eaton — floor exercise, balance beam

2010
Ashley Priess — all-around, balance beam
Morgan Dennis — vault

2009
Alabama — **Team**
Morgan Dennis — vault, floor exercise

2008
Morgan Dennis — vault, floor exercise, balance beam
Ricki Lebegern — vault, balance beam
Casey Overton — balance beam

2007
Ricki Lebegern — balance beam

2006
Melanie Banville — uneven bars
Brittany Magee — floor exercise
Ashley Miles — floor exercise

2005
Terin Humphrey — uneven bars
Ashley Miles — vault, uneven bars, floor exercise

2004
Jeana Rice — all-around, vault, uneven bars
Ashley Miles — floor exercise

2003
Alabama — **Team**
Jeana Rice — all-around, uneven bars, balance beam
Ashley Miles — floor exercise

2002
Andreé Pickens — all-around, vault, uneven bars, balance beam

2001
Natalie Barrington — uneven bars
Lissy Smith — balance beam

2000
Alabama — **Team**
Andreé Pickens — all-around, vault, uneven bars

1996
Kim Kelly — floor exercise

1995
Alabama — **Team**
Kim Kelly — vault
Stephanie Woods — uneven bars

1993
Dee Foster — all-around

1992
Dana Dobransky — balance beam

1991
Gina Basile — uneven bars
Dee Foster — vault, balance beam, floor exercise

1990
Alabama — **Team**
Marie Robbins — all-around

1989
Katherine Kelleher — vault

1988
Alabama — **Team**

1986
Julie Estin — vault, uneven bars

1985
Penney Hauschild — all-around
Barbara Mack — uneven bars

1983
Patti Rice — floor exercise

1982
Julie Garrett — uneven bars

ALABAMA'S ALL-SEC

2016
Katie Bailey (UB)
Mackenzie Brannan (V)
Jenna Bresette (V#)
Kiana Winston (UB)

2015
Kaitlyn Clark (V, BB)
Carley Sims (FX)
Lauren Beers (AA)
Keely McNeer (BB)

2014
Katie Bailey (AA#)
Kaitlyn Clark (UB)
Kim Jacob (BB)
Amanda Jetter (FX#)
Diandra Milliner (V, FX)
Aja Sims (UB, BB)

2013
Diandra Milliner (FX)
Kayla Williams (V)

2012
Ashley Priess (V*)
Geralen Stack-Eaton (AA*)

2011
Sarah DeMeo (BB*#)
Marissa Gutierrez (V, FX*)
Kayla Hoffman (AA, V)
Kim Jacob (BB, FX*#)
Diandra Milliner (AA*#)
Ashley Sledge (FX*)
Geralen Stack-Eaton (AA, BB, FX)

2010
Morgan Dennis (V)
Kayla Hoffman (UB*, FX*)
Ricki Lebegern (AA*)
Ashley Priess (AA, BB)

2009
Morgan Dennis (V, FX)
Kayla Hoffman (V*, BB*)
Ricki Lebegern (AA*)
Ashley Priess (V*#)
Geralen Stack-Eaton (AA#)
Caitlin Sullivan (BB#)

2008
Morgan Dennis (AA, V, BB, FX)
Kayla Hoffman (V*#)
Ricki Lebegern (V, BB)
Casey Overton (BB)
Kassi Price (UB*)

2007
Morgan Dennis (AA*)
Ricki Lebegern (BB)

2006
Melanie Banville (UB)
Brittany Magee (FX)
Ashley Miles (FX)

2005
Terin Humphrey (UB)
Ashley Miles (V, UB, FX)
2004
Ashley Miles (FX)
Jeana Rice (AA, V, UB)

2003
Ashley Miles (FX)
Jeana Rice (AA, UB, BB)
Michelle Reeser (BB*)
Larissa Stewart (UB*)

2002
Natalie Barrington (UB*)
Alexis Brion (FX*)
Andreé Pickens (AA, V, UB, BB)
Raegan Tomasek (FX*)

2001
Natalie Barrington (UB)
Andreé Pickens (AA)
Jeana Rice (AA)
Lissy Smith (BB)
Kristin Sterner (AA)

2000
Andreé Pickens (AA, V, UB)
Kristin Sterner (AA)

1998
Mandy Chapman (AA)

1997
Mandy Chapman (AA)

1996
Kim Kelly (AA, FX)
Meredith Willard (AA)

1995
Kim Kelly (V)
Stephanie Woods (UB)

1994
Kim Kelly (AA)

1993
Dee Foster (AA)

1992
Dana Dobransky (AA)
Katherine Kelleher (AA)

1991
Gina Basile (UB)
Dee Foster (V, BB, FX)

1990
Dee Foster (AA)
Marie Robbins (AA)

1989
Katherine Kelleher (AA)
Kim Masters (AA)
Tina Rinker (AA)

1988
Kim Masters (AA)
Tina Rinker (AA)
Marie Robbins (AA)

1987
Julie Estin (AA)

1986
Julie Estin (AA)
Penney Hauschild (AA)

1985
Julie Estin (AA)
Penney Hauschild (AA)

1984
Julie Estin (AA)

1983
Julie Garrett (AA)
Patti Rice (AA)

1982
Julie Garrett (AA)

* = second team honor
# = freshman honor

ALABAMA'S SEC ACADEMIC HONOR ROLL

While it is evident that Alabama gymnastics is one of the nation's best teams in the gym, it is absolutely dominant when it comes to the classroom. The best barometer of such success on a conference level is the SEC Academic Honor Roll, instituted in 1984, and Alabama gymnasts have earned a league-best 309 honors. The Crimson Tide has averaged more than 10 honors a year since 2000, including a program-best 18 in 2016. From 1984-2001 the honor roll was open to all gymnasts in the sophomore class or better in academic standing. Starting in 2002, the awards were determined by the academic year (fall and spring semester) or cumulative GPA, making freshmen eligible.

2016
Katie Bailey, Jr. General Studies; Lauren Beers, Sr. Master's in General St.; Mackenzie Brannan, So. Psychology; Nickie Guerrero, So. Accounting; Amanda Jetter, Jr. Human Dev. & Family Studies; Jennie Loeb, So. Psychology; Keely McNeer, Jr. Chemical Engineering; Mary Lillian Sanders, Jr. History; Aja Sims, Jr. Exercise Science; Carley Sims, Sr. Advertising; Mackenzie Valentin, Jr. Chemistry; Kiana Winston, So. Psychology; Abby Armbrecht, Fr. Accounting; Jenna Bresette, Fr. Pre-Major Studies; Angelina Giancroce, Fr. Telecommunication & Film; Ari Guerra, Fr. Psychology; Amanda Huang, Fr. Accounting; Avery Rickett, Fr. Marketing

2015
Katie Bailey, So. Public Relations; Lauren Beers, Jr. Exercise Science; Mackenzie Brannan, Fr. Pre-Psychology; Kaitlyn Clark, Sr. Exercise Science; Hunter Dennis, Sr. General Studies; Lora Leigh Frost, Sr. Health Studies; Nickie Guerrero, Fr. General Business; Amanda Jetter, So. Human Development & Family Studies; Jennie Loeb, Fr. Pre-Dental; Keely McNeer, So. Chemical Engineering; Dominique Pegg, So. Exercise Science; Mary Lillian Sanders, So. History; Aja Sims, So. Exercise Science; Carley Sims, Jr. Advertising; Kayla Williams, Sr. Sports Management; Mackenzie Valentin, So. Chemistry; Kiana Winston, Fr. Human Environmental Sciences

2014
Katie Bailey, Fr. Communications; Lauren Beers, So. Exercise Science; Kaitlyn Clark, Jr., Exercise Science; Sarah DeMeo, Sr., Interdisciplinary; Ria Domier, Sr., Chemical Engineering; Lindsey Fowler, Sr., Human Development & Family Studies/Early Childhood Education; Lora Leigh Frost, Jr., Health Studies; Kim Jacob, Sr., Exercise Science; Amanda Jetter, Fr. Communications; Diandra Milliner, Sr., Health Studies; Mary Lillian Sanders, Fr. Human Environmental Science; Carley Sims, Jr., Public Relations; Kayla Williams, Jr., Public Relations

2013
Becca Alexin, Sr., Health Studies; Lauren Beers, Fr., Exercise Science; Kaitlyn Clark, So., Exercise Science; Sarah DeMeo, Jr., Interdisciplinary; Hunter Dennis, So., General Studies; Ria Domier, So., Chemical Engineering; Lindsey Fowler, So., Restaurant & Hospitality Management; Lora Leigh Frost, So., Health Studies; Marissa Gutierrez, Sr., Early Childhood Development; Kim Jacob, Jr., Exercise Science; Diandra Milliner, Jr., Health Studies; Brooke Parker, So., Business; Ashley Priess, RS Sr., Sports Management; Carley Sims, Fr., Pre-Physical Therapy; Ashley Sledge, Sr., Public Relations; Kayla Williams, So., Public Relations

2012
Becca Alexin, Jr., General Health Studies; Olivia Carisella, So., Food & Nutrition; Kaitlyn Clark, Fr. Exercise Science; Sarah DeMeo, So., General Health Studies; Ria Domier, So., Chemical Engineering; Lindsey Fowler, So., Restaurant & Hospitality Management; Lora Leigh Frost, Fr. Health Studies; Marissa Gutierrez, Jr., Human Environmental Sciences; Kim Jacob, So., Exercise Science; Diandra Milliner, So., Health Studies; Brooke Parker, Fr. General Business; Ashley Priess, Sr., Spanish; Ashley Sledge, Jr., Public Relations; Geralen Stack-Eaton, Sr., Telecommunications & Film; Rachel Terry, Sr., Early Childhood Education; Hannah Toussaint, So., Communicative Disorders; Kayla Williams, Fr. Public Relations

2011
Becca Alexin, So., General Health Studies; Olivia Carisella, Fr., Food & Nutrition; Alyssa Chapman, Sr., Psychology; Sarah DeMeo, Fr., General Health Studies; Ria Domier, Fr., Chemical Engineering; Lindsey Fowler, Fr., Restaurant & Hospitality Management; Marissa Gutierrez, So., Human Environmental Sciences; Kayla Hoffman, Sr., Human Development & Family Studies; Kim Jacob, Fr., Exercise Science; Megan Mashburn, Sr., General Health Studies; Jordan Moore, Fr., Interdisciplinary; Ashley Priess, Jr., Spanish; Ashley Sledge, So., Public Relations; Geralen Stack-Eaton, Jr., Telecommunications & Film; Rachel Terry, Jr., Early Childhood Education; Hannah Toussaint, Fr., Communicative Disorders

2010
Courtney Bell, Fr., Human Environmental Sciences; Alyssa Chapman, Sr., Psychology; Morgan Dennis, Sr., Psychology; Jocelyn Fowler, So., Human Development & Family Studies; Marissa Gutierrez, Fr., Human Environmental Sciences; Mary Hauswirth, Fr., Chemical Engineering; Kayla Hoffman, Jr., Human Development & Family Studies; Ricki Lebegern, Sr., Exercise Science; Megan Mashburn, Jr., General Health Studies; Casey Overton, Sr., Psychology; Kassi Price, Sr., Marketing & Advertising; Ashley Priess, So., Spanish; Ashley Sledge, Fr., Public Relations; Geralen Stack-Eaton, So., Telecommunications & Film; Rachel Terry, So., Early Childhood Education

2009
Alyssa Chapman, Jr., Psychology; Morgan Dennis, Jr., Psychology; Jocelyn Fowler, Fr., Exercise Science; Kayla Hoffman, So., Human Development & Family Studies; Ricki Lebegern, Jr., Exercise Science; Brittany Magee, Sr., Criminal Justice; Megan Mashburn, So., General Health Studies; Amanda Montgomery, Sr., Management; Ashley O'Neal, Sr., Restaurant & Hospitality Management; Casey Overton, Jr., Psychology; Kassi Price, Jr., Marketing & Advertising; Ashley Priess, Fr., Exercise Science; Jacqueline Shealy, Jr., Public Relations; Rachel Terry, Fr., Human Environmental Sciences

2008
Alyssa Chapman, So., Pre-Physical Therapy; Morgan Dennis, So., Pre-Major Studies; Kayla Hoffman, Fr., Pre-Major Studies; Jennifer Iovino, Fr., Pre-Major Studies; Ricki Lebegern, So., Exercise Science; Brittany Magee, Jr., Criminal Justice; Cassie Martin, Jr., Interdisciplinary; Megan Mashburn, Fr., General Health Studies; Amanda Montgomery, Jr., Management; Ashley O'Neal, Jr., Restaurant & Hospitality Management; Casey Overton, So., Pre-Major Studies; Kassi Price, So., Pre-Business; Kaitlin White, Sr., Consumer Sciences

2007
Morgan Dennis, Fr., Pre-Major Studies; Terin Humphrey, Jr., Criminal Justice; Ricki Lebegern, Fr., Pre-Major Studies; Brittany Magee, So., Criminal Justice; Cassie Martin, So., Interdisciplinary; Amanda Montgomery, So., Pre-Business; Casey Overton, Fr., Pre-Major Studies; Kassi Price, Fr., Pre-Business; Erin Rightley, Sr., Psychology

2006
Melanie Banville, Fr., Human Environmental Science; Mari Bayer, Sr., Nutrition; Ashley Ford, Fr., Pre-Major Studies; Rachael Delahoussaye, Sr., Pre-Medicine; Dana Filetti, Sr., Restaurant & Hospitality Management; Terin Humphrey, So., Pre-Psychology; Ashley Miles, Sr., Advertising; Cassie Martin, Fr., Pre-Major Studies; Amanda Montgomery, Fr., Human Environmental Science; Ashley O'Neal, Fr., Pre-Business; Dana Pierce, Sr., Physical Education; Courtney Priess, Fr., Communication; Bianca Puello, Fr., Pre-Major Studies; Erin Rightley, Jr., Psychology

2005
Mari Bayer, Jr., Nutrition; Rachael Delahoussaye, Jr., Pre-Medicine; Shannon Hrozek, Sr., Consumer Science; Meredith Laxton, So., Restaurant & Hospitality Management; Dana Pierce, Jr., Physical Education; Michelle Reeser, Sr., Accounting; Erin Rightley, So., Psychology

2004
Mari Bayer, So., Nutrition; Rachael Delahoussaye, So., Pre-Medicine; Johnna Gay, Fr., Elementary Education; Lauren Holdefer, Sr., Psychology; Shannon Hrozek, Jr., Consumer Science; Stephanie Kite, Sr., International Marketing; Meredith Laxton, Fr., Pre-Major Studies; Ashley Miles, So., Advertising; Michelle Reeser, Jr., Accounting; Erin Rightley, Fr., Pre-Physical Therapy; Larissa Stewart, So., Pre-Medicine

2003
Mari Bayer, Fr., Pre-Major Studies; Rachael Delahoussaye, Fr., Pre-Medicine; Lauren Holdefer, Jr., Psychology; Shannon Hrozek, So., Consumer Science; Stephanie Kite, Jr., International Marketing; Dana Pierce, Fr., Physical Education; Michelle Reeser, So., Accounting; Kristin Sterner, Sr., Biology

2002
Natalie Barrington, Sr., Sports Fitness Management; Helen Burgin, So., Elementary Education; Tiffany Byrd, So., Pre-Medicine; Erin Holdefer, So., Public Relations; Lauren Holdefer, So., Psychology; Shannon Hrozek, Fr., Pre-Major Studies; Stephanie Kite, So., Marketing; Alexa Martinez, Sr., Advertising; Whitney Morgan, Sr., Secondary Education; Andreé Pickens, Sr., Biology; Jeana Rice, So., Advertising; Sara Scarborough, Jr., Nursing; Kristin Sterner, Jr., Biology; Raegan Tomasek, Jr., Restaurant & Hospitality Management;

2001
Natalie Barrington, Jr., Sports Fitness Management; Krista Gole, Jr., Health Care Management; Robin Hawkins, Sr., Telecommunication/Film; Katie Hornecker, Sr., Mechanical Engineering; Alexa Martinez, Jr., Advertising; Whitney Morgan, Jr., American Studies; Andreé Pickens, Jr., Biology; Sara Scarborough, So., Human Nutrition; Lissy Smith, Sr., Psychology; Kristin Sterner, So., Pre-Major Studies; Dara Stewart, Sr., Human Development; Raegan Tomasek, Jr., Human Nutrition

2000
Natalie Barrington, So., Elementary Education; Krista Gole, So., Pre-Business; Lexa Evans, Sr., Journalism; Robin Hawkins, Jr., Telecommunication/Film; Katie Hornecker, Jr., Mechanical Engineering; Gina Logan, Sr., Health Care Management; Alexa Martinez, So., Advertising; Whitney Morgan, So., Biology; Andreé Pickens, So., Biology; Lissy Smith, Jr., Psychology; Dara Stewart, Jr., Human Development; Raegan Tomasek, So., Nutrition

1999
Mandy Chapman, Sr., Food & Nutrition; Lexa Evans, Jr., Journalism; Robin Hawkins, So., Telecommunication/Film; Katie Hornecker, So., Chemical Engineering; Gina Logan, Jr., Health Care Management; April Makinson, So., Human Development; Lissy Smith, So., Elementary Education; Gwen Spidle, Sr., Social Work; Dara Stewart, So., Pre-Major Studies

1998
Merritt Booth, Sr., Psychology; Mandy Chapman, Jr., Food & Nutrition; Lexa Evans, So., Journalism; Becca Fields, So., Pre-Major studies; Gina Logan, So., Health Care Management; Danielle McAdams, Sr., Sports Fitness Management; Shay Murphy, Sr., Biology

1997
Merritt Booth, Jr., Psychology; Mandy Chapman, So., Biology; Lisa Gianni, So., Interior Design; Gina Logan, So., Health Care Management; Danielle McAdams, Jr., Sports Fitness Management; Shay Murphy, Jr., Biology; Heather Nasser, Jr., Education; Meredith Willard, Sr., Marketing

1996
Merritt Booth, So., Pre-Major Studies; Kim Kelly, Sr., Elementary Education; Danielle McAdams, So., Pre-Business; Shay Murphy, So., Biology; Heather Nasser, So., Early Child. Education; Marna Neubauer, Sr., Early Child. Education; Meredith Willard, Jr., Marketing

1995
Chasity Junkin, Sr., Accounting; Kim Kelly, Jr., Elementary Education; Marna Neubauer, Jr., Elementary Education; Meredith Willard, So., Pre-Business

1994
Sheryl Dundas, Sr., Accounting; Chasity Junkin, Jr., Accounting; Kara Stilp, Sr., Marketing; Gretchen Stockley, Jr., Sports Psychology; Marti Watson, Sr., Management

1993
Dana Dobransky, Sr., Telecommunication/Film; Sheryl Dundas, Jr., Interdisciplinary; Chasity Junkin, So., Pre-Major Studies; Gretchen Stockley, So., Pre-Medicine

1992
Gina Basile, Sr., Advertising; Dana Dobransky, Jr., Telecommunication/Film; Sheryl Dundas, So., Pre-Major Studies; Katherine Kelleher, Sr., Corporate Finance; Shea McFall, Sr., Corporate Finance; Kara Stilp, So., Pre-Major Studies; Marti Watson, So., Human Environmental Science

1991
Dana Dobransky, So., Communication; Katherine Kelleher, Jr., Corporate Finance; Shea McFall, Jr., Corporate Finance; Tina Rinker, Sr., Chemical Engineering

1990
Gina Basile, So., Communication; Ali Blumberg, Sr., Recreation & Park Leadership; Katherine Kelleher, So., Commerce & Business; Shea McFall, So., Arts & Sciences; Tina Rinker, Jr., Chemical Engineering; Marie Robbins, Sr., Interdisciplinary; Tracey Tillman, Sr., Public Relations; Cheri Way, Sr., Advertising

1989
Wendy Anderson, So., Sports Fitness Management; Kelly Good, Sr., Interdisciplinary; Tina Rinker, So., Engineering; Marie Robbins, Jr., Interdisciplinary; Tracey Tillman, Jr., Advertising; Cheri Way, Jr., Advertising

1988
Alli Beldon, Sr., Marketing; Kathy Bilodeau, Sr., Public Relations; Kelly Good, Jr., Biology; Marie Robbins, So., Arts & Sciences; Tracey Tillman, So., Communications

1987
Alli Beldon, Jr., Interdisciplinary; Kathy Bilodeau, Jr., Public Relations; Julie Estin, Sr., Mathematical Stats

1986
Alli Beldon, So., Fashion Marketing; Julie Estin, Jr., Pre-Medicine; Stephanie Kehr, So., Marketing

1985
Julie Estin, So., Pre-Medicine; Barbara Mack, Sr., Political Science

1984
Barbara Mack, Jr., Political Science; Patti Rice, So., Marketing

ALABAMA RECORDS

TEAM RECORDS

TEAM TOTAL

198.250	Stanford 3/7/14
198.075	NCAA Regional 4/13/96
198.025	NCAA Super Six 4/26/96
198.000	NCAA Regional 4/3/01
197.975	Auburn 3/1/03
197.950	SEC Championships 3/20/04
197.925	Florida 1/30/04
197.925	Auburn 3/14/14
197.900	NCAA Regional 4/6/02
197.875	SEC Championships 3/22/14
197.850	NCAA Super Six 4/21/12
197.825	LSU 3/6/99
197.800	UMass 2/21/99
197.800	SEC Championships 3/23/13
197.800	Boise State 2/13/15
197.750	SEC Championships 3/19/16
197.725	Michigan 3/12/04
197.725	Florida 2/3/12
197.725	LSU 3/8/13
197.675	Georgia 2/25/11
197.675	NCAA Super Six 4/16/11
197.675	NCAA Semifinals 4/20/12
197.675	Florida 2/28/14
197.675	Georgia 2/20/15
197.650	UCLA 3/16/02
197.650	Arkansas 2/17/12
197.650	Auburn 2/15/13
197.650	NCAA Semifinals 4/18/14
197.625	North Carolina 3/16/12
197.600	LSU 1/23/04
197.575	NCAA Super Six 4/19/02
197.575	SEC Championship 3/29/03
197.575	NCAA Super Six 4/17/09
197.575	NCAA Regional 4/4/15
197.550	Georgia 3/1/96
197.550	Georgia 2/20/04
197.550	NCAA Regionals 4/5/14
197.550	Georgia 2/26/16
197.525	Penn State 3/17/01
197.525	Oklahoma 3/15/13
197.525	SEC Championships 3/21/15
197.525	Florida 1/29/16
197.500	Georgia 2/16/01
197.500	Georgia 2/7/14
197.500	Auburn 2/14/14
197.500	Oklahoma 3/13/15
197.475	Auburn 1/26/07
197.4375	NCAA Super Six 4/16/16
197.425	SEC Championship 3/23/01
197.425	Kentucky 3/8/02
197.400	LSU 2/14/03
197.400	NCAA Super Six 4/22/05
197.400	NCAA Regional 4/6/13
197.400	Florida 1/23/15
197.3875	NCAA Semifinals 4/15/16
197.375	Auburn 3/16/07
197.375	West Virginia 2/14/16
197.350	LSU 2/2/01
197.350	Auburn 2/27/09
197.350	NCAA Semifinals 4/19/13
197.350	NCAA Super Six 4/20/13
197.350	Missouri 3/6/15
197.325	LSU 2/21/97
197.325	Arkansas 2/27/04
197.325	SEC Championships 3/29/08
197.325	Auburn 2/6/15
197.300	NCAA Regional 4/1/00
197.300	NCAA Regional 4/12/08
197.300	Penn State 3/14/08
197.300	SEC Championships 3/21/09
197.300	PSU Quad 2/20/16
197.275	NCAA Super Six 4/25/03
197.275	Kentucky 2/18/11
197.275	NCAA Regional 4/2/11
197.275	NCAA Super Six 4/18/15
197.250	Georgia 2/15/02
197.250	LSU 3/2/07
197.250	Auburn 2/12/16

VAULT

49.775	NCAA Super Six 4/26/96
49.750	SEC Championships 3/35/95
49.675	Georgia 2/20/04
49.650	Kentucky 2/26/10
49.625	Auburn 3/1/03
49.625	SEC Championships 3/20/04
49.625	NCAA Super Six 4/22/05
49.625	NCAA Super Six 4/21/12

UNEVEN BARS

49.650	SEC Championship 3/22/14
49.625	NCAA Regional 4/7/01
49.600	Penn State 2/19/99
49.600	PSU Quad 2/20/16
49.575	NCAA Regional 4/6/02

BALANCE BEAM

49.725*	NCAA Regional 4/6/02
49.650	Auburn 3/14/14
49.625	UMass 1/21/99
49.600	NCAA Semifinals 4/20/12
49.550	Georgia 1/18/03
49.550	Florida 1/29/16

FLOOR EXERCISE

49.700	Georgia 2/16/01
49.675	SEC Championships 3/20/04
49.675	Stanford 3/7/14
49.675	NCAA Super Six 4/19/14
49.650	Auburn 3/21/08

* NCAA Record

In 2016, the NCAA Championships went to a six judge panel, changing scoring from three decimal places to four.

INDIVIDUAL RECORDS

ALL-AROUND

39.850	Andreé Pickens	UCLA 3/16/02
39.850	Jeana Rice	SECs 3/20/04
39.800	Dee Foster	NCAA Regional 4/3/93, NCAA Super Six 4/16/93
39.775	Meredith Willard	Quad Meet 3/8/97
39.750	Dee Foster	Kentucky 1/30/93, Georgia 2/26/93
39.750	Kim Kelly	LSU 3/18/94, NCAA Regional 4/13/96
39.750	Jeana Rice	Michigan 1/31/03, Georgia 3/15/03

VAULT

10.000	Dee Foster	Georgia 3/14/92, Auburn 1/16/93, Georgia 1/22/93, Kentucky 1/30/96, NCAA Super Six 4/16/96
10.000	Kim Kelly	Georgia 3/12/94, Georgia 3/4/95, SEC 3/25/95, NCAA Regional 4/8/95, Auburn 3/19/96, NCAA Super Six 4/26/96
10.000	Danielle McAdams	NCAA Super Six 4/26/96
10.000	Andreé Pickens	UMass 2/21/99, Kentucky 2/26/99, LSU 2/8/02, UCLA 3/16/02
10.000	Ashley Miles	Auburn 3/1/03, NCAA Semifinals 4/24/03, NCAA Event Finals 4/26/03, Florida 1/30/04, Kentucky 2/13/04, LSU 1/21/05, Auburn 2/4/05, NCAA Super Six 4/22/05
10.000	Jeana Rice	Georgia 3/15/03
10.000	Geralen Stack-Eaton	Georgia 1/13/12
10.000	Diandra Milliner	Florida 2/3/12, Stanford 3/7/14
10.000	Lauren Beers	Georgia 2/26/16
9.975	Kim Kelly	LSU 3/18/94, SEC Championships 3/26/94, NCAA 4/21/94
9.975	Chasity Junkin	SEC Championships 3/25/95
9.975	Merritt Booth	SEC Championships 3/25/95
9.975	Kim Bonaventura	Kentucky 2/7/97
9.975	Andreé Pickens	Nebraska 2/2/02, Georgia 2/15/02, Florida 2/22/02, Auburn 3/1/02
9.975	Jeana Rice	Kentucky 3/8/03, Arkansas 2/27/04, SEC Championships 3/20/04
9.975	Ashley Miles	Georgia 3/15/03, Kentucky 2/11/05, Georgia 2/18/05, Auburn 1/27/06
9.975	Alexis Brion	Georgia 2/20/04, Michigan 3/12/04
9.975	Kayla Hoffman	UCLA Quad 3/9/08
9.975	Morgan Dennis	Arkansas 1/22/10, Kentucky 2/26/10
9.975	Ricki Lebegern	Florida 2/12/10
9.975	Geralen Stack-Eaton	NCAA Super Six 4/21/12
9.975	**Kayla Williams**	**LSU 3/8/13, SEC Championships 3/23/13**
9.975	**Diandra Milliner**	**SEC Championships 3/22/14**

UNEVEN BARS

10.000	Dee Foster	LSU 2/12/93
10.000	Andreé Pickens	Minnesota 1/30/99, UMass 2/21/99, Georgia 3/4/00, Kentucky 2/24/01, Auburn 2/10/02
10.000	Natalie Barrington	Georgia 2/16/01
9.975	Stephanie Woods	NCAA Event Finals 4/27/96
9.975	Andreé Pickens	Auburn 1/22/99, Penn State 2/19/99, NCAA Regional 4/6/02
9.975	Dara Stewart	NCAA Regional 4/1/00
9.975	Jeana Rice	Michigan 1/31/03, LSU 1/23/04
9.975	Kaitlyn Clark	SEC Championship 3/22/14
9.975	Kiana Winston	PSU Quad 2/20/16, Georgia 2/26/16
9.975	Mackenzie Brannan	PSU Quad 2/20/16

BALANCE BEAM

10.000	Dana Dobransky	Georgia 2/26/93, NCAA Event Finals 4/17/93
10.000	Stephanie Woods	Kentucky 2/7/97
10.000	Raegan Tomasek	UMass 2/21/99
10.000	Jeana Rice	Georgia 1/18/03
10.000	Kaitlyn Clark	Auburn 3/14/14
9.975	Danielle McAdams	Florida 1/24/97
9.975	Lissy Smith	UMass 2/21/99
9.975	Jeana Rice	SECs 3/20/04
9.975	Aja Sims	Florida 1/29/16

FLOOR EXERCISE

10.000	Dee Foster	SE Missouri St./Minnesota 2/6/93, Georgia 2/26/93
10.000	Kim Kelly	NCAA Regional 4/13/96, NCAA Super Six 4/26/96, NCAA Event Finals 4/27/96
10.000	Meredith Willard	LSU 2/21/97, Quad Meet 3/8/97
10.000	Shay Murphy	Utah State 3/14/98
10.000	Ashley Miles	NCAA Central Regional 4/12/03, SEC Championships 3/20/04, NCAA Super Six 4/22/05
9.975	Dee Foster	NCAA Regional 4/3/93
9.975	Kim Kelly	LSU 3/18/94, NCAA Event Finals 4/23/94, NCAA Semifinals 4/25/96
9.975	Andreé Pickens	Minnesota 1/30/99, UCLA 3/16/02
9.975	Jeana Rice	Georgia 2/16/01, NCAA Regional 4/7/01
9.975	Kristin Sterner	Georgia 2/16/01, Nebraska 2/2/02, Auburn 3/1/03
9.975	Michelle Reeser	Auburn 2/10/02
9.975	Morgan Dennis	Auburn 1/26/07, Auburn 3/21/08, Florida 2/12/10
9.975	Kiana Winston	Georgia 2/26/16
9.975	Lauren Beers	Georgia 2/26/16

COLEMAN COLISEUM RECORDS

INDIVIDUAL RECORDS

ALL-AROUND

39.850	Andreé Pickens (Alabama)	3/16/02

VAULT

10.00	Dee Foster (Alabama)	1/30/93
	Hope Spivey-Sheeley (Georgia)	2/26/93
	Jenny Hansen (Kentucky)	3/20/93, 4/25/96
	Kim Kelly (Alabama)	3/4/95, 3/16/96, 4/26/96
	Kim Arnold (Georgia)	3/4/95
	Leah Brown (Georgia)	4/25/96, 4/26/96, 4/27/96
	Danielle McAdams (Alabama)	4/26/96
	Andreé Pickens (Alabama)	2/26/99, 3/16/02
	Ashley Miles (Alabama)	3/1/03, 4/12/03, 1/30/04, 1/21/05, 2/4/05
	Jeana Rice (Alabama)	3/15/03
	Geralen Stack-Eaton (Alabama)	1/13/12
	Diandra Milliner (Alabama)	2/3/12, 3/7/14
	Lauren Beers (Alabama)	2/26/16

UNEVEN BARS

10.00	Dee Foster (Alabama)	2/12/93
	Andreé Pickens (Alabama)	1/30/99, 3/4/00, 2/24/01
	Natalie Barrington (Alabama)	2/16/01

BALANCE BEAM

10.00	Dana Dobransky (Alabama)	2/26/93
	Stephanie Woods (Alabama)	2/7/97
	Kaitlyn Clark (Alabama)	3/14/14

FLOOR EXERCISE

10.00	Dee Foster (Alabama)	2/6/93
	Hope Spivey-Sheeley (Georgia)	2/26/93, 3/20/93
	Kim Kelly (Alabama)	4/26/96, 4/27/96
	Heidi Hornbeek (Arizona)	4/27/96
	Meredith Willard (Alabama)	2/21/97, 3/8/97
	Shay Murphy (Alabama)	3/14/98
	Ashley Miles (Alabama)	4/12/03

TEAM RECORDS

TEAM TOTAL

198.250	Alabama	3/7/14
198.025	Alabama	4/26/96
198.000	Alabama	4/7/01
197.925	Alabama	1/30/04
197.925	Alabama	3/14/14

VAULT

49.775	Alabama	4/26/96

UNEVEN BARS

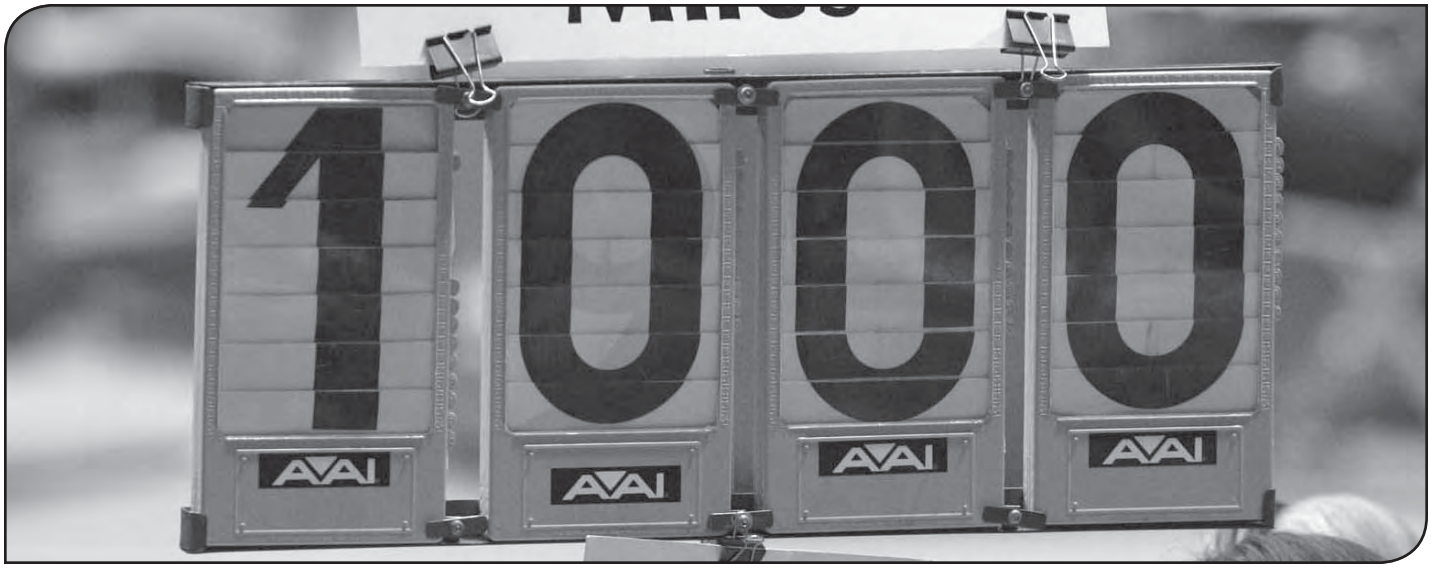
49.650	Alabama	3/22/14

BALANCE BEAM

49.650	Alabama	3/14/14

FLOOR EXERCISE

49.700	Alabama	2/16/01



ADDING UP CRIMSON TIDE SUCCESS

1 Alabama has finished No. 1 in the nation six times. The first time came in 1988 and the most recent in 2012. The Crimson Tide is one of only six programs in collegiate gymnastics history to win an NCAA title.

2 Alabama has finished in the top-2 nationally 13 times since first breaking into the top-10 in 1983.

3 Three Crimson Tide gymnasts have been named the H. Boyd McWhorter SEC Scholar-Athlete of the Year, an award that spans all sports and all schools.

4 In the history of the Southeastern Conference, Alabama's Sarah and David Patterson are the only coaches in any sport to win NCAA Championships in four different decades ('80s – 1988; '90s – 1991 and 1996; '00s – 2002; '10s – 2011 and 2012).

5 Five Crimson Tide gymnasts have earned the prestigious NCAA Top Ten Award, which honors the nation's top ten senior student-athletes regardless of gender or NCAA Division.

5 Five Crimson Tide gymnasts have been named Southeastern Conference Female Athlete of the Year, an award that spans all sports and all schools, including Kayla Hoffman in 2011.

6 Six times an Alabama gymnast has been named the SEC Gymnast of the Year, including Kayla Hoffman in 2011.

8 Alabama has won the Honda Award for Gymnastics, which recognizes the national gymnast of the year, eight times, including Kim Jacob in 2014.

9 Since Dee Foster recorded the Crimson Tide's first 10.0 in 1992, eight different Alabama gymnasts have scored a perfect mark on the vault, including Lauren Beers in 2016.

9 Alabama has won nine Southeastern Conference team titles since its first in 1988, including back-to-back titles in 2014 and 2015.

11 Alabama has sold out Coleman Coliseum to the tune of 15,000-plus fans 11 times since 1997, including the 2014 meet against Arkansas.

17 Dee Foster's 17 first team All-America honors stands as the NCAA career record.

19 Alabama gymnasts have earned 19 NCAA Postgraduate Scholarships over the years, a total that leads the nation by a healthy margin.

22 Since its inception in 1993, Alabama has advanced to the NCAA Super Six Team Finals 22 times, more than any other team in the nation.

26 Individual national titles are hard to come by, but the Crimson Tide has won 26 individual NCAA championships, including Katie Bailey's vault title in 2016 and a total of 14 individual championships over the past decade.

31 The Crimson Tide has won an NCAA-best 31 regional titles, including the 2016 Tuscaloosa Regional Championship.

34 Alabama has gone to 34 consecutive NCAA Championships, the second-longest streak in the championship history.

36 Sarah and David Patterson led the Alabama gymnastics program for 36 years – from 1979-2014 – a span that included unprecedented success in the gym, the classroom and in the lives of their gymnasts.

227 Alabama gymnasts have earned Scholastic All-America honors 227 times since the award's inception in 1991.

309 Since the award was first given in 1984, Alabama gymnasts have earned SEC Academic Honor Roll honors 309 times, more than two-dozen better than the next school. That total includes an SEC-record 18 in 2016.

320 Every year Alabama features some of the nation's top gymnasts, which is why, every year, Alabama adds to its Championship All-America count. Since 1982, the Crimson Tide has seen 70 gymnasts rack up 320 honors.

2017 SENIORS

2017 GYMNASTICS SCHEDULE

ROLLTIDE.COM

JAN. 6	JAN. 13	JAN. 20	JAN. 27	JAN. 29	FEB. 3	FEB. 10
AT OKLAHOMA 6:45 PM	LSU* 7:30 PM	AT MISSOURI* 7:30 PM	AT ARKANSAS* 7:30 PM	VS AUBURN 4 PM AT BJCC	FLORIDA* / POWER OF PINK 7:30 PM	AT KENTUCKY* 6 PM
FEB. 17	FEB. 24	MARCH 5	MARCH 10	MARCH 18	APRIL 1	APRIL 14-15
AUBURN* 7:30 PM	BOISE STATE 7:30 PM	AT GEORGIA* 1 PM	IOWA STATE 7:30 PM	SEC CHAMPIONSHIP	NCAA REGIONAL	NCAA CHAMPIONSHIP

ALL TIMES ARE CST / * SEC MEET